

Special Timetable



Long Island Rail Road

Hempstead Branch

Special Track Work Timetable

Effective Weekday Overnights,

February 2-5 and 9-12, 2026

www.mta.info

● Hempstead

● Country Life
Press

● Garden City

● Nassau
Boulevard

● Stewart Manor

● Floral Park

● Bellerose

● Elmont-UBS Arena

● Queens Village

● Hollis

● Jamaica

● Atlantic Terminal (Brooklyn)

● Hunterspoint Avenue

● Long Island City

● Woodside

● Grand Central

● Penn Station

ATTENTION CUSTOMERS



As a result of infrastructure improvements at Hollis Station, some eastbound Hempstead trains will bypass Elmont, Queens Village and Hollis stations.

Use this special timetable for affected service on these days only. For all other service please use the regular Hempstead Branch timetable, effective November 10, 2025.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

Eastbound Affected Service

For explanation, see "Reference Notes."	Mon. - Thurs.	Mon. - Thurs.	Mon. - Thurs.	Mon. - Thurs.	Mon. - Thurs.	Mon. - Thurs.	Tues. - Fri.	Tues. - Fri.	Tues. - Fri.	Tues. - Fri.	Tues. - Fri.	Tues. - Fri.	Tues. - Fri.
PENN STATION	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM
GRAND CENTRAL	9:43	10:04	10:33	10:54	11:17	11:54	12:00	12:14	12:52	1:35	2:35	3:09	5:22
Woodside			10:44		11:28							3:21	
Forest Hills								12:29		1:50			
Kew Gardens								12:31		1:52			5:39
ATLANTIC TERMINAL* Nostrand Avenue* East New York*													
JAMAICA (Arrive)	10:04	10:25	10:54	11:15	11:37	12:15	12:21	12:35	1:11	1:56	2:56	3:30	5:43
JAMAICA (Leave)	10:06	10:27	10:56	11:17	11:39	12:17	12:23	12:37	1:13	1:57	2:57	3:31	5:45
Hollis	10:13												5:52
Queens Village	10:16												5:55
Elmont-UBS Arena	10:18												5:57
Bellerose	10:20			11:30		12:31			1:27	2:10	3:11		5:59
Floral Park	10:22			11:32		12:33		12:50	1:29	2:12	3:13	3:40	6:01
Stewart Manor	10:25			11:35		12:36			1:32	2:15	3:16		6:04
Nassau Boulevard	10:28			11:38		12:39			1:35	2:18	3:19		6:07
Garden City	10:31			11:41		12:42			1:38	2:21	3:22		6:10
Country Life Press	10:34			11:44		12:45			1:41	2:24	3:25		6:13
HEMPSTEAD	10:38			11:48		12:49			1:45	2:28	3:29		6:17
Train #	784	1984	1986	786	1990	788	1900	1500	702	704	706	1504	710

Reference Notes

All Branches

On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.

West of
Jamaica

At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///