

Special Timetable



Hempstead Branch

Alternate Plan Schedules
Effective When Announced
Weekdays, September 2-November 9, 2025
www.mta.info

- Hempstead
- Country Life Press
- Garden City
- Nassau Boulevard
- Stewart Manor
- Floral Park
- Bellerose
- Elmont-UBS Arena
- Queens Village
- Hollis
- Jamaica
- Atlantic Terminal (Brooklyn)
- Hunterspoint Avenue
- Long Island City
- Woodside
- Grand Central
- Penn Station

ATTENTION CUSTOMERS



In the event of severe weather or emergency conditions, the LIRR has an alternate service plan in place to help ensure the safety of our customers and employees.

Use this special timetable for all Hempstead Branch travel when implemented.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular Hempstead Branch timetable, effective September 2, 2025.

LaGuardia Link
70 selectbus service

/// WATCH THE GAP ///

Alternate Plan Schedules - Effective When Announced, Weekdays, September 2-November 9, 2025

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																										
PENN STATION	AM 12:00	AM 12:14	AM	AM	AM 2:35	AM 3:09	AM 5:22	AM 6:09	AM	AM 7:09	AM 7:37	AM 8:05	AM	AM 9:09	AM	AM 10:11	AM	AM 11:11	AM	PM 12:11	PM	PM 1:11	PM	PM 2:07	PM	
GRAND CENTRAL			12:52	1:35					6:32				8:34		9:45		10:45		11:45		12:45		1:45		2:41	
Woodside						3:21										10:22		11:22		12:22		1:23				
Forest Hills		12:29		1:50																						
Kew Gardens		12:31		1:52			5:39			7:26		8:22														
ATLANTIC TERMINAL*																										
Nostrand Avenue*																										
East New York*																										
JAMAICA (Arrive)	12:21	12:35	1:11	1:56	2:56	3:30	5:43	6:29	6:53	7:30	7:57	8:26	8:55	9:30	10:05	10:31	11:05	11:31	12:05	12:31	1:05	1:32	2:05	2:28	3:01	
JAMAICA (Leave)	12:23	12:37	1:13	1:57	2:57	3:31	5:45	6:30	6:54	7:31	7:58	8:27	8:56	9:31	10:07	10:33	11:07	11:33	12:07	12:33	1:07	1:35	2:07	2:30	3:02	
Hollis			1:20	2:03	3:04		5:52		7:01		8:05		9:03		10:15		11:15		12:15		1:15		2:15		3:09	
Queens Village			1:23	2:06	3:07		5:55		7:04		8:08		9:06		10:18		11:18		12:18		1:18		2:18		3:12	
Elmont- UBS Arena	12:34	12:47	1:25	2:08	3:09		5:57		7:06		8:10		9:08		10:20		11:20		12:20		1:20		2:20		3:14	
Bellerose			1:27	2:10	3:11		5:59		7:08		8:12		9:10		10:22		11:22		12:22		1:22		2:22		3:16	
Floral Park		12:50	1:29	2:12	3:13	3:40	6:01	6:41	7:10	7:40	8:14	8:37	9:12	9:40	10:24	10:43	11:24	11:43	12:24	12:43	1:24	1:45	2:24	2:41	3:18	
Stewart Manor			1:32	2:15	3:16		6:04		7:13		8:17		9:15		10:27		11:27		12:27		1:27		2:27		3:21	
Nassau Boulevard			1:35	2:18	3:19		6:07		7:16		8:20		9:18		10:30		11:30		12:30		1:30		2:30		3:24	
Garden City			1:38	2:21	3:22		6:10		7:19		8:23		9:21		10:33		11:33		12:33		1:33		2:33		3:27	
Country Life Press			1:41	2:24	3:25		6:13		7:22		8:26		9:24		10:36		11:36		12:36		1:36		2:36		3:30	
HEMPSTEAD			1:45	2:28	3:29		6:17		7:26		8:30		9:28		10:40		11:40		12:40		1:40		2:40		3:34	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM
Train #	1900	1500	702	704	706	1504	710	1510	712	1512	714	1514	716	1516	718	1520	722	1524	724	1550	750	1554	752	1558	754	

Alternate Plan Schedules - Effective When Announced, Weekdays, September 2-November 9, 2025

(Continued)

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."					Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM													
PENN STATION	PM	PM 3:09	PM	PM 4:04	PM	PM 4:45	PM	PM	PM	PM	PM 7:20	PM	PM 8:08	PM	PM 9:01	PM 9:15	PM 9:34	PM 9:39	PM	PM 10:04	PM 10:29	PM	PM 11:17	PM	
GRAND CENTRAL	3:01				4:35			5:48	6:03			7:52		8:43					9:43			10:54		11:54	
Woodside	3:13													8:55	9:13						10:40		11:28		
Forest Hills		3:24		4:18									8:23												
Kew Gardens		3:26				5:02		6:05				8:09	8:25												
ATLANTIC TERMINAL*			3:31				4:59				6:38														
Nostrand Avenue*			3:38				5:06				6:45														
East New York*			3:43				5:11				6:50														
JAMAICA (Arrive)	3:22	3:30	3:52	4:23	4:55	5:05	5:20	6:08	6:23	6:59	7:39	8:12	8:29	9:04	9:22	9:36	9:54	10:02	10:04	10:25	10:49	11:15	11:37	12:15	
JAMAICA (Leave)	3:24	3:31	3:57	4:24	4:56	5:06	5:21	6:09	6:24	7:00	7:40	8:13	8:31	9:06	9:24	9:38	9:56	10:04	10:06	10:27	10:51	11:17	11:39	12:17	
Hollis			4:04	4:31	5:02	5:12	5:27	6:15	6:30	7:06	7:47	8:20		9:13					10:13			11:23		12:24	
Queens Village			4:07	4:34	5:05	5:15	5:30	6:18	6:33	7:09	7:50	8:23		9:16					10:16			11:26		12:27	
Elmont			4:09	4:36	5:07		5:32	6:21	6:35	7:11	7:52	8:25		9:18	9:34	9:48	10:05	10:14	10:18	10:37	11:02	11:28	11:50	12:29	
Bellerose			4:11	4:38	5:09		5:34	6:23	6:37	7:13	7:54	8:27		9:20					10:20			11:30		12:31	
Floral Park	3:33	3:40	4:13	4:40	5:11		5:36	6:25	6:39	7:15	7:56	8:29	8:42	9:22		9:51			10:22			11:32		12:33	
Stewart Manor			4:16	4:43	5:14		5:39	6:28	6:42	7:18	7:59	8:32		9:25					10:25			11:35		12:36	
Nassau Boulevard			4:19	4:46	5:17		5:42	6:31	6:45	7:21	8:02	8:35		9:28					10:28			11:38		12:39	
Garden City			4:22	4:49	5:20		5:45	6:34	6:48	7:24	8:05	8:38		9:31					10:31			11:41		12:42	
Country Life Press			4:25	4:52	5:23		5:48	6:37	6:51	7:27	8:08	8:41		9:34					10:34			11:44		12:45	
HEMPSTEAD			4:29	4:56	5:27		5:52	6:41	6:55	7:31	8:11	8:45		9:38					10:38			11:48		12:49	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	
Train #	2060	1562	756	758	760	1056	762	768	770	772	778	780	1580	782	1980	1584	1982	1586	784	1984	1986	786	1990	788	

Alternate Plan Schedules - Effective When Announced, Weekdays, September 2-November 9, 2025

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Mon. Only		Mon. Only										Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak
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Alternate Plan Schedules - Effective When Announced, Weekdays, September 2-November 9, 2025

(Continued)

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																																				
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM			
HEMPSTEAD	2:00		2:57				3:56				5:00					6:03									7:52			8:48			9:59			10:55		
Country Life Press	2:04		3:01				4:00				5:04					6:07										7:56			8:52			10:03			10:59	
Garden City	2:07		3:04				4:03				5:07					6:10										7:59			8:55			10:06			11:02	
Nassau Boulevard	2:09		3:06				4:05				5:09					6:12										8:01			8:58			10:08			11:04	
Stewart Manor	2:12		3:09				4:08				5:12					6:15										8:04			9:01			10:11			11:07	
Floral Park	2:15	2:59	3:12		3:56		4:11		4:53		5:15			5:48		6:18			6:56			8:03			8:07		8:55	9:05	9:53		10:14		10:58	11:10	11:53	
Bellerose	2:17		3:14				4:13				5:17					6:20									8:09			9:08			10:16			11:12		
Elmont	2:19		3:16				4:15			5:03	5:19	5:28	5:37	5:50	6:18	6:22	6:27	6:44	6:58	7:15	7:45	8:05	8:09	8:11	8:44	8:57	9:10	9:55	10:14	10:18	10:41	11:00	11:14	11:55		
Queens Village	2:22		3:19	3:46			4:18			5:06	5:22			5:53		6:25										8:15			9:13			10:21			11:17	
Hollis	2:25		3:22			4:14	4:21	4:48			5:25			5:55		6:28										8:17			9:15			10:24			11:19	
JAMAICA (Arrive)	2:32	3:11	3:30	3:55	4:08	4:20	4:28	4:55	5:04	5:15	5:33	5:37	5:48	6:03	6:31	6:35	6:37	6:54	7:07	7:25	7:55	8:14	8:20	8:24	8:54	9:07	9:22	10:04	10:24	10:31	10:51	11:09	11:27	12:05		
JAMAICA (Leave)	2:34	3:13	3:31	3:56	4:09	4:21	4:29	4:56	5:05	5:16	5:34	5:38	5:49	6:05	6:33	6:36	6:38	6:55	7:08	7:26	7:56	8:15	8:22	8:26	8:56	9:08	9:24	10:06	10:26	10:33	10:53	11:11	11:29	12:07		
East New York*																																				
Nostrand Avenue*																																				
ATLANTIC TERMINAL*																																				
Kew Gardens					4:12				5:08			5:42		6:09			6:42		7:12				8:25				9:12		10:10		10:37		11:15	11:33	12:11	
Forest Hills																						8:27				9:14		10:12		10:39		11:17	11:35	12:13		
Woodside	2:42			4:05		4:30		5:04		5:25					6:42			7:03		7:35	8:04	8:24			9:04		9:32			11:02						
GRAND CENTRAL	2:53		3:50	4:16			4:48	5:15				5:57				6:55	6:58	7:14			8:15			8:46			9:42			10:52			11:48			
PENN STATION	 PM	3:33 PM	 PM	 PM	4:28 PM	4:41 PM	 PM	 PM	5:24 PM	5:36 PM	5:54 PM	 PM	6:08 PM	6:24 PM	6:53 PM	 PM	 PM	 PM	7:28 PM	7:45 PM	 PM	8:35 PM	8:41 PM	 PM	9:16 PM	9:28 PM	 PM	10:27 PM	10:45 PM	 PM	11:12 PM	11:31 PM	 PM	12:28 AM		
Train #	755	1557	799	2055	1559	1961	757	2057	1561	1963	761	1661	1965	1563	1967	763	1663	2063	1571	1971	2065	1575	1975	769	1977	1579	771	1583	1585	773	1985	1587	775	1591		