Monday through Friday except Holidays, Effective September 2 - November 9, 2025

Eastbound

To Babylon

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

Station	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	......	J 12:35	12:44	2:44	4:11	4:28	5:40	......	6:27	6:45	7:20	......	J 7:52	......
GRAND CENTRAL	12:16	J 12:38	......	......	......	......	......	6:11	......	......	......	7:31	J 7:43	8:13
Woodside	12:28	......	......	......	4:22	......	......	......	......	6:56	......	......	......	......
Forest Hills	......	......	1:00	3:00	......	4:43	5:55	6:28	6:41	7:00	7:34	7:46	......	8:28
Kew Gardens	......	......	1:02	3:02	......	4:45	......	......	6:43	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:37	12:59	1:06	3:06	4:31	4:49	6:01	6:34	6:48	7:06	7:40	7:52	8:12	8:34
JAMAICA (Leave)	12:39	1:05	1:08	3:07	4:32	4:50	6:03	6:35	6:49	7:07	7:41	7:53	8:18	8:35
Lynbrook (Note)	12:53	......	......	......	4:46	......	......	6:49	......	7:21	......	8:07	......	8:49
Rockville Centre	12:55	......	1:24	3:23	4:48	......	6:19	6:51	......	7:23	......	8:09	......	8:51
Baldwin	12:58	......	1:27	3:26	4:51	......	6:22	6:54	......	7:26	......	8:12	......	8:54
Freeport	1:01	......	1:30	3:29	4:54	......	6:25	6:57	......	7:29	......	8:15	......	8:57
Merrick	1:04	......	1:33	3:32	4:57	......	6:28	7:00	......	7:32	......	8:18	......	9:00
Bellmore	1:07	......	1:36	3:35	5:00	......	6:31	7:03	......	7:35	......	8:21	......	9:03
Wantagh	1:10	......	1:39	3:38	5:03	......	6:34	7:06	......	7:38	......	8:24	......	9:06
Seaford	1:13	......	1:42	3:41	5:06	......	6:37	7:09	......	7:41	......	8:27	......	9:09
Massapequa	1:15	......	1:44	3:43	5:08	5:18	6:39	7:11	7:16	7:43	8:10	8:29	......	9:11
Massapequa Park	1:17	......	1:46	3:45	......	5:20	6:41	7:13	7:18	......	8:12	8:31	......	9:13
Amityville	1:20	......	1:49	3:48	......	5:24	6:44	7:16	7:21	......	8:16	8:35	......	9:16
Copiague	1:23	......	1:52	3:51	......	5:26	6:47	7:19	7:24	......	8:18	8:37	......	9:19
Lindenhurst	1:26	......	1:56	3:54	......	5:29	6:50	7:22	7:27	......	8:21	8:40	......	9:22
BABYLON	1:32	1:38	2:01	4:00	......	5:35	6:56	7:28	7:33	......	8:28	8:46	8:57	9:28
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	202	2	102	104	1120	120	122	220	124	1124	128	222	4	224

Station	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM
PENN STATION	J 8:32	8:44	......	9:19	9:33	......	10:24	10:33	......	J 11:11	11:24	11:33	......	12:24
GRAND CENTRAL	J 8:34	......	9:06	......	......	10:04	......	......	11:04	J 11:14	......	......	12:04	......
Woodside	......	......	......	9:30	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	8:58	9:21	......	9:49	10:20	......	10:49	11:20		......	11:49	12:20	......
Kew Gardens	......	9:00	9:23	......	9:51	10:22	......	10:51	11:22	......	......	11:51	12:22	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:55	9:05	9:26	9:40	9:55	10:26	10:43	10:55	11:26	11:34	11:43	11:55	12:26	12:43
JAMAICA (Leave)	9:03	9:06	9:28	9:42	9:57	10:28	10:45	10:57	11:28	11:41	11:45	11:57	12:28	12:45
Lynbrook (Note)	......	......	9:42	......	10:10	......	......	11:10	......	......	......	12:10	......	......
Rockville Centre	......	9:21	9:44	......	10:13	10:43	......	11:13	11:43	......	......	12:13	12:43	......
Baldwin	......	9:24	9:47	......	10:16	10:46	......	11:16	11:46	......	......	12:16	12:46	......
Freeport	......	9:27	9:50	10:00	10:19	10:49	11:02	11:19	11:49	......	12:02	12:19	12:49	1:02
Merrick	......	9:30	9:53	......	10:22	10:52	......	11:22	11:52	......	......	12:22	12:52	......
Bellmore	......	9:33	9:56	......	10:25	10:55	......	11:25	11:55	......	......	12:25	12:55	......
Wantagh	......	9:36	9:59	......	10:28	10:58	......	11:28	11:58	......	......	12:28	12:58	......
Seaford	......	9:39	10:02	......	10:31	11:01	......	11:31	12:01	......	......	12:31	1:01	......
Massapequa	......	9:41	10:04	10:11	10:33	11:03	11:12	11:33	12:03	......	12:12	12:33	1:03	1:12
Massapequa Park	......	9:43	......	10:13	10:35	......	11:14	11:35	......	......	12:14	12:35	......	1:14
Amityville	......	9:46	......	10:16	10:38	......	11:17	11:38	......	......	12:17	12:38	......	1:17
Copiague	......	9:49	......	10:19	10:41	......	11:20	11:41	......	......	12:20	12:41	......	1:20
Lindenhurst	......	9:52	......	10:22	10:44	......	11:23	11:44	......	......	12:23	12:44	......	1:23
BABYLON	9:36	9:58	......	10:28	10:50	......	11:28	11:50	......	12:20	12:28	12:50	......	1:28
	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
Train #	62	130	1290	132	134	1292	136	138	1294	8	144	146	1296	148

Station	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	12:33	......	1:24	1:33	......	2:32	2:39	2:45	J 2:45	......	3:17	3:38	3:45
GRAND CENTRAL	......	1:04	......	......	1:54	......	......	......	J 2:41	3:04	......	......	......
Woodside	......	......	......	......	......	......	......	2:56	......	......	3:29	......	......
Forest Hills	12:49	1:20	......	1:49	2:09	2:48	......	......	......	......	......	......	......
Kew Gardens	12:51	1:22	......	1:51	2:11	2:50	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:55	1:26	1:43	1:55	2:14	2:54	2:58	3:05	3:05	3:25	3:37	3:58	4:05
JAMAICA (Leave)	12:57	1:28	1:45	1:57	2:16	2:56	2:59	3:06	3:10	3:26	3:38	3:59	4:06
Lynbrook (Note)	1:10	......	......	2:10	......	......	......	......	......	3:40	......	......	......
Rockville Centre	1:13	1:43	......	2:13	2:31	......	3:15	3:22	......	3:42	3:54	......	4:22
Baldwin	1:16	1:46	......	2:16	2:34	......	3:18	3:25	......	3:45	......	......	4:25
Freeport	1:19	1:49	2:02	2:19	2:37	3:14	3:21	3:28	......	3:48	3:59	......	4:28
Merrick	1:22	1:52	......	2:22	2:40	......	3:24	3:31	......	3:51	......	4:24	4:31
Bellmore	1:25	1:55	......	2:25	2:43	3:19	3:27	3:34	......	3:54	4:04	4:27	4:34
Wantagh	1:28	1:58	......	2:28	2:46	......	3:30	3:37	......	3:57	......	4:30	4:37
Seaford	1:31	2:01	......	2:31	2:49	......	3:33	3:40	......	4:00	......	4:33	......
Massapequa	1:33	2:03	2:12	2:33	2:51	3:24	3:35	3:42	......	4:02	4:09	4:35	4:41
Massapequa Park	1:35	......	2:14	2:35	2:53	......	3:37	3:44	......	4:04	......	4:37	......
Amityville	1:38	......	2:17	2:38	2:56	3:28	3:40	3:47	......	4:07	4:14	4:40	......
Copiague	1:41	......	2:20	2:41	2:59	......	3:43	3:50	......	4:10	......	4:43	......
Lindenhurst	1:44	......	2:23	2:44	3:02	......	3:46	3:53	......	4:13	......	4:46	......
BABYLON	1:50	......	2:28	2:50	3:08	3:35	3:52	3:59	3:49	4:19	4:22	4:52	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	150	1298	152	156	258	158	160	162	76	262	164	166	1150

For explanation, see "Reference Notes."

Station	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	4:13	......	4:25	4:37	J 4:34	......	......	5:13	5:16	5:19	......	......	5:41	5:44	......	6:07	J 6:01
GRAND CENTRAL	......	4:12	......	......	J 4:35	4:51	5:00	J 5:06	......	......	5:25	5:30	......	......	5:51	......	J 6:03
Woodside	4:24	......	......	......	......	......	......	......	......	......	......	......	......	5:56	......	......	......
Forest Hills	......	......	......	......	......	5:06	......	......	......	5:33	......	......	......	......	......	6:22	......
Kew Gardens	......	......	......	......	......	......	......	......	......	5:35	......	......	5:57	......	......	6:24	......
HUNTERSPOINT AVE.	......	......	......	......	4:42	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	4:32	4:34	4:44	4:56	4:58	5:11	5:21	5:34	5:35	5:39	5:47	5:50	6:00	6:03	6:13	6:28	6:23
JAMAICA (Leave)	4:33	4:36	4:45	4:57	4:59	5:12	5:23	5:36	5:36	5:40	5:48	5:51	6:01	6:05	6:14	6:29	6:31
Lynbrook (Note)	......	......	......	......	......	......	5:38	......	......	......	......	......	......	......	......	......	......
Rockville Centre	......	4:51	......	5:13	......	......	5:40	......	......	5:55	......	6:06	......	6:20	......	6:43	......
Baldwin	......	4:54	......	5:16	......	......	5:43	......	......	5:58	......	6:09	......	6:23	......	6:46	......
Freeport	4:51	4:57	......	5:19	......	......	5:46	......	......	6:01	......	6:12	......	6:26	......	6:49	......
Merrick	......	5:00	......	5:22	......	......	5:49	......	......	6:04	......	6:15	......	6:29	......	6:52	......
Bellmore	4:56	5:03	......	5:25	......	......	5:52	......	......	6:07	......	6:18	......	6:32	......	6:55	......
Wantagh	......	5:06	5:10	5:28	......	5:37	5:55	......	6:01	6:10	6:13	6:21	6:25	6:35	6:39	6:58	......
Seaford	......	......	5:13	......	......	5:40	......	......	6:04	......	6:16	6:24	6:28	......	6:42	......	......
Massapequa	5:01	......	5:15	......	......	5:42	......	......	6:06	......	6:18	......	6:30	......	6:44	......	......
Massapequa Park	......	......	5:17	......	......	5:44	......	......	6:08	......	6:20	......	6:32	......	6:46	......	......
Amityville	5:05	......	5:20	......	......	5:48	......	......	6:11	......	6:23	......	6:35	......	6:49	......	......
Copiague	......	......	5:23	......	......	5:50	......	......	6:14	......	6:26	......	6:38	......	6:52	......	......
Lindenhurst	......	......	5:26	......	......	5:53	......	......	6:17	......	6:29	......	6:41	......	6:55	......	......
BABYLON	5:12	......	5:32	......	5:41	5:59	......	6:15	6:23	......	6:35	......	6:47	......	7:01	......	7:14
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	168	1252	170	1154	80	266	1258	42	172	1162	268	1264	174	1166	270	1172	22

Station	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM					
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	6:28	6:31	6:34	......	......	7:00	......	7:23	7:47	......	7:59	......	J 8:21	8:46
GRAND CENTRAL	6:17	J 6:17	......	......	6:41	......	......	7:08	......	......	......	......	8:12	J 8:24	......
Woodside	6:29	......	......	6:45	......	......	......	7:20	......	......	......	......	......	......	......
Forest Hills	......	......	6:45	......	......		......	......	......	8:02	......	......	......	......	9:02
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......	9:04
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	6:46	......	......	......	......	7:50	......	......	......	......
Nostrand Avenue	......	......	......	......	......	6:53	......	......	......	......	7:57	......	......	......	......
East New York	......	......	......	......	......	6:58	......	......	......	......	8:02	......	......	......	......
JAMAICA (Arrive)	6:37	6:47	6:50	6:53	7:01	7:07	7:19	7:28	7:42	8:07	8:11	8:18	8:33	8:45	9:08
JAMAICA (Leave)	6:38	6:48	6:51	6:54	7:02	7:08	7:20	7:29	7:43	8:08	8:12	8:19	8:35	8:50	9:10
Lynbrook (Note)	......	......	......	7:08	......	......	......	......	......	......	8:26	......	8:49	......	......
Rockville Centre	......	......	......	7:10	......	7:24	7:34	7:44	......	8:23	8:28	......	8:51	......	9:26
Baldwin	......	......	......	7:13	......	7:27	7:37	7:47	......	8:26	8:31	......	8:54	......	9:29
Freeport	......	......	......	7:16	......	7:30	7:40	7:50	......	8:29	8:34	......	8:57	......	9:32
Merrick	......	......	......	7:19	......	7:33	7:43	7:53	......	8:32	......	......	9:00	......	9:35
Bellmore	......	......	......	7:22	......	7:36	7:46	7:56	......	8:35	......	......	9:03	......	9:38
Wantagh	7:03	......	7:16	7:25	7:28	7:39	7:49	7:59	8:08	8:38	......	8:44	9:06	......	9:41
Seaford	7:06	......	7:19	......	7:31	7:42	7:52	8:03	8:11	8:41	......	8:47	9:09	......	9:44
Massapequa	7:08	......	7:21	......	7:33	7:44	7:54	8:05	8:13	8:43	......	8:49	9:11	......	9:46
Massapequa Park	7:10	......	7:23	......	7:35	7:46	7:56	8:07	8:15	8:45	......	8:51	9:13	......	9:48
Amityville	7:13	......	7:26	......	7:38	7:49	7:59	8:10	8:19	8:48	......	8:54	9:16	......	9:51
Copiague	7:16	......	7:29	......	7:41	7:52	8:02	8:13	8:21	8:51	......	8:57	9:19	......	9:54
Lindenhurst	7:19	......	7:32	......	7:44	7:55	8:05	8:16	8:24	8:54	......	9:00	9:22	......	9:57
BABYLON	7:25	7:30	7:38	......	7:50	8:01	8:11	8:22	8:30	9:00	......	9:06	9:28	9:28	10:03
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	272	44	176	1178	274	298	178	276	180	182	284	184	286	26	186

Station	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	9:31	9:46	......	J 10:29	10:36	10:52	......	11:34	11:51
GRAND CENTRAL	9:12	......	......	10:07	J 10:31	......	......	11:12	......	......
Woodside	9:24	9:43	......	10:19	......	10:47	11:03	11:23	11:45	......
Forest Hills	......	......	10:00	......	......	......	......	......	......	......
Kew Gardens	......	......	10:02	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	9:33	9:51	10:07	10:28	10:52	10:57	11:13	11:31	11:54	12:11
JAMAICA (Leave)	9:35	9:53	10:09	10:30	10:56	10:59	11:15	11:33	11:56	12:13
Lynbrook (Note)	9:49	......	......	10:44	......	......	......	11:47	......	......
Rockville Centre	9:51	......	10:24	10:46	......	11:14	11:30	11:49	......	12:29
Baldwin	9:54	......	10:27	10:49	......	11:17	11:33	11:53	......	12:32
Freeport	9:57	10:11	10:30	10:52	......	11:20	11:36	11:56	12:13	12:35
Merrick	10:00	......	10:33	10:55	......	11:23	11:39	11:59	......	12:38
Bellmore	10:03	10:16	10:36	10:58	......	11:26	11:42	12:02	12:18	12:41
Wantagh	10:06	......	10:39	11:01	......	11:29	11:45	12:05	......	12:44
Seaford	10:09	......	10:42	11:04	......	11:32	11:48	12:08	......	12:47
Massapequa	10:11	10:21	10:44	11:06	......	11:34	11:50	12:10	12:23	12:49
Massapequa Park	10:13	......	10:46	11:08	......	11:36	11:52	12:12	......	12:51
Amityville	10:17	10:26	10:49	11:11	......	11:39	11:55	12:15	12:27	12:54
Copiague	10:19	......	10:52	11:14	......	11:42	11:58	12:18	......	12:57
Lindenhurst	10:22	......	10:55	11:17	......	11:45	12:01	12:21	......	1:00
BABYLON	10:28	10:32	11:00	11:23	11:33	11:51	12:07	12:27	12:34	1:06
	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	288	188	190	290	48	192	194	292	196	198

Monday through Friday except Holidays, Effective September 2 - November 9, 2025

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

Station	Tuesday-Friday		Tuesday-Friday	Monday Only						
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:22	12:23	12:36	1:40	3:14	3:26	4:10	4:30
Lindenhurst	......	......	......	......	12:42	1:46	......	......	4:16	4:36
Copiague	......	......	......	......	12:45	1:49	......	......	4:19	4:39
Amityville	......	12:19	......	......	12:47	1:51	3:21	......	4:21	4:41
Massapequa Park	......	......	......	......	12:49	1:53	......	......	4:23	4:43
Massapequa	......	12:23	......	......	12:51	1:55	3:26	......	4:25	4:45
Seaford	......	......	......	......	12:54	1:58	......	......	4:28	4:48
Wantagh	......	......	......	......	12:57	2:01	......	......	4:31	4:51
Bellmore	......	12:28	......	......	1:00	2:04	3:31	......	4:34	4:54
Merrick	......	......	......	......	1:03	2:07	......	......	4:37	4:57
Freeport	......	12:33	......	......	1:06	2:10	3:36	......	4:40	5:00
Baldwin	......	......	......	......	1:09	2:13	......	......	4:43	5:03
Rockville Centre	......	......	......	......	1:12	2:16	......	......	4:46	5:06
Lynbrook (Note)	......	......	......	......	1:15	2:19	......	......	......	5:09
JAMAICA (Arrive)	12:41	12:50	1:00	1:03	1:28	2:32	3:53	4:05	5:02	5:22
JAMAICA (Leave)	12:45	12:52	1:10	1:10	1:30	2:33	3:54	4:16	5:03	5:23
East New York	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	5:08	5:29
Woodside	......	......	......	......	......	......	4:02	......	......	......
GRAND CENTRAL	J 1:08	......	J 1:33	J 1:33	......	......	......	......	......	......
PENN STATION	J 1:04	1:11	J 1:31	J 1:31	1:49	2:51	4:12	J 4:35	5:21	5:43
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	79	101	21	6049	103	105	107	3	109	111

Station	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	4:50	5:03	5:13	......	5:25	......	5:45	6:00	......	6:03	......	6:15	6:23	......	6:28
Lindenhurst	4:56	5:09	5:19	......	5:31	......	5:51	......	......	6:09	......	6:21	......	......	6:34
Copiague	4:59	5:12	5:22	......	5:34	......	5:54	......	......	6:12	......	6:24	......	......	6:37
Amityville	5:01	5:14	5:24	......	5:36	......	5:56	......	......	6:14	......	6:26	......	......	6:39
Massapequa Park	5:03	5:16	5:26	......	5:38	......	5:58	......	......	6:16	......	6:28	......	......	6:41
Massapequa	5:05	5:18	5:28	......	5:40	......	6:00	......	......	6:18	......	6:30	......	......	6:43
Seaford	5:08	5:21	5:31	......	5:43	......	6:03	......	......	6:21	......	6:33	......	......	6:46
Wantagh	5:11	5:24	5:34	5:38	5:46	5:56	6:06	......	6:15	6:24	6:27	6:36	......	6:40	6:49
Bellmore	5:14	5:27	......	5:41	......	5:59	......	......	6:17	......	6:30	......	......	6:43	......
Merrick	5:17	5:30	......	5:44	......	6:02	......	......	6:20	......	6:33	......	......	6:46	......
Freeport	5:20	5:33	......	5:47	......	6:05	......	......	6:23	......	6:36	......	......	6:49	......
Baldwin	5:23	5:36	......	5:50	......	6:08	......	......	6:26	......	6:39	......	......	6:52	......
Rockville Centre	5:26	5:39	......	5:53	......	6:11	......	......	6:29	......	6:42	......	......	6:55	......
Lynbrook (Note)	......	5:42	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	5:40	5:55	5:58	6:07	6:12	6:26	6:31	6:37	6:44	6:49	6:58	7:01	7:04	7:10	7:17
JAMAICA (Leave)	5:41	5:56	5:59	6:08	6:13	6:27	6:32	6:38	6:45	6:50	6:59	7:02	7:05	7:11	7:18
East New York	......	6:05	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	6:10	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	6:17	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	7:23	......	......
Kew Gardens	......	......	......	......	......	6:31	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	7:23
Woodside	......	......	......	......	6:21	......	6:39	......	......	......	......	7:13	......	7:19	......
GRAND CENTRAL	......	......	6:18	......	......	6:46	6:50	J 7:02	......	......	7:18	7:24	J 7:27	......	......
PENN STATION	6:00	......	......	6:26	6:32	......	......	6:56	7:03	7:10	......	......	J 7:28	7:31	7:37
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	119	215	217	1117	121	1223	221	5	1121	123	1225	223	35	1123	125

Station	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	......	6:48	6:45	......	6:55	7:09	7:19	7:12	7:21	......	7:28	......	7:48	7:48	......
Lindenhurst	......	......	6:51	......	7:01	......	......	7:18	......	......	7:34	......	......	7:54	......
Copiague	......	......	6:54	......	7:04	......	......	7:21	......	......	7:37	......	......	7:57	......
Amityville	......	......	6:56	......	7:06	......	......	7:23	......	......	7:39	......	......	7:59	......
Massapequa Park	......	......	6:58	......	7:08	......	......	7:25	......	......	7:41	......	......	8:01	......
Massapequa	......	......	7:00	......	7:11	......	......	7:27	......	......	7:43	......	......	8:03	......
Seaford	......	......	7:03	......	7:14	......	......	7:30	......	......	7:46	......	......	8:06	......
Wantagh	6:52	......	7:06	7:09	7:16	7:25	......	7:33	7:36	......	7:49	7:57	......	8:09	8:18
Bellmore	6:55	......	......	7:12	......	7:28	......	......	7:39	......	......	8:00	......	......	8:21
Merrick	6:58	......	......	7:15	......	7:31	......	......	7:42	......	......	8:03	......	......	8:24
Freeport	7:01	......	......	7:18	......	7:34	......	......	7:44	7:49	......	8:06	......	......	8:27
Baldwin	7:04	......	......	7:21	......	7:37	......	......	......	7:52	7:58	8:09	......	......	8:30
Rockville Centre	7:07	......	......	7:24	......	7:40	......	......	......	7:55	8:01	8:12	......	......	8:33
Lynbrook (Note)	......	......	......	......	7:28	......	......	......	......	......	......	8:15	......	......	8:36
JAMAICA (Arrive)	7:24	7:28	7:31	7:41	7:44	7:55	7:59	8:00	8:08	8:13	8:17	8:30	8:30	8:34	8:50
JAMAICA (Leave)	7:25	7:29	7:32	7:42	7:45	7:56	8:00	8:02	8:09	8:15	8:18	8:31	8:32	8:35	8:51
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	7:47	......	......	......	......	......	......	......	......	......	......	8:48	......	......
Kew Gardens	......	......	7:36	......	......	......	......	8:06	......	......	......	......	......	......	......
Forest Hills	......	......	7:38	......	......	......	......	8:08	......	......	8:23	......	......	......	......
Woodside	......	......		......	7:53	8:04	......	......	......	......	......	......	......	......	8:59
GRAND CENTRAL	......	J 7:54	7:54	......	......	8:16	J 8:28	8:22	......	8:35	......	8:50	J 8:53	8:53	......
PENN STATION	7:43	J 7:52	......	8:02	8:05	......	8:20	......	8:29	......	8:39	......	J 8:53	......	9:11
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	1125	37	227	1127	127	229	39	231	1129	1233	129	1235	7	233	1133

For explanation, see "Reference Notes."

Station	Peak AM	Peak AM	Peak AM			Note 1								
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	8:06	8:16	8:30	8:41	9:02	9:13	9:20	9:42	10:12	......	10:42	11:12	......	11:42
Lindenhurst	8:14	8:22	8:36	8:47	......	......	9:26	9:48	10:18	......	10:48	11:18	......	11:48
Copiague	8:17	8:25	8:39	8:50	......	......	9:29	9:51	10:21	......	10:51	11:21	......	11:51
Amityville	8:19	8:27	8:41	8:52	9:10	......	9:31	9:53	10:23	......	10:53	11:23	......	11:53
Massapequa Park	8:21	8:29	8:43	8:54	......	......	9:33	9:55	10:25	......	10:55	11:25	......	11:55
Massapequa	8:23	8:31	8:45	8:56	9:14	......	9:35	9:57	10:28	10:36	10:57	11:28	11:36	11:57
Seaford	8:26	8:34	8:48	8:59	......	......	9:38	9:59	......	10:39	11:00	......	11:39	12:00
Wantagh	8:29	8:37	8:51	9:02	......	......	9:41	10:02	......	10:42	11:03	......	11:42	12:03
Bellmore	8:32	8:40	8:54	9:05	9:19	......	9:44	10:05	......	10:45	11:06	......	11:45	12:06
Merrick	8:35	8:43	8:57	9:08	......	......	9:47	10:08	......	10:48	11:09	......	11:48	12:09
Freeport	8:38	......	9:00	9:11	9:24	......	9:50	10:11	10:37	10:51	11:12	11:37	11:51	12:12
Baldwin	8:41	......	9:03	9:14	......	......	9:53	10:14	......	10:54	11:15	......	11:54	12:15
Rockville Centre	8:44	......	9:06	9:16	......	......	9:56	10:17	......	10:57	11:18	......	11:57	12:18
Lynbrook (Note)	......	......	......	9:19	......	......	9:59	......	......	11:00	......	......	12:00	......
JAMAICA (Arrive)	8:59	9:05	9:20	9:34	9:41	9:50	10:14	10:33	10:54	11:13	11:34	11:54	12:13	12:34
JAMAICA (Leave)	9:00	9:06	9:21	9:35	9:42	9:51	10:15	10:35	10:56	11:15	11:35	11:56	12:15	12:35
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	10:09	......	......	......	......	......	......	......	......
Kew Gardens	......	9:10	......	......	......	......	10:19	......	......	11:19	......	......	12:19	......
Forest Hills	......	......	9:26	......	......	......	10:21	......	......	11:21	......	......	12:21	......
Woodside	......	......	......	......	......	......	......	......	......	......	......	......	......	......
GRAND CENTRAL	......	......	......	......	......	J 10:35	10:35	......	......	11:35	......	......	12:35	......
PENN STATION	9:19	9:25	9:40	9:54	10:01	J 10:13	......	10:53	11:16	......	11:53	12:16	......	12:54
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM
Train #	131	133	135	137	139	11	241	141	143	1291	145	147	1293	149

Station	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	12:12	......	12:42	1:12	......	1:41	1:45	2:14	......	2:42	3:07	3:18	3:43	4:07
Lindenhurst	12:18	......	12:48	1:18	......	1:47	......	2:20	......	2:48	......	3:24	3:49	......
Copiague	12:21	......	12:51	1:21	......	1:50	......	2:23	......	2:51	......	3:27	3:52	......
Amityville	12:23	......	12:53	1:23	......	1:52	......	2:25	......	2:53	......	3:29	3:54	4:15
Massapequa Park	12:25	......	12:55	1:25	......	1:54	......	2:27	......	2:56	......	3:31	3:56	......
Massapequa	12:28	12:36	12:57	1:28	1:36	1:56	......	2:30	2:36	2:58	......	3:33	3:58	4:19
Seaford	......	12:39	1:00	......	1:39	1:59	......	......	2:39	3:01	......	3:36	4:01	......
Wantagh	......	12:42	1:03	......	1:42	2:02	......	......	2:42	3:04	......	3:39	4:04	......
Bellmore	......	12:45	1:06	......	1:45	2:05	......	......	2:45	3:07	......	3:42	4:07	4:24
Merrick	......	12:48	1:09	......	1:48	2:08	......	......	2:48	3:10	......	3:45	4:10	......
Freeport	12:37	12:51	1:12	1:37	1:51	2:11	......	2:39	2:51	3:13	3:29	3:48	4:13	4:29
Baldwin	......	12:54	1:15	......	1:54	2:14	......	......	2:54	3:16	......	3:51	4:16	......
Rockville Centre	......	12:57	1:18	......	1:57	2:17	......	......	2:57	3:19	......	3:54	4:19	......
Lynbrook (Note)	......	1:00	......	......	2:00	......	......	......	3:00	......	......	3:57	......	......
JAMAICA (Arrive)	12:54	1:13	1:34	1:54	2:13	2:35	2:25	2:56	3:14	3:35	3:48	4:11	4:34	4:46
JAMAICA (Leave)	12:56	1:15	1:35	1:56	2:15	2:37	2:34	2:57	3:16	3:36	3:49	4:12	4:35	4:47
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	1:19	......	......	2:19	2:42	......	......	3:20	......	3:53	......	......	......
Forest Hills	......	1:21	......	......	2:21	2:44	......	......	3:22	......	3:55	4:17	4:40	......
Woodside	......	......	......	......	......	2:49	......	3:06	......	......	......	......	......	4:55
GRAND CENTRAL	......	1:35	......	......	2:35	......	J 2:53	......	3:36	......	......	4:32	......	......
PENN STATION	1:16	......	1:53	2:16	......	2:59	J 2:59	3:16	......	3:54	4:09	......	4:54	5:05
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	155	1295	157	159	1297	161	13	163	1299	165	167	257	169	171

Station	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	4:17	4:52	5:14	......	5:18	5:35	6:06	6:18	6:38	7:07	7:18	7:38	8:07
Lindenhurst	4:23	4:58	......	......	5:24	5:41	......	6:24	6:44	......	7:24	7:44	......
Copiague	4:26	5:01	......	......	5:27	5:44	......	6:27	6:47	......	7:27	7:47	......
Amityville	4:28	5:03	......	......	5:29	5:47	6:14	6:29	6:49	7:15	7:29	7:49	8:15
Massapequa Park	4:30	5:05	......	......	5:31	5:49	......	6:31	6:51	......	7:31	7:51	......
Massapequa	4:32	5:07	......	5:26	5:33	5:51	6:18	6:33	6:53	7:19	7:33	7:53	8:19
Seaford	4:35	5:10	......	......	5:36	5:54	......	6:36	6:56	......	7:36	7:56	......
Wantagh	4:38	5:13	......	......	5:39	5:57	......	6:39	6:59	......	7:39	7:59	......
Bellmore	4:41	5:16	......	5:32	5:42	6:00	6:23	6:42	7:02	7:24	7:42	8:02	8:24
Merrick	4:44	5:19	......	......	5:45	6:03	......	6:45	7:05	......	7:45	8:05	......
Freeport	4:47	5:22	......	5:37	5:48	6:06	6:28	6:48	7:08	7:29	7:48	8:08	8:29
Baldwin	4:50	5:25	......	......	5:51	6:09	......	6:51	7:11	......	7:51	8:11	......
Rockville Centre	4:53	5:28	......	......	5:54	6:12	......	6:54	7:14	......	7:54	8:14	......
Lynbrook (Note)	4:56	......	......	......	5:57	......	......	6:57	......	......	7:57	......	......
JAMAICA (Arrive)	5:10	5:45	5:51	5:54	6:11	6:26	6:45	7:11	7:29	7:46	8:10	8:30	8:46
JAMAICA (Leave)	5:11	5:46	5:55	5:55	6:13	6:27	6:46	7:12	7:30	7:47	8:11	8:31	8:47
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	5:16	5:51	......	......	6:18	6:32	......	7:17	7:35	......	......	......	......
Woodside	......	......	......	......	......	......	6:54	......	......	7:55	......	......	8:55
GRAND CENTRAL	5:30	......	J 6:32	......	6:32	......	......	7:31	......	......	8:30	......	......
PENN STATION	......	6:05	J 6:13	6:13	......	6:46	7:04	......	7:49	8:05	......	8:50	9:05
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	261	173	45	1161	263	175	177	265	179	181	267	183	185

Station	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	8:14	8:37	9:11	9:37	10:08	10:14	10:41	11:04	11:12	11:17	11:45
Lindenhurst	8:20	8:43	9:17	9:43	......	10:20	10:47	......	......	11:23	11:51
Copiague	8:23	8:46	9:20	9:46	......	10:23	10:50	......	......	11:26	11:54
Amityville	8:25	8:48	9:22	9:48	......	10:25	10:52	......	11:20	11:28	11:56
Massapequa Park	8:27	8:50	9:24	9:50	......	10:27	10:54	......	......	11:30	11:58
Massapequa	8:29	8:52	9:26	9:52	......	10:29	10:56	......	11:24	11:32	12:00
Seaford	8:32	8:55	9:29	9:55	......	10:32	10:59	......	......	11:35	12:03
Wantagh	8:35	8:58	9:32	9:58	......	10:35	11:02	......	......	11:38	12:06
Bellmore	8:38	9:01	9:35	10:01	......	10:38	11:05	......	11:29	11:41	12:09
Merrick	8:41	9:04	9:38	10:04	......	10:41	11:08	......	......	11:44	12:12
Freeport	8:44	9:07	9:41	10:07	......	10:44	11:11	......	11:34	11:47	12:15
Baldwin	8:47	9:10	9:44	10:10	......	10:47	11:14	......	......	11:50	12:18
Rockville Centre	8:50	9:13	9:47	10:13	......	10:50	11:17	......	......	11:53	12:21
Lynbrook (Note)	8:52	......	9:49	......	......	10:52	......	......	......	11:56	......
JAMAICA (Arrive)	9:05	9:30	10:02	10:29	10:45	11:06	11:34	11:40	11:52	12:10	12:35
JAMAICA (Leave)	9:06	9:32	10:04	10:31	10:50	11:08	11:36	11:49	11:54	12:12	12:37
East New York	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	9:38	......	......	......	11:17	......	......	12:03	12:21	......
GRAND CENTRAL	......	......	10:23	......	J 11:10	11:28	......	J 12:11	......	12:32	......
PENN STATION	9:25	9:49	......	10:50	J 11:12	......	11:55	J 12:08	12:14	......	12:56
	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	187	189	271	191	47	273	193	49	195	275	197

To Hunterspoint Avenue & Long Island City
Monday to Friday except Holidays

Leave			Arrive	
Train #	Notes	Jamaica	HP Ave	LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:41	7:59	......
509	Peak	7:55	8:11	......
617	Peak	8:05	8:22	8:30
7	Peak	8:32	8:48	8:57
621	Peak	8:57	9:13	......
515	Peak	9:12	9:28	9:36
11	Note 1	9:51	10:09	......

From Long Island City & Hunterspoint Avenue
Monday to Friday except Holidays

Leave				Arrive
Train #	Notes	LI City	HP Ave	Jamaica
Afternoon and Evening Service				
656		3:15	3:30	3:46
558		......	3:57	4:16
658	Peak	......	4:22	4:37
18	Peak	......	4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	......	6:43	6:58
568	Peak	6:40	6:53	7:09

Station Services: Connecting Transportation

	Fare Zone				
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70-SBS	7
Forest Hills	1	Q23, Q60, Q64, Q74			E, F, M, R
Kew Gardens	1	Q10, Q80		Q10	
HUNTERSPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q1, Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65, Q75		AIRTRAIN	E, J, Z
Lynbrook	4	n4, n25, n31, n32	(516) 599-1600		
Rockville Centre	7	n4, n15, n16, n31x, Mercy Medical Shuttle	(516) 536-3333		
Baldwin	7		(516) 223-0036		
Freeport	7	n4, n19, n40, n43, n88X	(516) 868-2222		
Merrick	7		(516) 378-1144		
Bellmore	7		(516) 785-0412		
Wantagh	7		(516) 785-1770		
Seaford	7	n54	(516) 221-1111		
Massapequa	7	n54, n55, n80	(516) 541-1111		
Massapequa Park	7	n54, n55, n80	(516) 541-1212		
Amityville	9	1, 10, n54, n55, n71	(631) 842-1111		
Copiague	9		(631) 842-1111		
Lindenhurst	9	10	(631) 842-8294		
BABYLON	9	2, 3, 5, 10, 15	(631) 661-0027		

Long Island Rail Road

Effective September 2 - November 9, 2025

Babylon
Branch Timetable

www.mta.info

- Babylon
- Lindenhurst
- Copaigue
- Amityville
- Massapequa Park
- Massapequa
- Seaford
- Wantagh
- Bellmore
- Merrick
- Freeport
- Baldwin
- Rockville Centre
- Jamaica — AIRTRAIN
- Atlantic Terminal (Brooklyn)
- Use the TrainTime app or a City Terminal Zone timetable to view full service west of Jamaica and plan for your transfer options.
- Hunterspoint Avenue
- Long Island City
- Woodside — LaGuardia Link Q70 select bus service
- Grand Central
- Penn Station

WATCH THE GAP

Saturday, Sunday and Holidays, Effective September 2 - November 9, 2025

Eastbound

To Babylon

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION			♿ 12:10	12:39	2:48	4:33	5:43	6:10		6:23	6:42	♿ 6:42		7:21	7:42	♿ 7:47		8:21	8:42	♿ 8:42		♿ 9:16	9:21	9:42	♿ 9:57		10:21	10:42		11:21	11:42	♿ 11:47
GRAND CENTRAL	12:15	♿ 12:15						6:18	7:10				♿ 7:39	8:10						♿ 8:39	9:10	♿ 10:09				11:10				11:39	12:10
Woodside				2:59	4:44																										
Forest Hills	12:30			12:55				6:25		6:57			7:37				8:37				9:37				10:37			11:37		
Kew Gardens	12:33			12:57				6:27		6:59			7:39				8:39				9:39				10:39			11:39		
HUNTERSPOINT AVE.																														
ATLANTIC TERMINAL																														
Nostrand Avenue																														
East New York																														
JAMAICA (Arrive)	12:36	12:36	1:01	3:08	4:53	6:02	6:31	6:43	7:02	7:08	7:30	7:43	8:02	8:08	8:30	8:43	9:02	9:02	9:30	9:37	9:43	10:02	10:16	10:30	10:43	11:02	11:30	11:43	12:02	12:08
JAMAICA (Leave)	12:38	12:40	1:02	3:09	4:55	6:04	6:33	6:45	7:04	7:13	7:32	7:45	8:04	8:14	8:32	8:45	9:04	9:11	9:32	9:42	9:45	10:04	10:29	10:32	10:45	11:04	11:32	11:45	12:04	12:14
Lynbrook (Note)	12:52					6:18		7:18						8:18				9:18								10:18				12:18
Rockville Centre	12:54		1:18	3:25	5:11	6:20	6:47		7:20		7:48		8:20		8:48		9:20		9:48		10:20			10:48			11:48		12:20	
Baldwin	12:57		1:21	3:28	5:14	6:23	6:50		7:23		7:49		8:23		8:49		9:23		9:49		10:23			10:49			11:49		12:23	
Freeport	1:00		1:24	3:31	5:17	6:26	6:53	7:03	7:26	7:36	7:52	8:03	8:26		8:52	9:03	9:26		9:52		10:03	10:26		10:52		11:03	11:26		11:52	12:03	12:26
Merrick	1:05		1:27	3:34	5:20	6:29	6:56		7:29		7:55		8:29		8:55		9:29		9:55		10:29			10:55			11:55		12:29	
Bellmore	1:06		1:30	3:37	5:23	6:32	6:59		7:32		7:58		8:32		8:58		9:32		9:58		10:32			10:58			11:58		12:32	
Wantagh	1:09		1:33	3:40	5:26	6:35	7:02		7:35		8:01		8:35		9:01		9:35		10:01		10:35			11:01			12:01		12:35	
Seaford	1:12		1:36	3:43	5:29	6:38	7:05		7:38		8:04		8:38		9:04		9:38		10:04		10:38			11:04			12:04		12:38	
Massapequa	1:14		1:38	3:45	5:31	6:40	7:07	7:13	7:40		8:06	8:13	8:40		9:06	9:13	9:40		10:06		10:40			11:06			12:06		12:40	
Massapequa Park	1:16		1:40	3:47	5:33	6:42	7:09	7:15	7:42		8:08	8:15	8:42		9:08	9:15	9:42				10:42			11:08			12:08		12:42	
Amityville	1:19		1:43	3:50	5:36	6:45		7:18	7:45		8:18	8:18	8:45		9:18	9:18	9:45				10:45			11:18			12:18		12:45	
Copiague	1:22		1:46	3:53	5:39	6:48		7:21	7:48		8:21	8:21	8:48		9:21	9:21	9:48				10:48			11:21			12:21		12:48	
Lindenhurst	1:25		1:49	3:56	5:42	6:51		7:24	7:51		8:24	8:24	8:51		9:24	9:24	9:51				10:51			11:24			12:24		12:51	
BABYLON	1:31	1:20	1:54	4:02	5:48	6:57		7:30	7:57	7:50		8:30	8:57	8:52		9:30	9:57	9:52		10:23	10:30	10:57	10:50		11:30	11:57		12:30	12:57	12:54	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	6202		6002	6102	6104	6106	6108	6210	6110	6112	6006	6212	6114	6116	6008	6214	6118	6120	6052	6216	6036	6122	6124	6010	6218	6126	6128	6220	6130	6132	6012

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:21	1:42		♿ 2:14	2:21	2:42		3:21	3:42		♿ 4:21	4:42		♿ 5:14	5:21	5:42		6:21	6:42		7:21	♿ 7:35	7:44		8:21	8:44		9:21	♿ 9:21	9:43
GRAND CENTRAL			2:10	♿ 2:10			3:10			4:10			5:10	♿ 5:10			6:10			7:10			8:10			9:10			9:10	
Woodside																														
Forest Hills	1:37			2:37		3:37			4:37			5:37			6:37			7:37			8:37			9:37			10:24		11:00
Kew Gardens	1:39			2:39		3:39			4:39			5:39			6:39			7:39			8:39			9:36			10:26		11:02
HUNTERSPOINT AVE.																														
ATLANTIC TERMINAL																														
Nostrand Avenue																														
East New York																														
JAMAICA (Arrive)	1:43	2:02	2:30	2:34	2:43	3:02	3:30	3:43	4:02	4:30	4:34	4:43	5:02	5:30	5:34	5:43	6:02	6:30	6:43	7:02	7:30	7:43	7:59	8:04	8:30	8:43	9:04	9:30	9:43	9:43
JAMAICA (Leave)	1:45	2:04	2:32	2:39	2:45	3:04	3:32	3:45	4:04	4:32	4:45	5:04	5:32	5:45	5:45	6:04	6:32	6:45	7:04	7:32	7:45	8:03	8:06	8:32	8:45	9:06	9:32	9:45	9:48	10:05
Lynbrook (Note)																														
Rockville Centre		2:20	2:46			3:20	3:46		4:20	4:46			5:20	5:46			6:20	6:46			7:20	7:46		8:19			9:20			
Baldwin		2:23	2:49			3:23	3:49		4:23	4:49			5:23	5:49			6:23	6:49			7:23	7:49		8:24	8:49		9:23	9:49		
Freeport	2:03	2:26	2:52			3:26	3:52	4:03	4:26	4:52	5:03		5:26	5:52		6:03	6:26	6:52	7:03	7:26	7:52	8:03		8:27	8:52	9:03	9:28	9:52	10:03	
Merrick		2:29	2:55			3:29	3:55		4:29	4:55			5:29	5:55			6:29	6:55			7:29	7:55		8:30	8:55		9:31	9:55		
Bellmore		2:32	2:58			3:32	3:58		4:32	4:58			5:32	5:58			6:32	6:58			7:32	7:58		8:33	8:58		9:34	9:58		
Wantagh		2:36	3:01			3:36	4:01		4:36	5:01			5:36	6:01			6:36	7:01			7:36	8:01		8:37	9:01		9:38	10:01		
Seaford		2:38	3:04			3:38	4:04		4:38	5:04			5:38	6:04			6:38	7:04			7:38	8:04		8:39	9:04		9:40	10:04		
Massapequa	2:13	2:40	3:06		3:13	3:40	4:06	4:13	4:40	5:06		5:13	5:40	6:06		6:13	6:40	7:06	7:13	7:40	8:06	8:13	8:41	9:06	9:13	9:42	10:06	10:13	10:40	11:07
Massapequa Park	2:15	2:42	3:08		3:15	3:42		4:15	4:42			5:15	5:42	6:08		6:15	6:42	7:08	7:15	7:42	8:08	8:15	8:43	9:08	9:15	9:44		10:15	10:42	11:09
Amityville	2:18	2:45			3:18	3:45		4:18	4:45			5:18	5:45	6:18		6:18	6:45	7:18	7:18	7:45	8:18	8:18	8:46	9:18	9:18	9:47		10:18	10:45	11:12
Copiague	2:21	2:48			3:21	3:48		4:21	4:48			5:21	5:48	6:21		6:21	6:48	7:21	7:21	7:48	8:21	8:21	8:49	9:21	9:21	9:50		10:21	10:48	11:15
Lindenhurst	2:24	2:51			3:24	3:51		4:24	4:51			5:24	5:51	6:24		6:24	6:51	7:24	7:24	7:51	8:24	8:24	8:52	9:24	9:24	9:53		10:24	10:51	11:18
BABYLON	2:30	2:57			3:30	3:57		4:30	4:57			5:30	5:57	6:30		6:30	6:57	7:30	7:30	7:57	8:30	8:30	8:58	9:30	9:30	9:59		10:30	10:57	11:24
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6154	6156	6254	6038	6158	6160	6256	6162	6166	6260	6168	6170	6262	6066	6172	6174	6264	6176	6178	6266	6180	6040	6182	6268	6184	6186	6270	6188	6014	6190

Saturday, Sunday and Holidays, Effective September 2 - November 9, 2025

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Sat. Only	Sat. Only	Sun. Only	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:23	12:23	12:41	1:40	3:07	3:40	4:40	5:40	6:40	7:11	7:40	8:11	8:40	9:11	9:15	9:40	10:11	10:40	11:11	11:40	12:11	12:40	1:11	1:40	2:04
Lindenhurst					12:55	1:54	3:21	3:54	4:54	5:54	6:54	7:25	7:54	8:25	8:54	9:25		9:54	10:25	10:54	11:25	11:54	12:25	12:54	1:25	1:54	2:18
Copiague					12:58	1:57	3:24	3:57	4:57	5:57	6:57	7:28	7:57	8:28	8:57	9:28		9:57	10:28	10:57	11:28	11:57	12:28	12:57	1:28	1:57	2:21
Amityville		12:19			1:01	2:00	3:27	4:00	5:00	6:00	7:00	7:31	8:00	8:31	9:00	9:31		10:00	10:31	11:00	11:31	12:00	12:31	1:00	1:31	2:00	2:24
Massapequa Park					1:02	1:53		3:53	4:53		5:53	6:31	6:56	7:25		7:57	8:25		8:59	9:25		9:59	10:25		10:59	11:25		11:59	12:25		12:59	1:25		1:59	
Massapequa		12:23			1:04	1:55	3:19	3:55	4:55	5:47	5:55	6:33	6:58	7:27	7:30	7:59	8:27	8:30	9:02	9:27	9:30	10:01	10:27	10:30	11:01	11:27	11:30	12:01	12:27	12:30	1:01	1:27	1:30	2:01	
Seaford					1:07	1:58		3:58	4:58	5:50	5:58	6:36	7:01	7:30	7:33	8:02	8:30	8:33	9:04	9:30	9:33	10:04	10:30	10:33	11:04	11:30	11:33	12:04	12:30	12:33	1:04	1:30	1:33	2:04	
Wantagh					1:10	2:01		4:01	5:01	5:53	6:01	6:39	7:04	7:36	8:05		8:36	9:07		9:36	10:07		10:36	11:07		11:36	12:07		12:36	1:07		1:36	2:07			
Bellmore		12:28			1:13	2:04		4:04	5:04	5:56	6:04	6:42	7:07	7:39	8:08		8:39	9:10		9:39	10:10		10:39	11:10		11:39	12:10		12:39	1:10		1:39	2:10			
Merrick					1:16	2:07		4:07	5:07	5:59	6:07	6:45	7:10	7:42	8:11		8:42	9:13		9:42	10:13		10:42	11:13		11:42	12:13		12:42	1:13		1:42	2:13			
Freeport		12:33			1:19	2:10	3:29	4:10	5:10	6:02	6:10	6:48	7:13	7:45	8:14	8:37	8:45	9:16	9:37	9:45	10:16	10:37	10:45	11:16	11:37	11:45	12:16	12:37	12:45	1:16	1:37	1:45	2:16	2:37		
Baldwin					1:22	2:13		4:13	5:13	6:05	6:13	6:51	7:16	7:48	8:17		8:48	9:19		9:48	10:19		10:48	11:19		11:48	12:19		12:48	1:19		1:48	2:19			
Rockville Centre					1:25	2:16		4:16	5:16	6:08	6:16	6:54	7:19	7:51	8:20		8:51	9:22		9:51	10:22		10:51	11:22		11:51	12:22		12:51	1:22		1:51	2:22			
Lynbrook (Note)					1:39	2:30		4:30	5:30	6:22	6:30	7:08	7:33	8:05	8:34		9:05	9:36		10:05	10:36		11:05	11:36		12:05	12:36		1:05	1:36		2:05	2:36			
JAMAICA (Arrive)	12:41	12:50	1:00	1:03	1:41	2:32	3:46	4:32	5:31	6:24	6:32	7:11	7:35	7:55	8:06	8:36	8:55	9:06	9:38	9:55	9:58	10:06	10:38	10:55	11:06	11:38	11:56	12:06	12:38	12:55	1:06	1:38	1:55	2:06	2:38	2:41
JAMAICA (Leave)	12:45	12:52	1:13	1:13	1:42	2:33	3:47	4:33	5:33	6:26	6:33	7:12	7:37	7:57	8:08	8:38	8:57	9:08	9:40	9:57	10:00	10:08	10:40	10:57	11:08	11:40	11:58	12:08	12:40	12:57	1:08	1:40	1:57	2:08	2:40	2:48
East New York																														
Nostrand Avenue.																														
ATLANTIC TERMINAL																														
HUNTERSPOINT AVE.																														
Kew Gardens				2:37	3:51			6:30		7:16	7:41	8:12	8:42		9:12	9:44			10:12	10:44			11:12	11:44		12:12	12:44		1:12	1:44		2:12	2:44		
Forest Hills				2:40	3:54			6:33		7:19	7:44	8:15	8:44		9:15	9:46			10:15	10:46			11:15	11:46		12:15	12:46		1:15	1:46		2:15	2:46		
Woodside																														
GRAND CENTRAL				2:48	4:02			6:41		7:31		8:28			9:26				10:26				11:26			12:26			1:26			2:26			2:58
PENN STATION				♿ 1:04	1:11	♿ 1:35	♿ 1:36	2:02	2:52	4:06	4:52	5:42	6:52		7:57	8:13		8:58	9:17		10:00	10:17	♿ 10:30		11:00	11:17		12:00	12:19		1:00	1:17		2:00	2:17		3:00	♿ 3:11
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	79	6101	21	6049	6103	6105	6107	6109	6111	6009	6113	6115	6207	6115	6117	6209	6119	6121	6213	6123	6125	6001	6215	6127	6129	6131	6133	6219	6135	6137	6251	6139	6141	6253	6143	6145

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	2:11	2:40	3:11	3:40	4:11	4:40	5:11	5:40	6:11	6:40	7:01	7:11	7:18	7:40	8:11	8:40	9:01	9:12	9:40	10:11	10:40	11:11	11:40	12:11	12:40	1:11	1:40	2:11	2:40	3:11
Lindenhurst	2:17	2:46	3:17	3:46	4:17	4:46	5:17	5:46	6:17	6:46	7:07	7:17	7:24	7:46	8:17	8:46	9:07	9:18	9:46	10:17	10:46	11:17	11:46	12:17	12:46	1:17	1:46	2:17	2:46	3:17
Copiague	2:20	2:50	3:20	3:50	4:20	4:50	5:20	5:50	6:20	6:50	7:10	7:20	7:27	7:50	8:20	8:50	9:10	9:21	9:50	10:20	10:50	11:20	11:50	12:20	12:50	1:20	1:50	2:20	2:50	3:20
Amityville	2:22	2:57	3:22	3:57	4:22	4:57	5:22	5:57	6:22	6:57	7:12	7:22	7:29	7:57	8:22	8:57	9:12	9:23	9:57	10:22	10:57	11:22	11:57	12:22	12:57	1:22	1:57	2:22	2:57	3:22
Massapequa Park	2:25		2:59	3:25		3:59	4:25		4:59	5:25		5:59	6:25		6:59	7:25		7:59	8:25		9:01		9:26		9:59		10:27		10:59	11:27
Massapequa	2:27	3:00	3:01	3:27	3:30	4:01	4:27	4:30	5:01	5:27	5:30	6:01	6:27	6:30	7:03		7:27	7:30	8:01	8:27	8:30	9:03		9:28	9:30	10:01		10:29	10:30	11:01	11:29
Seaford		3:03	3:04		3:33	4:04		4:33	5:04		5:33	6:04		6:33	7:06			7:33	8:04		8:33	9:06			9:33	10:04			10:33	11:04	
Wantagh		3:06	3:07		3:36	4:07		4:36	5:07		5:36	6:07		6:36	7:09			7:36	8:07		8:36	9:09			9:36	10:07			10:36	11:07	
Bellmore		3:09	3:10		3:39	4:10		4:39	5:10		5:39	6:10		6:39	7:12			7:39	8:10		8:39	9:12			9:39	10:10			10:39	11:10	
Merrick		3:12	3:13		3:42	4:13		4:42	5:13		5:42	6:13		6:42	7:15			7:42	8:13		8:42	9:15			9:42	10:13			10:42	11:13	
Freeport	2:37	3:16	3:17	3:45	3:46	4:17	4:40	4:45	5:16	5:37	5:45	6:16	6:37	6:45	7:18		7:37	7:45	8:16	8:37	8:45	9:18		9:38	9:50	10:16		10:39	10:51	11:16	11:39
Baldwin		3:19	3:20		3:49	4:20		4:49	5:20		5:49	6:20		6:49	7:21			7:49	8:20		8:49	9:21			9:49	10:20			10:49	11:20	
Rockville Centre		3:22	3:23		3:51	4:23		4:51	5:23		5:51	6:23		6:51	7:24			7:51	8:22		8:51	9:24			9:51	10:22			10:51	11:22	
Lynbrook (Note)		3:36	3:37		4:05	4:37		5:05	5:37		6:05	6:37		7:05	7:38			8:05	8:36		9:05	9:38			10:05	10:36			11:05	11:36	
JAMAICA (Arrive)	2:55	3:06	3:38	3:55	4:06	4:38	4:55	5:06	5:38	5:55	6:06	6:38	6:42	6:55	7:06	7:40	7:58	7:55	8:06	8:38	8:56	9:06	9:40	9:42	9:58	10:06	10:38	10:40	10:57	11:06
JAMAICA (Leave)	2:57	3:08	3:40	3:57	4:08	4:40	4:57	5:08	5:40	5:57	6:08	6:40	6:48	6:57	7:08	7:42	7:42	7:57	8:08	8:40	8:58	9:08	9:42	9:42	9:57	10:15	10:40	10:42	10:59	11:15
East New York																														
Nostrand Avenue.																														
ATLANTIC TERMINAL																														
Kew Gardens	3:12	3:44		4:12	4:44		5:12	5:44		6:12	6:44		7:12	7:46			8:12	8:44		9:12	9:46			10:19	10:44			11:19	11:45	
Forest Hills	3:14	3:46		4:14	4:46		5:14	5:46		6:14	6:46		7:14	7:48			8:14	8:46		9:14	9:48			10:21	10:46			11:21	11:47	
Woodside																														
GRAND CENTRAL	3:26			4:26		5:06	5:26		6:06	6:26		7:06	7:28			8:06	8:28	8:28		9:28		10:06	10:35		11:04	11:35		12:06	12:35	
PENN STATION	3:17		4:00	4:17		5:00	5:17		6:00	6:17		7:00	7:11	7:17		8:02	8:02	8:17	8:30		9:00	9:19		10:02	10:02	10:17		11:00	11:00	11:17	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6159	6255	6161	6163	6257	6165	6167	6259	6169	6171	6261	6173	6263	6175	6265	6177	6043	6179	6015	6181	6183	6269	6185	6007	6187	6271	6189	6019	6273	6193

Reference Notes

Note 1	Train will operate Tuesday, September 2, and Mondays through October 13, 2025.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy information webpage for complete and current details before planning your trip. "Restriction periods may vary depending on day of week holiday occurs.
	Indicates specially designated weekend train allowing more than the regular eight bikes per train limit (applies during summer only).
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Lynbrook	For complete service at Lynbrook, see the Long Beach Branch Timetable. Trains serving Lynbrook in this timetable arrive and depart from Platform A.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

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HART (Huntington Area Rapid Transit).....(631) HART-BUS
City of Long Beach Buses.....(516) 431-4445

RAILROADS:
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New Jersey Transit.....(973) 275-5555
PATH (Port Authority Trans Hudson).....(800) 234-PATH
AMTRAK.....(800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry.....(631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau.....(877) FUN-ON-LI

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To Report Vandalism or get Emergency Assistance
Emergency only.....911
MTA Police.....(212) 878-1001
MTA Inspector General Hotline.....(800) MTA-IG4U

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Lost & Found	Say "Lost & Found"	Daily, 6 AM – 10 PM
Refunds