Monday through Friday except Holidays, Effective May 11, 2026 - September 7, 2026

Eastbound

To Hempstead

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																										
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
PENN STATION	12:00	12:14	......	......	2:35	3:09	5:22	6:09	......	7:09	7:37	8:05	......	9:09	9:39	......	10:38	......	11:39	......	12:39	......	1:39	......	2:07	......
GRAND CENTRAL	......	......	12:52	1:35	......	......	......	......	6:32	......	......	......	8:34	......	......	9:53	......	10:53	......	11:53	......	12:53	......	1:53	......	2:41
Woodside	......	......	......	......	......	3:21	......	......	......	......	......	......	......	......	......	......	10:51	......	11:50	......	12:50	......	1:50	......	......	......
Forest Hills	......	12:29	......	1:50	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	1:08	......	......	......	......
Kew Gardens	......	12:31	......	1:52	......	......	5:39	......	......	7:26	......	8:22	......	......	......	......	......	......	......	......	......	1:10	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:21	12:35	1:11	1:56	2:56	3:30	5:43	6:29	6:53	7:30	7:57	8:26	8:55	9:30	10:00	10:14	11:00	11:14	12:00	12:14	1:00	1:14	2:00	2:14	2:27	3:01
JAMAICA (Leave)	12:23	12:37	1:13	1:57	2:57	3:31	5:45	6:30	6:54	7:31	7:58	8:27	8:56	9:31	10:02	10:16	11:02	11:16	12:02	12:16	1:02	1:16	2:02	2:16	2:29	3:02
Hollis	......	......	1:20	2:03	3:04	......	5:52	......	7:01	......	8:05	......	9:03	......	......	10:24	......	11:24	......	12:24	......	1:24	......	2:24	......	3:09
Queens Village	......	......	1:23	2:06	3:07	......	5:55	......	7:04	......	8:08	......	9:06	......	......	10:27	......	11:27	......	12:27	......	1:27	......	2:27	......	3:12
Elmont- UBS Arena	12:34	12:47	1:25	2:08	3:09	......	5:57	......	7:06	......	8:10	......	9:08	......	......	10:29	......	11:29	......	12:29	......	1:29	......	2:29	......	3:14
Bellerose	......	......	1:27	2:10	3:11	......	5:59	......	7:08	......	8:12	......	9:10	......	......	10:31	......	11:31	......	12:31	......	1:31	......	2:31	......	3:16
Floral Park	......	12:50	1:29	2:12	3:13	3:40	6:01	6:41	7:10	7:40	8:14	8:37	9:12	9:40	10:13	10:33	11:13	11:33	12:13	12:33	1:13	1:33	2:13	2:33	2:40	3:18
Stewart Manor	......	......	1:32	2:15	3:16	......	6:04	......	7:13	......	8:17	......	9:15	......	......	10:36	......	11:36	......	12:36	......	1:36	......	2:36	......	3:21
Nassau Boulevard	......	......	1:35	2:18	3:19	......	6:07	......	7:16	......	8:20	......	9:18	......	......	10:39	......	11:39	......	12:39	......	1:39	......	2:39	......	3:24
Garden City	......	......	1:38	2:21	3:22	......	6:10	......	7:19	......	8:23	......	9:21	......	......	10:42	......	11:42	......	12:42	......	1:42	......	2:42	......	3:27
Country Life Press	......	......	1:41	2:24	3:25	......	6:13	......	7:22	......	8:26	......	9:24	......	......	10:45	......	11:45	......	12:45	......	1:45	......	2:45	......	3:30
HEMPSTEAD	......	......	1:45	2:28	3:29	......	6:17	......	7:26	......	8:30	......	9:28	......	......	10:49	......	11:49	......	12:49	......	1:49	......	2:49	......	3:34
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	1900	1500	702	704	706	1504	710	1510	712	1512	714	1514	716	1516	1518	718	1522	722	1526	724	1552	750	1556	752	1558	754

For explanation, see "Reference Notes."					Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak													
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	3:09	......	4:04	......	4:45	......	5:31	......	......	......	......	7:20	......	8:08	......	9:01	9:15	9:34	9:39	......	10:04	10:20	10:33	......	11:17	......
GRAND CENTRAL	3:01	......	......	......	4:35	......	......	......	5:48	6:03	......	6:50	......	7:52	......	8:43	......	......	......	......	9:43	......	......	......	10:54	......	11:54
Woodside	3:13	......	......	......	......	......	......	5:42	......	......	......	7:02	......	......	......	8:55	9:13	......	......	......	......	......	......	10:44	......	11:28	......
Forest Hills	......	3:24	......	4:18	......	......	......	5:47	......	......	......	......	......	......	8:23	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	3:26	......	......	......	5:02	......	......	6:05	......	......	......	......	8:09	8:25	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	3:31	......	......	......	4:59	......	......	......	6:38	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	3:38	......	......	......	5:06	......	......	......	6:45	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	3:43	......	......	......	5:11	......	......	......	6:50	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	3:22	3:30	3:52	4:23	4:55	5:05	5:20	5:55	6:08	6:23	6:59	7:10	7:39	8:12	8:29	9:04	9:22	9:36	9:54	10:02	10:04	10:25	10:40	10:54	11:15	11:37	12:15
JAMAICA (Leave)	3:24	3:31	3:57	4:24	4:56	5:06	5:21	5:56	6:09	6:24	7:00	7:11	7:40	8:13	8:31	9:06	9:24	9:38	9:56	10:04	10:06	10:27	10:42	10:56	11:17	11:39	12:17
Hollis	......	......	4:04	4:31	5:02	5:12	5:27	6:02	6:15	6:30	7:06	7:18	7:47	8:20	......	9:13	......	......	......	......	10:13	......	......	......	11:23	......	12:24
Queens Village	......	......	4:07	4:34	5:05	5:15	5:30	6:05	6:18	6:33	7:09	7:21	7:50	8:23	......	9:16	......	......	......	......	10:16	......	......	......	11:26	......	12:27
Elmont	......	......	4:09	4:36	5:07	......	5:32	6:07	6:21	6:35	7:11	7:23	7:52	8:25	......	9:18	9:34	9:48	10:05	10:14	10:18	10:37	......	11:06	11:28	11:50	12:29
Bellerose	......	......	4:11	4:38	5:09	......	5:34	6:09	6:23	6:37	7:13	7:25	7:54	8:27	......	9:20	......	......	......	......	10:20	......	......	......	11:30	......	12:31
Floral Park	3:33	3:40	4:13	4:40	5:11	......	5:36	6:11	6:25	6:39	7:15	7:27	7:56	8:29	8:42	9:22	......	9:51	......	......	10:22	......	10:53	......	11:32	......	12:33
Stewart Manor	......	......	4:16	4:43	5:14	......	5:39	6:14	6:28	6:42	7:18	7:30	7:59	8:32	......	9:25	......	......	......	......	10:25	......	......	......	11:35	......	12:36
Nassau Boulevard	......	......	4:19	4:46	5:17	......	5:42	6:17	6:31	6:45	7:21	7:33	8:02	8:35	......	9:28	......	......	......	......	10:28	......	......	......	11:38	......	12:39
Garden City	......	......	4:22	4:49	5:20	......	5:45	6:20	6:34	6:48	7:24	7:36	8:05	8:38	......	9:31	......	......	......	......	10:31	......	......	......	11:41	......	12:42
Country Life Press	......	......	4:25	4:52	5:23	......	5:48	6:23	6:37	6:51	7:27	7:39	8:08	8:41	......	9:34	......	......	......	......	10:34	......	......	......	11:44	......	12:45
HEMPSTEAD	......	......	4:29	4:56	5:27	......	5:52	6:27	6:41	6:55	7:31	7:43	8:11	8:45	......	9:38	......	......	......	......	10:38	......	......	......	11:48	......	12:49
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	2060	1562	756	758	760	1056	762	766	768	770	772	774	778	780	1580	782	1980	1584	1982	1586	784	1984	1588	1986	786	1990	788

Monday through Friday except Holidays, Effective May 11, 2026 - September 7, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Mon. Only		Mon. Only									Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM
HEMPSTEAD	......	12:15	......	......	1:04	2:03	......	3:43	......	4:56	......	5:19	5:49	6:21	......	6:36	......	......	7:04	......	7:31	......	7:47	......	8:32	8:45	9:07	......	10:07	......	11:07	......	12:07	......	1:07	......
Country Life Press	......	12:20	......	......	1:08	2:07	......	3:47	......	5:00	......	5:23	5:53	6:25	......	6:40	......	......	7:08	......	7:35	......	7:52	......	8:36	8:49	9:11	......	10:11	......	11:11	......	12:11	......	1:11	......
Garden City	......	12:23	......	......	1:11	2:10	......	3:50	......	5:03	......	5:26	5:56	6:28	......	6:43	......	......	7:11	......	7:38	......	7:55	......	8:39	8:52	9:14	......	10:14	......	11:14	......	12:14	......	1:14	......
Nassau Boulevard	......	12:25	......	......	1:13	2:12	......	3:52	......	5:05	......	5:28	5:58	6:30	......	6:45	......	......	7:13	......	7:40	......	7:57	......	8:41	8:54	9:16	......	10:16	......	11:16	......	12:16	......	1:16	......
Stewart Manor	......	12:28	......	......	1:16	2:15	......	3:55	......	5:08	......	5:31	6:01	6:33	......	6:48	......	......	7:16	......	7:43	......	8:00	......	8:44	8:57	9:19	......	10:19	......	11:19	......	12:19	......	1:19	......
Floral Park	......	12:31	......	12:56	1:19	2:18	......	3:58	......	5:11	5:31	5:34	6:04	6:36	......	6:51	6:57	7:09	7:19	......	7:46	......	8:04	8:31	8:47	9:00	9:22	9:53	10:22	10:54	11:22	11:54	12:22	12:54	1:22	1:54
Bellerose	......	12:33	......	......	1:21	2:20	......	4:00	......	5:13	......	5:36	6:06	6:38	......	6:53	......	......	7:21	......	7:48	......	8:06	......	8:49	9:02	9:24	......	10:24	......	11:24	......	12:24	......	1:24	......
Elmont- UBS Arena	12:29	12:35	12:48	12:58	1:23	2:22	......	4:02	4:31	5:15	5:33	......	6:09	......	6:48	6:55	......	......	7:23	......	......	7:59	8:08	......	8:51	9:04	9:26	......	10:26	......	11:26	......	12:26	......	1:26	......
Queens Village	......	12:38	......	......	1:26	2:25	2:45	4:05	......	5:18	5:35	......	6:12	......	6:50	6:58	......	......	7:26	7:37	......	8:02	8:11	......	8:54	9:07	9:29	......	10:29	......	11:29	......	12:29	......	1:29	......
Hollis	......	12:41	......	......	1:28	2:28	2:47	4:08	......	5:21	5:38	......	6:15	......	6:53	7:01	......	......	7:29	7:40	......	8:05	8:14	......	8:57	9:10	9:32	......	10:32	......	11:32	......	12:32	......	1:32	......
JAMAICA (Arrive)	12:39	12:48	12:59	1:08	1:35	2:35	2:55	4:15	4:41	5:28	5:44	5:49	6:21	6:49	6:58	7:07	7:08	7:20	7:35	7:47	8:02	8:13	8:20	8:41	9:03	9:16	9:38	10:04	10:39	11:04	11:39	12:04	12:39	1:04	1:39	2:04
JAMAICA (Leave)	12:41	12:50	1:00	1:10	1:37	2:36	2:56	4:16	4:42	5:29	5:45	5:50	6:22	6:50	6:59	7:08	7:09	7:21	7:36	7:48	8:03	8:14	8:21	8:42	9:04	9:17	9:39	10:06	10:41	11:06	11:41	12:06	12:41	1:06	1:41	2:06
East New York*	......	......	......	......	......	......	......	......	......	......	5:53	......	......	......	......	......	......	......	7:43	......	......	8:22	......	......	9:12	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	5:58	......	......	......	......	......	......	......	7:48	......	......	8:27	......	......	9:17	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	6:05	......	......	......	......	......	......	......	7:55	......	......	8:34	......	......	9:24	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	12:54	1:04	1:14	1:41	......	......	......	4:46	......	......	......	......	......	7:03	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	12:56	1:06	1:16	1:43	......	......	......	4:48	......	......	......	......	......	7:05	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	12:50	......	......	......	......	......	3:04	......	4:53	......	......	......	......	6:58	......	......	......	......	......	......	......	......	......	......	......	9:25	......	10:17	10:50	11:17	11:50	12:17	12:50	1:17	1:50	2:17
GRAND CENTRAL	......	1:08	......	......	......	......	......	......	......	5:48	......	......	......	7:09	......	7:27	......	7:40	......	8:07	......	......	8:40	......	......	9:36	......	......	11:00	......	12:00	......	1:00	......	2:00	......
PENN STATION	1:01	......	1:21	1:31	1:56	2:55	3:15	4:35	5:03	......	......	6:08	6:41	......	7:21	......	7:28	......	......	......	8:23	......	......	9:02	......	......	9:58	10:27	......	11:27	......	12:27	......	1:27	......	2:27
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
Train #	7599	701	7999	1501	703	705	1903	707	1507	709	1607	711	713	717	2501	719	1915	1613	721	2699	723	2601	725	2503	727	729	731	1525	737	1529	739	1533	751	1551	753	1555

For explanation, see "Reference Notes."																																					
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	2:04	......	2:58	......	......	......	3:56	......	......	......	5:00	......	......	......	......	6:03	......	......	......	......	7:09	......	......	......	7:52	......	......	......	8:48	......	......	......	9:59	......	......	10:55	......
Country Life Press	2:08	......	3:02	......	......	......	4:00	......	......	......	5:04	......	......	......	......	6:07	......	......	......	......	7:13	......	......	......	7:56	......	......	......	8:52	......	......	......	10:03	......	......	10:59	......
Garden City	2:11	......	3:05	......	......	......	4:03	......	......	......	5:07	......	......	......	......	6:10	......	......	......	......	7:16	......	......	......	7:59	......	......	......	8:55	......	......	......	10:06	......	......	11:02	......
Nassau Boulevard	2:13	......	3:07	......	......	......	4:05	......	......	......	5:09	......	......	......	......	6:12	......	......	......	......	7:18	......	......	......	8:01	......	......	......	8:58	......	......	......	10:08	......	......	11:04	......
Stewart Manor	2:16	......	3:10	......	......	......	4:08	......	......	......	5:12	......	......	......	......	6:15	......	......	......	......	7:21	......	......	......	8:04	......	......	......	9:01	......	......	......	10:11	......	......	11:07	......
Floral Park	2:19	2:59	3:13	......	3:56	......	4:11	......	4:53	......	5:15	......	......	5:48	......	6:18	......	......	6:56	......	7:24	......	8:03	......	8:07	......	......	8:55	9:05	......	9:53	......	10:14	......	10:58	11:10	11:53
Bellerose	2:21	......	3:15	......	......	......	4:13	......	......	......	5:17	......	......	......	......	6:20	......	......	......	......	7:26	......	......	......	8:09	......	......	......	9:08	......	......	......	10:16	......	......	11:12	......
Elmont	2:23	......	3:17	......	......	......	4:15	......	......	5:03	5:19	5:28	5:37	5:50	6:18	6:22	6:27	6:44	6:58	7:15	7:28	7:45	8:05	8:09	8:11	8:24	8:44	8:57	9:10	9:29	9:55	10:14	10:18	10:41	11:00	11:14	11:55
Queens Village	2:26	......	3:20	3:46	......	......	4:18	......	......	......	5:22	......	......	5:53	......	6:25	......	......	......	......	7:31	......	......	......	8:15	......	......	......	9:13	......	......	......	10:21	......	......	11:17	......
Hollis	2:29	......	3:23	......	......	4:14	4:21	4:48	......	......	5:25	......	......	5:55	......	6:28	......	......	......	......	7:34	......	......	......	8:17	......	......	......	9:15	......	......	......	10:24	......	......	11:19	......
JAMAICA (Arrive)	2:36	3:10	3:31	3:55	4:08	4:20	4:28	4:55	5:04	5:15	5:33	5:37	5:48	6:03	6:31	6:35	6:37	6:54	7:07	7:25	7:41	7:55	8:14	8:20	8:24	8:34	8:54	9:07	9:22	9:39	10:04	10:24	10:31	10:51	11:09	11:27	12:05
JAMAICA (Leave)	2:37	3:12	3:32	3:56	4:09	4:21	4:29	4:56	5:05	5:16	5:34	5:38	5:49	6:05	6:33	6:36	6:38	6:55	7:08	7:26	7:42	7:56	8:15	8:22	8:26	8:35	8:56	9:08	9:24	9:41	10:06	10:26	10:33	10:53	11:11	11:29	12:07
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	4:12	......	......	......	5:08	......	......	5:42	......	6:09	......	......	6:42	......	7:12	......	7:46	......	......	8:25	......	......	......	9:12	......	......	10:10	......	10:37	......	11:15	11:33	12:11
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	8:27	......	......	......	9:14	......	......	10:12	......	10:39	......	11:17	11:35	12:13
Woodside	2:45	......	......	4:05	......	4:30	......	5:04	......	5:25	......	......	......	......	6:42	......	......	7:03	......	7:35	......	8:04	8:24	......	......	8:45	9:04	......	9:32	......	......	......	......	11:02	......	......	......
GRAND CENTRAL	2:56	......	3:50	4:16	......	......	4:48	5:15	......	......	......	5:57	......	......	......	6:55	6:58	7:14	......	......	8:01	8:15	......	......	8:46	......	......	......	9:42	......	......	......	10:52	......	......	11:48	......
PENN STATION	......	3:32	......	......	4:28	4:41	......	......	5:24	5:36	5:54	......	6:08	6:24	6:53	......	......	......	7:28	7:45	......	......	8:35	8:41	......	8:56	9:16	9:28	......	10:01	10:27	10:45	......	11:12	11:31	......	12:28
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	755	1557	799	2055	1559	1961	757	2057	1561	1963	761	1661	1965	1563	1967	763	1663	2063	1571	1971	767	2065	1575	1975	769	1577	1977	1579	771	1581	1583	1585	773	1985	1587	775	1591

To Hunterspoint Avenue & Long Island City
Monday to Friday except Holidays

Leave			Arrive	
Train #	Notes	Jamaica	HP Ave	LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:41	7:59	......
509	Peak	7:55	8:11	......
617	Peak	8:05	8:22	8:30
7	Peak	8:32	8:48	8:57
621	Peak	8:57	9:13	......
515	Peak	9:12	9:28	9:36
11	Note 1	9:51	10:09	......

From Long Island City & Hunterspoint Avenue
Monday to Friday except Holidays

Leave				Arrive
Train #	Notes	LI City	HP Ave	Jamaica
Afternoon and Evening Service				
12	Note 3	......	1:11	1:29
656		3:15	3:30	3:46
558		......	3:57	4:16
658	Peak	......	4:22	4:37
18	Peak	......	4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	......	6:43	6:58
568	Peak	6:40	6:53	7:09

Reference Notes

Note 1	Train will operate Mondays, June 1 through October 12, 2026, as well as Tuesdays, May 26 and September 8, 2026.
Note 3	Train will operate Fridays except May 15; will also operate Thursdays, June 18 and July 2, 2026.
*	For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable.
A	Leaves from track 3.
(no bicycles symbol)	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation

	Fare Zone	Bus	Taxi	Airport	Subway / Rail
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70-SBS	7
Forest Hills	1	Q23, Q60, Q64, Q74			E, F, M, R
Kew Gardens	1	Q10, Q80		Q10	
HUNTERSPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q1, Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65, Q75		AIRTRAIN	E, J, Z
Hollis	3	Q2, Q3, Q110	(718) 479-7676	Q3	
Queens Village	3	Q27, Q36, Q88, Q110, n24	(718) 479-7676		
Bellerose	4		(516) 328-8888		
Floral Park	4		(516) 328-8888		
Stewart Manor	4	n25	(516) 354-3554		
Nassau Boulevard	4		(516) 742-2222		
Garden City	4		(516) 746-1542		
Country Life Press	4		(516) 746-1542		
HEMPSTEAD	4	n6, n15, n16, n27, n31, n32, n35, n40/41, n48, n49, n54, n55, n70, Mercy Medical Shuttle	(516) 489-4460		

Customer Service Center

Long Island Rail Road Schedule & Fare Info: .... www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free **711** relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus............................511

BUS SERVICES:
Nassau Inter-County Express..(516) 336-6600
Suffolk County Transit (Suffolk County Buses)...............(631) 852-5200
HART (Huntington Area Rapid Transit) ....(631) HART-BUS
City of Long Beach Buses ....(516) 431-4445

RAILROADS:
Metro-North Railroad (New York City)............................511
New Jersey Transit...(973) 275-5555
PATH (Port Authority Trans Hudson)..............................(800) 234-PATH
AMTRAK..(800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry.......................................(631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau.....................(877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only..911
MTA Police ....(212) 878-1001
MTA Inspector General Hotline ....(800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT		HOURS
Schedule Information	Say "Schedules"	24/7
Fare Information	Say "Fares"	24/7
Mobile Ticketing	Say "Mobile Ticketing"	Daily, 6AM – 10 PM
Mail&Ride	Say "Mail and Ride"	Daily, 6AM – 10 PM
Group Travel and Getaways	Say "Group Travel"	M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found"	Daily, 6 AM – 10 PM
Refunds	Say "More Options" - "Ticket Refunds"	Daily, 6 AM – 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines"	M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve"	Seasonal: May-Sept.
Comments & Concerns	Say "More Options" - "Public Affairs"	Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory"	M-F, 9 AM-5 PM

MTA Long Island Rail Road
Jamaica Station
Jamaica, NY 11435

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information or to file a complaint, visit www.mta.info/transparency/title-vi/notice-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

Responsibility

Assaulting MTA Long Island Rail Road Train Crew Members is a felony punishable by up to **7** years in prison. New York State Penal Code 120.05

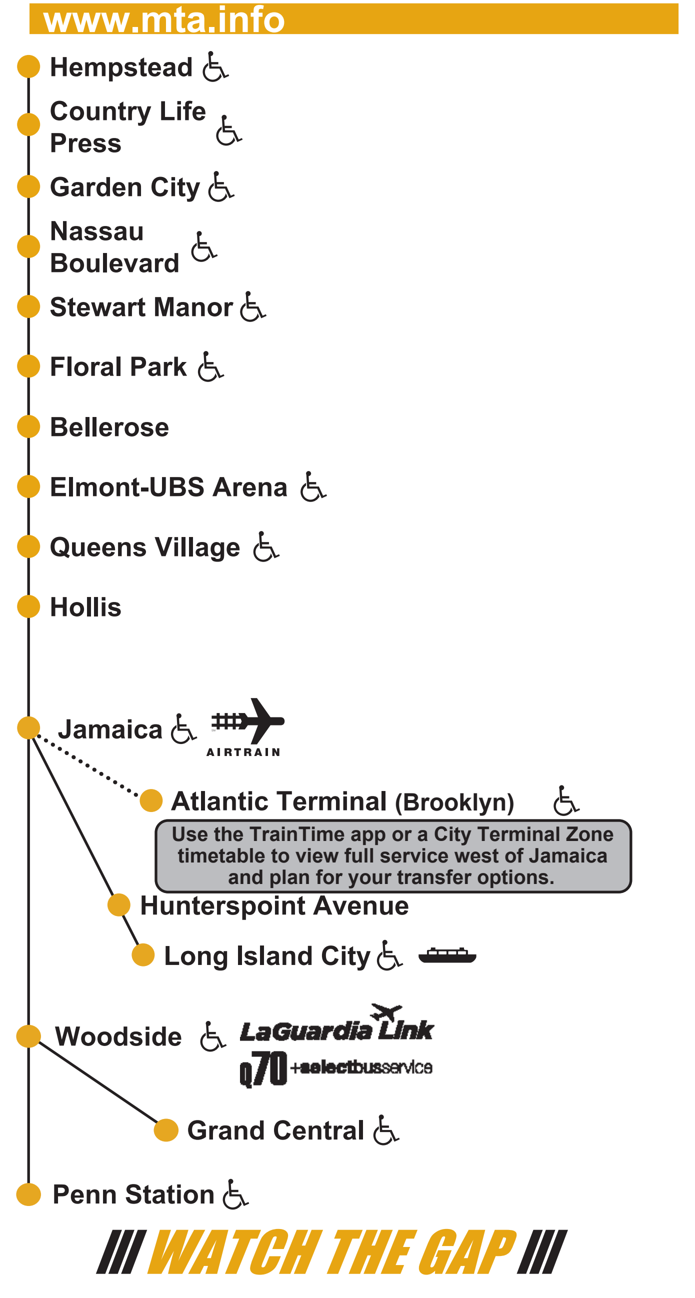
The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

MTA Long Island Rail Road

Effective May 11, 2026 - September 7, 2026

Hempstead
Branch Timetable

www.mta.info



Saturday, Sunday and Holidays, Effective May 11, 2026 - September 7, 2026

Eastbound

To Hempstead

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	12:10	12:19	......	......	2:35	3:24	5:26	6:00	......	6:59	......	7:59	......
GRAND CENTRAL	......	......	12:52	1:37	......	......	......	......	6:30	......	7:25	......	8:25
Woodside	12:22	......	1:04	......	2:47	3:35	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:30	12:40	1:13	1:58	2:56	3:45	5:47	6:19	6:51	7:19	7:46	8:19	8:46
JAMAICA (Leave)	12:31	12:42	1:15	2:00	2:57	3:46	5:48	6:21	6:53	7:21	7:48	8:21	8:48
Hollis	......	12:49	1:22	2:07	3:04	3:52	5:54	6:27	7:00	7:27	7:54	8:27	8:54
Queens Village	......	12:52	1:25	2:10	3:07	3:55	5:56	6:30	7:03	7:30	7:57	8:30	8:57
Elmont- UBS Arena	12:41	12:55	1:27	2:12	3:09	......	5:58	6:33	7:05	7:33	7:59	8:33	8:59
Bellerose	......	......	1:29	2:14	3:11	......	6:01	......	7:07	......	8:01	......	9:01
Floral Park	......	12:57	1:31	2:16	3:13	4:01	6:04	6:36	7:09	7:36	8:03	8:36	9:03
Stewart Manor	......	......	1:34	2:19	3:16	......	6:07	......	7:12	......	8:06	......	9:06
Nassau Boulevard	......	......	1:37	2:22	3:19	......	6:10	......	7:15	......	8:09	......	9:09
Garden City	......	......	1:40	2:25	3:22	......	6:13	......	7:18	......	8:12	......	9:12
Country Life Press	......	......	1:43	2:28	3:25	......	6:16	......	7:21	......	8:15	......	9:15
HEMPSTEAD	......	......	1:47	2:32	3:29	......	6:20	......	7:25	......	8:19	......	9:19
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7900	7500	6702	6704	6706	7504	6710	7508	6712	7512	6714	7516	6716

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
PENN STATION	9:00	......	9:57	......	10:59	......	11:59	......	12:59	1:17	......	1:35	1:54
GRAND CENTRAL	......	9:25	......	10:25	......	11:25	......	12:25	......	......	1:25	......	......
Woodside	......	......	......	......	......	......	......	......	......	1:28	......	1:47	2:05
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	9:20	9:46	10:18	10:46	11:20	11:46	12:20	12:46	1:20	1:37	1:46	1:56	2:14
JAMAICA (Leave)	9:22	9:48	10:20	10:48	11:22	11:48	12:22	12:48	1:22	1:39	1:48	1:58	2:16
Hollis	9:28	9:54	10:26	10:54	11:27	11:54	12:27	12:54	1:27	......	1:54	......	......
Queens Village	9:31	9:57	10:29	10:57	11:30	11:57	12:30	12:57	1:30	......	1:57	......	......
Elmont- UBS Arena	9:34	9:59	10:32	10:59	11:33	11:59	12:33	12:59	1:33	1:49	1:59	2:08	2:26
Bellerose	......	10:01	......	11:01	......	12:01	......	1:01	......	......	2:01	......	......
Floral Park	9:37	10:03	10:35	11:03	11:36	12:03	12:36	1:03	1:36	......	2:03	......	......
Stewart Manor	......	10:06	......	11:06	......	12:06	......	1:06	......	......	2:06	......	......
Nassau Boulevard	......	10:09	......	11:09	......	12:09	......	1:09	......	......	2:09	......	......
Garden City	......	10:12	......	11:12	......	12:12	......	1:12	......	......	2:12	......	......
Country Life Press	......	10:15	......	11:15	......	12:15	......	1:15	......	......	2:15	......	......
HEMPSTEAD	......	10:19	......	11:19	......	12:19	......	1:19	......	......	2:19	......	......
	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7520	6718	7524	6720	7528	6722	7550	6750	7554	7956	6752	7556	7958

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:59	2:17	......	2:35	2:54	2:58	3:17	......	3:35	3:54	3:59	4:17
GRAND CENTRAL	......	......	2:25	......	......	......	......	3:25	......	......	......	......
Woodside	......	2:28	......	2:47	3:05	......	3:28	......	3:47	4:05	......	4:28
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	2:20	2:37	2:46	2:56	3:14	3:20	3:37	3:46	3:56	4:14	4:20	4:37
JAMAICA (Leave)	2:22	2:39	2:48	2:58	3:16	3:22	3:39	3:48	3:58	4:16	4:22	4:39
Hollis	2:27	......	2:54	......	......	3:27	......	3:54	......	......	4:27	......
Queens Village	2:30	......	2:57	......	......	3:30	......	3:57	......	......	4:30	......
Elmont- UBS Arena	2:33	2:49	2:59	3:08	3:26	3:33	3:49	3:59	4:08	4:26	4:33	4:49
Bellerose	......	......	3:01	......	......	......	......	4:01	......	......	......	......
Floral Park	2:36	......	3:03	......	......	3:36	......	4:03	......	......	4:36	......
Stewart Manor	......	......	3:06	......	......	......	......	4:06	......	......	......	......
Nassau Boulevard	......	......	3:09	......	......	......	......	4:09	......	......	......	......
Garden City	......	......	3:12	......	......	......	......	4:12	......	......	......	......
Country Life Press	......	......	3:15	......	......	......	......	4:15	......	......	......	......
HEMPSTEAD	......	......	3:19	......	......	......	......	4:19	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7558	7960	6754	7560	7962	7562	7964	6756	7564	7966	7566	7968

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	4:35	4:54	4:59	5:14	......	5:35	5:54	5:59	6:17	......	6:35	6:54
GRAND CENTRAL	4:25	......	......	......	......	5:25	......	......	......	......	6:25	......	......
Woodside	......	4:48	5:05	......	5:25	......	5:47	6:05	......	6:28	......	6:47	7:05
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	4:46	4:56	5:14	5:20	5:34	5:46	5:56	6:14	6:20	6:37	6:46	6:56	7:14
JAMAICA (Leave)	4:48	4:58	5:16	5:22	5:36	5:48	5:58	6:16	6:22	6:39	6:48	6:58	7:16
Hollis	4:54	......	......	5:27	......	5:54	......	......	6:27	......	6:54	......	......
Queens Village	4:57	......	......	5:30	......	5:57	......	......	6:30	......	6:57	......	......
Elmont- UBS Arena	4:59	5:08	5:26	5:33	5:46	5:59	6:08	6:26	6:33	6:49	6:59	7:08	7:26
Bellerose	5:01	......	......	......	......	6:01	......	......	......	......	7:01	......	......
Floral Park	5:03	......	......	5:36	......	6:03	......	......	6:36	......	7:03	......	......
Stewart Manor	5:06	......	......	......	......	6:06	......	......	......	......	7:06	......	......
Nassau Boulevard	5:09	......	......	......	......	6:09	......	......	......	......	7:09	......	......
Garden City	5:12	......	......	......	......	6:12	......	......	......	......	7:12	......	......
Country Life Press	5:15	......	......	......	......	6:15	......	......	......	......	7:15	......	......
HEMPSTEAD	5:19	......	......	......	......	6:19	......	......	......	......	7:19	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6760	7568	7970	7570	7972	6762	7572	7974	7574	7976	6764	7576	7978

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	6:59	7:14	......	7:35	7:54	7:59	8:17	......	8:36	8:54	8:59	9:16
GRAND CENTRAL	......	......	7:25	......	......	......	......	8:25	......	......	......	......
Woodside	......	7:25	......	7:47	8:05	......	8:28	......	8:48	9:05	......	9:27
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	7:20	7:34	7:46	7:56	8:14	8:20	8:37	8:46	8:56	9:14	9:20	9:37
JAMAICA (Leave)	7:22	7:36	7:48	7:58	8:16	8:22	8:39	8:48	8:58	9:16	9:22	9:39
Hollis	7:27	......	7:54	......	......	8:27	......	8:54	......	......	9:27	......
Queens Village	7:30	......	7:57	......	......	8:30	......	8:57	......	......	9:30	......
Elmont- UBS Arena	7:33	7:46	7:59	8:08	8:26	8:33	8:49	8:59	9:08	9:26	9:33	9:49
Bellerose	......	......	8:01	......	......	......	......	9:01	......	......	......	......
Floral Park	7:36	......	8:03	......	......	8:36	......	9:03	......	......	9:36	......
Stewart Manor	......	......	8:06	......	......	......	......	9:06	......	......	......	......
Nassau Boulevard	......	......	8:09	......	......	......	......	9:09	......	......	......	......
Garden City	......	......	8:12	......	......	......	......	9:12	......	......	......	......
Country Life Press	......	......	8:15	......	......	......	......	9:15	......	......	......	......
HEMPSTEAD	......	......	8:19	......	......	......	......	9:19	......	......	......	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7578	7980	6766	7580	7982	7582	7984	6768	7584	7986	7586	7988

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	9:35	9:54	10:00	10:17	10:32	......	10:54	10:59	11:17	11:46	......
GRAND CENTRAL	9:28	......	......	......	......	......	10:48	......	......	......	......	11:48
Woodside	......	9:47	10:05	......	10:28	10:44	......	11:05	......	11:28	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......
East New York*	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	9:49	9:56	10:14	10:19	10:37	10:53	11:09	11:14	11:19	11:37	12:07	12:09
JAMAICA (Leave)	9:51	9:58	10:16	10:21	10:39	10:55	11:11	11:16	11:21	11:39	12:09	12:11
Hollis	9:57	......	......	10:27	......	......	11:17	......	11:27	......	......	12:17
Queens Village	10:00	......	......	10:30	......	......	11:20	......	11:30	......	......	12:20
Elmont- UBS Arena	10:02	10:08	10:26	10:33	10:49	11:06	11:22	11:26	11:33	11:49	12:19	12:22
Bellerose	10:04	......	......	......	......	......	11:24	......	......	......	......	12:24
Floral Park	10:06	......	......	10:36	......	......	11:26	......	11:36	......	......	12:26
Stewart Manor	10:09	......	......	......	......	......	11:29	......	......	......	......	12:29
Nassau Boulevard	10:12	......	......	......	......	......	11:32	......	......	......	......	12:32
Garden City	10:15	......	......	......	......	......	11:35	......	......	......	......	12:35
Country Life Press	10:18	......	......	......	......	......	11:38	......	......	......	......	12:38
HEMPSTEAD	10:22	......	......	......	......	......	11:42	......	......	......	......	12:42
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
Train #	6770	7588	7990	7590	7992	7592	6772	7994	7594	7996	7596	6774

Saturday, Sunday and Holidays, Effective May 11, 2026 - September 7, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Sun. Only		Sun. Only											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	12:15	......	......	......	1:03	......	2:09	......	3:57	......	5:33	6:31	......
Country Life Press	......	12:18	......	......	......	1:07	......	2:13	......	4:01	......	5:37	6:35	......
Garden City	......	12:22	......	......	......	1:10	......	2:16	......	4:04	......	5:40	6:38	......
Nassau Boulevard	......	12:25	......	......	......	1:12	......	2:18	......	4:06	......	5:42	6:40	......
Stewart Manor	......	12:28	......	......	......	1:15	......	2:21	......	4:09	......	5:45	6:43	......
Floral Park	......	12:31	......	1:02	......	1:18	......	2:24	......	4:12	......	5:48	6:46	7:13
Bellerose	......	12:33	......	......	......	1:20	......	2:26	......	4:14	......	5:50	6:48	......
Elmont- UBS Arena	12:29	12:35	12:48	1:04	1:11	1:22	1:33	......	2:32	4:16	4:31	5:52	6:50	7:15
Queens Village	......	12:38	......	1:06	......	1:25	1:35	......	2:34	4:19	4:33	5:55	6:53	7:17
Hollis	......	12:41	......	1:08	......	1:28	1:37	......	2:36	4:22	4:35	5:58	6:56	7:19
JAMAICA (Arrive)	12:39	12:47	12:59	1:15	1:22	1:35	1:44	2:38	2:43	4:29	4:42	6:05	7:03	7:26
JAMAICA (Leave)	12:41	12:49	1:00	1:16	1:23	1:36	1:45	2:40	2:44	4:30	4:43	6:07	7:05	7:28
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	12:53	1:04	......	......	1:40	......	......	......	......	4:47	......	......	......
Forest Hills	......	12:55	1:06	......	......	1:42	......	......	......	......	4:49	......	......	......
Woodside	12:50	......	......	......	1:31	......	......	......	......	4:38	......	......	......	......
GRAND CENTRAL	......	1:08	......	......	......	......	......	......	......	......	......	6:26	7:25	......
PENN STATION	1:01	......	1:21	1:36	1:42	1:56	2:05	2:59	3:02	4:49	5:02	......	......	7:48
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7599	6701	7999	7501	7901	6703	7503	6705	7505	6709	7507	6711	6713	7511

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	7:44	......	8:44	......	......	9:44	......	......	......	......	10:44	......	......
Country Life Press	......	7:48	......	8:48	......	......	9:48	......	......	......	......	10:48	......	......
Garden City	......	7:51	......	8:51	......	......	9:51	......	......	......	......	10:51	......	......
Nassau Boulevard	......	7:53	......	8:53	......	......	9:53	......	......	......	......	10:53	......	......
Stewart Manor	......	7:56	......	8:56	......	......	9:56	......	......	......	......	10:56	......	......
Floral Park	7:38	7:59	8:38	8:59	9:38	......	9:59	......	......	10:38	......	10:59	......	......
Bellerose	......	8:01	......	9:01	......	......	10:01	......	......	......	......	11:01	......	......
Elmont- UBS Arena	7:40	8:03	8:40	9:03	9:40	9:58	10:03	10:12	10:21	10:40	10:58	11:03	11:12	11:21
Queens Village	7:42	8:06	8:42	9:06	9:42	......	10:06	......	......	10:42	......	11:06	......	......
Hollis	7:44	8:09	8:44	9:09	9:44	......	10:09	......	......	10:44	......	11:09	......	......
JAMAICA (Arrive)	7:51	8:16	8:51	9:16	9:51	10:08	10:16	10:22	10:32	10:51	11:08	11:16	11:22	11:32
JAMAICA (Leave)	7:53	8:18	8:53	9:18	9:53	10:10	10:18	10:24	10:34	10:53	11:10	11:18	11:24	11:34
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	......	......	......	10:20	......	......	10:43	......	11:20	......	......	11:43
GRAND CENTRAL	......	8:38	......	9:38	......	......	10:38	......	......	......	......	11:38	......	......
PENN STATION	8:11	......	9:11	......	10:11	10:30	......	10:44	10:54	11:11	11:30	......	11:44	11:54
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	7513	6715	7517	6717	7521	7925	6719	7523	7927	7525	7929	6721	7527	7931

For explanation, see "Reference Notes."	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	11:44	......	......	......	......	12:44	......	......	......	......	1:44	......
Country Life Press	......	......	11:48	......	......	......	......	12:48	......	......	......	......	1:48	......
Garden City	......	......	11:51	......	......	......	......	12:51	......	......	......	......	1:51	......
Nassau Boulevard	......	......	11:53	......	......	......	......	12:53	......	......	......	......	1:53	......
Stewart Manor	......	......	11:56	......	......	......	......	12:56	......	......	......	......	1:56	......
Floral Park	11:38	......	11:59	......	......	12:38	......	12:59	......	......	1:38	......	1:59	......
Bellerose	......	......	12:01	......	......	......	......	1:01	......	......	......	......	2:01	......
Elmont- UBS Arena	11:40	11:58	12:03	12:12	12:21	12:40	12:58	1:03	1:12	1:21	1:40	1:58	2:03	2:12
Queens Village	11:42	......	12:06	......	......	12:42	......	1:06	......	......	1:42	......	2:06	......
Hollis	11:44	......	12:09	......	......	12:44	......	1:09	......	......	1:44	......	2:09	......
JAMAICA (Arrive)	11:51	12:08	12:16	12:22	12:32	12:51	1:08	1:16	1:22	1:32	1:51	2:08	2:16	2:22
JAMAICA (Leave)	11:52	12:10	12:18	12:24	12:34	12:53	1:10	1:18	1:24	1:34	1:53	2:10	2:18	2:24
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	12:20	......	......	12:42	......	1:20	......	......	1:43	......	2:20	......	......
GRAND CENTRAL	......	......	12:38	......	......	......	......	1:38	......	......	......	......	2:38	......
PENN STATION	12:10	12:30	......	12:44	12:53	1:11	1:30	......	1:44	1:54	2:11	2:30	......	2:44
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7529	7933	6723	7531	7935	7551	7953	6725	7553	7955	7555	7957	6751	7557

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	2:44	......	......	......	......	3:44	......	......	......	......	4:44	......
Country Life Press	......	......	......	2:48	......	......	......	......	3:48	......	......	......	......	4:48	......
Garden City	......	......	......	2:51	......	......	......	......	3:51	......	......	......	......	4:51	......
Nassau Boulevard	......	......	......	2:53	......	......	......	......	3:53	......	......	......	......	4:53	......
Stewart Manor	......	......	......	2:56	......	......	......	......	3:56	......	......	......	......	4:56	......
Floral Park	......	2:38	......	2:59	......	......	3:38	......	3:59	......	......	4:41	......	4:59	......
Bellerose	......	......	......	3:01	......	......	......	......	4:01	......	......	......	......	5:01	......
Elmont- UBS Arena	2:21	2:40	2:58	3:03	3:12	3:21	3:40	3:58	4:03	4:12	4:21	4:43	4:58	5:03	5:12
Queens Village	......	2:42	......	3:06	......	......	3:42	......	4:06	......	......	4:45	......	5:06	......
Hollis	......	2:44	......	3:09	......	......	3:44	......	4:09	......	......	4:47	......	5:09	......
JAMAICA (Arrive)	2:32	2:51	3:08	3:16	3:22	3:32	3:51	4:08	4:16	4:22	4:32	4:55	5:08	5:16	5:22
JAMAICA (Leave)	2:34	2:53	3:10	3:18	3:24	3:34	3:53	4:10	4:18	4:24	4:34	4:57	5:10	5:18	5:24
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	2:43	......	3:20	......	......	3:43	......	4:20	......	......	4:43	5:06	5:20	......	......
GRAND CENTRAL	......	......	......	3:38	......	......	......	......	4:38	......	......	......	......	5:38	......
PENN STATION	2:54	3:11	3:30	......	3:44	3:54	4:11	4:30	......	4:44	4:54	5:17	5:30	......	5:43
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7959	7559	7961	6753	7561	7963	7563	7965	6755	7565	7967	7567	7969	6757	7569

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	5:44	......	......	......	......	6:44	......	......	......	......	7:44	......
Country Life Press	......	......	......	5:48	......	......	......	......	6:48	......	......	......	......	7:48	......
Garden City	......	......	......	5:51	......	......	......	......	6:51	......	......	......	......	7:51	......
Nassau Boulevard	......	......	......	5:53	......	......	......	......	6:53	......	......	......	......	7:53	......
Stewart Manor	......	......	......	5:56	......	......	......	......	6:56	......	......	......	......	7:56	......
Floral Park	......	5:38	......	5:59	......	......	6:41	......	6:59	......	......	7:38	......	7:59	......
Bellerose	......	......	......	6:01	......	......	......	......	7:01	......	......	......	......	8:01	......
Elmont- UBS Arena	5:21	5:40	5:58	6:03	6:12	6:21	6:43	6:58	7:03	7:12	7:21	7:40	7:58	8:03	8:12
Queens Village	......	5:42	......	6:06	......	......	6:45	......	7:06	......	......	7:42	......	8:06	......
Hollis	......	5:44	......	6:09	......	......	6:47	......	7:09	......	......	7:44	......	8:09	......
JAMAICA (Arrive)	5:32	5:51	6:08	6:16	6:22	6:32	6:55	7:08	7:16	7:22	7:32	7:51	8:08	8:16	8:22
JAMAICA (Leave)	5:34	5:53	6:10	6:18	6:24	6:34	6:57	7:10	7:18	7:24	7:34	7:53	8:10	8:18	8:24
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	5:43	......	6:20	......	......	6:43	7:06	7:20	......	......	7:43	......	8:20	......	......
GRAND CENTRAL	......	......	......	6:38	......	......	......	......	7:38	......	......	......	......	8:38	......
PENN STATION	5:54	6:11	6:30	......	6:44	6:54	7:17	7:30	......	7:44	7:54	8:11	8:30	......	8:44
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	7971	7571	7973	6759	7573	7975	7575	7977	6763	7577	7979	7579	7981	6765	7581

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	8:44	......	......	9:31	......	......	......	10:31	......	11:18	......	......
Country Life Press	......	......	8:48	......	......	9:35	......	......	......	10:35	......	11:22	......	......
Garden City	......	......	8:51	......	......	9:38	......	......	......	10:38	......	11:25	......	......
Nassau Boulevard	......	......	8:53	......	......	9:40	......	......	......	10:40	......	11:27	......	......
Stewart Manor	......	......	8:56	......	......	9:43	......	......	......	10:43	......	11:30	......	......
Floral Park	......	8:41	8:59	......	9:38	9:46	10:13	......	......	10:46	11:13	11:33	11:52	......
Bellerose	......	......	9:01	......	......	9:48	......	......	......	10:48	......	11:35	......	......
Elmont- UBS Arena	8:21	8:43	9:03	9:12	9:40	9:50	10:15	10:21	10:36	10:50	11:15	11:37	11:54	11:58
Queens Village	......	8:45	9:06	......	9:42	9:53	10:17	......	......	10:53	11:17	11:40	11:56	......
Hollis	......	8:47	9:09	......	9:44	9:56	10:19	......	......	10:56	11:19	11:43	11:58	......
JAMAICA (Arrive)	8:32	8:56	9:16	9:22	9:51	10:03	10:26	10:32	10:48	11:03	11:26	11:50	12:05	12:08
JAMAICA (Leave)	8:34	8:58	9:18	9:24	9:53	10:05	10:28	10:34	10:50	11:05	11:28	11:52	12:07	12:10
East New York*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	8:43	9:08	......	......	......	......	......	10:43	10:58	......	......	......	12:16	......
GRAND CENTRAL	......	......	9:37	......	......	10:25	......	......	......	11:25	......	12:11	......	......
PENN STATION	8:54	9:19	......	9:44	10:11	......	10:48	10:54	11:08	......	11:48	......	12:26	12:30
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM
Train #	7983	7583	6767	7585	7587	6769	7589	7991	7591	6771	7593	6773	7597	7997

Ticket Types

One Way
Good for one ride from time of purchase until 4 A.M. the next day. Sold for:
Peak - Valid on all trains.
Off Peak – Additional fare payable to the conductor if used on weekday trains marked Peak AM or PM herein.

Day Pass
Good for unlimited rides within the ticketed zones from time of purchase until 4 A.M. the next day.
Lower prices on Saturdays, Sundays, and Holidays.

Weekly
Unlimited rides Saturday through Friday. On sale the Wednesday before the Saturday that the ticket becomes valid. Non-transferable.

Monthly
Unlimited rides during the calendar month indicated on the ticket.
On sale starting on the 25th of the month prior. Non-transferable.

Senior/People with Disabilities and Medicare Customers
Save 50% off the one way peak fare. Valid from time of purchase until 4 A.M. the next day.
Seniors must be 65 or older.
Valid ID must be presented when buying and using tickets.

Family Fare
Children aged 5-17 can ride for $1 when accompanied by a fare-paying adult. Up to four children may ride for a dollar each with one adult. A 5th child or any additional children would have to purchase a child ticket fare.

Children's Fare
Children under 5 ride free.
Children ages five (5) through eleven (11) traveling alone, and children in excess of four per adult, will pay the One-Way Half fare (peak or off-peak), as applicable.
Unaccompanied children ages 12-17 will pay the adult fare.

Refunds
Refunds are only available on monthly and weekly tickets, and are subject to a $10 processing fee per transaction. The cost of two rides per day will be deducted for each day the ticket was in your possession.
USPS postmark or time-stamp on application (if submitted at a Ticket window) used as turn-in date.
Mail to: LIRR Ticket Refunds Department, Jamaica Station-MC 1410, Jamaica, New York 11435

On Board The Train
Onboard ticket sales cost up to $8.50 more. Train crews must charge the higher on board fare and are not authorized to waive this rule. If an issue arises, pay the requested fare, obtain receipt, and contact us.

Other Ticket Types
See **Tickets & Fares** brochure, our website or call 511 for details & other types: CityTicket, Monthly School, Group Rates, Deals & Getaways, etc.

UNITICKETS (COMBINATION RAIL/BUS TICKETS)
The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Bus Operator	Monthly	Weekly
NICE (Nassau Inter-County Express)	$62.25	$14.50
Long Beach – All Buses	$30.00	Not Available
NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only) MTA Bus – Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)	$50.75	$12.50

Your Safety Is Our Top Priority!

Help us make your trip safer!
- Step over the gap between the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Please safeguard your property, including your electronic devices.
- Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on stairs and platforms.
- Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train

Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. *Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.*

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination

Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 (Say "LIRR" then "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK One Way	Off Peak One Way	Senior One Way	Day Pass-Weekday	Day Pass-Weekend	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	$172.50	$67.75	$7.25	$5.25	$3.50	$14.50	$10.50	$15.00	$13.00
New York	3	$207.00	$81.50	$7.25	$5.25	$3.50	$14.50	$10.50	$15.00	$13.00
Brooklyn	4	$264.25	$94.00	$13.50	$10.00	$6.75	$24.25	$20.00	$22.00	$18.00
L.I. City	7	$299.75	$106.50	$15.25	$11.25	$7.50	$27.50	$22.50	$23.00	$19.00
Hunterspoint	9	$356.50	$126.75	$18.25	$13.50	$9.00	$32.75	$27.00	$26.00	$22.00
Woodside	10	$394.50	$140.25	$21.50	$16.00	$10.75	$38.75	$32.00	$30.00	$24.00
Forest Hills	12	$452.00	$160.75	$25.50	$18.75	$12.75	$46.00	$37.50	$34.00	$27.00
Kew Gardens	14	$487.75	$173.50	$33.00	$24.50	$16.50	$59.50	$49.00	$41.00	$33.00

Buy Before Boarding
Save Money on Tickets

Buy your tickets directly from your mobile device using TrainTime.
Download the free App today!