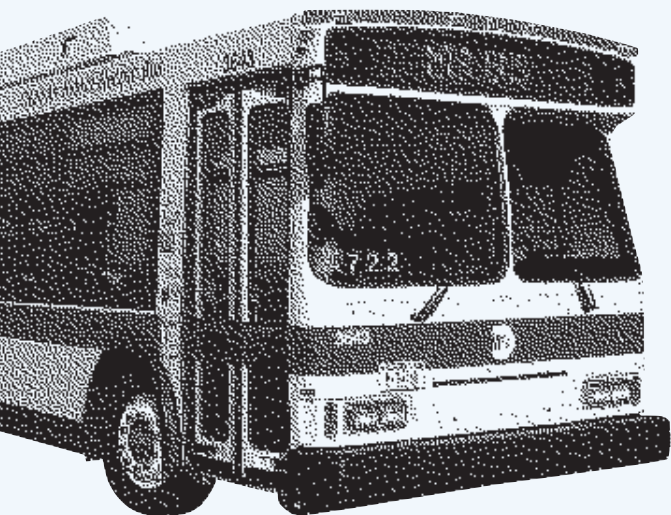


Bus Timetable
Effective Summer 2009

Q45

*Local service between
Glendale and
Jackson Heights*



Fares – MetroCard® is accepted for all MTA New York City trains (including Staten Island Railway - SIR), and, local, Limited-Stop and +SelectBusService buses (at MetroCard fare collection machines). Express buses only accept 7-Day Express Bus Plus MetroCard or Pay-Per-Ride MetroCard. All of our buses and +SelectBusService Coin Fare Collector machines accept exact fare in coins. Dollar bills, pennies, and half-dollar coins are not accepted.

Free Transfers - Unlimited-Ride-Express-Bus-Plus MetroCard allows free transfers between express buses, local buses and subways, including SIR, while Unlimited-Ride-MetroCard permits free transfers to all but express buses. Pay-Per-Ride MetroCard allows one free transfer of equal or lesser value (between subway and local bus and local bus to local bus, etc.) if you complete your transfer within two hours of paying your full fare with the same MetroCard. If you transfer from a local bus or subway to an express bus you must pay an additional \$3.25 from that same MetroCard. You may transfer free from an express bus, to a local bus, to the subway, or to another express bus if you use the same MetroCard. If you pay your local bus fare in coins, you can request a transfer good only on another local bus.

Reduced-Fare Benefits – You are eligible for reduced-fare benefits if you are at least 65 years of age or have a qualifying disability. Benefits are available (except on peak-hour express buses) with proper identification, including Reduced-Fare MetroCard or Medicare card (*Medicaid cards do not qualify*).

Children – The subway, SIR, local, Limited-Stop, and +SelectBusService buses permit up to three children, 44 inches tall and under to ride free when accompanied by an adult paying full fare.

Terms and Conditions – Fares and MetroCard use are subject to applicable tariffs and conditions of use.

Holiday Service

Weekday service operates on: Columbus Day, Election Day, Veteran's Day.

Reduced weekday service operates on: Martin Luther King Day, Day after Thanksgiving.

Saturday service operates on: President's Day, July 3 (2009), Independence Day.

Sunday service operates on: New Years Day*, Memorial Day*, Labor Day*, Thanksgiving Day*, Christmas Day*.

** Where applicable, posters on express buses will describe the express bus PM rush hour, "early departure" schedule for the day preceding this holiday or holiday weekend.*

For More Information

Online: www.tripplanner.mta.info

or daily, 6 AM to 10 PM:

Travel information	718-330-1234
Non-English-speaking customers	718-330-4847
Customers with disabilities	718-596-8585
TTY/TDD users only	718-596-8273

Filing a Title VI Complaint with MTA Bus Company – MTA is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color or national origin as protected by Title VI of the Civil Rights Act of 1964 ("Title VI").

To request more information about Title VI or to submit a written complaint if you believe that you have been subjected to discrimination, you may contact MTA Bus Company, Office of the General Counsel, 3320 Hutchinson Avenue, Bronx, NY 10475.

In addition to your right to file a complaint with MTA Bus Company, you have the right to file a Title VI complaint with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights. The regional office is located at One Bowling Green, Room 429, New York, NY 10004-1415.

Information in this timetable is subject to change without notice. Traffic conditions and weather can affect running time. This timetable was printed with environmentally friendly ink on recycled paper.

Q45 Weekday Service

From Glendale to Jackson Heights

Glendale Atlas Park Mall	Juniper Valley 80 St/ Eliot Av	Middle Village 80 St/ Grand Av	Maspeth 69 St/ 50 Av	Jackson Heights 74 St Bus Terminal
5:00	5:07	5:10	5:16	5:24
5:30	5:37	5:40	5:46	5:54
5:50	5:57	6:00	6:06	6:14
6:10	6:17	6:20	6:26	6:34
6:25	6:32	6:35	6:41	6:49
6:35	6:42	6:45	6:51	6:59
6:45	6:52	6:55	7:01	7:09
6:55	7:02	7:05	7:11	7:19
7:05	7:12	7:15	7:21	7:29
7:13	7:20	7:23	7:29	7:37
7:20	7:27	7:30	7:36	7:44
7:28	7:35	7:38	7:44	7:52
7:35	7:42	7:45	7:51	7:59
7:43	7:50	7:53	7:59	8:07
7:50	7:57	8:00	8:06	8:14
7:58	8:05	8:08	8:14	8:22
8:05	8:12	8:15	8:21	8:29
8:13	8:20	8:23	8:29	8:37
8:20	8:27	8:30	8:36	8:44
8:28	8:35	8:38	8:44	8:52
8:38	8:45	8:48	8:54	9:02
8:48	8:55	8:58	9:04	9:12
8:58	9:05	9:08	9:14	9:22
9:10	9:17	9:20	9:26	9:34
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24
12:30	12:37	12:40	12:46	12:54
12:50	12:57	1:00	1:06	1:14
1:10	1:17	1:20	1:26	1:34
1:30	1:37	1:40	1:46	1:54
1:50	1:57	2:00	2:06	2:14
2:10	2:17	2:20	2:26	2:34
2:30	2:37	2:40	2:46	2:54
2:45	2:52	2:55	3:01	3:09
3:00	3:07	3:10	3:16	3:24
3:15	3:22	3:25	3:31	3:39
3:30	3:37	3:40	3:46	3:54
3:42	3:49	3:52	3:58	4:06
3:54	4:01	4:04	4:10	4:18
4:06	4:13	4:16	4:22	4:30
4:18	4:25	4:28	4:34	4:42
4:30	4:37	4:40	4:46	4:54
4:40	4:47	4:50	4:56	5:04
4:50	4:57	5:00	5:06	5:14
5:00	5:07	5:10	5:16	5:24
5:10	5:17	5:20	5:26	5:34
5:20	5:27	5:30	5:36	5:44
5:30	5:37	5:40	5:46	5:54
5:40	5:47	5:50	5:56	6:04
5:50	5:57	6:00	6:06	6:14
6:00	6:07	6:10	6:16	6:24
6:10	6:17	6:20	6:26	6:34
6:22	6:29	6:32	6:38	6:46
6:34	6:41	6:44	6:50	6:58
6:46	6:53	6:56	7:02	7:10
6:58	7:05	7:08	7:14	7:22
7:10	7:17	7:20	7:26	7:34
7:30	7:37	7:40	7:46	7:54
7:50	7:57	8:00	8:06	8:14
8:10	8:17	8:20	8:26	8:34

Bold times denote PM hours.

Q45 weekday service to Jackson Heights, cont.

Glendale Atlas Park Mall	Juniper Valley 80 St/ Eliot Av	Middle Village 80 St/ Grand Av	Maspeth 69 St/ 50 Av	Jackson Heights 74 St Bus Terminal
8:30	8:37	8:40	8:46	8:54
9:00	9:07	9:10	9:16	9:24
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24
12:30	12:37	12:40	12:46	12:54

Q45 Weekday Service

From Jackson Heights to Glendale

Jackson Heights 74 St Bus Terminal	Maspeth 69 St/ 50 Av	Middle Village 80 St/ Grand Av	Juniper Valley 80 St/ Eliot Av	Glendale Atlas Park Mall
5:30	5:38	5:44	5:47	5:54
6:00	6:08	6:14	6:17	6:24
6:20	6:28	6:34	6:37	6:44
6:40	6:48	6:54	6:57	7:04
6:55	7:03	7:09	7:12	7:19
7:06	7:14	7:20	7:23	7:30
7:16	7:24	7:30	7:33	7:40
7:26	7:34	7:40	7:43	7:50
7:34	7:42	7:48	7:51	7:58
7:42	7:50	7:56	7:59	8:06
7:49	7:57	8:03	8:06	8:13
7:56	8:04	8:10	8:13	8:20
8:03	8:11	8:17	8:20	8:27
8:13	8:21	8:27	8:30	8:37
8:23	8:31	8:37	8:40	8:47
8:33	8:41	8:47	8:50	8:57
8:45	8:53	8:59	9:02	9:09
9:00	9:08	9:14	9:17	9:24
9:30	9:38	9:44	9:47	9:54
10:00	10:08	10:14	10:17	10:24
10:30	10:38	10:44	10:47	10:54
11:00	11:08	11:14	11:17	11:24
11:30	11:38	11:44	11:47	11:54
12:00	12:08	12:14	12:17	12:24
12:20	12:28	12:34	12:37	12:44
12:40	12:48	12:54	12:57	1:04
1:00	1:08	1:14	1:17	1:24
1:20	1:28	1:34	1:37	1:44
1:40	1:48	1:54	1:57	2:04
2:00	2:08	2:14	2:17	2:24
2:15	2:23	2:29	2:32	2:39
2:30	2:38	2:44	2:47	2:54
2:45	2:53	2:59	3:02	3:09
3:00	3:08	3:14	3:17	3:24
3:12	3:20	3:26	3:29	3:36
3:24	3:32	3:38	3:41	3:48
3:36	3:44	3:50	3:53	4:00
3:48	3:56	4:02	4:05	4:12
4:00	4:08	4:14	4:17	4:24
4:10	4:18	4:24	4:27	4:34
4:20	4:28	4:34	4:37	4:44
4:30	4:38	4:44	4:47	4:54
4:40	4:48	4:54	4:57	5:04
4:50	4:58	5:04	5:07	5:14
5:00	5:08	5:14	5:17	5:24
5:10	5:18	5:24	5:27	5:34
5:18	5:26	5:32	5:35	5:42
5:26	5:34	5:40	5:43	5:50
5:34	5:42	5:48	5:51	5:58
5:42	5:50	5:56	5:59	6:06

Q45 weekday service to Glendale, cont.

Jackson Heights 74 St Bus Terminal	Maspeth 69 St/ 50 Av	Middle Village 80 St/ Grand Av	Juniper Valley 80 St/ Eliot Av	Glendale Atlas Park Mall
5:50	5:58	6:04	6:07	6:14
5:58	6:06	6:12	6:15	6:22
6:06	6:14	6:20	6:23	6:30
6:14	6:22	6:28	6:31	6:38
6:22	6:30	6:36	6:39	6:46
6:30	6:38	6:44	6:47	6:54
6:40	6:48	6:54	6:57	7:04
6:52	7:00	7:06	7:09	7:16
7:04	7:12	7:18	7:21	7:28
7:16	7:24	7:30	7:33	7:40
7:28	7:36	7:42	7:45	7:52
7:40	7:48	7:54	7:57	8:04
8:00	8:08	8:14	8:17	8:24
8:20	8:28	8:34	8:37	8:44
8:40	8:48	8:54	8:57	9:04
9:00	9:08	9:14	9:17	9:24
9:30	9:38	9:44	9:47	9:54
10:00	10:08	10:14	10:17	10:24
10:30	10:38	10:44	10:47	10:54
11:00	11:08	11:14	11:17	11:24
11:30	11:38	11:44	11:47	11:54
12:00	12:08	12:14	12:17	12:24
12:30	12:38	12:44	12:47	12:54
1:00	1:08	1:14	1:17	1:24

Q45 Saturday Service

From Glendale to Jackson Heights

Glendale Atlas Park Mall	Juniper Valley 80 St/ Eliot Av	Middle Village 80 St/ Grand Av	Maspeth 69 St/ 50 Av	Jackson Heights 74 St Bus Terminal
6:30	6:37	6:40	6:46	6:54
7:00	7:07	7:10	7:16	7:24
7:30	7:37	7:40	7:46	7:54
8:00	8:07	8:10	8:16	8:24
8:30	8:37	8:40	8:46	8:54
9:00	9:07	9:10	9:16	9:24
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24
12:30	12:37	12:40	12:46	12:54
1:00	1:07	1:10	1:16	1:24
1:30	1:37	1:40	1:46	1:54
2:00	2:07	2:10	2:16	2:24
2:30	2:37	2:40	2:46	2:54
3:00	3:07	3:10	3:16	3:24
3:30	3:37	3:40	3:46	3:54
4:00	4:07	4:10	4:16	4:24
4:30	4:37	4:40	4:46	4:54
5:00	5:07	5:10	5:16	5:24
5:30	5:37	5:40	5:46	5:54
6:00	6:07	6:10	6:16	6:24
6:30	6:37	6:40	6:46	6:54
7:00	7:07	7:10	7:16	7:24
7:30	7:37	7:40	7:46	7:54
8:00	8:07	8:10	8:16	8:24
8:30	8:37	8:40	8:46	8:54
9:00	9:07	9:10	9:16	9:24
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24

Q45 Saturday Service

From Jackson Heights to Glendale

Jackson Heights 74 St Bus Terminal	Maspeth 69 St/ 50 Av	Middle Village 80 St/ Grand Av	Juniper Valley 80 St/ Eliot Av	Glendale Atlas Park Mall
6:00	6:07	6:13	6:16	6:23
7:00	7:07	7:13	7:16	7:23
7:30	7:37	7:43	7:46	7:53
8:00	8:07	8:13	8:16	8:23
8:30	8:37	8:43	8:46	8:53
9:00	9:07	9:13	9:16	9:23
9:30	9:37	9:43	9:46	9:53
10:00	10:07	10:13	10:16	10:23
10:30	10:37	10:43	10:46	10:53
11:00	11:07	11:13	11:16	11:23
11:30	11:37	11:43	11:46	11:53
12:00	12:07	12:13	12:16	12:23
12:30	12:37	12:43	12:46	12:53
1:00	1:07	1:13	1:16	1:23
1:30	1:37	1:43	1:46	1:53
2:00	2:07	2:13	2:16	2:23
2:30	2:37	2:43	2:46	2:53
3:00	3:07	3:13	3:16	3:23
3:30	3:37	3:43	3:46	3:53
4:00	4:07	4:13	4:16	4:23
4:30	4:37	4:43	4:46	4:53
5:00	5:07	5:13	5:16	5:23
5:30	5:37	5:43	5:46	5:53
6:00	6:07	6:13	6:16	6:23
6:30	6:37	6:43	6:46	6:53
7:00	7:07	7:13	7:16	7:23
7:30	7:37	7:43	7:46	7:53
8:00	8:07	8:13	8:16	8:23
8:30	8:37	8:43	8:46	8:53
9:00	9:07	9:13	9:16	9:23
9:30	9:37	9:43	9:46	9:53
10:00	10:07	10:13	10:16	10:23
10:30	10:37	10:43	10:46	10:53
11:00	11:07	11:13	11:16	11:23
11:30	11:37	11:43	11:46	11:53
12:00	12:07	12:13	12:16	12:23
12:30	12:37	12:43	12:46	12:53

Q45 Sunday Service

From Glendale to Jackson Heights

Glendale Atlas Park Mall	Juniper Valley 80 St/ Eliot Av	Middle Village 80 St/ Grand Av	Maspeth 69 St/ 50 Av	Jackson Heights 74 St Bus Terminal
8:00	8:07	8:10	8:16	8:24
8:30	8:37	8:40	8:46	8:54
9:00	9:07	9:10	9:16	9:24
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24
12:30	12:37	12:40	12:46	12:54
1:00	1:07	1:10	1:16	1:24
1:30	1:37	1:40	1:46	1:54
2:00	2:07	2:10	2:16	2:24
2:30	2:37	2:40	2:46	2:54
3:00	3:07	3:10	3:16	3:24
3:30	3:37	3:40	3:46	3:54
4:00	4:07	4:10	4:16	4:24
4:30	4:37	4:40	4:46	4:54
5:00	5:07	5:10	5:16	5:24
5:30	5:37	5:40	5:46	5:54

Q45 Sunday service to Jackson Heights, cont.

Glendale Atlas Park Mall	Juniper Valley 80 St/ Eliot Av	Middle Village 80 St/ Grand Av	Maspeth 69 St/ 50 Av	Jackson Heights 74 St Bus Terminal
6:00	6:07	6:10	6:16	6:24
6:30	6:37	6:40	6:46	6:54
7:00	7:07	7:10	7:16	7:24
7:30	7:37	7:40	7:46	7:54
8:00	8:07	8:10	8:16	8:24
8:30	8:37	8:40	8:46	8:54
9:00	9:07	9:10	9:16	9:24
9:30	9:37	9:40	9:46	9:54
10:00	10:07	10:10	10:16	10:24
10:30	10:37	10:40	10:46	10:54
11:00	11:07	11:10	11:16	11:24
11:30	11:37	11:40	11:46	11:54
12:00	12:07	12:10	12:16	12:24

Q45 Sunday Service

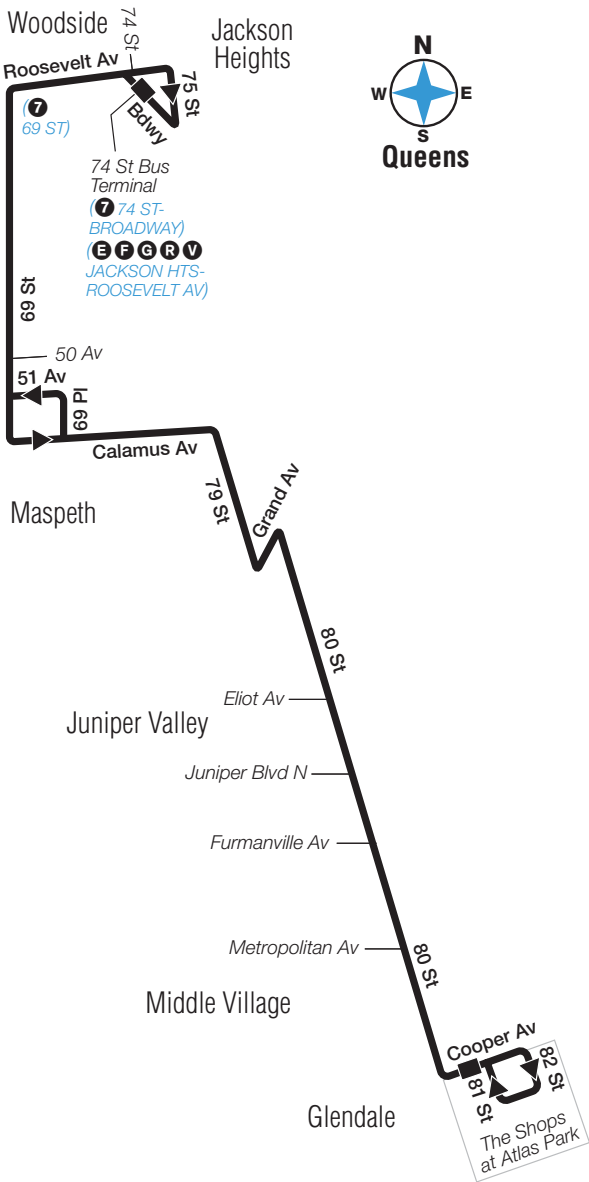
From Jackson Heights to Glendale

Jackson Heights 74 St Bus Terminal	Maspeth 69 St/ 50 Av	Middle Village 80 St/ Grand Av	Juniper Valley 80 St/ Eliot Av	Glendale Atlas Park Mall
7:30	7:37	7:43	7:46	7:53
8:00	8:07	8:13	8:16	8:23
8:30	8:37	8:43	8:46	8:53
9:00	9:07	9:13	9:16	9:23
9:30	9:37	9:43	9:46	9:53
10:00	10:07	10:13	10:16	10:23
10:30	10:37	10:43	10:46	10:53
11:00	11:07	11:13	11:16	11:23
11:30	11:37	11:43	11:46	11:53
12:00	12:07	12:13	12:16	12:23
12:30	12:37	12:43	12:46	12:53
1:00	1:07	1:13	1:16	1:23
1:30	1:37	1:43	1:46	1:53
2:00	2:07	2:13	2:16	2:23
2:30	2:37	2:43	2:46	2:53
3:00	3:07	3:13	3:16	3:23
3:30	3:37	3:43	3:46	3:53
4:00	4:07	4:13	4:16	4:23
4:30	4:37	4:43	4:46	4:53
5:00	5:07	5:13	5:16	5:23
5:30	5:37	5:43	5:46	5:53
6:00	6:07	6:13	6:16	6:23
6:30	6:37	6:43	6:46	6:53
7:00	7:07	7:13	7:16	7:23
7:30	7:37	7:43	7:46	7:53
8:00	8:07	8:13	8:16	8:23
8:30	8:37	8:43	8:46	8:53
9:00	9:07	9:13	9:16	9:23
9:30	9:37	9:43	9:46	9:53
10:00	10:07	10:13	10:16	10:23
10:30	10:37	10:43	10:46	10:53
11:00	11:07	11:13	11:16	11:23
11:30	11:37	11:43	11:46	11:53
12:00	12:07	12:13	12:16	12:23
12:30	12:37	12:43	12:46	12:53

Q45 mt065 /8-31-2008/D8-//////////7/309-2008NW

Q45 mt065 /1/25/2009/A9-//////////133-2009DB

Q45 mt065 //C9-//////////6/588-2009DB



Q45 LEGEND



Terminal

(7 STATION NAME)
Subway Connection