

Special Timetable



Long Island Rail Road

West Hempstead Branch

Special Track Work Timetable

Effective Saturday & Sunday,

November 8-9, 2025

www.mta.info

ATTENTION CUSTOMERS



As a result of switch work on the Mainline, West Hempstead trains will operate on adjusted schedules and have affected connections.

Use this special timetable for all West Hempstead Branch travel on this affected weekend only.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular West Hempstead Branch timetable, effective September 2, 2025.

West Hempstead

Hempstead Gardens

Lakeview

Malverne

Westwood

St. Albans

Jamaica



Atlantic Terminal (Brooklyn)

Hunterspoint Avenue

Long Island City

Woodside



Grand Central

Penn Station

/// WATCH THE GAP ///



Long Island Rail Road

Reference Notes

*	For complete service west of Jamaica see the applicable City Terminal Zone timetable.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be

/// WATCH THE GAP ///

Effective Saturday & Sunday, November 8-9, 2025

Eastbound

To West
Hempstead

*Refer to the
TrainTime app
for complete
service west
of Jamaica as
well as transfer
options.

For explanation, see "Reference Notes."																			Sat. Only	Sun. Only
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	J 5:54	J 6:53															J 9:47	J 10:48	J 11:43	J 11:58
GRAND CENTRAL	J 5:35	J 6:45	7:55	8:56	9:54	10:59	11:56	12:59	1:56	2:59	3:56	4:59	5:56	6:56	7:56	9:01	J 9:39	J 10:39	J 11:39	J 11:48
Woodside																				
Forest Hills			8:10	9:11	10:09	11:14	12:11	1:14	2:11	3:14	4:11	5:14	6:11	7:11	8:11	9:16				
Kew Gardens			8:12	9:13	10:11	11:16	12:13	1:16	2:13	3:16	4:13	5:16	6:13	7:13	8:13	9:18				
ATLANTIC TERMINAL																				
Nostrand Avenue																				
East New York																				
JAMAICA (Arrive)	6:14	7:14	8:16	9:17	10:15	11:20	12:17	1:20	2:17	3:20	4:17	5:20	6:17	7:17	8:17	9:22	10:08	11:09	12:04	12:18
JAMAICA (Leave)	6:19	7:19	8:18	9:19	10:17	11:21	12:19	1:21	2:19	3:21	4:19	5:21	6:19	7:19	8:19	9:23	10:19	11:19	12:09	12:22
St. Albans	6:25	7:25	8:24	9:25	10:23	11:27	12:25	1:27	2:26	3:27	4:25	5:27	6:25	7:25	8:25	9:29	10:25	11:25	12:15	12:28
Westwood	6:35	7:35	8:34	9:35	10:33	11:37	12:35	1:37	2:36	3:37	4:35	5:37	6:36	7:36	8:35	9:39	10:36	11:35	12:25	12:38
Malverne	6:37	7:37	8:36	9:37	10:35	11:39	12:37	1:39	2:38	3:39	4:37	5:39	6:38	7:38	8:37	9:41	10:38	11:37	12:27	12:40
Lakeview	6:39	7:39	8:38	9:39	10:37	11:41	12:39	1:41	2:40	3:41	4:39	5:41	6:40	7:40	8:39	9:43	10:40	11:39	12:29	12:42
Hempstead Gardens	6:41	7:41	8:40	9:41	10:39	11:43	12:41	1:43	2:42	3:43	4:41	5:43	6:42	7:42	8:41	9:45	10:42	11:41	12:31	12:44
WEST HEMPSTEAD	6:46	7:46	8:45	9:46	10:44	11:48	12:46	1:48	2:47	3:48	4:46	5:48	6:47	7:47	8:46	9:50	10:47	11:46	12:36	12:49
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
Train #	7708	7710	7712	7714	7716	7718	7720	7750	7752	7754	7756	7758	7760	7762	7764	7766	7768	7770	7702	1702

Effective Saturday & Sunday, November 8-9, 2025

Westbound

To Jamaica,
Brooklyn* &
New York

*Refer to the
TrainTime app
for complete
service west
of Jamaica as
well as transfer
options.

For explanation, see "Reference Notes."																				
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
WEST HEMPSTEAD	6:02	7:02	8:02	9:02	10:02	11:02	12:02	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:04	11:02	11:58	11:58
Hempstead Gardens	6:05	7:05	8:05	9:05	10:05	11:05	12:05	1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:07	11:05	12:01	12:01
Lakeview	6:07	7:07	8:07	9:07	10:07	11:07	12:07	1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:09	11:07	12:03	12:03
Malverne	6:09	7:09	8:09	9:09	10:09	11:09	12:09	1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:11	11:09	12:05	12:05
Westwood	6:12	7:12	8:12	9:12	10:12	11:12	12:12	1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:14	11:12	12:08	12:08
St. Albans	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:25	11:23	12:19	12:19
JAMAICA (Arrive)	6:29	7:29	8:29	9:29	10:29	11:29	12:29	1:29	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:31	11:29	12:25	12:25
JAMAICA (Leave)	6:33	7:31	8:31	9:31	10:31	11:31	12:31	1:31	2:31	3:31	4:31	5:31	6:31	7:31	8:31	9:42	10:35	11:41	12:37	12:37
East New York																				
Nostrand Avenue																				
ATLANTIC TERMINAL																				
Kew Gardens																				
Forest Hills																				
Woodside																				
GRAND CENTRAL	J 7:04	7:51	8:51	9:51	10:51	11:51	12:51	1:51	2:51	3:51	4:51	5:51	6:51	7:51	8:51	J 10:07	J 11:04	J 12:04	J 1:08	J 1:08
PENN STATION	J 6:52															J 10:02	J 10:55	J 12:02	J 12:58	J 12:58
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM
Train #	7705	7709	7711	7713	7715	7717	7719	7751	7753	7755	7757	7759	7761	7763	7765	7767	7769	7771	7773	7773