

Special Timetable



Long Island Rail Road

Hempstead Branch

Special Track Work Timetable

Effective Monday-Friday,

March 23-27 30-31 and April 1-2, 2026

www.mta.info

- Hempstead ♿
- Country Life ♿
Press
- Garden City ♿
- Nassau
Boulevard ♿
- Stewart Manor ♿
- Floral Park ♿
- Bellerose
- ⊘ Elmont-UBS Arena ♿
- ⊘ Queens Village ♿
- ⊘ Hollis
- Jamaica ♿ 
- Atlantic Terminal (Brooklyn) ♿
- Hunterspoint Avenue
- Long Island City ♿ 
- Woodside ♿  *LaGuardia Link*
n70 selectbus service
- Grand Central ♿
- Penn Station ♿

ATTENTION CUSTOMERS



As a result of infrastructure improvements at Hollis Station, some westbound Hempstead trains will bypass Elmont, Queens Village and Hollis stations.

Use this special timetable for affected service on these days only. For all other service please use the regular Hempstead Branch timetable, effective March 23, 2026.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

Westbound Affected Service

For explanation, see "Reference Notes."															
	AM	PM													
HEMPSTEAD	9:07	9:57	10:57	11:57	12:57	2:04	2:57	3:01
Country Life Press	9:11	10:01	11:01	12:01	1:01	2:08	2:57	3:01
Garden City	9:14	10:04	11:04	12:04	1:04	2:11	3:04	3:04
Nassau Boulevard	9:16	10:06	11:06	12:06	1:06	2:13	3:06	3:06
Stewart Manor	9:19	10:09	11:09	12:09	1:09	2:16	3:09	3:09
Floral Park	9:22	9:51	10:12	10:53	11:12	11:53	12:12	12:53	1:12	1:53	2:19	2:59	3:12	3:12
Bellerose	9:24	10:14	11:14	12:14	1:14	2:21	3:14	3:14
Elmont-UBS Arena	9:26	3:16
Queens Village	9:29	3:19
Hollis	9:32	3:22
JAMAICA (Arrive)	9:38	10:02	10:29	11:04	11:30	12:04	12:30	1:04	1:30	2:04	2:36	3:10	3:30	3:30
JAMAICA (Leave)	9:39	10:04	10:30	11:06	11:31	12:06	12:31	1:06	1:31	2:06	2:37	3:12	3:31	3:31
East New York*
Nostrand Avenue*
ATLANTIC TERMINAL*
Kew Gardens
Forest Hills
Woodside	10:15	10:38	11:17	11:39	12:17	12:40	1:17	1:39	2:17	2:46
GRAND CENTRAL	10:49	11:50	12:50	1:50	2:57	3:50	3:50
PENN STATION	9:58	10:25	11:27	12:27	1:27	2:27	3:32	3:32
	AM	AM	AM	AM	AM	PM									
Train #	731	1525	737	1529	739	1533	741	1551	753	1555	755	1557	799

Reference Notes

All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///