



**Long Island Rail Road**

FROM: **LIRR TRAINING DEPARTMENT**

[SafetyTraining@lirr.org](mailto:SafetyTraining@lirr.org)

Phone: (718) 558-7950

## LIRR CONTRACTOR SAFETY TRAINING

All Contractors who perform any type of work on Long Island Rail Road property are required to annually attend **LIRR Contractor Safety Training**; the program includes **Roadway Worker Protection Training**. This course is a 3 hour session held weekly on **Wednesdays at 3:30 p.m.** in the Training Center at the Long Island Rail Road Hillside Support Facility, located at 93-59 183rd Street, Hollis Queens.

### Registration Procedure:

Any individuals interested in attending **LIRR Contractor Safety Training** must send an e-mail with the LIRR Contractor Safety Training Registration Form to pre-register for the session. Requests must be sent no later than 1:00 p.m. on Friday the week before you wish to attend.

Please Email to: [SafetyTraining@lirr.org](mailto:SafetyTraining@lirr.org)

Registrations are only valid after a confirmation e-mail from **LIRR Safety Training**. To be admitted to the course, all participants must possess a government or company photo ID. Do not substitute employees, only registered employees will be admitted. Sign-in begins at 3:15 p.m. Students arriving after 3:30 pm will not be admitted.

### Transportation:

Due to new LIRR security procedures, on-site parking is no longer available and street parking in the area is limited. Travel to the Hillside Support Facility is best accomplished utilizing rail service to the facility. See Page 2 for an area map and suggested rail service to the Hillside Support Facility

**Safety & Emergency Response Training**  
Employee Training & Corporate Department  
Hillside Support Facility  
93-59 183<sup>rd</sup> Street • Mail Code 3149A • Hollis, NY 11473

**Should you have any questions regarding course registration, please contact:**  
**Greg James, Asst. Director, Safety & Emergency Response Training**  
[gjames@lirr.org](mailto:gjames@lirr.org)

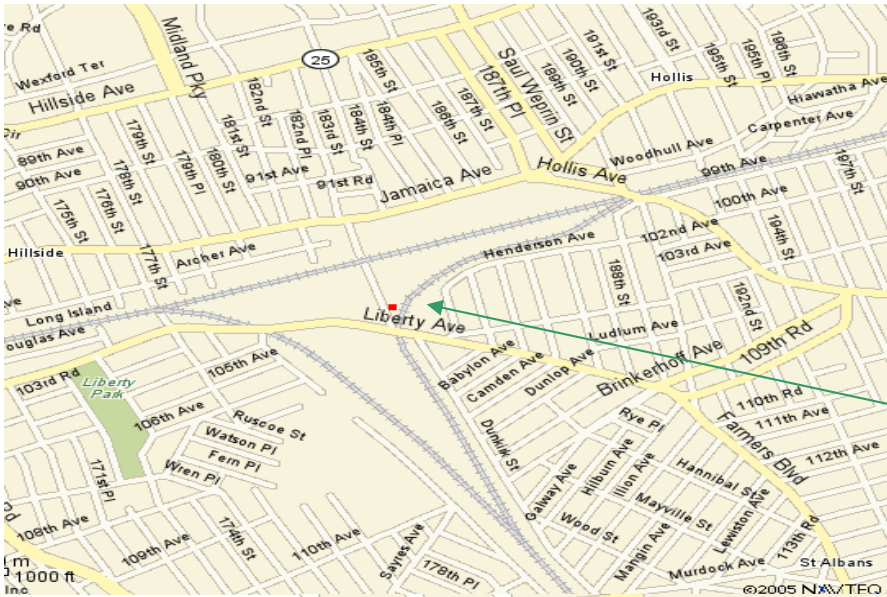
## Directions via Long Island Rail Road

If you are taking the LIRR, you must take a train that stops at the Hillside Support Facility  
“for Railroad Employees only.”

Connect at **Jamaica Station:**

Take the 3:13 PM Huntington Train, Arrive at **Hillside Support Facility** at 3:17 PM

Use overpass at center of platform and proceed to Security Desk. They will direct you to classroom.



Hillside Support Facility  
93-59 183<sup>rd</sup> Street  
Hollis, NY 11423



**Hillside Support Facility**  
Follow driveway (green) from Guard Booth on 183<sup>rd</sup> Street and Liberty Avenue  
**Hillside Support Facility Building #2 - Indicated by red area.**  
Enter Building at the brown awning. Check in at the Security Desk.

