Special Timetable

Long Island Rail Road

Babylon Branch

Alternate Plan Schedules
Effective When Announced
Weekdays, March 23, 2026 - May 15, 2026

www.mta.info

- Babylon
- Lindenhurst
- Copiague
- Amityville
- Massapequa Park
- Massapequa
- Seaford
- Wantagh
- Bellmore
- Merrick
- Freeport
- Baldwin
- Rockville Centre
- Jamaica (AIRTRAIN)
  - Atlantic Terminal (Brooklyn)
  - Hunterspoint Avenue
  - Long Island City
  - Woodside (LaGuardia Link Q70 +selectbusservice)
  - Grand Central
- Penn Station

ATTENTION CUSTOMERS

In the event of severe weather or emergency conditions, the LIRR has an alternate service plan in place to help ensure the safety of our customers and employees.

Use this special timetable for all Babylon Branch travel when implemented.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular Babylon Branch timetable, effective March 23, 2026.

WATCH THE GAP

Alternate Plan Schedules - Effective When Announced, Weekdays, March 23, 2026 - May 15, 2026

Eastbound — To Babylon

*See MTA TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																																	Peak PM	Peak PM	Peak PM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	.....	J 12:35	12:44	2:44	4:28	5:40	.....	6:27	7:20	.....	J 7:52	.....	J 8:32	8:44	9:19	9:33	10:22	10:33	J 11:11	11:22	11:33	12:22	12:33	1:22	1:33	.....	2:32	2:39	2:45	J 2:45	.....	3:17	3:38	4:13	4:25	J 4:34
GRAND CENTRAL	12:16	J 12:38	.....	.....	.....	.....	6:11	.....	.....	7:31	J 7:43	8:13	J 8:34	.....	.....	.....	.....	.....	J 11:14	.....	.....	.....	.....	.....	.....	1:54	.....	.....	.....	J 2:41	3:04	.....	.....	.....	.....	J 4:35
Woodside	12:28	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	9:30	.....	10:34	.....	.....	11:34	.....	12:34	.....	1:34	.....	.....	.....	.....	2:56	.....	.....	3:28	.....	4:24	.....	.....
Forest Hills	.....	.....	1:00	3:00	4:43	5:55	6:28	6:41	7:34	7:46	.....	8:28	.....	8:58	.....	9:49	.....	10:49	.....	.....	11:49	.....	12:49	.....	1:49	2:09	2:48	.....	.....	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	1:02	3:02	4:45	.....	.....	6:43	.....	.....	.....	.....	.....	9:00	.....	9:51	.....	10:51	.....	.....	11:51	.....	12:51	.....	1:51	2:11	2:50	.....	.....	.....	.....	.....	.....	.....	.....	.....
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	4:42
ATLANTIC TERMINAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Nostrand Avenue	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
East New York	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
JAMAICA (Arrive)	12:37	12:59	1:06	3:06	4:49	6:01	6:34	6:48	7:40	7:52	8:12	8:34	8:55	9:05	9:39	9:55	10:42	10:55	11:34	11:42	11:55	12:42	12:55	1:42	1:55	2:14	2:54	2:58	3:05	3:05	3:25	3:37	3:58	4:32	4:44	4:58
JAMAICA (Leave)	12:39	1:05	1:08	3:07	4:50	6:03	6:35	6:49	7:41	7:53	8:18	8:35	9:03	9:06	9:41	9:57	10:44	10:57	11:41	11:44	11:57	12:44	12:57	1:44	1:57	2:16	2:56	2:59	3:06	3:10	3:26	3:38	3:59	4:33	4:45	4:59
Lynbrook (Note)	12:53	.....	.....	.....	.....	.....	6:49	.....	.....	8:07	.....	8:49	.....	.....	.....	10:10	.....	11:10	.....	.....	12:10	.....	1:10	.....	2:10	.....	.....	.....	.....	.....	3:40	.....	.....	.....	.....	.....
Rockville Centre	12:55	.....	1:24	3:23	.....	6:19	6:51	.....	.....	8:09	.....	8:51	.....	9:21	.....	10:13	.....	11:13	.....	.....	12:13	.....	1:13	.....	2:13	2:31	.....	3:15	3:22	.....	3:42	3:54	.....	4:48	.....	.....
Baldwin	12:58	.....	1:27	3:26	.....	6:22	6:54	.....	.....	8:12	.....	8:54	.....	9:24	.....	10:16	.....	11:16	.....	.....	12:16	.....	1:16	.....	2:16	2:34	.....	3:18	3:25	.....	3:45	.....	.....	4:51	.....	.....
Freeport	1:01	.....	1:30	3:29	.....	6:25	6:57	.....	.....	8:15	.....	8:57	.....	9:27	10:00	10:19	11:02	11:19	.....	12:02	12:19	1:02	1:19	2:02	2:19	2:37	3:14	3:21	3:28	.....	3:48	3:59	.....	4:54	.....	.....
Merrick	1:04	.....	1:33	3:32	.....	6:28	7:00	.....	.....	8:18	.....	9:00	.....	9:30	.....	10:22	.....	11:22	.....	.....	12:22	.....	1:22	.....	2:22	2:40	.....	3:24	3:31	.....	3:51	.....	4:24	.....	5:07	.....
Bellmore	1:07	.....	1:36	3:35	.....	6:31	7:03	.....	.....	8:21	.....	9:03	.....	9:33	.....	10:25	.....	11:25	.....	.....	12:25	.....	1:25	.....	2:25	2:43	3:19	3:27	3:34	.....	3:54	4:04	4:27	4:59	5:10	.....
Wantagh	1:10	.....	1:39	3:38	.....	6:34	7:06	.....	.....	8:24	.....	9:06	.....	9:36	.....	10:28	.....	11:28	.....	.....	12:28	.....	1:28	.....	2:28	2:46	.....	3:30	3:37	.....	3:57	.....	4:30	.....	5:13	.....
Seaford	1:13	.....	1:42	3:41	.....	6:37	7:09	.....	.....	8:27	.....	9:09	.....	9:39	.....	10:31	.....	11:31	.....	.....	12:31	.....	1:31	.....	2:31	2:49	.....	3:33	3:40	.....	4:00	.....	4:33	.....	5:16	.....
Massapequa	1:15	.....	1:44	3:43	5:18	6:39	7:11	7:16	8:10	8:29	.....	9:11	.....	9:41	10:11	10:33	11:12	11:33	.....	12:12	12:33	1:12	1:33	2:12	2:33	2:51	3:24	3:35	3:42	.....	4:02	4:09	4:35	5:04	5:18	.....
Massapequa Park	1:17	.....	1:46	3:45	5:20	6:41	7:13	7:18	8:12	8:31	.....	9:13	.....	9:43	10:13	10:35	11:14	11:35	.....	12:14	12:35	1:14	1:35	2:14	2:35	2:53	.....	3:37	3:44	.....	4:04	.....	4:37	.....	5:20	.....
Amityville	1:20	.....	1:49	3:48	5:24	6:44	7:16	7:21	8:16	8:35	.....	9:16	.....	9:46	10:16	10:38	11:17	11:38	.....	12:17	12:38	1:17	1:38	2:17	2:38	2:56	3:28	3:40	3:47	.....	4:07	4:14	4:40	5:08	5:23	.....
Copiague	1:23	.....	1:52	3:51	5:26	6:47	7:19	7:24	8:18	8:37	.....	9:19	.....	9:49	10:19	10:41	11:20	11:41	.....	12:20	12:41	1:20	1:41	2:20	2:41	2:59	.....	3:43	3:50	.....	4:10	.....	4:43	.....	5:26	.....
Lindenhurst	1:26	.....	1:56	3:54	5:29	6:50	7:22	7:27	8:21	8:40	.....	9:22	.....	9:52	10:22	10:44	11:23	11:44	.....	12:23	12:44	1:23	1:44	2:23	2:44	3:02	.....	3:46	3:53	.....	4:13	.....	4:46	.....	5:29	.....
BABYLON	1:32	1:42	2:01	4:00	5:35	6:56	7:28	7:33	8:28	8:46	8:57	9:28	9:36	9:58	10:28	10:50	11:28	11:50	12:20	12:28	12:50	1:28	1:50	2:28	2:50	3:08	3:35	3:52	3:59	3:49	4:19	4:22	4:52	5:15	5:35	5:41
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	202	2	102	104	120	122	220	124	128	222	4	224	62	130	132	134	136	138	8	144	146	148	150	152	156	258	158	160	162	76	262	164	166	168	170	80

Alternate Plan Schedules - Effective When Announced, Weekdays, March 23, 2026 - May 15, 2026

(Continued)

Eastbound — To Babylon

*See MTA TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM																
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	.....	.....	5:13	5:16	5:19	.....	5:41	5:44	.....	6:07	J 6:01	.....	6:28	6:31	6:34	.....	.....	7:00	.....	7:23	7:47	.....	7:59	.....	J 8:21	8:46	.....	9:31	9:46	.....	J 10:29	10:23	10:52	.....	11:34	11:51
GRAND CENTRAL	4:51	5:00	J 5:12	.....	.....	5:25	.....	.....	5:51	.....	J 6:03	6:17	J 6:17	.....	.....	6:41	.....	.....	.....	7:08	.....	.....	.....	8:12	J 8:24	.....	9:12	.....	.....	10:07	J 10:07	.....	.....	11:12	.....	.....
Woodside	.....	.....	.....	.....	.....	.....	.....	5:56	.....	.....	.....	6:29	.....	.....	6:45	.....	.....	.....	7:20	.....	.....	.....	.....	.....	.....	.....	9:24	9:43	.....	10:19	.....	10:34	11:03	11:23	11:45	.....
Forest Hills	5:06	.....	.....	.....	5:33	.....	.....	.....	.....	6:22	.....	.....	.....	6:45	.....	.....	.....	.....	.....	.....	8:02	.....	.....	.....	.....	9:02	.....	.....	10:00	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	.....	5:35	.....	5:57	.....	.....	6:24	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	9:04	.....	.....	10:02	.....	.....	.....	.....	.....	.....	.....
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:46	.....	.....	.....	.....	7:50	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Nostrand Avenue	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:53	.....	.....	.....	.....	7:57	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
East New York	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:58	.....	.....	.....	.....	8:02	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
JAMAICA (Arrive)	5:11	5:21	5:34	5:35	5:39	5:47	6:00	6:03	6:13	6:28	6:23	6:37	6:47	6:50	6:53	7:01	7:07	7:19	7:28	7:42	8:07	8:11	8:18	8:33	8:45	9:08	9:33	9:51	10:07	10:28	10:49	10:44	11:13	11:31	11:54	12:11
JAMAICA (Leave)	5:12	5:23	5:36	5:36	5:40	5:48	6:01	6:05	6:14	6:29	6:31	6:38	6:48	6:51	6:54	7:02	7:08	7:20	7:29	7:43	8:08	8:12	8:19	8:35	8:50	9:10	9:35	9:53	10:09	10:30	10:53	10:46	11:15	11:33	11:56	12:13
Lynbrook (Note)	.....	5:38	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	7:08	.....	.....	.....	.....	.....	.....	8:26	.....	8:49	.....	.....	9:49	.....	.....	10:44	.....	.....	.....	11:47	.....	.....
Rockville Centre	5:28	5:40	.....	.....	5:55	.....	.....	6:20	.....	6:43	.....	.....	.....	.....	7:10	.....	7:24	7:34	7:44	.....	8:23	8:28	.....	8:51	.....	9:26	9:51	.....	10:24	10:46	.....	11:02	11:30	11:49	.....	12:29
Baldwin	5:31	5:43	.....	.....	5:58	.....	.....	6:23	.....	6:46	.....	.....	.....	.....	7:13	.....	7:27	7:37	7:47	.....	8:26	8:31	.....	8:54	.....	9:29	9:54	.....	10:27	10:49	.....	11:05	11:33	11:53	.....	12:32
Freeport	5:34	5:46	.....	.....	6:01	.....	.....	6:26	.....	6:49	.....	.....	.....	.....	7:16	.....	7:30	7:40	7:50	.....	8:29	8:34	.....	8:57	.....	9:32	9:57	10:11	10:30	10:52	.....	11:08	11:36	11:56	12:13	12:35
Merrick	.....	5:49	.....	.....	6:04	.....	6:21	6:29	.....	6:52	.....	.....	.....	.....	7:19	.....	7:33	7:43	7:53	.....	8:32	.....	.....	9:00	.....	9:35	10:00	.....	10:33	10:55	.....	11:11	11:39	11:59	.....	12:38
Bellmore	.....	5:52	.....	.....	6:07	.....	6:23	6:32	.....	6:55	.....	.....	.....	.....	7:22	.....	7:36	7:46	7:56	.....	8:35	.....	.....	9:03	.....	9:38	10:03	10:16	10:36	10:58	.....	11:14	11:42	12:02	12:18	12:41
Wantagh	5:40	5:55	.....	6:01	6:10	6:13	6:25	6:35	6:39	6:58	.....	7:03	.....	7:16	7:25	7:28	7:39	7:49	7:59	8:08	8:38	.....	8:44	9:06	.....	9:41	10:06	.....	10:39	11:01	.....	11:17	11:45	12:05	.....	12:44
Seaford	5:43	.....	.....	6:04	.....	6:16	6:28	.....	6:42	.....	.....	7:06	.....	7:19	.....	7:31	7:42	7:52	8:03	8:11	8:41	.....	8:47	9:09	.....	9:44	10:09	.....	10:42	11:04	.....	11:20	11:48	12:08	.....	12:47
Massapequa	5:45	.....	.....	6:06	.....	6:18	6:30	.....	6:44	.....	.....	7:08	.....	7:21	.....	7:33	7:44	7:54	8:05	8:13	8:43	.....	8:49	9:11	.....	9:46	10:11	10:21	10:44	11:06	.....	11:22	11:50	12:10	12:23	12:49
Massapequa Park	5:47	.....	.....	6:08	.....	6:20	6:32	.....	6:46	.....	.....	7:10	.....	7:23	.....	7:35	7:46	7:56	8:07	8:15	8:45	.....	8:51	9:13	.....	9:48	10:13	.....	10:46	11:08	.....	11:24	11:52	12:12	.....	12:51
Amityville	5:50	.....	.....	6:11	.....	6:23	6:35	.....	6:49	.....	.....	7:13	.....	7:26	.....	7:38	7:49	7:59	8:10	8:19	8:48	.....	8:54	9:16	.....	9:51	10:17	10:26	10:49	11:11	.....	11:27	11:55	12:15	12:27	12:54
Copiague	5:53	.....	.....	6:14	.....	6:26	6:38	.....	6:52	.....	.....	7:16	.....	7:29	.....	7:41	7:52	8:02	8:13	8:21	8:51	.....	8:57	9:19	.....	9:54	10:19	.....	10:52	11:14	.....	11:30	11:58	12:18	.....	12:57
Lindenhurst	5:56	.....	.....	6:17	.....	6:29	6:41	.....	6:55	.....	.....	7:19	.....	7:32	.....	7:44	7:55	8:05	8:16	8:24	8:54	.....	9:00	9:22	.....	9:57	10:22	.....	10:55	11:17	.....	11:33	12:01	12:21	.....	1:00
BABYLON	6:02	.....	6:15	6:23	.....	6:35	6:47	.....	7:01	.....	7:14	7:25	7:30	7:38	.....	7:50	8:01	8:11	8:22	8:30	9:00	.....	9:06	9:28	9:28	10:03	10:28	10:32	11:00	11:23	11:33	11:39	12:07	12:27	12:34	1:06
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	266	1258	42	172	1162	268	174	1166	270	1172	22	272	44	176	1178	274	298	178	276	180	182	284	184	286	26	186	288	188	190	290	48	192	194	292	196	198

Alternate Plan Schedules - Effective When Announced, Weekdays, March 23, 2026 - May 15, 2026

Westbound

To Jamaica, Brooklyn* & New York

*See MTA TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Tuesday-Friday		Tuesday-Friday	Monday Only							Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM				
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:22	12:23	12:36	1:40	3:14	3:26	4:10	4:30	4:50	5:03	5:13	5:25	5:45	6:00	.....	6:03	6:15	.....	6:28	.....	6:48	6:45	6:55	7:09	7:16	7:12	7:21	7:28	7:48	7:48	8:06	8:16	8:30	8:41	9:02	9:20	9:42			
Lindenhurst	.....	.....	.....	.....	12:42	1:46	.....	.....	4:16	4:36	4:56	5:09	5:19	5:31	5:51	.....	.....	6:09	6:21	.....	6:34	.....	.....	6:51	7:01	.....	.....	7:18	.....	7:34	.....	7:54	8:14	8:22	8:36	8:47	.....	9:26	9:48			
Copiague	.....	.....	.....	.....	12:45	1:49	.....	.....	4:19	4:39	4:59	5:12	5:22	5:34	5:54	.....	.....	6:12	6:24	.....	6:37	.....	.....	6:54	7:04	.....	.....	7:21	.....	7:37	.....	7:57	8:17	8:25	8:39	8:50	.....	9:29	9:51			
Amityville	.....	12:19	.....	.....	12:47	1:51	3:21	.....	4:21	4:41	5:01	5:14	5:24	5:36	5:56	.....	.....	6:14	6:26	.....	6:39	.....	.....	6:56	7:06	.....	.....	7:23	.....	7:39	.....	7:59	8:19	8:27	8:41	8:52	9:10	9:31	9:53			
Massapequa Park	.....	.....	.....	.....	12:49	1:53	.....	.....	4:23	4:43	5:03	5:16	5:26	5:38	5:58	.....	.....	6:16	6:28	.....	6:41	.....	.....	6:58	7:08	.....	.....	7:25	.....	7:41	.....	8:01	8:21	8:29	8:43	8:54	.....	9:33	9:55			
Massapequa	.....	12:23	.....	.....	12:51	1:55	3:26	.....	4:25	4:45	5:05	5:18	5:28	5:40	6:00	.....	.....	6:18	6:30	.....	6:43	.....	.....	7:00	7:11	.....	.....	7:27	.....	7:43	.....	8:03	8:23	8:31	8:45	8:56	9:14	9:35	9:57			
Seaford	.....	.....	.....	.....	12:54	1:58	.....	.....	4:28	4:48	5:08	5:21	5:31	5:43	6:03	.....	.....	6:21	6:33	.....	6:46	.....	.....	7:03	7:14	.....	.....	7:30	.....	7:46	.....	8:06	8:26	8:34	8:48	8:59	.....	9:38	9:59			
Wantagh	.....	.....	.....	.....	12:57	2:01	.....	.....	4:31	4:51	5:11	5:24	5:34	5:46	6:06	.....	6:15	6:24	6:36	6:40	6:49	6:52	.....	7:06	7:16	7:25	.....	7:33	7:36	7:49	.....	8:09	8:29	8:37	8:51	9:02	.....	9:41	10:02			
Bellmore	.....	12:28	.....	.....	1:00	2:04	3:31	.....	4:34	4:54	5:14	5:27	.....	.....	.....	.....	6:17	.....	.....	6:43	.....	6:55	.....	.....	.....	7:28	.....	.....	7:39	7:52	.....	.....	8:32	8:40	8:54	9:05	9:19	9:44	10:05			
Merrick	.....	.....	.....	.....	1:03	2:07	.....	.....	4:37	4:57	5:17	5:30	.....	.....	.....	.....	6:20	.....	.....	6:46	.....	6:58	.....	.....	.....	7:31	.....	.....	7:42	7:55	.....	.....	8:35	8:43	8:57	9:08	.....	9:47	10:08			
Freeport	.....	12:33	.....	.....	1:06	2:10	3:36	.....	4:40	5:00	5:20	5:33	.....	.....	.....	.....	6:23	.....	.....	6:49	.....	7:01	.....	.....	.....	7:34	.....	.....	7:44	7:58	.....	.....	8:38	.....	9:00	9:11	9:24	9:50	10:11			
Baldwin	.....	.....	.....	.....	1:09	2:13	.....	.....	4:43	5:03	5:23	5:36	.....	.....	.....	.....	6:26	.....	.....	6:52	.....	7:04	.....	.....	.....	7:37	.....	.....	.....	8:01	.....	.....	8:41	.....	9:03	9:14	.....	9:53	10:14			
Rockville Centre	.....	.....	.....	.....	1:12	2:16	.....	.....	4:46	5:06	5:26	5:39	.....	.....	.....	.....	6:29	.....	.....	6:55	.....	7:07	.....	.....	.....	7:40	.....	.....	.....	8:04	.....	.....	8:44	.....	9:06	9:16	.....	9:56	10:17			
Lynbrook (Note)	.....	.....	.....	.....	1:15	2:19	.....	.....	.....	5:09	.....	5:42	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	7:28	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	9:19	.....	9:59	.....			
JAMAICA (Arrive)	12:41	12:50	1:00	1:04	1:28	2:32	3:53	4:05	5:02	5:22	5:40	5:55	5:58	6:12	6:31	6:37	6:44	6:49	7:01	7:10	7:17	7:24	7:28	7:31	7:44	7:55	7:59	8:00	8:08	8:18	8:30	8:34	8:59	9:05	9:20	9:34	9:41	10:14	10:33			
JAMAICA (Leave)	12:45	12:52	1:10	1:10	1:30	2:33	3:54	4:16	5:03	5:23	5:41	5:56	5:59	6:13	6:32	6:38	6:45	6:50	7:02	7:11	7:18	7:25	7:29	7:32	7:45	7:56	8:00	8:02	8:09	8:19	8:32	8:35	9:00	9:06	9:21	9:35	9:42	10:16	10:35			
East New York	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:05	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....			
Nostrand Avenue	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:10	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....			
ATLANTIC TERMINAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	6:17	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....			
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	7:47	.....	.....	.....	.....	.....	.....	.....	8:48	.....	.....	.....	.....	.....	.....	.....	.....			
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	7:36	.....	.....	.....	8:06	.....	.....	.....	.....	.....	9:10	.....	.....	.....	10:20	.....			
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	5:08	5:29	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	7:23	.....	.....	7:38	.....	.....	.....	8:08	.....	8:24	.....	.....	.....	.....	9:26	.....	.....	10:22	.....			
Woodside	.....	.....	.....	.....	.....	.....	4:02	.....	.....	.....	.....	.....	.....	6:21	6:39	.....	.....	.....	.....	7:13	7:19	.....	.....	.....	7:53	8:04	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....			
GRAND CENTRAL	J 1:08	.....	J 1:33	J 1:33	.....	.....	.....	.....	.....	.....	.....	.....	6:18	.....	6:50	J 7:09	.....	.....	7:24	.....	.....	.....	J 7:54	7:54	.....	8:16	J 8:28	8:22	.....	.....	J 8:53	8:53	.....	.....	.....	.....	.....	10:36	.....			
PENN STATION	J 1:04	1:11	J 1:31	J 1:31	1:49	2:51	4:12	J 4:35	5:21	5:43	6:00	.....	.....	6:32	.....	6:56	7:03	7:10	.....	7:31	7:37	7:43	J 7:52	.....	8:05	.....	8:20	.....	8:29	8:39	J 8:53	.....	9:19	9:25	9:40	9:54	10:01	.....	10:53			
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM			
Train #	79	101	21	6049	103	105	107	3	109	111	119	215	217	121	221	5	1121	123	223	1123	125	1125	37	227	127	229	39	231	1129	129	7	233	131	133	135	137	139	241	141			

Alternate Plan Schedules - Effective When Announced, Weekdays, March 23, 2026 - May 15, 2026

(Continued)

Westbound

To Jamaica, Brooklyn* & New York

*See MTA TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																																										
	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	10:14	10:42	11:14	11:42	12:14	12:42	1:14	1:38	1:48	2:14	2:42	3:07	3:18	3:43	4:07	4:17	4:52	5:14	5:18	5:35	6:06	6:18	6:38	7:07	7:18	7:38	8:07	8:14	8:37	9:11	9:37	10:08	10:14	10:41	11:04	11:12	11:17	11:45				
Lindenhurst	10:20	10:48	11:20	11:48	12:20	12:48	1:20	1:44	.....	2:20	2:48	.....	3:24	3:49	.....	4:23	4:58	.....	5:24	5:41	.....	6:24	6:44	.....	7:24	7:44	.....	8:20	8:43	9:17	9:43	.....	10:20	10:47	.....	.....	11:23	11:51				
Copiague	10:23	10:51	11:23	11:51	12:23	12:51	1:23	1:47	.....	2:23	2:51	.....	3:27	3:52	.....	4:26	5:01	.....	5:27	5:44	.....	6:27	6:47	.....	7:27	7:47	.....	8:23	8:46	9:20	9:46	.....	10:23	10:50	.....	.....	11:26	11:54				
Amityville	10:25	10:53	11:25	11:53	12:25	12:53	1:25	1:49	.....	2:25	2:53	.....	3:29	3:54	4:15	4:28	5:03	.....	5:29	5:47	6:14	6:29	6:49	7:15	7:29	7:49	8:15	8:25	8:48	9:22	9:48	.....	10:25	10:52	.....	11:20	11:28	11:56				
Massapequa Park	10:27	10:55	11:27	11:55	12:27	12:55	1:27	1:51	.....	2:27	2:56	.....	3:31	3:56	.....	4:30	5:05	.....	5:31	5:49	.....	6:31	6:51	.....	7:31	7:51	.....	8:27	8:50	9:24	9:50	.....	10:27	10:54	.....	.....	11:30	11:58				
Massapequa	10:30	10:57	11:30	11:57	12:30	12:57	1:30	1:53	.....	2:30	2:58	.....	3:33	3:58	4:19	4:32	5:07	.....	5:33	5:51	6:18	6:33	6:53	7:19	7:33	7:53	8:19	8:29	8:52	9:26	9:52	.....	10:29	10:56	.....	11:24	11:32	12:00				
Seaford	.....	11:00	.....	12:00	.....	1:00	.....	1:56	.....	.....	3:01	.....	3:36	4:01	.....	4:35	5:10	.....	5:36	5:54	.....	6:36	6:56	.....	7:36	7:56	.....	8:32	8:55	9:29	9:55	.....	10:32	10:59	.....	.....	11:35	12:03				
Wantagh	.....	11:03	.....	12:03	.....	1:03	.....	1:59	.....	.....	3:04	.....	3:39	4:04	.....	4:38	5:13	.....	5:39	5:57	.....	6:39	6:59	.....	7:39	7:59	.....	8:35	8:58	9:32	9:58	.....	10:35	11:02	.....	.....	11:38	12:06				
Bellmore	.....	11:06	.....	12:06	.....	1:06	.....	2:02	.....	.....	3:07	.....	3:42	4:07	4:24	4:41	5:16	.....	5:42	6:00	6:23	6:42	7:02	7:24	7:42	8:02	8:24	8:38	9:01	9:35	10:01	.....	10:38	11:05	.....	11:29	11:41	12:09				
Merrick	.....	11:09	.....	12:09	.....	1:09	.....	2:05	.....	.....	3:10	.....	3:45	4:10	.....	4:44	5:19	.....	5:45	6:03	.....	6:45	7:05	.....	7:45	8:05	.....	8:41	9:04	9:38	10:04	.....	10:41	11:08	.....	.....	11:44	12:12				
Freeport	10:39	11:12	11:39	12:12	12:29	1:12	1:39	2:08	.....	2:39	3:13	3:29	3:48	4:13	4:29	4:47	5:22	.....	5:48	6:06	6:28	6:48	7:08	7:29	7:48	8:08	8:29	8:44	9:07	9:41	10:07	.....	10:44	11:11	.....	11:34	11:47	12:15				
Baldwin	.....	11:15	.....	12:15	.....	1:15	.....	2:11	.....	.....	3:16	.....	3:51	4:16	.....	4:50	5:25	.....	5:51	6:09	.....	6:51	7:11	.....	7:51	8:11	.....	8:47	9:10	9:44	10:10	.....	10:47	11:14	.....	.....	11:50	12:18				
Rockville Centre	.....	11:18	.....	12:18	.....	1:18	.....	2:14	.....	.....	3:19	.....	3:54	4:19	.....	4:53	5:28	.....	5:54	6:12	.....	6:54	7:14	.....	7:54	8:14	.....	8:50	9:13	9:47	10:13	.....	10:50	11:17	.....	.....	11:53	12:21				
Lynbrook (Note)	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	3:57	.....	.....	4:56	.....	.....	5:57	.....	.....	6:57	.....	.....	7:57	.....	.....	8:52	.....	9:49	.....	.....	10:52	.....	.....	.....	11:56	.....				
JAMAICA (Arrive)	10:56	11:34	11:56	12:34	12:56	1:34	1:56	2:30	2:27	2:56	3:35	3:48	4:11	4:34	4:46	5:10	5:45	5:51	6:11	6:26	6:45	7:11	7:29	7:46	8:10	8:30	8:46	9:05	9:30	10:02	10:29	10:45	11:06	11:34	11:40	11:52	12:10	12:35				
JAMAICA (Leave)	10:58	11:35	11:58	12:35	12:58	1:35	1:58	2:32	2:34	2:57	3:36	3:49	4:12	4:35	4:47	5:11	5:46	5:55	6:13	6:27	6:46	7:12	7:30	7:47	8:11	8:31	8:47	9:06	9:32	10:04	10:31	10:50	11:08	11:36	11:52	11:54	12:12	12:37				
East New York	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
Nostrand Avenue	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
ATLANTIC TERMINAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
HUNTERSPOINT AVE.	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	2:36	.....	.....	.....	3:53	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
Forest Hills	.....	.....	.....	.....	.....	.....	.....	2:38	.....	.....	.....	3:55	4:17	4:40	.....	5:16	5:51	.....	6:18	6:32	.....	7:17	7:35	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....				
Woodside	.....	.....	.....	.....	.....	.....	.....	.....	.....	3:06	.....	.....	.....	.....	4:55	.....	.....	.....	.....	.....	6:54	.....	.....	7:55	.....	.....	8:55	.....	9:38	.....	.....	.....	11:17	.....	.....	12:03	12:21	.....				
GRAND CENTRAL	.....	.....	.....	.....	.....	.....	.....	.....	J 2:53	.....	.....	.....	4:32	.....	.....	5:30	.....	J 6:32	6:32	.....	.....	7:31	.....	.....	8:30	.....	.....	.....	.....	10:23	.....	J 11:10	11:28	.....	J 12:11	.....	12:32	.....				
PENN STATION	11:18	11:53	12:18	12:54	1:18	1:53	2:18	2:53	J 2:59	3:16	3:54	4:09	.....	4:54	5:05	.....	6:05	J 6:21	.....	6:46	7:04	.....	7:49	8:05	.....	8:50	9:05	9:25	9:49	.....	10:50	J 11:12	.....	11:55	J 12:14	12:14	.....	12:56				
	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM				
Train #	143	145	147	149	155	157	159	161	13	163	165	167	257	169	171	261	173	45	263	175	177	265	179	181	267	183	185	187	189	271	191	47	273	193	49	195	275	197				

Long Island Rail Road

Reference Notes

J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
	Indicates specially designated weekend train allowing more than the regular eight bikes per train limit (applies during summer only).
Holidays	Holiday service will operate on New Year's Day, Presidents' Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off Peak fares will apply on these days. Senior/Disabled/Medicare tickets will be honored all day on Columbus Day, Election Day and Veterans Day.
PEAK AM	Off-Peak One-Way/Ten Trip tickets not honored. Senior citizen/People with disabilities/Medicare customers tickets not honored (restriction lifted on Columbus, Election & Veterans Days). No bicycles are allowed on these trains.
PEAK PM	Off-Peak One-Way/Ten Trip tickets not honored. At stations other than western terminals, PM Peak trains may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Lynbrook	For complete service at Lynbrook, see the Long Beach Branch Timetable. Trains serving Lynbrook in this timetable arrive and depart from Platform A.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

WATCH THE GAP