

Special Timetable



West Hempstead Branch

Special Track Work Timetable

Effective Saturday, June 14, 2025

www.mta.info

- West Hempstead
- Hempstead Gardens
- Lakeview
- Malverne
- Westwood
- St. Albans
- Jamaica
- Atlantic Terminal (Brooklyn)
- Hunterspoint Avenue
- Long Island City
- Woodside
- Grand Central
- Penn Station

ATTENTION CUSTOMERS



As a result of track work on the Mainline, some West Hempstead trains will operate on adjusted schedules and may have affected connections.

Use this special timetable for all West Hempstead branch travel on this affected Saturday only.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular West Hempstead branch timetable, effective May 19, 2025.

Atlantic Terminal (Brooklyn)

Hunterspoint Avenue

Long Island City

Woodside

Grand Central

Penn Station

/// WATCH THE GAP ///

Effective Saturday, June 14, 2025

Eastbound

To West Hempstead

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Fri. Only																		
	PM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM
PENN STATION	J 11:51	J 5:54		J 6:53															
GRAND CENTRAL	J 11:26	J 5:36	6:09	J 6:48	7:10	7:52	8:10	8:56	9:10	9:54	10:10	10:56	11:10	11:56	12:10	12:56	1:10	1:56	2:10
Woodside																			
Forest Hills			6:24			8:07		9:11		10:09		11:11		12:11		1:11		2:11	
Kew Gardens			6:26			8:09		9:13		10:11		11:13		12:13		1:13		2:13	
ATLANTIC TERMINAL																			
Nostrand Avenue																			
East New York																			
JAMAICA (Arrive)	12:11	6:14	6:30	7:14	7:30	8:14	8:30	9:17	9:30	10:15	10:30	11:17	11:30	12:17	12:30	1:17	1:30	2:17	2:30
JAMAICA (Leave)	12:19	6:19	6:32	7:19	7:32	8:15	8:32	9:19	9:32	10:17	10:32	11:19	11:32	12:19	12:32	1:19	1:32	2:19	2:32
St. Albans	12:25		6:38		7:38		8:38		9:38		10:38		11:38		12:38		1:38		2:38
Westwood	12:35	6:35		7:35		8:31		9:35		10:32		11:34		12:34		1:35		2:35	
Malverne	12:37	6:37		7:37		8:33		9:37		10:34		11:36		12:36		1:37		2:37	
Lakeview	12:39	6:39		7:39		8:35		9:39		10:36		11:38		12:38		1:39		2:39	
Hempstead Gardens	12:41	6:41		7:41		8:37		9:41		10:38		11:40		12:40		1:41		2:41	
WEST HEMPSTEAD	12:46	6:46		7:46		8:42		9:46		10:43		11:45		12:45		1:46		2:46	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM
Train #	7702	7708	6210	7710	6212	7712	6214	7714	6216	7716	6218	7718	6220	7720	6250	7750	6252	7752	6254

Effective Saturday, June 14, 2025

(Continued)

Eastbound

To West Hempstead

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																			Sat. Only
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION																J 9:54		J 10:54	J 11:52
GRAND CENTRAL	2:56	3:10	3:56	4:10	4:56	5:10	5:56	6:10	6:56	7:10	7:56	8:10	8:56	9:10	J 9:39	10:09	J 10:39	11:09	J 11:39
Woodside																			
Forest Hills	3:11		4:11		5:11		6:11		7:11		8:11		9:11			10:24		11:24	
Kew Gardens	3:13		4:13		5:13		6:13		7:13		8:13		9:13			10:26		11:26	
ATLANTIC TERMINAL																			
Nostrand Avenue																			
East New York																			
JAMAICA (Arrive)	3:17	3:30	4:17	4:30	5:17	5:30	6:17	6:30	7:17	7:30	8:17	8:30	9:17	9:30	10:14	10:30	11:14	11:31	12:12
JAMAICA (Leave)	3:19	3:32	4:19	4:32	5:19	5:32	6:19	6:32	7:19	7:32	8:19	8:32	9:19	9:32	10:19	10:32	11:19	11:33	12:19
St. Albans		3:38		4:38		5:38		6:38		7:38		8:38		9:38		10:38		11:39	12:25
Westwood	3:35		4:35		5:35		6:35		7:35		8:35		9:35		10:35		11:35		12:35
Malverne	3:37		4:37		5:37		6:37		7:37		8:37		9:37		10:37		11:37		12:37
Lakeview	3:39		4:39		5:39		6:39		7:39		8:39		9:39		10:39		11:39		12:39
Hempstead Gardens	3:41		4:41		5:41		6:41		7:41		8:41		9:41		10:41		11:41		12:41
WEST HEMPSTEAD	3:46		4:46		5:46		6:46		7:46		8:46		9:46		10:46		11:46		12:46
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	7754	6256	7756	6260	7758	6262	7760	6264	7762	6266	7764	6268	7766	6270	7768	6272	7770	6274	7702

**To Jamaica,
Penn Station,
Grand Central &
Brooklyn***

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Fri. Only	Fri. Only	Fri. Only	Fri. Only	Fri. Only	Sat. Only	Fri. Only	Sat. Only															
	PM	PM	PM	PM	PM	AM	PM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM
WEST HEMPSTEAD	8:47		10:00		10:55		11:58		6:00		7:00		8:00		9:00		10:00		11:00		12:00		1:00
Hempstead Gardens	8:50		10:03		10:58		12:01		6:03		7:03		8:03		9:03		10:03		11:03		12:03		1:03
Lakeview	8:52		10:05		11:00		12:03		6:05		7:05		8:05		9:05		10:05		11:05		12:05		1:05
Malverne	8:54		10:07		11:02		12:05		6:07		7:07		8:07		9:07		10:07		11:07		12:07		1:07
Westwood	8:57		10:10		11:05		12:08		6:10		7:10		8:10		9:10		10:10		11:10		12:10		1:10
St. Albans	9:08	9:55		10:56		12:04		6:18		7:06		8:08		9:08		10:08		11:08		12:08		1:08	
JAMAICA (Arrive)	9:14	10:01	10:26	11:02	11:21	12:10	12:24	6:24	6:26	7:12	7:28	8:14	8:27	9:14	9:27	10:14	10:27	11:14	11:27	12:14	12:27	1:14	1:27
JAMAICA (Leave)	9:19	10:03	10:31	11:03	11:26	12:12	12:35	6:26	6:32	7:13	7:30	8:15	8:28	9:15	9:28	10:15	10:28	11:15	11:28	12:15	12:28	1:15	1:28
East New York																							
Nostrand Avenue																							
ATLANTIC TERMINAL																							
Kew Gardens				11:07				6:30		7:17		8:19		9:19		10:19		11:19		12:19		1:19	
Forest Hills				11:09				6:32		7:19		8:21		9:21		10:21		11:21		12:21		1:21	
Woodside				11:14		12:21													11:36		12:36		1:36
GRAND CENTRAL	J 10:05	10:23	J 11:22	11:25	J 12:11	12:32	J 1:32	6:46	J 7:04	7:32	7:51	8:35	8:49	9:35	9:49	10:35	10:49	11:35	11:48	12:35	12:48	1:35	1:48
PENN STATION	J 9:38		J 10:50		J 11:46		J 12:55		J 6:52														
	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM
Train #	1769	271	1771	273	1773	275	1775	6205	7705	6207	7709	6209	7711	6213	7713	6215	7715	6217	7717	6219	7719	6251	7751

Continued)

**To Jamaica,
Penn Station,
Grand Central &
Brooklyn***

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																					Sun. Only	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	PM
WEST HEMPSTEAD		2:00		3:00		4:00		5:00		6:00		7:00		8:00		9:00		10:00		11:00		11:58
Hempstead Gardens		2:03		3:03		4:03		5:03		6:03		7:03		8:03		9:03		10:03		11:03		12:01
Lakeview		2:05		3:05		4:05		5:05		6:05		7:05		8:05		9:05		10:05		11:05		12:03
Malverne		2:07		3:07		4:07		5:07		6:07		7:07		8:07		9:07		10:07		11:07		12:05
Vestwood		2:10		3:10		4:10		5:10		6:10		7:10		8:10		9:10		10:10		11:10		12:08
St. Albans	2:08		3:08		4:08		5:08		6:08		7:08		8:08		9:08		10:08		11:08		12:08	
AMAICA (Arrive)	2:14	2:27	3:14	3:27	4:14	4:27	5:14	5:27	6:14	6:27	7:14	7:27	8:14	8:27	9:14	9:27	10:14	10:27	11:14	11:27	12:14	12:26
AMAICA (Leave)	2:15	2:28	3:15	3:28	4:15	4:28	5:15	5:28	6:15	6:28	7:15	7:28	8:15	8:28	9:15	9:34	10:15	10:34	11:15	11:34	12:15	12:37
East New York																						
Bostrand Avenue																						
ATLANTIC TERMINAL																						
New Gardens	2:19		3:19		4:19		5:19		6:19		7:19		8:19		9:19		10:19		11:19		12:19	
Forest Hills	2:21		3:21		4:21		5:21		6:21		7:21		8:21		9:21		10:21		11:21		12:21	
Woodside		2:36		3:36		4:36		5:36		6:36		7:36		8:36								
GRAND CENTRAL	2:35	2:48	3:35	3:48	4:35	4:48	5:35	5:48	6:35	6:48	7:35	7:48	8:35	8:48	9:35	J 10:09	10:35	J 11:12	11:35	J 12:11	12:35	J 1:32
PENN STATION																J 9:54		J 10:54		J 11:54		J 12:58
Train #	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
	6253	7753	6255	7755	6257	7757	6259	7759	6261	7761	6265	7763	6267	7765	6269	7767	6271	7769	6273	7771	6275	7773

*	For complete service west of Jamaica see the applicable City Terminal Zone timetable.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.