



Metro-North Railroad

New Haven Line

As of October 4, 2026

Grand Central New York City Harlem – 125th St	Fordham Mt. Vernon East Pelham New Rochelle	Larchmont Mamaroneck Harrison Rye Port Chester	Greenwich Cos Cob Riverside Old Greenwich	Stamford Noroton Hgts Darien Rowayton	South Norwalk East Norwalk	Westport Greens Farms Southport Fairfield Fairfield – Black Rock	Bridgeport	Stratford Milford	West Haven New Haven New Haven – State St
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Schedule Links

Monday – Friday

[To Grand Central
AM Peak & Mornings](#) 4 AM – 12 Noon

[To Grand Central
Afternoons, & Nights](#) 12 Noon – 12 Midnight

[To New Haven
AM Peak & Mornings](#) 5 AM – 12 Noon

[To New Haven
Afternoons](#) 12 Noon – 4 PM

[To New Haven
PM Peak & Nights](#) 4 PM – 2 AM

Saturday & Sunday

[To Grand Central](#)

[To New Haven](#)

Other New Haven Line PDFs

[New Canaan Branch Schedule](#)

[Danbury Branch Schedule](#)

[Waterbury Branch Schedule](#)

Download the [TrainTime App](#)



Key

- [Amtrak](#) connection
- C** – **Change trains** to continue your trip
- D** – **Discharges** customers only
- H** – Stops primarily to discharge customers.
Train may depart up to **5 minutes earlier** than the time shown
- R** – **Receives** customers only
- **UniTicket** (combined monthly rail/bus ticket) is available for bus service between train station and residential area or worksites
- [Airport connecting service](#)
- Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
- Platforms have ramps and/or elevators.
An accessible path between platforms or tactile warning strips may not be available.

See information on [ADA accommodations](#)

2026 Holidays	Schedule
11/26 Thanksgiving Day	Special
11/27 Friday after Thanksgiving	Saturday + Extras
12/24 Christmas Eve	Friday
12/25 Christmas Day	Hourly
12/31 New Year's Eve	Special

2027 Holidays	Schedule
1/1 New Year's Day	Special
1/18 M.L.King Jr. Day	Saturday + Extras
2/16 Presidents Day	Saturday
5/31 Memorial Day	Sunday
7/4 Independence Day	Sunday
9/6 Labor Day	Sunday

General Info

Peak tickets are required on trains that:

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. [Must present proper ID.](#)

[See details](#)

Bicycles

Visit our website at [mta.info](#) for our [full bike policy](#).

- **Bicycles NOT permitted** on:
 - inbound AM peak trains
 - on trains with the NO BIKE symbol
 - outbound PM peak trains
 - or on some holidays

Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains

allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.

- **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol.

- **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

Useful links

[mta.info/mnr](#)

[mta.info/schedules](#)

[mta.info](#)

More Details on:

[Ticket Information](#)

[Contact Information](#)

[Connecting Services](#)

Effective **October 4, 2026**

[illegible]

INBOUND: Monday – Friday Afternoons & Nights

Effective October 4, 2026

MILES	TO NEW YORK	1351	1553	1353	1555 1755	1355	1557	1357	1559	1359	1561	1361	1563 1763	1363	1565	1365	1567 1767	1367	1569	1369	1471	1571 1771	1371	1473	1573	1373	1775	1575	1275	1
		AM	AM	AM	AM	PM	AM	PM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
73	New Haven-State St.																													
72	New Haven		10 21		10 46		11 21		11 46		12 24		12 47		1 22		1 46		2 22		2 39		3 15		3 31		3 44		3 34	
69	West Haven		10 25		10 51		11 25		11 51		12 28		12 52		1 26		1 51		2 26		2 44		3 19		3 24		3 38		3 44	
63	Milford		10 33		10 59		11 33		11 59		12 36		1 00		1 34		1 59		2 34		2 52		3 31		3 31		3 52		3 52	
59	Stratford		10 39		11 05		11 39		12 05		12 42		1 06		1 40		2 05		2 40		2 59		3 38		3 38		3 59		3 59	
55	Bridgeport		10 45		11 11		11 45		12 12		12 49		1 13		1 46		2 12		2 46		3 05		3 45		3 45		4 04		4 04	
53	Fairfield-Black Rock		10 51		11 17		11 51		12 17		12 55		1 18		1 52		2 17		2 52		3 10		3 50		3 50		4 10		4 10	
51	Fairfield		10 54		11 20		11 54		12 21		12 58		1 22		1 55		2 21		2 55		3 14		3 53		3 53		4 13		4 13	
49	Southport				11 23				12 24				1 25				2 24				3 17				3 58		4 19		4 19	
47	Green's Farms				11 26				12 27				1 28				2 27				3 20				4 04		4 25		4 25	
44	Westport		11 03		11 32		12 03		12 32		1 07		1 33		2 04		2 32		3 04		3 26						4 29		4 32	
42	East Norwalk				11 36				12 36				1 37				2 36				3 30						4 29		4 32	
41	South Norwalk		11 10		11 39		12 10		12 39		1 12		1 40		2 09		2 39		3 09		3 33				4 10					
39	Rowayton				11 43				12 43				1 44				2 43				3 37						4 36		4 39	
38	Darien		11 16		11 46		12 16		12 46		1 19		1 47		2 15		2 46		3 15		3 40				4 15					
36	Noroton Heights				11 50				12 50				1 51				2 50				3 43						4 43		4 43	
41	New Canaan				C 11 29							C 1 29					C 2 29				C 3 29						4 24			
39	Talmadge Hill				C 11 34							C 1 34					C 2 34				C 3 34						4 29			
37	Springdale				C 11 38							C 1 38					C 2 38				C 3 38						4 33			
35	Glenbrook				C 11 41							C 1 41					C 2 41				C 3 41						4 37			
33	Stamford				C 11 46							C 1 46					C 2 46				C 3 46									
33	Stamford		11 03	11 24	11 31	11 57	12 04	12 24	12 31	12 57	1 02	1 27	1 33	1 58	2 03	2 23	2 30	2 57	3 05	3 24	3 31	3 39	3 51	3 56	4 09	4 24	4 28	4 43	4 50	
31	Old Greenwich		11 07		11 35		12 08		12 35		1 06		1 37		2 07		2 34		3 08		3 34						4 31			
30	Riverside		11 10		11 38		12 11		12 38		1 09		1 40		2 10		2 37		3 10		3 36						4 34			
30	Cos Cob		11 12		11 40		12 13		12 40		1 11		1 42		2 12		2 39		3 12		3 38						4 36			
28	Greenwich		11 16		11 44		12 17		12 44		1 15		1 46		2 16		2 43		3 15	3 33	3 41	3 48		4 06	4 18	4 39	4 51	4 58		
26	Port Chester		11 20		11 48		12 21		12 48		1 19		1 50		2 20		2 47		3 19		3 45	3 52		4 11	4 22	4 43	4 56			
24	Rye		11 23		11 51		12 24		12 51		1 22		1 53		2 23		2 50		3 22		3 48	3 56		4 14	4 26	4 46	4 59			
22	Harrison		11 28		11 57		12 30		12 57		1 28		1 59		2 29		2 56		3 28		3 54						4 51			5 12
21	Mamaroneck		11 31		12 00		12 33		1 00		1 31		2 02		2 32		2 59		3 31		3 57						4 54			5 15
19	Larchmont		11 35		12 04		12 37		1 04		1 35		2 06		2 36		3 03		3 35		4 01						4 58			5 19
17	New Rochelle		11 39		12 08		12 41		1 08		1 38		2 09		2 39		3 06		3 38		4 05	4 10		4 29	4 36	5 02	5 09	5 22		
15	Pelham		11 44		12 13		12 46		1 13		1 43		2 14		2 44		3 11		3 42		4 09						5 06			5 26
14	Mount Vernon East		11 48		12 17		12 49		1 17		1 46		2 18		2 48		3 15		3 45		4 11	4 16		4 35	4 42	5 09	5 15	5 30		
9	Fordham (E.190th)		11 57		12 30		12 57		1 29		1 54		2 29		2 57		3 25		3 54		4 21	4 26		4 44	4 51	5 17	5 26	5 42		
4	Harlem-125th St.		D 12 07	D 12 10	D 12 37	D 12 40	D 1 07	D 1 11	D 1 37	D 1 42	D 2 05	D 2 10	D 2 38	D 2 44	D 3 05	D 3 35	D 3 43	D 4 03	D 4 11	D 4 28	D 4 34	D 4 35	D 4 53	D 5 01	D 5 04	D 5 26	D 5 34	D 5 39	D 5 52	D
0	Grand Central		12 20 PM	12 22 PM	12 50 PM	12 52 PM	1 21 PM	1 23 PM	1 50 PM	1 53 PM	2 19 PM	2 22 PM	2 52 PM	2 56 PM	3 20 PM	3 22 PM	3 48 PM	3 54 PM	4 15 PM	4 24 PM	4 41 PM	4 46 PM	4 47 PM	5 06 PM	5 13 PM	5 18 PM	5 39 PM	5 49 PM	5 53 PM	6 04 PM

MILES	TO NEW YORK	ON-PEAK																							OFF-PEAK				
		1375	1577	1777	1579	3581	1279	1379	1581	1381	1583	1383	1385	1587 1787	1387	1889	1389	1591 1791	1391	1393	1595 1795	1395	1597 1797	1397	1497 1799	1299	1599	1399	
73	New Haven-State St.	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	PM	AM
69	New Haven		4 24		4 42	5 14			5 22		5 34			6 52		FROM DANBURY		7 46			8 43		9 35		10 45		11 24		
72	West Haven		4 29		4 47	5 19			5 27		5 40			6 57				7 51			8 48		9 40		10 50		11 29		
63	Milford		4 36		4 55				5 39		5 52			7 05				7 58			8 55		9 48		10 57		11 37		
59	Stratford		4 43		5 01				5 45		5 59			7 11				8 05			9 02		9 54		11 04		11 43		
55	Bridgeport		4 49		5 07	5 38			5 51		6 05			7 18				8 12			9 09		10 01		11 10		11 49		
53	Fairfield-Black Rock		4 54		5 13				5 57		6 11			7 23				8 18			9 14		10 06		11 16		11 55		
51	Fairfield		4 58		5 16				6 00		6 14			7 26				8 21			9 17		10 09		11 19		11 58		
49	Southport		5 01		5 19				6 17		6 31			7 30				8 24			9 21		10 13		11 22		12 02		
47	Green's Farms		5 04		5 22				6 21		6 35			7 33			8 27			9 24		10 16		11 25		12 05			
44	Westport		5 10		5 28			6 09	6 26		6 40			7 39			8 33			9 29		10 21		11 31		12 10			
42	East Norwalk		5 14		5 32				6 30		6 44			7 43		8 01		8 36			9 33		10 25		11 35		12 14		
41	South Norwalk		5 17		5 35			6 14	6 33		6 47			7 46				8 39			9 36		10 28		11 38		12 17		
39	Rowayton		5 20		5 39				6 37		6 51			7 50				8 43			9 40		10 32		11 42		12 21		
38	Darien		5 23		5 42			6 20	6 40		6 54			7 53				8 46			9 43		10 35		11 45		12 24		
36	Noroton Heights		5 26		5 46				6 44		6 58			7 56				8 50			9 47		10 39		11 49		12 28		
41	New Canaan				5 17									C 7 31					C 8 18			C 9 31		C 10 25		C 11 25			
39	Talmadge Hill				5 22									C 7 36					C 8 23			C 9 36		C 10 30		C 11 30			
37	Springdale				5 26									C 7 40					C 8 27			C 9 40		C 10 34		C 11 34			
35	Glenbrook				5 29									C 7 43				C 8 30			C 9 43		C 10 37		C 11 37				
33	Stamford Ar.													C 7 48				C 8 35			C 9 48		C 10 42		C 11 42				
33	Stamford Lv.		5 03	5 32	5 35	5 53	6 07		6 09	6 29	6 35	6 50	7 08	7 33	8 03	8 06	8 20	8 30	8 57	9 07	9 28	9 54	9 57	10 46	10 57	11 56	12 05	12 35	12 56
31	Old Greenwich		5 06		5 39				6 12		6 38		7 11	7 36	8 09			8 33			9 10	9 31	10 00		11 00		12 09		12 59
30	Riverside		5 09		5 41				6 15		6 41		7 14	7 39	8 12			8 36			9 13	9 34	10 03		11 03		12 11		1 01
29	Cos Cob		5 11		5 43				6 17		6 43		7 16	7 41	8 14			8 38			9 15	9 36	10 05		11 05		12 13		1 03
28	Greenwich		5 14	5 41	5 46	6 02			6 20	6 37	6 46	7 00	7 19	7 44	8 13	8 17			8 41		9 18	9 39	10 08		11 08		12 17		1 07
26	Port Chester		5 18		5 51				6 24		6 50		7 23	7 48	8 21			8 45			9 22	9 43	10 13		11 13		12 21		1 11
24	Rye		5 21		5 54	6 09			6 27		6 53		7 26	7 51	8 24			8 48			9 25	9 46	10 16		11 16		12 24		1 14
22	Harrison		5 26		5 58				6 24	6 32	6 58		7 31	7 56	8 29			8 53			9 30	9 51	10 21		11 21		12 29		1 19
21	Mamaroneck		5 29		6 01				6 27	6 35	7 01		7 34	7 59	8 32			8 56			9 33	9 54	10 24		11 24		12 32		1 22
19	Larchmont		5 33		6 05				6 31	6 39	7 05		7 38	8 03	8 36			9 00			9 37	9 58	10 28		11 28		12 36		1 25
17	New Rochelle		5 37		6 09				6 34	6 43	7 09		7 42	8 06	8 40			9 04			9 42	10 02	10 32		11 32		12 40		1 30
15	Pelham		5 42		6 13				6 38	6 47	7 13		7 47	8 10	8 44			9 09			9 46	10 06	10 37		11 37		12 44		1 34
14	Mount Vernon East		5 45		6 16				6 42	6 50	7 16		7 50	8 13	8 47			9 12			9 49	10 09	10 40		11 40		12 47		1 37
4	Fordham (E.190th)		5 53		6 24	6 33			6 53	6 59	7 24	H 7 28	7 59	8 28	D 8 50	D 9 05		9 21	H 9 31	9 57	10 18	10 49		11 49		12 56		1 45	
4	Harden-125th St.		D 6 04	D 6 12	D 6 35	D 6 44	D 6 49	D 7 01	D 7 10	D 7 13	D 7 33	D 7 39	D 8 08	D 8 28	D 8 50	D 9 05		D 9 30	D 9 41	D 10 07	D 10 28	D 10 41	D 10 59	D 11 31	D 11 59	D 12 40	D 1 09	D 1 20	D 1 56
0	Grand Central		6 17 PM	6 26 PM	6 48 PM	6 56 PM	7 00 PM	7 13 PM	7 22 PM	7 26 PM	7 45 PM	7 49 PM	8 20 PM	8 40 PM	9 02 PM	9 17 PM	PM	9 42 PM	9 53 PM	10 19 PM	10 40 PM	10 52 PM	11 18 PM	11 44 PM	12 14 AM	12 52 AM	1 22 AM	1 32 AM	2 07 AM

MILES	TO NEW HAVEN	OFF-PEAK				AM PEAK														OFF-PEAK													
		1402	1404	1504	1306	1506	1406	1408	1308	1508	1710	1510	1410	1310	1512	1712	1312	1514	1314	1516 1716	1316	1416	1318	1518 1718	1320	1520	1322	1522	1324	1524	1326		
0	Grand Central	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	
4	Harlem-125th St.		R 5 38	R 5 59	R 6 06	R 6 26	R 6 31	R 6 45	R 6 48	R 7 05	R 7 14	R 7 40	R 7 45	R 7 52	R 8 12	R 8 16	R 8 20	R 8 38	R 8 41	R 9 15	R 9 18	R 9 45	R 9 48	R 10 14	R 10 17	R 10 44	R 10 47	R 11 14	R 11 17	R 11 44	R 11 47		
9	Fordham (E.190th)		5 46	6 07	6 14	6 34	6 38	6 53	6 56	7 13	7 22	7 53	8 00	8 19	8 24	8 28	8 49	8 49	8 49	9 26	9 35	9 45	9 48	10 10	10 17	10 40	10 44	10 55	11 25	11 55	12 25		
14	Mount Vernon East		5 53		6 22		6 45	7 02	7 04		7 30		8 02	8 09			8 36	8 57		9 35		10 04		10 34		11 04		11 34		12 04			
15	Pelham		5 56		6 25			7 07	7 07		7 33			8 12			8 39	9 00		9 38		10 07		10 37		11 07		11 37		12 07			
17	New Rochelle		5 59		6 28		6 50	7 07	7 10		7 36		8 06	8 16			8 42	9 03		9 41		10 10		10 40		11 10		11 40		12 10			
19	Larchmont		6 02		6 32				7 14		7 40						8 46	9 07		9 45		10 14		10 44		11 14		11 44		12 14			
21	Mamaroneck		6 06		6 35				7 17		7 43			8 23			8 49	9 10		9 48		10 17		10 47		11 17		11 47		12 17			
22	Harrison		6 09		6 38				7 20		7 46			8 26			8 52	9 13		9 51		10 20		10 50		11 20		11 50		12 20			
24	Rye		6 13		6 42		7 00	7 16	7 24		7 50		8 16	8 30		8 46	8 56	9 17		9 55		10 24		10 54		11 24		11 55		12 24			
26	Port Chester		6 16		6 45		7 04	7 19	7 27		7 53		8 19	8 33		8 49	8 59	9 20		9 58		10 27		10 57		11 27		11 58		12 27			
28	Greenwich		6 20	6 31	6 54	6 59	7 08	7 24	7 36	7 39	7 57	8 14	8 23	8 39	8 45	8 53	9 03	9 14	9 24	10 02	10 05	10 31		11 01		11 31		12 03		12 31			
30	Cos Cob		6 23				7 11				8 00		8 26			8 56	9 06		9 27		10 05	10 34		11 04		11 34		12 07		12 34			
30	Riverside		6 25				7 14				8 03		8 29			8 59	9 09	9 30		10 08	10 37		11 07		11 37		12 10		12 37				
31	Old Greenwich		6 28				7 17				8 06		8 32			9 02	9 12	9 33		10 10	10 39		11 09		11 39		12 12		12 39				
33	Stamford Ar.	6 01	6 38	6 40		7 09	7 29	7 40		7 48	8 16	8 24	8 43		8 55	9 08	9 24	9 25	9 45	9 56	10 23	10 28	10 52	10 55	11 22	11 25	11 52	11 55	12 24	12 25	12 52		
33	Stamford Lv.																			C 10 03				C 11 01									
35	Glenbrook										8 20					9 12				C 10 07				C 11 05									
37	Springdale										8 23					9 15				C 10 10				C 11 08									
39	Talmadge Hill										8 27					9 19				C 10 14				C 11 12									
41	New Canaan										8 38					9 30				C 10 21				C 11 19									
36	Noroton Heights	6 06		6 45		7 14				7 53		8 29			9 00					10 01				11 00				12 01					
38	Darien	6 09		6 49		7 18				7 57		8 32			9 03			9 31		10 04		10 35		11 04			11 32		12 04		12 32		
39	Rowayton	6 12				7 21				8 00					9 06					10 07				11 07				12 07					
41	South Norwalk	6 16		6 54		7 25				8 04		8 37			9 10			9 36		10 10		10 40		11 11			11 37		12 11		12 37		
42	East Norwalk	6 19		6 58		7 29				8 07					9 13					10 13				11 14				12 14					
44	Westport	6 23		7 01		7 32				8 11		8 42			9 17			9 42		10 17		10 45		11 18			11 42		12 18		12 42		
47	Green's Farms	6 27				7 37				8 16					9 22					10 21				11 22				12 22					
49	Southport	6 31		7 09		7 41				8 20					9 26					10 26				11 27				12 27					
51	Fairfield	6 34		7 12		7 45				8 24		8 50			9 29			9 51		10 29		10 54		11 30			11 51		12 30		12 51		
53	Fairfield-Black Rock	6 37		7 16		7 48				8 27		8 53			9 33			9 54		10 32		10 57		11 33		11 54		12 33		12 54			
55	Bridgeport	6 43		7 23		7 55				8 34		8 59			9 39			10 01		10 38		11 04		11 40			12 01		12 40		1 01		
59	Stratford	6 49		7 29		8 01				8 40		9 05			9 46			10 07		10 45		11 10		11 47			12 07		12 47		1 07		
63	Milford	6 56		7 36		8 09				8 47		9 12			9 53			10 15		10 53		11 18		11 54			12 14		12 54		1 14		
69	West Haven	H 7 04		H 7 43		H 8 16				H 8 54		H 9 19			H 10 02			H 10 22		H 11 02		H 11 27		H 12 03			H 12 23		H 1 03		H 1 23		
72	New Haven	7 16		H 7 54		H 8 26				9 08		H 9 31			10 13			H 10 33		11 13		11 40		H 12 15			12 34		1 13		1 36		
73	New Haven-State St.			7 59		8 33						9 39						10 38						12 20									
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	AM	PM	AM	PM	PM	PM	PM	PM	

MILES	TO NEW HAVEN																									OFF-PEAK							
		1518 1718	1320	1520	1322	1522	1324	1524	1326	1526 1726	1328	1528	1330	1530 1730	1332	1532	1334	1534 1734	1336	3536	1536	1338	3238	3538	1538 1738	1638	1340	3540	1540	1342	1740		
0	Grand Central	AM 10 04	AM 10 07	AM 10 34	AM 10 37	AM 11 04	AM 11 07	AM 11 34	AM 11 37	AM 12 04	PM 12 07	PM 12 34	PM 12 37	PM 1 04	PM 1 07	PM 1 34	PM 1 37	PM 2 04	PM 2 07	PM 2 28	PM 2 34	PM 2 37	PM 2 56	PM 3 03	PM 3 05	PM	PM 3 08	PM 3 27	PM 3 30	PM 3 34	PM 3 39		
4	Harlem-125th St.	R 10 14	R 10 17	R 10 44	R 10 47	R 11 14	R 11 17	R 11 44	R 11 47	R 12 14	R 12 17	R 12 44	R 12 47	R 1 14	R 1 17	R 1 44	R 1 47	R 2 14	R 2 17	R 2 38	R 2 44	R 2 47	R 3 06	R 3 13	R 3 15			R 3 18	R 3 37	R 3 40	R 3 44	R 3 49	
9	Fordham (E.190th)		10 25		10 55		11 25		11 55		12 25		12 55		1 25		1 55		2 25				2 55						3 26			3 52	
14	Mount Vernon East		10 34		11 04		11 34		12 04		12 34		1 04		1 34		2 04		2 34				3 04						3 35			3 59	
15	Pelham		10 37		11 07		11 37		12 07		12 37		1 07		1 37		2 07		2 37				3 07						3 38			4 02	
17	New Rochelle		10 40		11 10		11 40		12 10		12 40		1 10		1 40		2 10		2 40				3 10						3 41			4 06	
19	Larchmont		10 44		11 14		11 44		12 14		12 44		1 14		1 44		2 14		2 44				3 14	H 3 26					3 45			4 09	
21	Mamaroneck		10 47		11 17		11 47		12 17		12 47		1 17		1 47		2 17		2 47				3 17	H 3 30					3 48			4 13	
22	Harrison		10 50		11 20		11 50		12 20		12 50		1 20		1 50		2 20		2 50				3 20	H 3 33					3 51			4 16	
24	Rye		10 54		11 24		11 55		12 24		12 55		1 24		1 55		2 24		2 54				3 24	H 3 36					3 55			4 20	4 16
26	Port Chester		10 57		11 27		11 58		12 27		12 58		1 27		1 58		2 27		2 57				3 27	H 3 39				3 58			4 24	4 19	
28	Greenwich		11 01		11 31		12 03		12 31		1 03		1 31		2 03		2 31		3 01				3 31	H 3 44				4 02			4 28	4 23	
30	Cos Cob		11 04		11 34		12 07		12 34		1 07		1 34		2 07		2 34		3 04				3 34	H 3 47				4 05			4 28	4 26	
30	Riverside		11 07		11 37		12 10		12 37		1 10		1 37		2 10		2 37		3 07				3 37	H 3 49				4 08			4 29	4 29	
31	Old Greenwich		11 09		11 39		12 12		12 39		1 12		1 39		2 12		2 39		3 09				3 39	H 3 51				4 10			4 31	4 31	
33	Stamford <i>Ar.</i>		10 55	11 22	11 25	11 52	11 55	12 24	12 25	12 52	12 55	1 24	1 25	1 52	1 55	2 24	2 25	2 52	2 55	3 22		3 25	3 52	3 57	3 50	3 54	4 13	4 20	4 16	4 22	4 44	4 39	
33	Stamford L.v.	C 11 01								C 1 01				C 2 01				C 3 01											C 3 58				
35	Glenbrook	C 11 05								C 1 05				C 2 05				C 3 05											C 4 02				4 46
37	Springdale	C 11 08								C 1 08				C 2 08				C 3 08											C 4 05				4 49
39	Talmadge Hill	C 11 12								C 1 12				C 2 12				C 3 12											C 4 09				4 53
41	New Canaan	C 11 19								C 1 19				C 2 19				C 3 19											C 4 16				5 04
36	Noroton Heights	11 00		11 32		12 01		12 32		1 00		1 32		2 00		2 32		3 00			3 32							3 59			4 28		
38	Darien	11 04				12 04				1 04				2 03				3 03											4 02			4 31	
39	Rowayton	11 07				12 07				1 07				2 06				3 06											4 05				
41	South Norwalk	11 11		11 37		12 11		12 37		1 11		1 37		2 10		2 37		3 10			3 37								4 09			4 36	
42	East Norwalk	11 14				12 14				1 14				2 13				3 13											4 11				
44	Westport	11 18		11 42		12 18		12 42		1 18		1 42		2 17		2 42		3 17		H 3 29	3 42							H 4 04	4 15		H 4 30	4 41	
47	Green's Farms	11 22				12 22				1 22				2 21				3 21											4 19				
49	Southport	11 27				12 27				1 27				2 26				3 26											4 23				
51	Fairfield	11 30		11 51		12 30		12 51		1 30		1 51		2 29		2 51		3 29		H 3 38	3 51							H 4 12	4 26		H 4 40	4 50	
53	Fairfield-Black Rock	11 33		11 54		12 33		12 54		1 33		1 54		2 32		2 54		3 32		H 3 42	3 54							H 4 15	4 29		H 4 43	4 53	
55	Bridgeport	11 40		12 01		12 40		1 01		1 40		2 01		2 39		3 01		3 39		H 3 48	4 01							H 4 21	4 35	4 42	H 4 50	4 59	
59	Stratford	11 47		12 07		12 47		1 07		1 47		2 07		2 46		3 07		3 46		H 3 55	4 07							H 4 27	4 42	4 49	H 4 57	5 05	
63	Milford	11 54		12 14		12 54		1 14		1 54		2 14		2 53		3 14		3 53		H 4 02	4 14							H 4 34	4 49	4 56	H 5 04	5 13	
69	West Haven	H 12 03		H 12 23		H 1 03		H 1 23		H 2 03		H 2 23		H 3 02		H 3 23		H 4 02		H 4 09	H 4 23							H 4 42	H 4 56	5 03	H 5 12	H 5 20	
72	New Haven	H 12 15		12 34		1 13		1 36		2 15		2 36		3 14		3 36		4 15		4 20	4 34							4 55	5 11	5 18	5 21	5 33	
73	New Haven-State St.	12 20																															
		PM	AM	PM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM

MILES	TO NEW HAVEN	PM PEAK																			BICYCLES NOT PERMITTED ON OUTBOUND PM PEAK TRAINS																				
		1542	1442	1244	3542	1544	1844	1346	1546	1446	1548	1750	1248	3546	1552	1448	1554	1352	1752	1848	1254	1256	3254	1556	1456	1458	1358	1260	1758	1360	1560	1562	1362	1860	1264	1268	1568	1770	1470	3570	16
0	Grand Central	PM 4:00	PM 4:02	PM 4:04	PM 4:11	PM 4:13		PM	PM 4:26	PM 4:32	PM 4:36	PM 4:39	PM 4:41	PM 4:50	PM 4:55	PM 4:59	PM 5:01	PM 5:03	PM 5:07	PM 5:13	PM 5:14	PM 5:18	PM 5:21	PM 5:21	PM 5:22	PM 5:25	PM 5:28	PM 5:31	PM 5:33	PM 5:34	PM 5:37	PM 5:41	PM 5:46	PM 5:50	PM 5:53	PM 5:56	PM 6:02	PM 6:07	PM 6:09	PM 6:11	PM 6:11
4	Harlem-125th St.	R 4:10	R 4:12	R 4:14		R 4:23		R 4:36	R 4:42		R 4:49	R 4:51	R 5:01				R 5:13	R 5:17		R 5:25	H 5:28	R 5:31	R 5:31	R 5:32	R 5:35						R 5:47		R 5:56	R 6:00			R 6:17	R 6:19		R 6:21	
9	Fordham (E. 190th)					4:31		4:44					5:08					5:21				H 5:45	H 5:45																		
14	Mount Vernon East			4:27				4:52					5:15									H 5:48	H 5:48																		
15	Pelham			4:30				4:55					5:18									H 5:51	H 5:51																		
17	New Rochelle			4:33		4:42		4:58					5:21									H 5:53	H 5:53																		
19	Larchmont			4:37				5:02					5:25									H 5:55	H 5:55																		
21	Mamaroneck			4:40				5:06					5:28									H 5:58	H 5:58																		
22	Harrison			4:48				5:09					5:34									H 5:53	H 5:53																		
24	Rye					4:53		5:12				5:19																													
26	Port Chester					4:56		5:15				5:22																													
28	Greenwich	4:40				5:00		5:20	5:13			5:26					5:46	5:51																							
30	Cos Cob					5:03		5:23				5:29						5:54	5:51																						
30	Riverside					5:05		5:25				5:32						5:57	5:51																						
31	Old Greenwich					5:08		5:27				5:34						5:59	5:51																						
33	Stamford Ar.	4:49	4:51		R 4:55	5:12	5:18	5:37	5:22	H 5:24		5:40		R 5:40	5:46	H 5:49	5:53	6:09	6:00	6:03																					
33	Stamford L.v.												5:45						6:05																						
35	Glenbrook												5:48						6:08																						
37	Springdale												5:52						6:12																						
39	Talmadge Hill												5:52						6:12																						
41	New Canaan												6:02						6:22																						
36	Noroton Heights			4:56						H 5:29								H 5:54																							
38	Darien			4:59						H 5:32								H 5:57																							
39	Rowayton			5:02						H 5:35								H 6:00																							
41	South Norwalk	5:03	5:10			5:24	5:30			5:44							6:09																								
42	East Norwalk	5:06				5:26				5:34							6:06																								
44	Westport	5:09				5:30				5:38							6:10																								
47	Green's Farms	5:14								5:42							6:15																								
49	Southport	5:17								5:46							6:19																								
51	Fairfield	5:21				5:38				5:49							6:22																								
53	Fairfield-Black Rock	5:24				5:42				5:53							6:25																								
55	Bridgeport	5:30				5:17				5:59							6:31																								
59	Stratford	5:36				5:54				6:05							6:37																								
63	Milford	5:43				6:02				6:12							6:45																								
69	West Haven	H 5:50				H 6:09				H 6:19							H 6:38																								
72	New Haven	6:01				5:42				6:33							6:50																								
73	New Haven-State St.																																								

MILE	TO NEW HAVEN	PM PEAK																	OFF-PEAK											OFF-PEAK										
		1868	1368	1270	3568	1570	1370	1274	1572	1374	1574	1774	1576	1376	1578	1778	1382	1882	1582	1384	1584	1386	3586	1586	1388	1588	1390	1590	1392	1592	1394	1594	1398	1598	1300	1500	1302	1502	1304	
0	Grand Central	PM 6:17	PM 6:19	PM 6:20	PM 6:26	PM 6:31	PM 6:39	PM 6:42	PM 6:44	PM 6:48	PM 6:55	PM 7:03	PM 7:13	PM 7:16	PM 7:32	PM 7:39	PM 7:42	PM 8:01	PM 8:07	PM 8:10	PM 8:36	PM 8:39	PM 8:47	PM 9:07	PM 9:10	PM 9:39	PM 9:42	PM 10:07	PM 10:11	PM 10:41	PM 10:44	PM 11:28	PM 11:38	PM 12:07	PM 12:25	PM 1:07	PM 1:19	PM 1:47	PM 1:53	
4	Harlem-125th St.		R 6:29	R 6:30		R 6:41			R 6:54	R 6:58	R 7:05	R 7:13	R 7:23	R 7:26	R 7:42		R 7:52	R 8:11	R 8:17	R 8:20	R 8:46	R 8:49	R 8:57	R 9:17	R 9:20	R 9:49	R 9:52	R 10:17	R 10:21	R 10:51	R 10:54	R 11:38	R 11:48	R 12:17	R 12:35	R 1:17	R 1:29	R 1:57	R 2:03	
9	Fordham (E. 190th)									7:06					7:34		8:00																							
14	Mount Vernon East				6:44					7:14					7:42		8:07																							
15	Pelham				6:47					7:17					7:44		8:10																							
17	New Rochelle				6:50					7:20					7:48		8:13																							
19	Larchmont				6:54					H 7:12					7:51		8:17																							
21	Mamaroneck				6:57					H 7:15					7:55		8:20																							
22	Harrison				7:05					H 7:11					7:58		8:23																							
24	Rye				H 6:56					H 7:15					8:01		8:27																							
26	Port Chester				H 6:59					H 7:18					8:04		8:30																							
28	Greenwich				H 7:04					H 7:22					8:09		8:34		8:43																					
30	Cos Cob				H 7:07					H 7:25					8:12		8:38																							
30	Riverside				H 7:09					H 7:27					8:14		8:40																							
31	Old Greenwich				H 7:12					H 7:30					8:17		8:43																							
33	Stamford	Ar.			7:23		R 7:10		7:39									8:52	8:56	9:23	9:25	9:53	9:34	9:55	10:24	10:28	10:53	10:55	11:27	11:30	11:58	12:16	12:55	12:56	1:35	1:56	2:37	2:36	3:02	
33	Stamford Lv.																	C 9:00						C 9:58				C 10:58				C 12:20								
35	Glenbrook																	C 9:04						C 10:02				C 11:02				C 12:24								
37	Springdale																	C 9:07						C 10:05				C 11:05				C 12:27								
39	Talmadge Hill																	C 9:11						C 10:09				C 11:09				C 12:31								
41	New Canaan																	C 9:18						C 10:16				C 11:16				C 12:38								
36	Noroton Heights		7:12												7:49		8:08		8:25								10:00		10:33			11:00				2:01		2:41		
38	Darien		7:15												7:52		8:11		8:28								10:03		10:36			11:03			12:24		2:04	2:44		
39	Rowayton		7:18												7:55		8:14		8:31								10:06		10:39			11:06			12:27		2:07	2:47		
41	South Norwalk														7:59		8:18		8:35								10:10		10:43			11:10			11:45		2:11	2:51		
42	East Norwalk		7:23												8:02		8:21		8:38								10:13		10:46			11:13			12:34		2:14	2:54		
44	Westport														8:05		8:24		8:42								10:17		10:50			11:17			12:38		2:18	2:58		
47	Green's Farms														8:10		8:29		8:46								10:21		10:54			11:21			12:43		2:22	3:02		
49	Southport														8:13		8:33		8:50								10:25		10:58			11:25			12:46		2:26	3:06		
51	Fairfield														8:16		8:36		8:53								10:28		11:01			11:28			12:49		2:29	3:09		
53	Fairfield-Black Rock														8:05		8:20		8:39								10:31		11:05			11:31			12:52		2:32	3:12		
55	Bridgeport														8:11		8:26		8:46								10:32		10:07			11:11			12:58		2:38	3:18		
59	Stratford														8:17		8:32		8:52								10:44		11:18			11:44			1:05		2:45	3:24		
63	Milford														8:23		8:39		8:58								10:50		11:24			11:50			1:12		2:51	3:30		
69	West Haven														H 8:30		H 8:17		H 9:06								H 10:57		H 11:31			H 12:32			H 1:19		H 2:58	H 3:37		
72	New Haven														8:41		9:01		9:16								10:11		11:47			12:47			2:17		3:17	3:56		
73	New Haven-State St.		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM		

TO NEW YORK																																									
MILES		6301	6503 3703	6503	3505	6303	6203	6505 6705	3305	6305	3809	3509	6307	6509 6709	3309	6309	6511	6311	3413	6513 6713	6313	6515	6315	6517 6717	6419	6317	6519	6319	6521 6721	6321	6523	6425	6323	6525 6725	6325	6527	6327	6529 6729	6329		
72	New Haven	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
69	West Haven	AM	4:37	4:37	5:14			5:37				6:20	6:40	6:45	AM	AM	7:17	AM	7:39	7:44	8:22	8:17	8:39	9:11	AM	9:16	9:21	9:44	9:39	10:19	10:33	AM	10:39	10:44	11:17	11:22	11:39	11:44	11:44	11:44	
63	Milford	AM	4:50	4:50	5:27			5:50				6:33	6:53	6:59		7:29	7:29	AM	7:52	7:52	8:29	8:52	8:58	9:22	9:28	9:52	10:31	10:44	10:44	10:52	11:29	11:22	11:44	11:39	11:44	11:44	11:44	11:44	11:44		
59	Stratford	AM	4:56	4:56	5:33			5:56				6:39	6:59	7:06		7:36	7:36	AM	8:05	8:05	8:36	8:58	9:33	9:35	9:58	10:38	10:58	10:58	11:05	11:42	12:05	12:05	12:05	12:05	12:05	12:05	12:05	12:05	12:05		
55	Bridgeport	AM	5:02	5:02	5:39			6:03				6:45	7:06	7:12		7:42	7:42	AM	8:08	8:08	8:42	9:05	9:33	9:41	10:05	10:44	10:56	11:05	11:42	12:05	12:05	12:05	12:05	12:05	12:05	12:05	12:05	12:05	12:05		
53	Fairfield-Black Rock	AM	5:08	5:08	5:45			6:09				6:51	7:12	7:16		7:48	7:48	AM	8:11	8:11	8:48	9:11	9:33	9:47	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
51	Fairfield	AM	5:12	5:12	5:49			6:09				6:55	7:16	7:19		7:51	7:51	AM	8:15	8:15	8:51	9:15	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
49	Southport	AM	5:15	5:15	5:52			6:16				6:58	7:19	7:22		7:51	7:51	AM	8:18	8:18	8:51	9:18	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
47	Green's Farms	AM	5:18	5:18	5:55			6:19				7:01	7:22	7:27		7:51	7:51	AM	8:21	8:21	8:51	9:21	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
44	Westport	AM	5:23	5:23	6:00			6:24				7:06	7:27	7:31		7:51	7:51	AM	8:26	8:26	9:00	9:26	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
42	East Norwalk	AM	5:27	5:27	6:04			6:28				7:10	7:31	7:34		7:51	7:51	AM	8:30	8:30	9:06	9:30	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
39	South Norwalk	AM	5:30	5:30	6:07			6:31				7:13	7:34	7:38		7:51	7:51	AM	8:33	8:33	9:06	9:33	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
38	Rowayton	AM	5:34	5:34	6:11			6:35				7:07	7:38	7:42		7:51	7:51	AM	8:37	8:37	9:12	9:37	9:41	10:11	10:37	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
36	Darien	AM	5:38	5:38	6:15			6:39				7:11	7:42	7:45		7:51	7:51	AM	8:41	8:41	9:12	9:41	9:44	10:11	10:41	11:14	11:14	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
36	Noroton Heights	AM	5:41	5:41	6:18			6:42				7:15	7:45	7:45		7:51	7:51	AM	8:44	8:44	9:12	9:44	9:44	10:11	10:44	11:14	11:14	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
41	New Canaan	AM	5:23	5:23	6:00			6:28				7:10	7:31	7:34		7:51	7:51	AM	8:28	8:28	9:00	9:28	9:33	9:50	10:11	10:50	11:11	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
37	Talmadge Hill	AM	5:26	5:26	6:03			6:33				7:13	7:33	7:37		7:51	7:51	AM	8:33	8:33	9:03	9:33	9:37	10:03	10:33	11:03	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
37	Springdale	AM	5:32	5:32	6:07			6:37				7:17	7:37	7:40		7:51	7:51	AM	8:37	8:37	9:07	9:37	9:41	10:07	10:37	11:07	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
35	Glenbrook	AM	5:35	5:35	6:10			6:40				7:20	7:40	7:45		7:51	7:51	AM	8:40	8:40	9:10	9:40	9:45	10:10	10:40	11:10	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
33	Stamford	AM	5:41	5:41	6:16			6:45				7:25	7:45	7:45		7:51	7:51	AM	8:45	8:45	9:15	9:45	9:50	10:15	10:45	11:15	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
33	Stamford	Lv.	5:01	5:48	5:48	6:25	6:01	6:28	6:49	6:54	7:01	7:22	7:26	7:28	7:52	7:55	8:01	8:20	8:28	8:35	8:51	9:01	9:20	9:30	9:51	10:01	10:19	10:30	10:51	11:01	11:22	11:30	11:51	12:01	12:20	12:30	12:51	1:01	1:04		
31	Old Greenwich	AM	5:04	5:04	5:41			6:04				7:04	7:31	7:33		8:04	8:04	AM	8:31	8:33	9:04	9:33	9:33	9:51	10:04	10:33	11:04	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
30	Riverside	AM	5:06	5:06	5:43			6:06				7:06	7:33	7:35		8:06	8:06	AM	8:33	8:35	9:06	9:35	9:37	10:06	10:35	11:06	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
30	Cos Cob	AM	5:08	5:08	5:45			6:08				7:08	7:35	7:39		8:08	8:08	AM	8:35	8:39	9:08	9:37	9:41	10:08	10:37	11:08	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
28	Greenwich	AM	5:12	5:12	5:49			6:12				7:12	7:39	7:43		8:12	8:12	AM	8:39	8:43	9:12	9:41	9:45	10:12	10:41	11:12	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
26	Port Chester	AM	5:16	5:16	5:53			6:16				7:09	7:43	7:46		8:08	8:08	AM	8:43	8:46	9:16	9:45	9:48	10:16	10:45	11:16	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
24	Rye	AM	5:19	5:19	5:56			6:19				7:13	7:46	7:51		8:19	8:19	AM	8:46	8:51	9:19	9:48	9:52	10:19	10:48	11:19	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
22	Harrison	AM	5:24	5:24	6:01			6:24				7:24	7:51	7:54		8:16	8:16	AM	8:51	8:54	9:24	9:53	9:57	10:24	10:53	11:24	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
21	Mamaroneck	AM	5:27	5:27	6:04			6:27				7:27	7:54	7:57		8:19	8:19	AM	8:54	8:57	9:27	9:56	9:59	10:27	10:56	11:27	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
19	Larchmont	AM	5:30	5:30	6:07			6:30				7:30	7:57	8:01		8:23	8:23	AM	8:57	9:00	9:30	9:59	9:59	10:30	10:59	11:30	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
17	New Rochelle	AM	5:34	5:34	6:11			6:34				7:34	8:01	8:05		8:34	8:34	AM	9:01	9:05	9:34	10:03	10:07	10:34	11:03	11:34	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
15	Pelham	AM	5:38	5:38	6:15			6:38				7:38	8:05	8:08		8:38	8:38	AM	9:05	9:08	9:38	10:07	10:10	10:38	11:07	11:38	11:11	11:48	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11	12:11		
14	Mount Vernon East	AM	5:41	5:41	6:18			6:41				7:41	8:08	8:12		8:41	8:41	AM	9:08	9:11	9:41	10:10	10:14	10:41	11:10	11:41	12:10	12:10	12:10	12:10	12:10	12:10	12:10	12:10	12:10	12:10	12:10	12:10			
9	Fordham (15th St.)	AM	5:49	5:49	6:26			6:49				7:49	8:16	8:20		8:49	8:49	AM	9:16	9:19	9:49	10:18	10:22	10:49	11:18	11:49	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18	12:18		
4	Harlem-125th	AM	6:09	6:32	6:32	6:08	6:09	6:36	6:45	6:00	6:06	6:06	6:26	6:35	6:45	6:59	6:02	6:26	6:29	6:35	6:59	7:02	7:08	7:14	7:20	7:26	7:32	7:38	7:44	7:50	7:56	8:02	8:08	8:14	8:20	8:26	8:32	8:38	8:44		
0	Grand Central	AM	6:21	6:51	6:51	7:19	7:21	7:39	7:53	8:0																															

[illegible]

OUTBOUND: Saturday & Sunday

Effective October 4, 2026

TO NEW HAVEN		6504 6704	6306 6706	6508 6708	3508 7304	6310 6710	6512 6712	3512 7308	6314 6714	6516 6716	6318 6718	6520 6720	6322 6722	6524 6724	6326 6726	6528 6728	6330 6730	6532 6732	6334 6734	6536 6736	6338 6738	6540 6740	6342 6742	3840 6542	6542 6742	63															
0	Grand Central	AM 5:30	AM 6:36	AM 7:02	AM 7:05	AM 7:34	AM 8:02	AM 8:05	AM 8:34	AM 8:36	AM 9:02	AM 9:05	AM 9:36	AM 10:02	AM 10:05	AM 10:34	AM 10:36	AM 11:02	AM 11:05	AM 11:34	AM 11:36	AM 12:02	AM 12:05	AM 12:34	AM 12:36	PM 1:02	PM 1:05	PM 1:34	PM 1:36	PM 2:02	PM 2:05	PM 2:34	PM 2:36	PM 3:02	PM 3:05	PM 3:34	PM 3:36	PM 3:45	PM 4:02	4	
4	Harlem-125th St.	R 5:40	R 6:46	R 7:12	R 7:15	R 7:44	R 8:12	R 8:15	R 8:44	R 8:46	R 9:12	R 9:15	R 9:46	R 10:12	R 10:15	R 10:44	R 10:46	R 11:12	R 11:15	R 11:44	R 11:46	R 12:12	R 12:15	R 12:44	R 12:46	R 1:12	R 1:15	R 1:44	R 1:46	R 2:12	R 2:15	R 2:44	R 2:46	R 3:12	R 3:15	R 3:44	R 3:46	R 3:56	R 4:12	R 4:15	
9	Fordham (E.190th)	5:48	6:54	7:20	7:23	7:51	8:20	8:23	8:51	8:54		9:23	9:54		10:23		10:54		11:23		11:54		12:23		12:54		1:23		1:54		2:23		2:54		3:23		3:54		4:04	4	
14	Mount Vernon East	5:58	7:04		7:33	8:04		8:33	9:04		9:33	10:04		10:33		11:04		11:33		12:04		12:33		1:04		1:33		2:04		2:33		3:04		3:33		4:04		4:14	4		
15	Pelham	6:01	7:07		7:36	8:07		8:36	9:07		9:36	10:07		10:36		11:07		11:36		12:07		12:36		1:07		1:36		2:07		2:36		3:07		3:36		4:07		4:17	4		
17	New Rochelle	6:05	7:11		7:40	8:11		8:40	9:11		9:40	10:11		10:40		11:11		11:40		12:11		12:40		1:11		1:40		2:11		2:40		3:11		3:40		4:11		4:21	4		
19	Larchmont	6:09	7:15		7:44	8:15		8:44	9:15		9:44	10:15		10:44		11:15		11:44		12:15		12:44		1:15		1:44		2:15		2:44		3:15		3:44		4:15		4:25	4		
21	Mamaroneck	6:12	7:18		7:47	8:18		8:47	9:18		9:47	10:18		10:47		11:18		11:47		12:18		12:47		1:18		1:47		2:18		2:47		3:18		3:47		4:18		4:28	4		
22	Harrison	6:15	7:21		7:50	8:21		8:50	9:21		9:50	10:21		10:50		11:21		11:50		12:21		12:50		1:21		1:50		2:21		2:50		3:21		3:50		4:21		4:31	4		
24	Rye	6:20	7:25		7:54	8:25		8:54	9:25		9:54	10:25		10:54		11:25		11:54		12:25		12:54		1:25		1:54		2:25		2:54		3:25		3:54		4:25		4:35	4		
26	Port Chester	6:23	7:28		7:57	8:28		8:57	9:28		9:57	10:28		10:57		11:28		11:57		12:28		12:57		1:28		1:57		2:28		2:57		3:28		3:57		4:28		4:38	4		
28	Greenwich	6:27	7:32		8:01	8:32		9:01	9:32		10:01	10:32		11:01		11:32		12:01		12:32		1:01		1:32		2:01		2:32		3:01		3:32		4:01		4:32		4:42	4		
30	Cos Cob	6:31	7:36		8:05	8:36		9:05	9:36		10:05	10:36		11:05		11:36		12:05		12:36		1:05		1:36		2:05		2:36		3:05		3:36		4:05		4:36		4:46	4		
30	Riverside	6:33	7:38		8:07	8:38		9:07	9:38		10:07	10:38		11:07		11:38		12:07		12:38		1:07		1:38		2:07		2:38		3:07		3:38		4:07		4:38		4:48	4		
31	Old Greenwich	6:36	7:41		8:10	8:41		9:10	9:41		10:10	10:41		11:10		11:41		12:10		12:41		1:10		1:41		2:10		2:41		3:10		3:41		4:10		4:41		4:51	4		
33	Stamford	Ar.	6:41	7:53	7:55	8:22	8:27	8:53	8:55	9:22	9:27	9:53	9:54	10:22	10:53	10:54	11:22	11:26	11:53	11:54	12:22	12:26	12:53	12:54	1:22	1:26	1:53	1:54	2:22	2:26	2:53	2:54	3:22	3:26	3:53	3:54	4:22	4:26	4:53	4:54	5:03
33	NEW CANAAN BRANCH	C 6:53		C 8:01		C 9:01		C 10:01		C 11:01		C 12:01		C 1:01		C 2:01		C 3:01		C 4:01		C 5:01		C 6:01		C 7:01		C 8:01		C 9:01		C 10:01		C 11:01		C 12:01		C 1:01		C 2:01	
35	Stamford Lv.	C 6:57		C 8:05		C 9:05		C 10:05		C 11:05		C 12:05		C 1:05		C 2:05		C 3:05		C 4:05		C 5:05		C 6:05		C 7:05		C 8:05		C 9:05		C 10:05		C 11:05		C 12:05		C 1:05		C 2:05	
37	Glenbrook	C 7:00		C 8:08		C 9:08		C 10:08		C 11:08		C 12:08		C 1:08		C 2:08		C 3:08		C 4:08		C 5:08		C 6:08		C 7:08		C 8:08		C 9:08		C 10:08		C 11:08		C 12:08		C 1:08		C 2:08	
37	Springdale	C 7:04		C 8:12		C 9:12		C 10:12		C 11:12		C 12:12		C 1:12		C 2:12		C 3:12		C 4:12		C 5:12		C 6:12		C 7:12		C 8:12		C 9:12		C 10:12		C 11:12		C 12:12		C 1:12		C 2:12	
41	Talmadge Hill	C 7:10		C 8:18		C 9:18		C 10:18		C 11:18		C 12:18		C 1:18		C 2:18		C 3:18		C 4:18		C 5:18		C 6:18		C 7:18		C 8:18		C 9:18		C 10:18		C 11:18		C 12:18		C 1:18		C 2:18	
36	Noroton Heights	6:47		8:01		8:32	9:01		10:00		11:00		12:00		1:00		2:00		3:00		4:00		5:00		6:00		7:00		8:00		9:00		10:00		11:00		12:00		1:00		
38	Darien	6:50		8:04		8:35	9:04		10:03		11:03		12:03		1:03		2:03		3:03		4:03		5:03		6:03		7:03		8:03		9:03		10:03		11:03		12:03		1:03		
39	Rowayton	6:53		8:07			9:07		10:06		11:06		12:06		1:06		2:06		3:06		4:06		5:06		6:06		7:06		8:06		9:06		10:06		11:06		12:06		1:06		
41	South Norwalk	6:58		8:12		8:40	9:12		10:11		11:11		12:11		1:11		2:11		3:11		4:11		5:11		6:11		7:11		8:11		9:11		10:11		11:11		12:11		1:11		
42	East Norwalk	7:01		8:15			9:15		10:14		11:14		12:14		1:14		2:14		3:14		4:14		5:14		6:14		7:14		8:14		9:14		10:14		11:14		12:14		1:14		
44	Westport	7:05		8:19		8:45	9:19		10:18		11:18		12:18		1:18		2:18		3:18		4:18		5:18		6:18		7:18		8:18		9:18		10:18		11:18		12:18		1:18		
47	Green's Farms	7:09		8:23			9:23		10:22		11:22		12:22		1:22		2:22		3:22		4:22		5:22		6:22		7:22		8:22		9:22		10:22		11:22		12:22		1:22		
49	Southport	7:13		8:27			9:27		10:26		11:26		12:26		1:26		2:26		3:26		4:26		5:26		6:26		7:26		8:26		9:26		10:26		11:26		12:26		1:26		
51	Fairfield	7:17		8:31		8:54	9:31		10:30		11:30		12:30		1:30		2:30		3:30		4:30		5:30		6:30		7:30		8:30		9:30		10:30		11:30		12:30		1:30		
53	Fairfield-Black Rock	7:20		8:34		8:57	9:34		10:33		11:33		12:33		1:33		2:33		3:33		4:33		5:33		6:33		7:33		8:33		9:33		10:33		11:33		12:33		1:33		
55	Bridgeport	7:27		8:41		9:04	9:41		10:40		11:40		12:40		1:40		2:40		3:40		4:40		5:40		6:40		7:40		8:40		9:40		10:40		11:40		12:40		1:40		
59	Stratford	7:34		8:48		9:10	9:48		10:47		11:47		12:47		1:47		2:47		3:47		4:47		5:47		6:47		7:47		8:47		9:47		10:47		11:47		12:47		1:47		
63	Milford	7:41		8:55		9:17	9:55		10:54		11:54		12:54		1:54		2:54		3:54		4:54		5:54		6:54		7:54		8:54		9:54		10:54		11:54		12:54		1:54		
69	West Haven	H 7:48		H 9:02		H 9:24	H 10:02		H 10:24		H 11:01		H 12:01		H 1:01		H 2:01		H 3:01		H 4:01		H 5:01		H 6:01		H 7:01		H 8:01		H 9:01		H 10:01		H 11:01		H 12:01		H 1:01		
72	New Haven	8:04		9:19		9:32	10:19		10:32		11:17		12:18		1:17		2:17		3:17		4:17		5:17		6:17		7:17		8:17		9:17		10:17		11:17		12:17		1:17		

TO NEW HAVEN		6344	6544	6346	3348	3446	6546	6348	3350	6548	6350	3550	6550	6352	6552	6354	6554	6356	6556	6358	6558	6360	6560	6362	6562	6364	6564	6366	6566	6368	6370	6372	6570	6374	6598	6300	6500	6302	6502	6304	
MILES		PM 4:05	PM 4:34	PM 4:36	PM 4:55	PM 4:59	PM 5:02	PM 5:05	PM 5:30	PM 5:34	PM 5:36	PM 5:59	PM 6:02	PM 6:05	PM 6:34	PM 6:36	PM 7:02	PM 7:05	PM 7:34	PM 7:36	PM 8:02	PM 8:05	PM 8:34	PM 8:36	PM 9:02	PM 9:05	PM 9:34	PM 9:38	PM 10:06	PM 10:34	PM 10:38	PM 11:07	PM 11:28	PM 11:38	AM 12:07	AM 12:25	AM 1:07	AM 1:19	AM 1:47	AM 1:53	
0	Grand Central																																								
4	Harlem-125th St.	R 4:15	R 4:44	R 4:46	R 5:05	R 5:09	R 5:12	R 5:15	R 5:40	R 5:44	R 5:46	R 6:09	R 6:12	R 6:15	R 6:44	R 6:46	R 7:12	R 7:15	R 7:44	R 7:46	R 8:12	R 8:15	R 8:44	R 8:46	R 9:12	R 9:15	R 9:44	R 9:48	R 10:16	R 10:44	R 10:48	R 11:17	R 11:38	R 11:48	R 12:17	R 12:35	R 1:17	R 1:29	R 1:57	R 2:03	
9	Fordham (E.190th)	4:23		4:54				5:23			5:54			6:23	6:54		7:23		7:54		8:23		8:54		9:23		9:56				10:56	11:25		11:56		12:43		1:37			
14	Mount Vernon East	4:33		5:04				5:33		6:04				6:33	7:04		7:33		8:04		8:33		9:04		9:33		10:06				11:06	11:35		12:06		12:52		1:46		2:19	
15	Pelham	4:36		5:07				5:36		6:07				6:36	7:07		7:36		8:07		8:36		9:07		9:36		10:09				11:09	11:38		12:09		12:55		1:49		2:22	
17	New Rochelle	4:40		5:11				5:40		6:11				6:40	7:11		7:40		8:11		8:40		9:11		9:40		10:13				11:13	11:42		12:13		12:58		1:52		2:25	
19	Larchmont	4:44		5:15				5:44		6:15				6:44	7:15		7:44		8:15		8:44		9:15		9:44		10:17				11:17	11:46		12:17		1:02		1:56		2:29	
21	Mamaroneck	4:47		5:18				5:47		6:18				6:47	7:18		7:47		8:18		8:47		9:18		9:47		10:20				11:20	11:49		12:20		1:05		1:59		2:32	
22	Harrison	4:50		5:21				5:50		6:21				6:50	7:21		7:50		8:21		8:50		9:21		9:50		10:23				11:23	11:52		12:23		1:08		2:02		2:35	
24	Rye	4:54		5:25	H 5:32			5:54	H 6:08		6:25			6:54	7:25		7:54		8:25		8:54		9:25		9:54		10:27				11:27	11:56		12:27		1:12		2:06		2:39	
26	Port Chester	4:57		5:28	H 5:35			5:57	H 6:11		6:28			6:57	7:28		7:57		8:28		8:57		9:28		9:57		10:30				11:30	11:59		12:30		1:15		2:09		2:42	
28	Greenwich	5:01		5:32	H 5:40			6:01	H 6:16		6:32			7:01	7:32		8:01		8:32		9:01		9:32		10:01		10:34				11:34	12:03		12:34		1:19		2:13		2:46	
30	Cos Cob	5:05		5:36	H 5:43			6:05	H 6:19		6:36			7:05	7:36		8:05		8:36		9:05		9:36		10:05		10:38				11:38	12:07		12:38		1:23		2:17		2:50	
32	Riverside	5:07		5:38	H 5:45			6:07	H 6:21		6:38			7:07	7:38		8:07		8:38		9:07		9:38		10:07		10:40				11:40	12:09		12:40		1:25		2:19		2:52	
31	Old Greenwich	5:10		5:41	H 5:48			6:10	H 6:24		6:41			7:10	7:41		8:10		8:41		9:10		9:41		10:10		10:43				11:43	12:12		12:43		1:28		2:22		2:55	
33	Stamford Ar.	5:22	5:25	5:53	5:59		5:54	6:22	6:35		6:53		6:54	7:22	7:26	7:53	7:54	8:22	8:26	8:53	8:54	9:22	9:26	9:53	9:54	10:22	10:26	10:55	10:58	11:26	11:55	12:24	12:16	12:55	12:56	1:49	1:56	2:51	2:36	3:16	
33	Stamford Lv.						C 6:01						C 7:01				C 8:01				C 9:01				C 10:01								C 12:20			C 1:06					
35	Glenbrook						C 6:05						C 7:05				C 8:05				C 9:05				C 10:05								C 12:24			C 1:10					
37	Springdale						C 6:08						C 7:08				C 8:08				C 9:08				C 10:08								C 12:27			C 1:13					
39	Talmadge Hill						C 6:12						C 7:12				C 8:12				C 9:12				C 10:12								C 12:31			C 1:18					
41	New Canaan						C 6:18						C 7:18				C 8:18				C 9:18				C 10:18								C 12:38			C 1:26					
36	Noroton Heights						6:00						7:00				8:00				9:00				10:00								12:21		1:01		2:01		2:41		
37	Darien						6:03			6:33			7:03		7:33		8:03		8:33		9:03		9:33		10:03		10:33					11:07	11:33		12:24		1:04		2:04		2:44
38	Rowayton			5:32			6:06						7:06				8:06				9:06				10:06		10:33					11:10		12:27		1:07		2:07		2:47	
41	South Norwalk						6:11			6:39			7:11		7:39		8:11		8:39		9:11		9:39		10:11		10:39					11:15	11:39		12:31		1:11		2:11		2:51
42	East Norwalk						6:14						7:14				8:14				9:14				10:14		10:43					11:18		12:34		1:14		2:14		2:54	
44	Westport			5:42		D 6:02	6:18			6:43		D 7:02	7:18		7:43		8:18		8:43		9:18		9:43		10:18		10:43					11:22	11:43		12:38		1:18		2:18		2:58
47	Green's Farms						6:22						7:22				8:22				9:22				10:22		10:43					11:26		12:43		1:22		2:22		3:02	
49	Southport						6:26						7:26				8:26				9:26				10:26		10:43					11:30		12:46		1:26		2:26		3:06	
51	Fairfield			5:51		D 6:10	6:30			6:52		D 7:10	7:30		7:52		8:30		8:52		9:30		9:52		10:30		10:52					11:34	11:52		12:49		1:29		2:29		3:09
53	Fairfield-Black Rock			5:54		D 6:14	6:33			6:55		D 7:14	7:33		7:55		8:33		8:55		9:33		9:55		10:33		10:55					11:37	11:55		12:52		1:32		2:32		3:12
55	Bridgeport			6:01		D 6:21	6:40			7:02		D 7:21	7:40		8:02		8:40		9:02		9:40		10:02		10:40		11:02					11:44	12:02		12:58		1:38		2:38		3:18
59	Stratford			6:07		D 6:27	6:47			7:08		D 7:27	7:47		8:08		8:47		9:08		9:47		10:08		10:47		11:08					11:51	12:08		1:05		1:45		2:45		3:24
63	Milford			6:14		D 6:34	6:54			7:15		D 7:34	7:54		8:15		8:54		9:15		9:54		10:15		10:54		11:15					11:58	12:15		1:12		1:52		2:51		3:30
69	West Haven			H 6:21		D 6:42	H 7:01			H 7:22		D 7:42	H 8:01		H 8:22		H 9:01		H 9:22		H 10:01		H 10:22		H 11:01		H 11:22					H 12:05	H 12:22		H 1:19		H 1:59		H 2:58		H 3:37
72	New Haven			6:35		6:53	7:17			7:38		7:53	8:17		8:38		9:17		9:38		10:17		10:38		11:17		11:38					12:21	12:38		1:38		2:31		3:31		4:10
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM	AM



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