

Alternate Plan Schedules - Effective When Announced, Weekdays, May 11, 2026 - September 4, 2026

Westbound	For explanation, see "Reference Notes."					Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak			
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
	PORT WASHINGTON	12:37	2:10	3:39	5:07	5:28	5:49	6:14	6:46	7:13	7:18	7:52	8:13	8:27	8:32	9:07	9:32	10:06
	Plandome	12:43	2:16	3:45	5:13	5:34	5:55	6:20	6:52	7:19	7:24	7:58	8:19	8:33	8:38	9:13	9:38	10:12
	Manhasset	12:45	2:18	3:47	5:15	5:36	5:57	6:22	6:54	7:21	7:26	8:00	8:21	8:35	8:40	9:15	9:40	10:14
	Great Neck	12:48	2:21	3:50	5:18	5:39	6:00	6:25	6:28	6:57	7:02	7:24	7:29	7:35	7:53	8:03	8:17	8:24	8:38	8:43	9:18	9:28	9:43	10:17
	Little Neck	12:51	2:24	3:53	5:21	5:42	6:03	6:28	7:00	7:05	7:32	7:38	7:56	8:20	8:27	8:46	9:21	9:46	10:20
	Douglaston	12:53	2:26	3:55	5:23	5:44	6:05	6:30	7:02	7:07	7:34	7:40	7:58	8:22	8:29	8:48	9:23	9:48	10:22
	Bayside	12:55	2:28	3:57	5:25	5:46	6:07	6:32	6:35	7:04	7:09	7:37	7:42	8:00	8:08	8:24	8:31	8:50	9:25	9:34	9:51	10:25
	Auburndale	12:58	2:31	4:00	5:28	5:49	6:10	6:38	7:12	7:45	8:27	8:53	9:37	9:54	10:28
	Broadway	1:00	2:33	4:02	5:30	5:51	6:12	6:40	7:14	7:47	8:29	8:55	9:39	9:57	10:31
	Murray Hill	1:02	2:35	4:04	5:32	5:53	6:14	6:42	7:16	7:49	8:31	8:57	9:41	10:00	10:34
	Flushing Main Street	1:04	2:37	4:06	5:34	5:55	6:16	6:44	7:18	7:51	8:33	8:59	9:43	10:02	10:36
	Mets-Willets Point	1:06	2:39	4:08	5:36	5:57	6:18	6:40	6:46	7:11	7:20	9:45	10:04	10:38
	Woodside	1:14	2:47	4:16	5:44	6:06	6:26	6:48	6:54	7:19	7:28	7:49	8:01	8:13	8:44	8:47	9:09	9:40	9:53	10:10	10:44
	GRAND CENTRAL	5:55	6:37	7:05	7:30	8:00	8:25	8:58	9:20	10:20
	PENN STATION	1:25	2:58	4:27	6:17	6:59	7:40	7:49	8:14	8:32	8:56	9:08	9:51	10:04	10:55
	Train #	AM 303	AM 305	AM 307	AM 405	AM 311	AM 411	AM 313	AM 1413	AM 415	AM 1315	AM 317	AM 419	AM 1319	AM 1421	AM 321	AM 1323	AM 423	AM 325	AM 425	AM 327	AM 1327	AM 427	AM 329

Alternate Plan Schedules - Effective When Announced, Weekdays, May 11, 2026 - September 4, 2026

(Continued)	For explanation, see "Reference Notes."																											
		AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM			
	PORT WASHINGTON	10:32	11:06	11:32	12:06	12:32	1:06	1:32	2:08	2:39	3:14	3:39	4:04	4:33	5:01	5:31	6:10	7:10	7:55	8:35	9:06	9:38	10:11	10:38	11:10	11:36
	Plandome	10:38	11:12	11:38	12:12	12:38	1:12	1:38	2:14	2:45	3:20	3:45	4:10	4:39	5:07	5:37	6:16	7:16	8:01	8:41	9:12	9:44	10:17	10:44	11:16	11:42
	Manhasset	10:40	11:14	11:40	12:14	12:40	1:14	1:40	2:16	2:47	3:22	3:47	4:12	4:41	5:09	5:39	6:18	7:18	8:03	8:43	9:14	9:46	10:19	10:46	11:18	11:44
	Great Neck	10:43	11:17	11:43	12:17	12:43	1:17	1:43	2:19	2:50	3:25	3:50	4:15	4:44	5:12	5:25	5:42	6:21	6:52	7:21	8:06	8:46	9:17	9:49	10:22	10:49	11:21	11:47
	Little Neck	10:46	11:20	11:46	12:20	12:46	1:20	1:46	2:22	2:53	3:28	3:53	4:18	4:47	5:15	5:45	6:24	6:56	7:24	8:09	8:49	9:20	9:52	10:25	10:52	11:24	11:50
	Douglaston	10:48	11:22	11:48	12:22	12:48	1:22	1:48	2:24	2:55	3:30	3:55	4:20	4:49	5:17	5:47	6:26	6:58	7:26	8:11	8:51	9:22	9:54	10:27	10:54	11:26	11:52
	Bayside	10:51	11:25	11:51	12:25	12:51	1:25	1:51	2:27	2:58	3:33	3:57	4:22	4:51	5:19	5:30	5:49	6:28	7:00	7:28	8:13	8:53	9:24	9:56	10:29	10:56	11:28	11:54
	Auburndale	10:54	11:28	11:54	12:28	12:54	1:28	1:54	2:30	3:01	3:36	4:00	4:25	4:54	5:22	5:33	6:31	7:03	7:31	8:16	8:56	9:27	9:59	10:32	10:59	11:31	11:57
	Broadway	10:57	11:31	11:57	12:31	12:57	1:31	1:57	2:33	3:04	3:38	4:02	4:27	4:56	5:24	5:35	6:33	7:05	7:33	8:18	8:58	9:29	10:01	10:34	11:01	11:33	11:59
	Murray Hill	11:00	11:34	12:00	12:34	1:00	1:34	2:00	2:36	3:07	3:40	4:04	4:29	4:58	5:26	5:37	6:35	7:07	7:35	8:20	9:00	9:31	10:03	10:36	11:03	11:35	12:01
	Flushing Main Street	11:02	11:36	12:02	12:36	1:02	1:36	2:02	2:38	3:09	3:42	4:06	4:31	5:00	5:28	5:39	6:37	7:09	7:37	8:22	9:02	9:34	10:05	10:38	11:05	11:37	12:03
	Mets-Willets Point	11:04	11:38	12:04	12:38	1:04	1:38	2:04	2:40	3:11	3:44	4:08	4:33	5:02	5:30	5:41	5:56	6:39	7:11	7:39	8:24	9:04	9:36	10:07	10:40	11:07	11:39	12:05
	Woodside	11:10	11:44	12:10	12:44	1:10	1:44	2:10	2:47	3:17	3:52	4:16	4:40	5:10	5:40	5:49	6:04	6:47	7:19	7:47	8:32	9:12	9:44	10:15	10:48	11:14	11:47	12:13
	GRAND CENTRAL	11:20	12:20	1:20	2:20	3:27	4:27	5:21	6:00	6:15	9:23	10:26
	PENN STATION	11:55	12:55	1:55	2:58	4:03	4:51	5:51	6:58	7:31	7:58	8:44	9:55	10:59	11:25	11:58	12:24
	Train #	AM 429	AM 331	AM 431	PM 351	PM 453	PM 353	PM 455	PM 355	PM 457	PM 357	PM 459	PM 359	PM 461	PM 361	PM 1463	PM 463	PM 363	PM 1365	PM 365	PM 367	PM 467	PM 369	PM 469	PM 371	PM 391	PM 373	AM 393



Reference Notes

	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
Mets-Willets Point	Mets-Willets Point is located between Woodside and Flushing Main Street and is not ADA accessible. Customers with mobility impairments should travel to Woodside station and transfer to a Flushing-bound #7 train.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Eastbound Trains	Eastbound trains may depart stations between Woodside and Plandome up to three minutes earlier than times shown.
Woodside	Westbound trains may depart Woodside station up to three minutes earlier than times shown. Eastbound trains from Woodside to Port Washington depart on Platform B / Track 2. Westbound trains from Woodside in this timetable arrive and depart from Platform C / Track 1.

/// WATCH THE GAP ///