Metro-North Railroad
Hudson Line

As of October 4, 2026 rev. 10-15-26

Grand Central
New York City
Harlem – 125th Street
Yankees – E. 153rd St
Morris Heights
University Heights
Marble Hill
Spuyten Duyvil
Riverdale
Ludlow
Yonkers
Glenwood
Greystone
Hastings-on-Hudson
Dobbs Ferry
Ardsley-on-Hudson
Irvington
Tarrytown
Philipse Manor
Scarborough
Ossining
Croton-Harmon
Cortlandt
Peekskill
Manitou
Garrison
Cold Spring
Breakneck Ridge
Beacon
New Hamburg
Poughkeepsie

Schedule Links

Monday – Friday

To Grand Central
AM Peak & Mornings *4 AM – 12 Noon*

To Grand Central
Afternoons & Nights *12 Noon – 12 Midnight*

To Poughkeepsie
AM Peak & Mornings *5 AM – 12 Noon*

To Poughkeepsie
Afternoons, PM Peak & Nights
12 Noon – 2 AM

Saturday & Sunday

To Grand Central

To Poughkeepsie

See information on
ADA accommodations

Useful links
mta.info/mnr
mta.info/schedules
mta.info

Download the TrainTime App

Download on the App Store
GET IT ON Google Play

Key

A – Amtrak connection.
C – **Change trains** to continue your trip.
D – **Discharges** customers only.
H – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown.
R – **Receives** customers only.
G – 511NY Rideshare Guaranteed Ride Program *Sponsored by NYSDOT.*
– **UniTicket** *(combined monthly rail/bus ticket)* is available for bus service between train station and residential area or worksites.
– Ferry connection.
– Airport connecting service.
– Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
– Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

2026 Holidays		Schedule
11/26	Thanksgiving Day	Special
11/27	Friday after Thanksgiving	Saturday + Extras
12/24	Christmas Eve	*Friday*
12/25	Christmas Day	Hourly
12/31	New Year's Eve	Special

2027 Holidays		Schedule
1/1	New Year's Day	Special
1/18	M.L.King Jr. Day	Saturday + Extras
2/16	Presidents Day	Saturday
5/31	Memorial Day	**Sunday**
7/4	Independence Day	**Sunday**
9/6	Labor Day	**Sunday**

General Info

Peak tickets are required on trains that:
– Arrive at Grand Central on weekdays between 6 AM – 10 AM
– Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares
– Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. **Must present proper ID.** **See details**

Bicycles
Visit our website at **mta.info** for our **full bike policy.**

– **Bicycles NOT permitted** on:
– inbound AM peak trains
– outbound PM peak trains
– on trains with the NO BIKE symbol
– or on some holidays

Weekday off-peak trains
unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains
allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.

– **"Bike Train"** a maximum of 15 bicycles are permitted on trains marked with this symbol.

– **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms, ticketing, waiting, and boarding areas; elevators; and staircases.

More Details on:
Ticket Information Contact Information Connecting Services

MILES	TO NEW YORK	OFF-PEAK		AM PEAK														(BICYCLES NOT PERMITTED ON PEAK TRAINS)																		
		700	802	702	806	704	810	708	710	814	712	714	818	716	816	416	718	4720	720	830	832	724	426	728	834	732	836	434	734	838	436	736	840	440	738	84
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	
74	Poughkeepsie Ⓐ		4 12		4 42		5 12			5 31			6 08		5 59		WILL NOT OPERATE FRIDAYS & 11/25, 12/21, 12/22, 12/23, 12/24, 12/28, 12/29, 12/30			6 24	6 44				6 49		7 05			7 11			7 30			
65	New Hamburg		4 21		4 51		5 21			5 40			6 17		6 08					6 33	6 53				6 58		7 14			7 20			7 39			
59	Beacon		4 28		4 58		5 28			5 47			6 24		6 15					6 41	7 00				7 06		7 21			7 28			7 47			
52	Cold Spring		4 36		5 06		5 36			5 55					6 24					6 49					7 14					7 35			7 55			
50	Garrison		4 40		5 10		5 40			6 00					6 28					6 53					7 18					7 40			7 59			
41	Peekskill		4 51		5 21		5 51			6 10					6 40					7 05					7 30					7 51			8 13			
38	Cortlandt		4 55		5 25		5 55			6 15					6 46					7 11					7 36					7 56			8 19			
33	Croton-Harmon *Ar.* Ⓐ																																			
33	Croton-Harmon *Lv.* Ⓐ	4 42	5 05	5 12	5 35	5 22	6 05	5 54	6 10	6 25	6 22	6 36		6 48	6 55			6 56	7 09	7 21		7 03		7 31	7 45	7 26	7 50		7 58	8 06		8 10	8 28		8 27	
31	Ossining	4 46		5 16		5 27		5 58	6 13		6 26	6 39		6 52				7 01	7 14			7 07		7 36		7 30			8 02			8 14			8 32	
30	Scarborough	4 48		5 18		5 29		6 00	6 16		6 28	6 42		6 54				7 04	7 17			7 09		7 39		7 32			8 04			8 16			8 34	
27	Philipse Manor	4 52		5 22		5 33		6 04	6 20		6 32	6 46		6 58				7 09	7 21			7 13		7 43		7 36			8 08			8 20			8 38	
25	Tarrytown	4 54		5 24		5 35		6 06	6 22		6 34	6 48		7 00			7 08	7 12	7 24			7 16		7 46		7 39			8 12			8 23			8 41	
23	Irvington	4 58		5 28		5 39		6 10	6 26		6 38	6 51					7 12	7 16				7 20	7 35			7 43		8 02			8 26			8 44	
22	Ardsley-on-Hudson	5 00		5 30		5 41		6 12	6 28		6 40	6 53					7 14	7 18				7 22	7 37			7 45		8 04			8 28			8 46	
21	Dobbs Ferry	5 02		5 32		5 43		6 14	6 30		6 42	6 55					7 16	7 20				7 24	7 39			7 47		8 06			8 31			8 49	
20	Hastings-on-Hudson	5 04		5 34		5 46		6 17	6 33		6 44	6 58					7 19	7 22				7 26	7 43			7 49		8 10			8 33			8 51	
18	Greystone	5 07				5 49		6 20			6 47					7 03	7 22	7 25				7 29				7 52		8 13		8 19			8 43			
16	Glenwood	5 10				5 52		6 23			6 50					7 06						7 33				7 56				8 22			8 46			
15	Yonkers Ⓐ	5 12		5 40		5 54		6 25	6 40		6 52	7 03				7 10						7 36	7 50			7 59				8 25	8 40		8 49			
14	Ludlow	5 14				5 56		6 27			6 54					7 13						7 38				8 01				8 28			8 51			
13	Riverdale	5 17				5 59		6 30			6 57					7 16						7 41				8 04				8 31			8 54			
11	Spuyten Duyvil	5 21				6 03		6 34			7 01					7 20						7 45				8 08				8 36			8 58			
10	Marble Hill	5 24		5 48		6 06		6 37	6 48		7 04	7 11				7 23						7 47				8 10				8 38	8 48		9 00			
9	University Heights					6 08		6 39			7 06					7 26						7 50				8 13				8 41			9 02			
8	Morris Heights					6 10		6 41			7 08					7 27						7 51				8 14				8 43			9 04			
6	Yankees-E. 153rd Street					6 15		6 45			7 13					7 31						7 55				8 19				8 47	8 54		9 07			
4	Harlem-125th Street	H 5 34	D 5 42	D 5 59	D 6 12	H 6 20	D 6 42	H 6 50	D 6 59	D 7 03	H 7 20	D 7 21	D 7 23	D 7 26	D 7 31	D 7 38	D 7 45	D 7 50	D 7 50	D 7 58	D 8 01	H 8 02	D 8 10			D 8 25		D 8 35	D 8 40	D 8 43	H 8 51	D 9 00	D 9 06	H 9 13	D 9 16	H 9
0	Grand Central	5 47 AM	5 54 AM	6 12 AM	6 24 AM	6 32 AM	6 54 AM	7 02 AM	7 11 AM	7 15 AM	7 33 AM	7 35 AM	7 37 AM	7 40 AM	7 44 AM	7 53 AM	7 59 AM	8 04 AM	8 04 AM	8 12 AM	8 13 AM	8 16 AM	8 24 AM	8 31 AM	8 35 AM	8 39 AM	8 40 AM	8 48 AM	8 53 AM	8 56 AM	9 04 AM	9 13 AM	9 19 AM	9 26 AM	9 29 AM	

STOPS AT MANITOU AT 8:05 AM

FRIDAYS ONLY & 11/25, 12/21, 12/22, 12/23, 12/24, 12/28, 12/29, 12/30

WILL NOT OPERATE FRIDAYS & 11/25, 12/21, 12/22, 12/23, 12/24, 12/28, 12/29, 12/30

WILL NOT OPERATE FRIDAYS & 11/25, 12/21, 12/22, 12/24, 12/28, 12/29, 12/30

MILES	TO NEW YORK	AM PEAK			OFF-PEAK											
		842	740	742	844	744	4844	4744	846	746	850	750	854	754	858	
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	
74	Poughkeepsie Ⓐ	8 01			8 30		8 51		8 57		9 48		10 48		11 48	
65	New Hamburg	8 10			8 40		9 01		9 07		9 58		10 58		11 58	
59	Beacon	8 18			8 47		9 08		9 14		10 05		11 05		12 05	
52	Cold Spring	8 25			8 56				9 23		10 14		11 14		12 14	
50	Garrison	8 30			9 00				9 27		10 18		11 18		12 18	
41	Peekskill	8 41			9 12		9 28		9 39		10 30		11 30		12 30	
38	Cortlandt	8 46			9 17				9 44		10 35		11 35		12 35	
33	Croton-Harmon *Ar.* Ⓐ															
33	Croton-Harmon *Lv.* Ⓐ	8 55	8 41	8 59	9 27	9 13	9 38	9 34	9 54	9 57	10 45	10 52	11 45	11 55	12 45	
31	Ossining		8 45	9 03		9 17		9 38	9 58	10 01	10 49	10 56	11 49	11 59	12 49	
30	Scarborough		8 47	9 06		9 19		9 40		10 03		10 58		12 01		
27	Philipse Manor		8 51	9 10		9 23		9 44		10 07		11 02		12 05		
25	Tarrytown		8 54	9 13		9 26		9 47	10 06	10 10	10 57	11 04	11 57	12 07	12 57	
23	Irvington		8 58	9 16		9 29		9 50		10 13		11 08		12 11		
22	Ardsley-on-Hudson		9 00	9 18		9 32		9 53		10 16		11 10		12 13		
21	Dobbs Ferry		9 02	9 21		9 34		9 55		10 18		11 12		12 15		
20	Hastings-on-Hudson		9 04	9 23		9 36		9 57		10 20		11 14		12 17		
18	Greystone		9 07			9 40		10 01		10 24		11 17		12 20		
16	Glenwood		9 10			9 43		10 04		10 27		11 20		12 23		
15	Yonkers Ⓐ		9 13	9 29		9 45		10 06		10 29		11 23		12 26		
14	Ludlow		9 15			9 47		10 08		10 31		11 25		12 28		
13	Riverdale		9 17			9 50		10 11		10 34		11 27		12 30		
11	Spuyten Duyvil		9 22			9 55		10 16		10 38		11 32		12 35		
10	Marble Hill		9 24			9 58		10 19		10 42		11 35		12 38		
9	University Heights		9 27			10 01		10 22		10 45		11 38		12 40		
8	Morris Heights		9 28			10 02		10 23		10 46		11 40		12 42		
6	Yankees-E. 153rd Street		9 33			10 07		10 28		10 51		11 46		12 49		
4	Harlem-125th Street	H 9 33	H 9 40	H 9 47	H 10 05	H 10 11	H 10 17	H 10 33	H 10 37	H 10 55	H 11 27	H 11 53	H 12 27	H 12 56	H 1 27	H
0	Grand Central	9 46 AM	9 52 AM	9 59 AM	10 17 AM	10 25 AM	10 28 AM	10 45 AM	10 50 AM	11 09 AM	11 41 AM	12 06 PM	12 41 PM	1 08 PM	1 41 PM	

FRIDAYS ONLY & 11/25, 12/21, 12/22, 12/23, 12/24, 12/28, 12/29, 12/30

INBOUND: Monday – Friday Afternoons & Nights

Effective **October 4, 2026**

MILES	TO NEW YORK																																				
																																			OFF-PEAK		
		750	854	754	858	758	760	862	762	764	866	766	768	870	770	772	874	774	876	776	878	778	880	780	882	782	886	786	890	790	892	792	894 794	896 796	898 798
		AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
74	Poughkeepsie Ⓐ		10 48		11 48			12 48			1 48			2 52			3 52		4 31		4 51		5 36		5 53		6 55		7 55		8 49		C 9 48	C 10 48	C 11 59
65	New Hamburg		10 58		11 58			12 58			1 58			3 02			4 02		4 41		5 01		5 46		6 03		7 05		8 05		8 59		C 9 58	C 10 58	C 12 09
59	Beacon		11 05		12 05			1 05			2 05			3 10			4 10		4 49		5 09		5 54		6 11		7 13		8 13		9 07		C 10 06	C 11 06	C 12 17
52	Cold Spring		11 14		12 14			1 14			2 14			3 18			4 18				5 17				6 19		7 21		8 21		9 16		C 10 14	C 11 14	C 12 25
50	Garrison		11 18		12 18			1 18			2 18			3 22			4 22				5 21				6 23		7 25		8 25		9 20		C 10 18	C 11 18	C 12 29
41	Peekskill		11 30		12 30			1 30			2 30			3 33			4 33		5 08		5 32		6 13		6 34		7 36		8 36		9 32		C 10 29	C 11 29	C 12 40
38	Cortlandt		11 35		12 35			1 35			2 35			3 38			4 38				5 37				6 39		7 41		8 41		9 37		C 10 34	C 11 34	C 12 45
33	Croton-Harmon *Ar.* Ⓐ																																C 10 47	C 11 47	C 12 58
33	Croton-Harmon *Lv.* Ⓐ	10 52	11 45	11 55	12 45	12 55	1 27	1 45	1 55	2 27	2 45	2 55	3 27	3 47	3 58	4 24	4 47	4 56	5 19	5 30	5 46	6 01	6 24	6 32	6 48	7 00	7 50	7 56	8 50	8 55	9 46	9 56	10 55	12 05	1 04
31	Ossining	10 56	11 49	11 59	12 49	12 59	1 31	1 49	1 59	2 31	2 49	2 59	3 30	3 51	4 02	4 28	4 51	5 00	5 23	5 34	5 50	6 05	6 28	6 36	6 52	7 04	7 54	8 00	8 54	8 59	9 50	10 00	10 59	12 09	1 08
30	Scarborough	10 58		12 01		1 01			2 01			3 01			4 04	4 30		5 02			5 36		6 07			7 06		8 02		9 01		10 02	11 01	12 11	1 10
27	Philipse Manor	11 02		12 05		1 05			2 05			3 05			4 08	4 34		5 06			5 40		6 11			7 10		8 06		9 05		10 06	11 05	12 15	1 14
25	Tarrytown	11 04	11 57	12 07	12 57	1 07	1 38	1 57	2 07	2 38	2 57	3 07	3 37	3 59	4 10	4 36	4 59	5 08	5 31	5 42	5 58	6 13	6 36	6 43	7 00	7 12	8 02	8 08	9 02	9 07	9 58	10 08	11 07	12 17	1 16
23	Irvington	11 08		12 11		1 11	1 41		2 11	2 41		3 11	3 40		4 14	4 40		5 12			5 46		6 17		6 46		7 16		8 12		9 11		10 12	11 11	12 21	1 20
22	Ardsley-on-Hudson	11 10		12 13		1 13			2 13			3 13			4 16	4 42		5 14			5 48		6 19			7 18		8 14		9 13		10 14	11 13	12 23	1 22
21	Dobbs Ferry	11 12		12 15		1 15	1 44		2 15	2 44		3 15	3 43		4 18	4 44		5 16			5 50		6 21		6 49		7 20		8 16		9 15		10 16	11 15	12 25	1 24
20	Hastings-on-Hudson	11 14		12 17		1 17	1 46		2 17	2 46		3 17	3 46		4 20	4 46		5 18			5 52		6 23		6 51		7 22		8 18		9 17		10 18	11 17	12 27	1 26
18	Greystone	11 17		12 20		1 20			2 20			3 20			4 23	4 49		5 21			5 55		6 26			7 25		8 21		9 20		10 21	11 20	12 30	1 29
16	Glenwood	11 20		12 23		1 23			2 23			3 23			4 26	4 52		5 24			5 58		6 29			7 28		8 24		9 23		10 24	11 23	12 33	1 32
15	Yonkers Ⓐ	11 23		12 26		1 26	1 52		2 25	2 52		3 26	3 52		4 28	4 55		5 27			6 01		6 32		6 57		7 31	8 13	8 27	9 13	9 26	10 09	10 27	11 26	12 36	1 35
14	Ludlow	11 25		12 28		1 28			2 27			3 28			4 30	4 57		5 29			6 03		6 34			7 33		8 29		9 28		10 29	11 28	12 39	1 38
13	Riverdale	11 27		12 30		1 30	1 56		2 30	2 56		3 30	3 55		4 33	4 59		5 31			6 05		6 36		7 01		7 35		8 31		9 30		10 31	11 30	12 41	1 40
11	Spuyten Duyvil	11 32		12 35		1 35	2 00		2 34	3 00		3 35	3 59		4 37	5 04		5 36			6 10		6 41		7 06		7 40		8 36		9 35		10 36	11 35	12 45	1 44
10	Marble Hill	11 35		12 38		1 38	2 03		2 37	3 03		3 38	4 02		4 40	5 07		5 39			6 13		6 44		7 08		7 43		8 39		9 38		10 39	11 38	12 49	1 47
9	University Heights	11 38		12 40		1 40			2 40			3 40	4 05		4 42	5 09		5 41			6 15		6 46			7 45		8 41		9 40		10 41	11 40	12 51	
8	Morris Heights	11 40		12 42		1 42			2 42			3 42	4 07		4 44	5 11		5 43			6 17		6 48			7 47		8 43		9 42		10 43	11 42	12 53	
6	Yankees-E. 153rd Street	11 46		12 49		1 49			2 49			3 49			4 48	5 17		5 49			6 23		6 53			7 52		8 49		9 49		10 50	11 49	12 59	
4	Harlem-125th Street	H 11 53	H 12 27	H 12 56	H 1 27	H 1 56	H 2 17	H 2 27	H 2 56	H 3 17	H 3 27	H 3 56	H 4 20	H 4 28	H 4 55	H 5 22	H 5 28	H 5 54	H 6 02	H 6 29	H 6 32	H 6 58	H 7 07	H 7 20	H 7 30	H 7 58	H 8 32	H 8 54	H 9 33	H 9 56	H 10 31	H 10 57	H 11 56	H 1 06	H 2 01
0	Grand Central	12 06 PM	12 41 PM	1 08 PM	1 41 PM	2 08 PM	2 29 PM	2 41 PM	3 08 PM	3 29 PM	3 41 PM	4 08 PM	4 31 PM	4 43 PM	5 08 PM	5 36 PM	5 43 PM	6 07 PM	6 15 PM	6 42 PM	6 45 PM	7 09 PM	7 19 PM	7 32 PM	7 42 PM	8 10 PM	8 44 PM	9 06 PM	9 46 PM	10 08 PM	10 43 PM	11 09 PM	12 08 AM	1 17 AM	2 12 AM

MILES	TO POUGHKEEPSIE	OFF-PEAK	AM PEAK									AM PEAK	OFF-PEAK						
		703	803	705	805	707	807	709	809	711	713	813	715	717	817	719	721	821	725	825
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
0	Grand Central	5 35	6 14	6 21	6 46	6 50	7 19	7 23	7 39	7 45	8 13	8 38	8 59	9 14	9 35	9 58	10 14	10 35	11 14	11 35
4	Harlem-125th Street	5 45	R 6 25	6 31	R 6 57	7 00	R 7 30	7 33	R 7 50	7 55	8 23	R 8 49	9 10	9 24	R 9 46	10 08	10 24	R 10 46	11 24	R 11 46
6	Yankees-E. 153rd Street	5 49	↓	6 35	↓	7 04	↓	7 37	↓	7 59	8 28	↓	↓	9 28			10 29		11 29	
8	Morris Heights	5 52	↓	6 38	↓	7 07	↓	7 40	↓	8 02	8 32	↓	↓	9 32			10 32		11 32	
9	University Heights	5 54	↓	6 40	↓	7 09	↓	7 42	↓	8 04	8 34	↓	↓	9 34			10 34		11 34	
10	Marble Hill	5 56	6 33	6 42	7 05	7 11	7 39	7 44	7 59	8 06	8 36	↓	9 20	9 36		10 18	10 36		11 36	
11	Spuyten Duyvil	5 58		6 44		7 13		7 46		8 08	8 38	↓	9 22	9 38		10 21	10 38		11 38	
13	Riverdale	6 02		6 48		7 17		7 50		8 12	8 42	↓	9 26	9 42		10 24	10 42		11 42	
14	Ludlow	6 04		6 50		7 19		7 52		8 14	8 45	↓	↓	9 44			10 44		11 44	
15	Yonkers	6 07	6 41	6 53	7 13	7 22	7 48	7 55	8 08	8 17	8 48	↓	9 30	9 47		10 28	10 47		11 47	
16	Glenwood	6 09		6 55		7 24		7 57		8 19	8 50	↓	↓	9 49			10 49		11 49	
18	Greystone	6 12		6 58		7 27		8 00		8 22	8 53	↓	↓	9 52			10 52		11 52	
20	Hastings-on-Hudson	6 15		7 01		7 30		8 03		8 25	8 56	↓	9 36	9 55		10 34	10 55		11 55	
21	Dobbs Ferry	6 18		7 04		7 33		8 06		8 28	8 59	↓	9 39	9 58		10 37	10 58		11 58	
22	Ardsley-on-Hudson	6 20		7 06		7 35		8 08		8 30	9 01	↓	↓	10 00			11 00		12 00	
23	Irvington	6 22		7 08		7 37		8 10		8 32	9 03	↓	9 42	10 03		10 41	11 03		12 03	
25	Tarrytown	6 26	6 52	7 12	7 24	7 41	7 59	8 14	8 21	8 36	9 07	9 15	9 46	10 07	10 14	10 45	11 07	11 13	12 07	12 13
27	Philipse Manor	6 28		7 14		7 43		8 16		8 38	9 10			10 09			11 09		12 09	
30	Scarborough	6 32		7 18		7 47		8 20		8 42	9 14			10 13			11 13		12 13	
31	Ossining	6 35	7 00	7 21	7 32	7 50	8 07	8 23	8 29	8 45	9 17	9 23	9 53	10 16	10 22	10 52	11 16	11 21	12 16	12 21
33	Croton-Harmon *Ar.*	6 45		7 32		8 00		8 34		8 56	9 26		10 02	10 26		11 01	11 25		12 26	
33	Croton-Harmon *Lv.*		7 05		7 37		8 12		8 35			9 28			10 28			11 27		12 27
38	Cortlandt		7 13		7 45		8 20		8 42			9 36			10 36			11 35		12 35
41	Peekskill		7 18		7 50		8 25		8 47			9 41			10 41			11 40		12 40
50	Garrison		7 29		8 01		8 36		8 58			9 52			10 52			11 52		12 52
52	Cold Spring		7 33		8 05		8 40		9 02			9 56			10 56			11 56		12 56
59	Beacon		7 41		8 13		8 48		9 11			10 05			11 05			12 04		1 04
65	New Hamburg		H 7 49		H 8 21		H 8 56		H 9 19			H 10 13			H 11 13			H 12 12		H 1 12
74	Poughkeepsie		8 07		8 38		9 13		9 38			10 30			11 30			12 30		1 30
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM

OUTBOUND: Monday – Friday Afternoons, PM Peak & Nights

Peak trains depart Grand Central between 4 PM – 8 PM

Effective **October 4, 2026**

MILES	TO POUGHKEEPSIE	OFF-PEAK																	PM PEAK (BICYCLES NOT PERMITTED ON PEAK TRAINS)																		
		821	725	825	729	829	4833	733	833	4735	4835	737	837	739	839	741	841	443	745	843	747	749	847	751	753	849	851	755	757	461	853	855	759	4761	761	4
		AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
0	Grand Central	10 35	11 14	11 35	12 14	12 35	1 18	1 20	1 43	1 51	2 18	2 20	2 43	2 48	3 18	3 20	3 48	3 51	4 07	4 15	4 19	4 38	4 47	4 52	4 54	5 09	5 11	5 17	5 20	5 23	5 30	5 32	5 36	5 36	5 39	
4	Harlem-125th Street	R 10 46	11 24	R 11 46	12 24	R 12 46	R 1 29	1 30	R 1 53	2 01	R 2 29	2 30	R 2 54	2 58	R 3 29	3 31	R 3 59	4 01	R 4 17	R 4 26	4 29	R 4 48	R 4 58		5 05	R 5 20	R 5 22	R 5 28	5 30	5 33		R 5 43				
6	Yankees-E. 153rd Street		11 29		12 29			1 34		2 05		2 34		3 02		3 35		4 05			4 34				5 09				5 34	5 37						
8	Morris Heights		11 32		12 32			1 38		2 09		2 38		3 06		3 39		4 09			4 38				5 13					5 40						
9	University Heights		11 34		12 34			1 40		2 11		2 40		3 08		3 40		4 11			4 39				5 15					5 42						
10	Marble Hill		11 36		12 36			1 42		2 13		2 42		3 10		3 42		4 13			4 42				5 17				5 40	5 45						
11	Spuyten Duyvil		11 38		12 38			1 44		2 15		2 44		3 12		3 44		4 16			4 44				5 20					5 47						
13	Riverdale		11 42		12 42			1 48		2 19		2 48		3 16		3 48		4 19			4 48				5 24					5 50						
14	Ludlow		11 44		12 44			1 50		2 21		2 50		3 18		3 51		4 22			4 50				5 27					5 53						
15	Yonkers		11 47		12 47			1 53		2 24		2 53		3 21		3 53		4 24	H 4 34		4 53	H 5 04			5 30				5 48	5 56						
16	Glenwood		11 49		12 49			1 55		2 26		2 55		3 23		3 56		4 26			4 55				5 32					5 58						
18	Greystone		11 52		12 52			1 58		2 29		2 58		3 26		3 59		4 33			4 58				5 35					6 04			6 05		6 08	
20	Hastings-on-Hudson		11 55		12 55			2 01		2 33		3 01		3 29		4 02			H 4 40		5 01	H 5 10			5 38				5 54				6 08	6 11	
21	Dobbs Ferry		11 58		12 58			2 04		2 36		3 04		3 32		4 04			H 4 43		5 04	H 5 13			5 41				5 56				6 11	6 14	
22	Ardsley-on-Hudson		12 00		1 00			2 06		2 38		3 06		3 34		4 06			H 4 45		5 06	H 5 15			5 43				5 59				6 13	6 16	
23	Irvington		12 03		1 03			2 09		2 41		3 09		3 37		4 09			H 4 47		5 09	H 5 17			5 45				6 01				6 15	6 18	
25	Tarrytown	11 13	12 07	12 13	1 07	1 13		2 13	2 23	2 46		3 13	3 22	3 41		4 13			H 4 51		5 12	H 5 21		H 5 28	5 49			H 5 55	6 05			H 6 12	6 19	6 22	
27	Philipse Manor		12 09		1 09			2 15		2 48		3 15		3 43		4 15			H 4 54		5 15	H 5 24		H 5 31	5 52			H 5 58	6 08			H 6 16	6 22		
30	Scarborough		12 13		1 13			2 19		2 52		3 19		3 47		4 19			H 4 58		5 19	H 5 28		H 5 35	5 56			H 6 03	6 12			H 6 20	6 26		
31	Ossining	11 21	12 16	12 21	1 16	1 21		2 22	2 31	2 55		3 22	3 30	3 50		4 22			H 5 01		5 22	H 5 31		H 5 38	5 59			H 6 06	6 15			H 6 23	6 28		
33	Croton-Harmon Ar.		12 26		1 26			2 32		3 04		3 32		3 59		4 32			5 10		5 31	5 40		5 44	6 09			6 19	6 24			6 30	6 35		6 35	
33	Croton-Harmon Lv.	11 27		12 27		1 27	2 07		2 37		3 07		3 36		4 05		4 33			5 02			5 32			5 57				6 17					
38	Cortlandt	11 35		12 35		1 35	2 14		2 45		3 14		3 44		4 12		4 40			5 09			5 40			H 6 04				6 25					
41	Peekskill	11 40		12 40		1 40	2 19		2 50		3 19		3 49		4 17		4 45			5 15			5 45			H 6 09				6 30					
50	Garrison	11 52		12 52		1 52	2 31		3 01		3 31		4 00		4 29		4 57			5 25			5 56			H 6 20				6 41					
52	Cold Spring	11 56		12 56		1 56	2 35		3 05		3 35		4 04		4 33		5 01			5 30			6 00			H 6 24				6 46					
59	Beacon	12 04		1 04		2 04	2 44		3 14		3 44		4 13		4 42		5 10			5 38			6 10		H 6 19	6 38				H 6 41	6 54				
65	New Hamburg	H 12 12		H 1 12		H 2 12	H 2 52		H 3 22		H 3 52		H 4 21		H 4 50		H 5 17			H 5 46			H 6 17		H 6 26					H 6 48	H 7 02				
74	Poughkeepsie	12 30		1 30		2 30	3 09		3 40		4 09		4 39		5 09		5 42			6 04			6 35		6 37					6 58	7 18				
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	

MILES	TO POUGHKEEPSIE	PM PEAK															OFF-PEAK																OFF-PEAK	
		465	857	765	469	863	865	767	769	771	869	775	875	477	777	877	781	881	483	783	883	785	787	887	789	791	891	793	795	895	797	897	799	701 801	
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	
0	Grand Central	5 43	5 54	6 00	6 06	6 12	6 15	6 22	6 25	6 28	6 46	6 53	7 19	7 23	7 35	7 51	7 59	8 27	8 32	8 42	9 04	9 13	9 22	9 47	9 56	10 22	10 47	10 58	11 26	11 52	12 22	12 48	1 10	1 50	
4	Harlem-125th Street	5 53	R 6 06	R 6 10	6 16	R 6 23	R 6 26			6 38	R 6 57	7 03	R 7 30	7 33	7 45	R 8 02	8 09	R 8 38	8 42	R 8 52	R 9 15	R 9 23	9 32	R 9 58	R 10 07	10 32	R 10 58	R 11 09	11 36	R 12 03	12 32	R 12 59	1 20	2 00	
6	Yankees-E. 153rd Street	5 57			6 20					6 43		7 08		7 37			8 14		8 47	8 57			9 37			10 36			11 41		12 37		1 25	2 05	
8	Morris Heights	6 00			6 23					6 46		7 11		7 40			8 17		8 50				9 40			10 40			11 44		H 12 41		H 1 29	2 09	
9	University Heights	6 02			6 25					6 48		7 13		7 42			8 19		8 52				9 42			10 42			11 46		H 12 43		H 1 31	2 11	
10	Marble Hill	6 05			6 28					6 51		7 16		7 44	7 53		8 22		8 54	9 02			9 44			10 44			11 48		H 12 45	H 1 09	H 1 33	2 13	
11	Spuyten Duyvil	6 07			6 30					6 53		7 18		7 47			8 24		8 56				9 46		H 10 19	10 46		H 11 21	11 50	H 12 15	H 12 47	H 1 11	H 1 35	2 15	
13	Riverdale	6 10			6 33					6 57		7 22		7 50			8 28		9 00				9 50		H 10 22	10 50		H 11 24	11 54	H 12 19	H 12 51	H 1 15	H 1 39	2 19	
14	Ludlow	6 13			6 36					7 00		7 25		7 53			8 31		9 02				9 52			10 52			11 56		H 12 54		H 1 42	2 22	
15	Yonkers	6 16		6 26	6 39				6 50	7 03		7 27		7 56	8 02		8 34		9 05	9 10		H 9 40	9 55		H 10 27	10 55		H 11 29	11 59	H 12 22	H 12 56	H 1 19	H 1 44	2 25	
16	Glenwood	6 18			6 41					7 05		7 30		7 58			8 36		9 07				9 57			10 57			12 01		H 12 58		H 1 46	2 27	
18	Greystone	6 24			6 47					7 08		7 33		8 04			8 39		9 13				10 00			11 00			12 04		H 1 01		H 1 49	2 30	
20	Hastings-on-Hudson			6 32					6 56	7 11		7 36			8 09		8 42			9 16		H 9 46	10 03		H 10 33	11 03		H 11 35	12 07	H 12 30	H 1 04	H 1 25	H 1 52	2 33	
21	Dobbs Ferry			6 35					6 59	7 14		7 38			8 11		8 45			9 18		H 9 49	10 06		H 10 35	11 06		H 11 37	12 10	H 12 33	H 1 07	H 1 27	H 1 55	2 36	
22	Ardsley-on-Hudson			6 37					7 01	7 16		7 41			8 14		8 47			9 21			10 08			11 08			12 12		H 1 09		H 1 57	2 38	
23	Irvington			6 39					7 03	7 18		7 43			8 16		8 49			9 23		H 9 53	10 11		H 10 40	11 11		H 11 42	12 15	H 12 37	H 1 12	H 1 31	H 2 00	2 41	
25	Tarrytown			6 43				H 6 58	7 07	7 22		7 47			8 21		8 53			9 27		H 9 57	10 15		H 10 44	11 15		H 11 46	12 19	H 12 41	H 1 16	H 1 35	H 2 04	2 45	
27	Philipse Manor			6 46				H 7 01	7 10	7 25		7 49			8 24		8 55			9 30			10 17			11 17			12 21		H 1 19		H 2 07	2 48	
30	Scarborough			6 50				H 7 05	7 14	7 29		7 53			8 28		8 59			9 34		H 10 02	10 21		H 10 50	11 21		H 11 52	12 25	H 12 47	H 1 23	H 1 42	H 2 11	2 52	
31	Ossining			6 53				H 7 08	7 17	7 32		7 56			8 31		9 02			9 37		H 10 05	10 24		H 10 53	11 24		H 11 55	12 28	H 12 50	H 1 26	H 1 45	H 2 14	2 55	
33	Croton-Harmon Ar.			7 01				7 16	7 25	7 41		8 05			8 37		9 11			9 46		10 12	10 33		11 00	11 33		12 02	12 37		1 35		2 25	3 03	
33	Croton-Harmon Lv.		R 6 40				7 03				7 31		8 07			8 39		9 16			9 53				10 36			11 36		H 12 56		H 1 51		C 3 08	
38	Cortlandt		6 48				7 10				7 39		8 13			8 45		9 23			10 00				10 43			11 43		H 1 03		H 1 59		C 3 16	
41	Peekskill		6 53				7 15				7 44		8 18			8 50		9 28			10 05				10 48			11 48		H 1 08		H 2 04		C 3 21	
50	Garrison		7 04				7 28				7 55		8 29			9 01		9 40			10 17				11 00			12 01		H 1 20		H 2 16		C 3 32	
52	Cold Spring		7 09				7 33				8 00		8 34			9 06		9 44			10 21				11 04			12 04		H 1 24		H 2 20		C 3 36	
59	Beacon		7 17			H 7 22	7 41				8 09		8 42			9 14		9 53			10 30				11 13			12 13		H 1 33		H 2 29		C 3 44	
65	New Hamburg		H 7 25			H 7 30	H 7 49				H 8 17		H 8 50			H 9 22		H 10 01			H 10 38				H 11 21			H 12 21		H 1 41		H 2 37		C 3 52	
74	Poughkeepsie		7 39			7 40	8 06				8 34		9 06			9 38		10 20			10 58				11 37			12 37		2 01		2 59		C 4 08	
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	

INBOUND: Saturday, Sunday & Holiday

Effective **October 4, 2026** rev. 10-15-26

MILES	TO NEW YORK	8700	8802	8702	8704	4806	8706	8808	8708	4810	8710	8812	8712	8714	8816	8716	8718	8820	4722	8822	8720	8722	8824	4724	8826	8724	8726	8828	4728	8728	8730	8832	4732	8732	8734	8836	4736	8736	8738	8840
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	AM	PM	PM	PM	PM	PM	PM	PM	PM
74	Poughkeepsie		4 36			5 24		5 58		6 24		6 58			7 58			8 58		9 26			9 58		10 26			10 58				11 58				12 51				1 51
65	New Hamburg		4 45			5 34		6 07		6 34		7 07			8 07			9 07		9 35			10 07		10 35			11 07				12 07				1 00				2 00
59	Beacon		4 53			5 42		6 15		6 42		7 15			8 15			9 15		9 43			10 15		10 43			11 15				12 15				1 08				2 08
55	Breakneck Ridge																																							
52	Cold Spring		5 02			5 51		6 24		6 51		7 24			8 24			9 24		9 52			10 24		10 52			11 24				12 24				1 19				2 19
50	Garrison		5 06			5 55		6 28		6 55		7 28			8 28			9 28		9 56			10 28		10 56			11 28				12 28				1 23				2 23
46	Manitou																																				1 28				2 28
41	Peekskill		5 18			6 07		6 40		7 07		7 40			8 40			9 40		10 08			10 40		11 08			11 40				12 40				1 37				2 37
38	Cortlandt		5 22			6 12		6 45		7 12		7 45			8 45			9 45					10 45					11 45				12 45				1 42				2 42
33	Croton-Harmon Ar.																																							
33	Croton-Harmon Lv.	5 03	5 32	5 37	6 06	6 21	6 33	6 54	7 06	7 21	7 33	7 54	8 06	8 39	8 54	9 06	9 39	9 54	10 00		10 06	10 39	10 54	11 00		11 06	11 39	11 54	12 00	12 06	12 39	12 54	1 00	1 06	1 39	1 51	2 00	2 06	2 39	2 51
31	Ossining	5 07	5 36	5 41	6 10	6 25	6 37	6 58	7 10	7 25	7 37	7 58	8 10	8 43	8 58	9 10	9 43		10 04		10 10	10 43		11 04		11 10	11 43		12 04	12 10	12 43		1 04	1 10	1 43		2 04	2 10	2 43	
30	Scarborough	5 09		5 43	6 12		6 39		7 12		7 39		8 12			9 12					10 12					11 12				12 12				1 12				2 12	
27	Philipse Manor	5 13		5 47	6 16		6 43		7 16		7 43		8 16			9 16					10 16					11 16				12 16				1 16				2 16	
25	Tarrytown	5 15	5 44	5 49	6 18	6 33	6 45	7 06	7 18	7 33	7 45	8 06	8 18	8 50	9 06	9 18	9 50		10 11		10 18	10 50		11 11		11 18	11 50		12 11	12 18	12 50		1 11	1 18	1 50		2 11	2 18	2 50	
23	Irvington	5 19		5 53	6 22		6 49		7 22		7 49		8 22	8 53		9 22	9 53				10 22	10 53				11 22	11 53			12 22	12 53			1 22	1 53			2 22	2 53	
22	Ardsley-on-Hudson	5 21		5 55	6 24		6 51		7 24		7 51		8 24			9 24					10 24					11 24				12 24				1 24				2 24	
21	Dobbs Ferry	5 23		5 57	6 26		6 53		7 26		7 53		8 26	8 56		9 26	9 56				10 26	10 56				11 26	11 56			12 26	12 56			1 26	1 56			2 26	2 56	
20	Hastings-on-Hudson	5 25		5 59	6 28		6 55		7 28		7 55		8 28	8 59		9 28	9 59				10 28	10 59				11 28	11 59			12 28	12 59			1 28	1 59			2 28	2 59	
18	Greystone	5 28		6 02	6 31		6 58		7 31		7 58		8 31			9 31					10 31					11 31				12 31				1 31				2 31		
16	Glenwood	5 31		6 05	6 34		7 01		7 34		8 01		8 34			9 34					10 34					11 34				12 34				1 34				2 34		
15	Yonkers	5 34		6 08	6 37		7 04		7 37		8 04		8 37	9 05		9 37	10 05				10 37	11 05				11 37	12 05			12 37	1 05			1 37	2 05			2 37	3 05	
14	Ludlow	5 37		6 11	6 40		7 07		7 40		8 07		8 40			9 40					10 40					11 40				12 40				1 40				2 40		
13	Riverdale	5 39		6 13	6 42		7 09		7 42		8 09		8 42	9 09		9 42	10 09				10 42	11 09				11 42	12 09			12 42	1 09			1 42	2 09			2 42	3 09	
11	Spuyten Duyvil	5 43		6 17	6 46		7 13		7 46		8 13		8 46	9 13		9 46	10 13				10 46	11 13				11 46	12 13			12 46	1 13			1 46	2 13			2 46	3 13	
10	Marble Hill	5 47		6 21	6 50		7 17		7 50		8 17		8 50	9 17		9 50	10 17				10 50	11 17				11 50	12 17			12 50	1 17			1 50	2 17			2 50	3 17	
9	University Heights	5 49			6 52				7 52				8 52			9 52					10 52					11 52				12 52				1 52				2 52		
8	Morris Heights	5 51			6 54				7 54				8 54			9 54					10 54					11 54				12 54				1 54				2 54		
6	Yankees-E. 153rd Street	5 55			6 58				7 59				8 59			9 59					10 59					11 59				12 59				1 59				2 59		
4	Harlem-125th Street	H 6 03	H 6 17	H 6 34	H 7 02	H 7 10	H 7 30	H 7 37	H 8 03	H 8 10	H 8 30	H 8 37	H 9 03	H 9 30	H 9 37	H 10 04	H 10 30	H 10 36	H 10 45	H 10 57	H 11 04	H 11 30	H 11 36	H 11 45	H 11 57	H 12 04	H 12 30	H 12 36	H 12 45	H 1 04	H 1 30	H 1 36	H 1 45	H 2 04	H 2 30	H 2 37	H 2 45	H 3 04	H 3 30	H 3 37
0	Grand Central	6 17	6 31	6 45	7 20	7 21	7 41	7 55	8 20	8 21	8 41	8 55	9 20	9 44	9 55	10 20	10 44	10 51	10 56	11 13	11 19	11 44	11 51	11 56	12 11	12 19	12 44	12 51	12 56	1 19	1 44	1 51	1 56	2 19	2 44	2 52	2 56	3 19	3 44	3 52
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM

MILES	TO NEW YORK	4740	8740	4144	8742	8844	4742	4846	8846	8744	8746	8848	4850	8748	4852	8750	8852	4854	8752	4856	8754	8856	4756	4860	8756	8758	8860	4760	8760	4864	8762	8864	8764	4868	8766	8868	8768	8872	8772	8876	8898
																																								8776	8798
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
74	Poughkeepsie					2 55			3 26			3 52			4 40		4 51			5 40		5 56					6 56				7 58					8 58		9 57		C 10 59	C 11 59
65	New Hamburg					3 04			3 35			4 01			4 50		5 00			5 50		6 05					7 05				8 07					9 07		10 06		C 11 09	C 12 09
59	Beacon			2 54		3 12		3 31	3 43			4 09	4 31		4 58		5 08	5 31		5 58		6 13		6 43			7 13			7 55		8 15		8 55		9 15		10 14		C 11 17	C 12 17
55	Breakneck Ridge																																								
52	Cold Spring			3 04		3 23		3 40	3 52			4 20	4 40		5 08		5 19	5 40		6 08		6 24		6 52			7 24			8 04		8 24		9 04		9 24		10 23		C 11 25	C 12 25
50	Garrison			3 08		3 27		3 44	3 56			4 24	4 44		5 12		5 23	5 44		6 12		6 28		6 56			7 28			8 08		8 28		9 08		9 28		10 27		C 11 29	C 12 29
46	Manitou			3 13		3 32						4 29			5 17		5 28			6 17		6 33					7 33														
41	Peekskill			3 21		3 41		3 56	4 08			4 38	4 56		5 25		5 37	5 56		6 25		6 42		7 08			7 42			8 20		8 40		9 20		9 40		10 39		C 11 40	C 12 40
38	Cortlandt					3 46						4 43			5 30		5 42			6 30		6 47					7 47					8 45				9 45		10 44		C 11 45	C 12 45
33	Croton-Harmon Ar.																																							C 11 58	C 12 58
33	Croton-Harmon Lv.	3 00	3 06		3 39	3 55	4 00	4 08		4 06	4 34	4 52	5 08	5 06	5 37	5 34	5 51	6 08	6 06	6 37	6 40	6 56	7 00	7 20	7 06	7 40	7 56	8 00	8 06	8 32	8 38	8 54	9 06	9 32	9 38	9 54	10 06	10 53	11 08	12 05	1 04
31	Ossining	3 04	3 10		3 43		4 04			4 10	4 38	4 56		5 10		5 38	5 55		6 10		6 44		7 04		7 10	7 44		8 04	8 10		8 42	8 58	9 10		9 42	9 58	10 10	10 57	11 12	12 09	1 08
30	Scarborough		3 12							4 12	4 40			5 12		5 40			6 12						7 12				8 12			9 12				10 12		11 14	12 11	1 10
27	Philipse Manor		3 16							4 16	4 44			5 16		5 44			6 16						7 16				8 16			9 16				10 16		11 18	12 15	1 14
25	Tarrytown	3 11	3 18		3 50		4 11			4 18	4 46	5 04		5 18		5 46	6 02		6 18		6 51		7 11		7 18	7 51		8 11	8 18		8 49	9 06	9 18		9 49	10 06	10 18	11 05	11 20	12 17	1 16
23	Irvington		3 22		3 53					4 22	4 50			5 22		5 50			6 22		6 54				7 22	7 54			8 22		8 52		9 22		9 52		10 22		11 24	12 21	1 20
22	Ardsley-on-Hudson		3 24							4 24	4 52			5 24		5 52			6 24						7 24				8 24				9 24			10 24		11 26	12 23	1 22
21	Dobbs Ferry		3 26		3 56					4 26	4 54			5 26		5 54			6 26		6 57				7 26	7 57			8 26		8 55		9 26		9 55		10 26		11 28	12 25	1 24
20	Hastings-on-Hudson		3 28		3 59					4 28	4 56			5 28		5 56			6 28		7 00				7 28	8 00			8 28		8 58		9 28		9 58		10 28		11 30	12 27	1 26
18	Greystone		3 31							4 31	4 59			5 31		5 59			6 31						7 31				8 31				9 31				10 31		11 33	12 30	1 29
16	Glenwood		3 34							4 34	5 02			5 34		6 02			6 34						7 34				8 34				9 34				10 34		11 36	12 33	1 32
15	Yonkers		3 37		4 05					4 37	5 05			5 37		6 05			6 37		7 06				7 37	8 06			8 37		9 04		9 37		10 04		10 37	11 18	11 39	12 36	1 35
14	Ludlow		3 40							4 40	5 08			5 40		6 08			6 40						7 40				8 40				9 40				10 40		11 42	12 39	1 38
13	Riverdale		3 42		4 09					4 42	5 10			5 42		6 10			6 42		7 10				7 42	8 10			8 42		9 08		9 42		10 08		10 42		11 44	12 41	1 40
11	Spuyten Duyvil		3 46		4 13					4 46	5 14			5 46		6 14			6 46		7 14				7 46	8 14			8 46		9 12		9 46		10 12		10 46		11 48	12 45	1 44
10	Marble Hill		3 50		4 17					4 50	5 18			5 50		6 18			6 50		7 18				7 50	8 18			8 49		9 16		9 50		10 16		10 50		11 52	12 49	1 47
9	University Heights		3 52							4 52	5 20			5 52		6 20			6 52						7 52				8 52				9 52				10 52		11 54	12 51	
8	Morris Heights		3 54							4 54	5 22			5 54		6 22			6 54						7 54				8 54				9 54				10 54		11 56	12 53	
6	Yankees-E. 153rd Street		3 59							4 59	5 26			5 59		6 26			6 59						7 59				8 59				9 59				10 59		12 01	12 59	
4	Harlem-125th Street	H 3 45	H 4 04	H 4 19	H 4 30	H 4 37	H 4 45	H 4 48	H 4 57	H 5 04	H 5 30	H 5 37	H 5 48	H 6 04	H 6 17	H 6 30	H 6 37	H 6 48	H 7 04	H 7 17	H 7 32	H 7 37	H 7 45	H 7 57	H 8 04	H 8 32	H 8 37	H 8 45	H 9 04	H 9 09	H 9 30	H 9 37	H 10 04	H 10 09	H 10 30	H 10 37	H 11 04	H 11 37	H 12 07	H 1 06	H 2 01
0	Grand Central	3 56	4 19	4 30	4 44	4 51	4 56	5 01	5 11	5 19	5 44	5 51	6 01	6 19	6 33	6 44	6 50	7 01	7 19	7 33	7 46	7 51	7 56	8 10	8 19	8 46	8 51	8 56	9 19	9 22	9 44	9 55	10 19	10 22	10 44	10 55	11 19	11 55	12 18	1 17	2 12
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM

Home Updated 10-15-26 MTA Metro-North Railroad

OUTBOUND: Saturday & Sunday All I day Next

OUTBOUND: Saturday, Sunday & Holiday

Effective **October 4, 2026** rev. 10-15-26

MILES	TO POUGHKEEPSIE	8705	8805	8707	4807	4711	8709	8807	4811	8711	4111	4713	8713	8811	4115	8715	4815	8717	8815	4817	8719	4819	8721	8819	8723	4823	4725	8725	8823	4827	8727	4729	8729	8827	4831	8731	4733	8733	8831	4135	8735	4737
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
0	Grand Central	6 25	6 56	7 25	7 31	7 49	7 52	7 57	8 08	8 25	8 31	8 49	8 52	8 56	9 20	9 25	9 31	9 53	9 56	10 21	10 25	10 31	10 53	10 56	11 25	11 31	11 49	11 53	11 56	12 10	12 25	12 49	12 53	12 56	1 20	1 25	1 49	1 53	1 56	2 20	2 25	2 49
4	Harlem-125th Street	6 36	R 7 07	7 36	R 7 42	8 00	8 03	R 8 08	R 8 19	8 36	R 8 42	9 00	9 03	R 9 07	R 9 31	9 36	R 9 43	R 10 04	R 10 07	R 10 32	10 36	R 10 43	R 11 04	R 11 07	11 36	R 11 42	12 00	R 12 04	R 12 07	R 12 21	12 36	1 00	R 1 04	R 1 07	R 1 31	1 36	2 00	R 2 04	R 2 07	R 2 31	2 36	3 00
6	Yankees-E. 153rd Street	6 41		7 41			8 08			8 41			9 08			9 41								10 41						11 41					1 41					2 41	
8	Morris Heights	6 44		7 44			8 11			8 44			9 11			9 44								10 44						11 44					1 44					2 44	
9	University Heights	6 46		7 46			8 13			8 46			9 13			9 46								10 46						11 46					1 46					2 46	
10	Marble Hill	6 48		7 48			8 15			8 48			9 15			9 48		H 10 15				H 11 15		11 48			H 12 15			12 48		H 1 15			1 48		H 2 15			2 48	
11	Spuyten Duyvil	6 51		7 51			8 18			8 51			9 18			9 51		H 10 17				H 11 17		11 51			H 12 17			12 51		H 1 17			1 51		H 2 17			2 51	
13	Riverdale	6 54		7 54			8 21			8 54			9 21			9 54		H 10 22				H 11 22		11 54			H 12 22			12 54		H 1 22			1 54		H 2 22			2 54	
14	Ludlow	6 57		7 57			8 24			8 57			9 24			9 57								10 57						11 57					1 57					2 57	
15	Yonkers A	6 59		7 59			8 26			8 59			9 26			9 59		H 10 26						10 59						11 59		H 1 26			1 59		H 2 26			2 59	
16	Glenwood	7 01		8 01			8 28			9 01			9 28			10 01								11 01						12 01					2 01					3 01	
18	Greystone	7 04		8 04			8 31			9 04			9 31			10 04								11 04						12 04					2 04					3 04	
20	Hastings-on-Hudson	7 07		8 07			8 34			9 07			9 34			10 07		H 10 32						11 07			H 11 32			12 07					2 07		H 2 32			3 07	
21	Dobbs Ferry	7 10		8 10			8 37			9 10			9 37			10 10		H 10 34						11 10			H 11 34			12 10					2 10		H 2 34			3 10	
22	Ardsley-on-Hudson	7 12		8 12			8 39			9 12			9 39			10 12								11 12						12 12					2 12					3 12	
23	Irvington	7 14		8 14			8 41			9 14			9 41			10 14		H 10 38						11 14			H 11 38			12 14					2 14		H 2 38			3 14	
25	Tarrytown	7 18	7 35	8 18		8 25	8 45			9 18		9 25	9 45			10 18		H 10 42			11 18		H 11 42		12 18		12 25	H 12 42		1 18	1 25	H 1 42			2 18	2 25	H 2 42			3 18	3 25
27	Philipse Manor	7 21		8 21			8 48			9 21			9 48			10 21					11 21				12 21					1 21					2 21					3 21	
30	Scarborough	7 25		8 25			8 52			9 25			9 52			10 25					11 25				12 25					1 25					2 25					3 25	
31	Ossining	7 28	7 43	8 28		8 32	8 55			9 28		9 32	9 55			10 28		H 10 50			11 28		H 11 50		12 28		12 32	H 12 50		1 28	1 32	H 1 50			2 28	2 32	H 2 50			3 28	3 32
33	Croton-Harmon Ar. A	7 37		8 37		8 41	9 04			9 37		9 41	10 04			10 37		11 02			11 37				12 37		12 41	1 02		1 37	1 41	2 02			2 37	2 41	3 02			3 37	3 41
33	Croton-Harmon Lv. A		7 49		8 21			8 46			9 21			9 45	10 10		10 25		10 45			11 25		11 45				12 45	1 00				1 49	2 10			2 49	3 10		
38	Cortlandt		7 57					8 54						9 53			10 33		10 53			11 33		11 53				12 53					1 57				2 57			
41	Peekskill		8 02		8 32			8 59	9 07		9 32			9 58	10 21		10 38		10 58	11 20		11 38		11 58		12 29			1 11					2 02	2 21			3 02	3 21		
46	Manitou		8 10					9 07	9 17					10 06			10 46		11 06	11 30		11 46		12 06		12 39								2 10							
50	Garrison		8 16		8 45			9 13	9 22		9 45			10 12	10 34		10 52		11 12	11 35		11 52		12 12		12 45			1 11	1 24				2 16	2 34			3 14	3 34		
52	Cold Spring		8 20		8 49			9 17	9 27		9 49			10 16	10 38		10 56		11 16	11 40		11 56		12 16		12 50			1 15	1 28				2 20	2 38			3 18	3 38		
55	Breakneck Ridge																																									
59	Beacon		8 32		9 09			9 29	9 46		10 11			10 28	10 57		11 08		11 28	11 59		12 08		12 28		1 10			1 24	1 47				2 32	2 57			3 27	3 57		
65	New Hamburg		H 8 38					H 9 35						H 10 34			H 11 17		H 11 34			H 12 17		H 12 35					H 1 33					H 2 40				H 3 36			
74	Poughkeepsie A		9 02					9 59						10 58			11 39		11 58			12 39		12 58					1 48					3 06				3 51			
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM

MILES	TO POUGHKEEPSIE	8737	8835	4839	8739	4741	8741	8839	8841	8743	4745	8745	8843	8845	8747	4749	8749	8847	8849	8751	4753	8753	8851	8755	4757	8757	8855	8759	8761	8859	8763	8765	8863	8767	8769	8867	8771	8871	8797	8897	8799	8701 8801
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM
0	Grand Central	2 53	2 56	3 14	3 25	3 49	3 53	3 56	4 19	4 25	4 49	4 52	4 56	5 19	5 25	5 49	5 52	5 56	6 19	6 25	6 49	6 53	6 56	7 25	7 49	7 53	7 56	8 25	8 53	8 56	9 25	9 53	9 56	10 25	10 53	10 56	11 25	11 47	12 22	12 48	1 10	1 50
4	Harlem-125th Street	R 3 04	R 3 07	R 3 25	3 36	4 00	R 4 04	R 4 07	R 4 30	4 36	5 00	5 03	R 5 07	R 5 30	5 36	6 00	6 03	R 6 07	R 6 30	6 36	7 00	R 7 04	R 7 07	7 36	8 00	R 8 04	R 8 07	8 36	R 9 04	R 9 07	9 36	R 10 04	R 10 07	10 36	R 11 04	R 11 07	11 36	R 11 58	12 32	R 12 59	1 20	2 00
6	Yankees-E. 153rd Street				3 41					4 41					5 41					6 41				7 41			8 41			9 41			10 41			11 41		12 37		1 25	2 05
8	Morris Heights				3 44					4 44					5 44					6 44				7 44			8 44			9 44			10 44			11 44		H 12 41		H 1 29	2 09
9	University Heights				3 46					4 46					5 46					6 46				7 46			8 46			9 46			10 46			11 46		H 12 43		H 1 31	2 11
10	Marble Hill	H 3 15			3 48		H 4 15			4 48		5 13			5 48		6 13			6 48		H 7 15		7 48		H 8 15		8 48	H 9 15		9 48	H 10 15		10 48	H 11 15		11 48		H 12 45	H 1 09	H 1 33	2 13
11	Spuyten Duyvil	H 3 17			3 51		H 4 17			4 51		5 15			5 51		6 15			6 51		H 7 17		7 51		H 8 17		8 51	H 9 17		9 51	H 10 17		10 51	H 11 17		11 51		H 12 47	H 1 11	H 1 35	2 15
13	Riverdale	H 3 22			3 54		H 4 22			4 54		5 19			5 54		6 19			6 54		H 7 22		7 54		H 8 22		8 54	H 9 22		9 54	H 10 22		10 54	H 11 22		11 54		H 12 51	H 1 15	H 1 39	2 19
14	Ludlow				3 57					4 57		5 22			5 57		6 22			6 57				7 57			8 57			9 57			10 57			11 57		H 12 54		H 1 42	2 22
15	Yonkers A	H 3 26			3 59		H 4 26			4 59		5 24			5 59		6 24			6 59		H 7 26		7 59		H 8 26		8 59	H 9 26		9 59	H 10 26		10 59	H 11 26		11 59	H 12 16	H 12 56	H 1 19	H 1 44	2 25
16	Glenwood				4 01					5 01		5 26			6 01		6 26			7 01				8 01			9 01			10 01			11 01			12 01		H 12 58		H 1 46	2 27
18	Greystone				4 04					5 04		5 29			6 04		6 29			7 04				8 04			9 04			10 04			11 04			12 04		H 1 01		H 1 49	2 30
20	Hastings-on-Hudson	H 3 32			4 07		H 4 32			5 07		5 32			6 07		6 32			7 07		H 7 32		8 07		H 8 32		9 07	H 9 32		10 07	H 10 32		11 07	H 11 32		12 07	H 12 22	H 1 04	H 1 25	H 1 52	2 33
21	Dobbs Ferry	H 3 34			4 10		H 4 34			5 10		5 35			6 10		6 35			7 10		H 7 34		8 10		H 8 34		9 10	H 9 34		10 10	H 10 34		11 10	H 11 34		12 10	H 12 24	H 1 07	H 1 27	H 1 55	2 36
22	Ardsley-on-Hudson				4 12					5 12		5 37			6 12		6 37			7 12				8 12			9 12			10 12			11 12			12 12		H 1 09		H 1 57	2 38
23	Irvington	H 3 38			4 14		H 4 38			5 14		5 39			6 14		6 39			7 14		H 7 38		8 14		H 8 38		9 14	H 9 38		10 14	H 10 38		11 14	H 11 38		12 14	H 12 28	H 1 12	H 1 31	H 2 00	2 41
25	Tarrytown	H 3 42		3 54	4 18	4 25	H 4 42			5 18	5 25	5 43			6 18	6 25	6 43			7 18	7 25	H 7 42		8 18	8 25	H 8 42		9 18	H 9 42	9 35	10 18	H 10 42	10 35	11 18	H 11 42	11 35	12 18	H 12 32	H 1 16	H 1 35	H 2 04	2 45
27	Philipse Manor				4 21					5 21		5 46			6 21		6 46			7 21				8 21			9 21			10 21			11 21			12 21		H 1 19		H 2 07	2 48
30	Scarborough				4 25					5 25		5 50			6 25		6 50			7 25				8 25			9 25			10 25			11 25			12 25	H 12 39	H 1 23	H 1 42	H 2 11	2 52
31	Ossining	H 3 50		4 02	4 28	4 32	H 4 50			5 28	5 32	5 53			6 28	6 32	6 53			7 28	7 32	H 7 50		8 28	8 32	H 8 50		9 28	H 9 50	9 43	10 28	H 10 50	10 43	11 28	H 11 50	11 43	12 28	H 12 42	H 1 26	H 1 45	H 2 14	2 55
33	Croton-Harmon Ar. A	4 02			4 37	4 41	5 02			5 37	5 41	6 02			6 37	6 41	7 02			7 37	7 41	8 02		8 37	8 41	9 02		9 37	10 02		10 37	11 02		11 37	12 02		12 37		1 35		2 25	3 03
33	Croton-Harmon Lv. A		3 49	4 08				4 45	5 08				5 49	6 08				6 49	7 08				7 45				8 45			9 49			10 49			11 49		H 12 48		H 1 51		C 3 08
38	Cortlandt		3 57	4 16				4 53	5 16				5 57	6 16				6 57	7 16				7 53				8 53			9 57			10 57			11 57		H 12 56		H 1 59		C 3 16
41	Peekskill		4 02	4 21				4 58	5 21				6 02	6 21				7 02	7 21				7 58				8 58			10 02			11 02			12 02		H 1 01		H 2 04		C 3 21
46	Manitou																																									
50	Garrison		4 14	4 33				5 10	5 33				6 14	6 33				7 14	7 33				8 10				9 10			10 14			11 14			12 14		H 1 13		H 2 16		C 3 32
52	Cold Spring		4 18	4 37				5 14	5 37				6 18	6 37				7 18	7 37				8 14				9 14			10 18			11 18			12 18		H 1 17		H 2 20		C 3 36
55	Breakneck Ridge																																									
59	Beacon		4 27	4 46				5 23	5 46				6 27	6 46				7 27	7 46				8 23				9 23			10 27			11 27			12 27		H 1 26		H 2 29		C 3 44
65	New Hamburg		H 4 34	H 4 55				H 5 32	H 5 55				H 6 36	H 6 55				H 7 36	H 7 55				H 8 32				H 9 32			H 10 36			H 11 36			H 12 36		H 1 34		H 2 37		C 3 52
74	Poughkeepsie A		5 03	5 11				5 47	6 16				6 59	7 16				7 51	8 16				8 55				9 47			10 50			11 50			12 59		1 57		2 59		C 4 08
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM

Metro North Railroad
Hudson Line

Ticket info

Buy Tickets before boarding to avoid the onboard surcharge

You will be charged an additional fee if a ticket vending machine or ticket office is available at your boarding station.

Surcharge does not apply to senior citizens or passengers with disabilities

RESPONSIBILITY –

Metro-North Railroad cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules in this timetable are subject to change without notice.

Title VI Statement:

MTA Metro-North Railroad is committed to providing nondiscriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit **mta.info** or contact:
MTA Metro-North Railroad
Office of Diversity &
Equal Employment Opportunity,
420 Lexington Avenue, 12th Fl.,
New York, NY 10170,
or call 511.

In addition to your right to file a complaint with Metro-North Railroad, you have the right to file a Title VI complaint with the
Federal Transit Administration,
Office of Civil Rights, Attention: Complaint Team,
East Building 5th Floor—TCR,
1200 New Jersey Ave. SE,
Washington, DC 20590.

Contact Information

MTA Metro-North Railroad mta.info/mnr

– Schedules – Lost & Found – Mail&Ride
– Fares – Group Sales – Bicycle Permits
– Parking – Senior/Disabled Accesibility
– Comments, Concerns, Commendations

Daily 6AM – 10PM/Automated info 24/7 511
Outside New York State 877-690-5114
Deaf/Hard of Hearing – *Use your preferred relay service provider or the free 711 relay to reach* 511
MTA Long Island Rail Road 511
MTA New York City Transit
Subway & Bus Information 511
MTA Police 212-878-1001
MTA PD Emergency Only 888-MTA-911PD
MTA Inspector General Hotline 800-MTA-IG4U
(800-682-4448)

Other Transit Information

Amtrak 800-872-7245
CT Transit ..... cttransit.com
Coach USA 866-912-6224
Dutchess County Public Transit 845-473-8424
dutchessny.gov/
dcpt.doublemap.com/map
GO Airlink 212-812-9000
HarTransit 203-744-4070
hartransit.com
LAZ Parking 888-682-PARK
(888-682-7275)
Putnam County Transit 845-878-RIDE (7433)
putnamcountyny.com/transportation
Westchester Bee-Line 914-813-7777
westchestergov.com

Connecting Services

New York City Transit Subway & Buses 511 mta.info/nyct
Grand Central Terminal 4 5 6 7 S
42 St.: **M42**
Lexington Av: **M101, M102, M103**
Madison Av: **M1, M2, M3, M4**

Harlem–125th Street 4 5 6
125 St: **SBS M60** to Laguardia Airport, **M125, M101**
Lexington Av: **M101, M103**

Long Island Rail Road 511 mta.info/lirr
Grand Central Madison

Connections to NY Area Airports mta.info/guides/airports

Connections at your station mta.info/mta-stations

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