Special Timetable

Long Island Rail Road

Hempstead Branch

Special Track Work Timetable
Effective Saturday and Sunday, June 6-7, 2026

www.mta.info

- Hempstead
- Country Life Press
- Garden City
- Nassau Boulevard
- Stewart Manor
- Floral Park
- Bellerose
- Elmont-UBS Arena
- Queens Village
- Hollis
- Jamaica (AIRTRAIN)
  - Atlantic Terminal (Brooklyn)
  - Hunterspoint Avenue
  - Long Island City
- Woodside (LaGuardia Link, Q70 SelectBusService)
  - Grand Central
- Penn Station

ATTENTION CUSTOMERS

As a result of signal installation on the Mainline, Hempstead trains will originiate and terminate at Floral Park Station. Transfer at Floral Park for connecting train service. There is no service to Bellerose Station.

Use this special timetable for all Hempstead Branch travel on this affected weekend only.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular Hempstead Branch timetable, effective May 11, 2026.

/// WATCH THE GAP ///

Effective Saturday & Sunday, June 6-7, 2026

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																																				
PENN STATION	AM 12:10	AM 12:19	AM 1:09	AM 1:43	AM 3:42	AM 3:50	AM 5:46	AM 6:00	AM 6:17	AM 6:59	AM 7:17	AM 7:59	AM 8:17	AM 9:00	AM 9:16	AM 9:57	AM 10:17	AM 10:59	AM 11:17	AM 11:59	PM 12:17	PM 12:59	PM 1:17	PM 1:35	PM 1:54	PM 1:59	PM 2:14	PM 2:35	PM 2:54	PM 2:58	PM 3:17	PM 3:35	PM 3:54	PM 3:59
GRAND CENTRAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Woodside	12:22	.....	1:20	.....	.....	4:02	.....	.....	6:28	.....	7:28	.....	8:28	.....	9:27	.....	10:28	.....	11:28	.....	12:28	.....	1:28	1:47	2:05	.....	2:25	2:47	3:05	.....	3:28	3:47	4:05	.....
Forest Hills	.....	.....	.....	1:59	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	2:01	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
ATLANTIC TERMINAL*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Nostrand Avenue*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
East New York*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
JAMAICA (Arrive)	12:30	12:40	1:29	2:05	4:03	4:10	6:05	6:19	6:37	7:19	7:37	8:19	8:37	9:20	9:37	10:18	10:37	11:20	11:37	12:20	12:37	1:20	1:37	1:56	2:14	2:20	2:34	2:56	3:14	3:20	3:37	3:56	4:14	4:20
JAMAICA (Leave)	12:31	12:42	1:31	2:07	4:05	4:11	6:06	6:21	6:39	7:21	7:39	8:21	8:39	9:22	9:39	10:20	10:39	11:22	11:39	12:22	12:39	1:22	1:38	1:58	2:16	2:22	2:36	2:58	3:16	3:22	3:38	3:58	4:16	4:22
Hollis	.....	12:49	.....	.....	.....	4:17	.....	6:27	.....	7:27	.....	8:27	.....	9:28	.....	10:26	.....	11:27	.....	12:27	.....	1:27	.....	.....	.....	2:27	.....	.....	.....	3:27	.....	.....	.....	.....	4:27
Queens Village	.....	12:52	.....	.....	.....	4:20	.....	6:30	.....	7:30	.....	8:30	.....	9:31	.....	10:29	.....	11:30	.....	12:30	.....	1:30	.....	.....	.....	2:30	.....	.....	.....	3:30	.....	.....	.....	.....	4:30
Elmont- UBS Arena	12:41	12:55	.....	.....	.....	.....	.....	6:33	.....	7:33	.....	8:33	.....	9:34	.....	10:32	.....	11:33	.....	12:33	.....	1:33	1:48	2:08	2:26	2:33	2:46	3:08	3:26	3:33	3:48	4:08	4:26	4:33
Bellerose	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Floral Park (Arrive)	.....	12:57	.....	2:21	4:15	.....	6:15	.....	6:49	.....	7:49	.....	8:49	.....	9:49	.....	10:49	.....	11:49	.....	12:49	.....	1:50	.....	.....	.....	2:48	.....	.....	.....	3:50	.....	.....	.....	.....	.....
Floral Park (Depart)	.....	T 1:07	1:41	T 2:32	T 4:25	4:25	T 6:25	6:36	T 7:00	7:36	T 8:02	8:36	T 9:02	9:37	T 10:00	10:35	T 11:00	11:36	T 12:00	12:36	T 1:00	1:36	T 2:00	.....	.....	2:36	T 3:00	.....	.....	3:36	T 4:00	.....	.....	.....	4:36
Stewart Manor	.....	T 1:15	.....	T 2:40	T 4:33	.....	T 6:33	.....	T 7:08	.....	T 8:10	.....	T 9:10	.....	T 10:08	.....	T 11:08	.....	T 12:08	.....	T 1:08	.....	T 2:08	.....	.....	.....	T 3:08	.....	.....	.....	T 4:08	.....	.....	.....	.....
Nassau Boulevard	.....	T 1:18	.....	T 2:43	T 4:36	.....	T 6:36	.....	T 7:11	.....	T 8:13	.....	T 9:13	.....	T 10:11	.....	T 11:11	.....	T 12:11	.....	T 1:11	.....	T 2:11	.....	.....	.....	T 3:11	.....	.....	.....	T 4:11	.....	.....	.....	.....
Garden City	.....	T 1:21	.....	T 2:46	T 4:39	.....	T 6:39	.....	T 7:14	.....	T 8:16	.....	T 9:16	.....	T 10:14	.....	T 11:14	.....	T 12:14	.....	T 1:14	.....	T 2:14	.....	.....	.....	T 3:14	.....	.....	.....	T 4:14	.....	.....	.....	.....
Country Life Press	.....	T 1:24	.....	T 2:49	T 4:42	.....	T 6:42	.....	T 7:17	.....	T 8:19	.....	T 9:19	.....	T 10:17	.....	T 11:17	.....	T 12:17	.....	T 1:17	.....	T 2:17	.....	.....	.....	T 3:17	.....	.....	.....	T 4:17	.....	.....	.....	.....
HEMPSTEAD	.....	T 1:28	.....	T 2:53	T 4:46	.....	T 6:46	.....	T 7:21	.....	T 8:23	.....	T 9:23	.....	T 10:21	.....	T 11:21	.....	T 12:21	.....	T 1:21	.....	T 2:21	.....	.....	.....	T 3:21	.....	.....	.....	T 4:21	.....	.....	.....	.....
Train #	AM 7900	AM 7500 / 6702	AM 7902	AM 7502 / 6704	AM 7904 / 6706	AM 7504	AM 7906 / 6710	AM 7508	AM 7910 / 6712	AM 7512	AM 7914 / 6714	AM 7516	AM 7918 / 6716	AM 7520	AM 7922 / 6718	AM 7524	AM 7926 / 6720	AM 7528	PM 7930 / 6722	PM 7550	PM 7950 / 6750	PM 7554	PM 7956 / 6752	PM 7556	PM 7958	PM 7558	PM 7960 / 6754	PM 7560	PM 7962	PM 7562	PM 7964 / 6756	PM 7564	PM 7966	PM 7566

Effective Saturday & Sunday, June 6-7, 2026

(Continued)

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																														Mon. Only	Mon. Only	Mon. Only	Mon. Only	Mon. Only
PENN STATION	PM 4:17	PM 4:35	PM 4:54	PM 4:59	PM 5:14	PM 5:35	PM 5:54	PM 5:59	PM 6:17	PM 6:35	PM 6:54	PM 6:59	PM 7:14	PM 7:35	PM 7:54	PM 7:59	PM 8:17	PM 8:36	PM 8:54	PM 8:59	PM 9:16	PM 9:54	PM 10:00	PM 10:17	PM 10:32	PM 10:54	PM 11:00	PM 11:17	PM 11:46	AM 12:00	AM 12:14	AM 12:30	AM 1:29	AM 2:15
GRAND CENTRAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Woodside	4:28	4:48	5:05	.....	5:25	5:47	6:05	.....	6:28	6:47	7:05	.....	7:25	7:47	8:05	.....	8:28	8:48	9:05	.....	9:27	10:05	.....	10:28	10:44	11:05	.....	11:28	.....	.....	.....	12:42	1:41	2:27
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	12:29	.....	1:46	.....
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	12:31	.....	1:48	.....
ATLANTIC TERMINAL*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Nostrand Avenue*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
East New York*	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
JAMAICA (Arrive)	4:37	4:56	5:14	5:20	5:34	5:56	6:14	6:20	6:37	6:56	7:14	7:20	7:34	7:56	8:14	8:20	8:37	8:56	9:14	9:20	9:37	10:14	10:20	10:37	10:53	11:14	11:20	11:37	12:07	12:21	12:35	12:50	1:52	2:36
JAMAICA (Leave)	4:38	4:58	5:16	5:22	5:36	5:58	6:16	6:22	6:38	6:58	7:16	7:22	7:36	7:58	8:16	8:22	8:38	8:58	9:16	9:22	9:38	10:16	10:21	10:38	10:55	11:16	11:21	11:38	12:09	12:23	12:37	12:52	1:54	2:38
Hollis	.....	.....	.....	5:27	.....	.....	.....	6:27	.....	.....	.....	7:27	.....	.....	.....	8:27	.....	.....	.....	9:27	.....	.....	10:27	.....	.....	.....	11:27	.....	.....	.....	.....	.....	.....	.....
Queens Village	.....	.....	.....	5:30	.....	.....	.....	6:30	.....	.....	.....	7:30	.....	.....	.....	8:30	.....	.....	.....	9:30	.....	.....	10:30	.....	.....	.....	11:30	.....	.....	.....	.....	.....	.....	.....
Elmont- UBS Arena	4:48	5:08	5:26	5:33	5:46	6:08	6:26	6:33	6:48	7:08	7:26	7:33	7:46	8:08	8:26	8:33	8:48	9:08	9:26	9:33	9:48	10:26	10:33	10:48	11:06	11:26	11:33	11:48	12:19	12:34	12:47	.....	.....	.....
Bellerose	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Floral Park (Arrive)	4:50	.....	.....	.....	5:48	.....	.....	.....	6:50	.....	.....	.....	7:48	.....	.....	.....	8:50	.....	.....	.....	9:50	.....	.....	10:50	.....	.....	.....	11:50	.....	.....	12:50	.....	2:04	2:48
Floral Park (Depart)	T 5:00	.....	.....	5:36	T 6:00	.....	.....	6:36	T 7:00	.....	.....	7:36	T 8:00	.....	.....	8:36	T 9:00	.....	.....	9:36	T 10:00	.....	10:36	T 11:00	.....	.....	11:36	T 11:59	12:21	.....	T 1:01	1:02	T 2:12	T 2:56
Stewart Manor	T 5:08	.....	.....	.....	T 6:08	.....	.....	.....	T 7:08	.....	.....	.....	T 8:08	.....	.....	.....	T 9:08	.....	.....	.....	T 10:08	.....	.....	T 11:08	.....	.....	.....	T 12:07	.....	.....	T 1:09	.....	T 2:20	T 3:04
Nassau Boulevard	T 5:11	.....	.....	.....	T 6:11	.....	.....	.....	T 7:11	.....	.....	.....	T 8:11	.....	.....	.....	T 9:11	.....	.....	.....	T 10:11	.....	.....	T 11:11	.....	.....	.....	T 12:10	.....	.....	T 1:12	.....	T 2:23	T 3:07
Garden City	T 5:14	.....	.....	.....	T 6:14	.....	.....	.....	T 7:14	.....	.....	.....	T 8:14	.....	.....	.....	T 9:14	.....	.....	.....	T 10:14	.....	.....	T 11:14	.....	.....	.....	T 12:13	.....	.....	T 1:15	.....	T 2:26	T 3:10
Country Life Press	T 5:17	.....	.....	.....	T 6:17	.....	.....	.....	T 7:17	.....	.....	.....	T 8:17	.....	.....	.....	T 9:17	.....	.....	.....	T 10:17	.....	.....	T 11:17	.....	.....	.....	T 12:16	.....	.....	T 1:18	.....	T 2:29	T 3:13
HEMPSTEAD	T 5:21	.....	.....	.....	T 6:21	.....	.....	.....	T 7:21	.....	.....	.....	T 8:21	.....	.....	.....	T 9:21	.....	.....	.....	T 10:21	.....	.....	T 11:21	.....	.....	.....	T 12:20	.....	.....	T 1:22	.....	T 2:33	T 3:17
Train #	PM 7968 / 6760	PM 7568	PM 7970	PM 7570	PM 7972 / 6762	PM 7572	PM 7974	PM 7574	PM 7976 / 6764	PM 7576	PM 7978	PM 7578	PM 7980 / 6766	PM 7580	PM 7982	PM 7582	PM 7984 / 6768	PM 7584	PM 7986	PM 7586	PM 7988 / 6770	PM 7990	PM 7590	PM 7992 / 6772	PM 7592	PM 7994	PM 7594	AM 7996 / 6774	AM 7596	AM 1900	AM 1500 / 702	AM 1902	AM 1904 / 704	AM 1906 / 706

Effective Saturday & Sunday, June 6-7 , 2026

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Fri. Only	Sun. Only	Sun. Only								
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	......	......	T 12:29	......	......	T 1:50	T 3:34	T 5:45	......	T 6:24
Country Life Press	......	......	......	T 12:33	......	......	T 1:54	T 3:38	T 5:49	......	T 6:28
Garden City	......	......	......	T 12:36	......	......	T 1:57	T 3:41	T 5:52	......	T 6:31
Nassau Boulevard	......	......	......	T 12:39	......	......	T 2:00	T 3:44	T 5:55	......	T 6:34
Stewart Manor	......	......	......	T 12:42	......	......	T 2:03	T 3:47	T 5:58	......	T 6:37
Floral Park (Arrive)	......	......	......	T 12:50	......	......	T 2:11	T 3:55	T 6:06	......	T 6:45
Floral Park (Depart)	12:43	12:28	......	1:02	......	1:45	2:21	4:05	6:16	6:28	6:56
Bellerose	......	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	......	12:30	12:48	1:04	1:11	1:47	2:23	4:07	......	......	......
Queens Village	......	......	......	1:06	......	1:49	2:25	4:09	......	......	......
Hollis	......	......	......	1:08	......	1:51	2:27	4:11	......	......	......
JAMAICA (Arrive)	12:53	12:42	12:59	1:15	1:22	1:58	2:34	4:18	6:28	6:39	7:06
JAMAICA (Leave)	12:55	12:44	1:00	1:16	1:23	1:59	2:36	4:19	6:30	6:41	7:08
East New York*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	1:04	......	......	......	......	......	......	......	......
Forest Hills	......	......	1:06	......	......	......	......	......	......	......	......
Woodside	1:03	12:53	......	......	1:31	......	2:45	......	......	6:50	7:17
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......	......
PENN STATION	1:14 AM	1:04 AM	1:21 AM	1:36 AM	1:42 AM	2:18 AM	2:56 AM	4:38 AM	6:49 AM	7:01 AM	7:28 AM
Train #	1991	7599	7999	6701/ 7501	7901	7503	6705/ 7505	6709/ 7507	6711/ 7909	7911	6713/ 7913

For explanation, see "Reference Notes."											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	T 7:26	......	T 8:26	......	T 9:24	......	......	......	T 10:24	......
Country Life Press	......	T 7:30	......	T 8:30	......	T 9:28	......	......	......	T 10:28	......
Garden City	......	T 7:33	......	T 8:33	......	T 9:31	......	......	......	T 10:31	......
Nassau Boulevard	......	T 7:36	......	T 8:36	......	T 9:34	......	......	......	T 10:34	......
Stewart Manor	......	T 7:39	......	T 8:39	......	T 9:37	......	......	......	T 10:37	......
Floral Park (Arrive)	......	T 7:47	......	T 8:47	......	T 9:45	......	......	......	T 10:45	......
Floral Park (Depart)	7:13	7:58	8:38	8:58	9:38	9:55	......	......	10:38	10:55	......
Bellerose	......	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	7:15	......	8:40	......	9:40	9:57	10:12	10:21	10:40	10:57	11:12
Queens Village	7:17	......	8:42	......	9:42	......	......	......	10:42	......	......
Hollis	7:19	......	8:44	......	9:44	......	......	......	10:44	......	......
JAMAICA (Arrive)	7:26	8:08	8:51	9:08	9:51	10:09	10:22	10:32	10:51	11:09	11:22
JAMAICA (Leave)	7:28	8:10	8:53	9:10	9:53	10:11	10:24	10:34	10:53	11:11	11:24
East New York*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	8:20	......	9:20	......	10:20	......	10:43	......	11:20	......
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......	......
PENN STATION	7:48 AM	8:30 AM	9:11 AM	9:31 AM	10:11 AM	10:31 AM	10:44 AM	10:54 AM	11:11 AM	11:31 AM	11:44 AM
Train #	7511	6715/ 7917	7517	6717/ 7921	7521	6719/ 7925	7523	7927	7525	6721/ 7929	7527

For explanation, see "Reference Notes."											
	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	T 11:24	......	......	......	T 12:24	......	......	......	T 1:24
Country Life Press	......	......	T 11:28	......	......	......	T 12:28	......	......	......	T 1:28
Garden City	......	......	T 11:31	......	......	......	T 12:31	......	......	......	T 1:31
Nassau Boulevard	......	......	T 11:34	......	......	......	T 12:34	......	......	......	T 1:34
Stewart Manor	......	......	T 11:37	......	......	......	T 12:37	......	......	......	T 1:37
Floral Park (Arrive)	......	......	T 11:45	......	......	......	T 12:45	......	......	......	T 1:45
Floral Park (Depart)	......	11:38	11:55	......	......	12:38	12:55	......	......	1:38	1:55
Bellerose	......	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	11:21	11:40	11:57	12:12	12:21	12:40	12:57	1:12	1:21	1:40	1:57
Queens Village	......	11:42	......	......	......	12:42	......	......	......	1:42	......
Hollis	......	11:44	......	......	......	12:44	......	......	......	1:44	......
JAMAICA (Arrive)	11:32	11:51	12:09	12:22	12:32	12:51	1:09	1:22	1:32	1:51	2:09
JAMAICA (Leave)	11:34	11:52	12:11	12:24	12:34	12:53	1:11	1:24	1:34	1:53	2:11
East New York*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Woodside	11:43	......	12:20	......	12:42	......	1:20	......	1:43	......	2:20
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......	......
PENN STATION	11:54 AM	12:10 PM	12:31 PM	12:44 PM	12:53 PM	1:11 PM	1:31 PM	1:44 PM	1:54 PM	2:11 PM	2:31 PM
Train #	7931	7529	6723/ 7933	7531	7935	7551	6725/ 7953	7553	7955	7555	6751/ 7957

For explanation, see "Reference Notes."								
	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	T 2:24	......	......	......	T 3:24
Country Life Press	......	......	......	T 2:28	......	......	......	T 3:28
Garden City	......	......	......	T 2:31	......	......	......	T 3:31
Nassau Boulevard	......	......	......	T 2:34	......	......	......	T 3:34
Stewart Manor	......	......	......	T 2:37	......	......	......	T 3:47
Floral Park (Arrive)	......	......	......	T 2:45	......	......	......	T 3:45
Floral Park (Depart)	......	......	2:38	2:55	......	......	3:38	3:55
Bellerose	......	......	......	......	......	......	......	......
Elmont- UBS Arena	2:12	2:21	2:40	2:57	3:12	3:21	3:40	3:57
Queens Village	......	......	2:42	......	......	......	3:42	......
Hollis	......	......	2:44	......	......	......	3:44	......
JAMAICA (Arrive)	2:22	2:32	2:51	3:09	3:22	3:32	3:51	4:09
JAMAICA (Leave)	2:24	2:34	2:53	3:11	3:24	3:34	3:53	4:11
East New York*	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......
Woodside	......	2:43	......	3:20	......	3:43	......	4:20
GRAND CENTRAL	......	......	......	......	......	......	......	......
PENN STATION	2:44 PM	2:54 PM	3:11 PM	3:31 PM	3:44 PM	3:54 PM	4:11 PM	4:31 PM
Train #	7557	7959	7559	6753/ 7961	7561	7963	7563	6755/ 7965

Effective Saturday & Sunday, June 6-7, 2026

(Continued)

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."										
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	......	T 4:24	......	......	......	T 5:24	......	......
Country Life Press	......	......	......	T 4:28	......	......	......	T 5:28	......	......
Garden City	......	......	......	T 4:31	......	......	......	T 5:31	......	......
Nassau Boulevard	......	......	......	T 4:34	......	......	......	T 5:34	......	......
Stewart Manor	......	......	......	T 4:37	......	......	......	T 5:37	......	......
Floral Park (Arrive)	......	......	......	T4:45	......	......	......	T 5:45	......	......
Floral Park (Depart)	......	......	4:41	4:55	......	......	5:38	5:55	......	......
Bellerose	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	4:12	4:21	4:43	4:57	5:12	5:21	5:40	5:57	6:12	6:21
Queens Village	......	......	4:45	......	......	......	5:42	......	......	......
Hollis	......	......	4:47	......	......	......	5:44	......	......	......
JAMAICA (Arrive)	4:22	4:32	4:55	5:09	5:22	5:32	5:51	6:09	6:22	6:32
JAMAICA (Leave)	4:24	4:34	4:57	5:11	5:24	5:34	5:53	6:11	6:24	6:34
East New York*	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......
Woodside	......	4:43	5:06	5:20	......	5:43	......	6:20	......	6:43
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......
PENN STATION	4:44 PM	4:54 PM	5:17 PM	5:31 PM	5:43 PM	5:54 PM	6:11 PM	6:31 PM	6:44 PM	6:54 PM
Train #	7565	7967	7567	6757/ 7969	7569	7971	7571	6759/ 7973	7573	7975

For explanation, see "Reference Notes."										
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	T 6:24	......	......	......	T 7:24	......	......	......	T 8:24
Country Life Press	......	T 6:28	......	......	......	T 7:28	......	......	......	T 8:28
Garden City	......	T 6:31	......	......	......	T 7:31	......	......	......	T 8:31
Nassau Boulevard	......	T 6:34	......	......	......	T 7:34	......	......	......	T 8:34
Stewart Manor	......	T 6:37	......	......	......	T 7:37	......	......	......	T 8:37
Floral Park (Arrive)	......	T 6:45	......	......	......	T 7:45	......	......	......	T 8:45
Floral Park (Depart)	6:41	6:55	......	......	7:38	7:55	......	......	8:41	8:55
Bellerose	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	6:43	6:57	7:12	7:21	7:40	7:57	8:12	8:21	8:43	8:57
Queens Village	6:45	......	......	......	7:42	......	......	......	8:45	......
Hollis	6:47	......	......	......	7:44	......	......	......	8:47	......
JAMAICA (Arrive)	6:55	7:09	7:22	7:32	7:51	8:09	8:22	8:32	8:56	9:09
JAMAICA (Leave)	6:57	7:11	7:24	7:34	7:53	8:11	8:24	8:34	8:58	9:11
East New York*	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......
Woodside	7:06	7:20	......	7:43	......	8:20	......	8:43	9:08	9:20
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......
PENN STATION	7:17 PM	7:31 PM	7:44 PM	7:54 PM	8:11 PM	8:31 PM	8:44 PM	8:54 PM	9:19 PM	9:31 PM
Train #	7575	6763/ 7977	7577	7979	7579	6765/ 7981	7581	7983	7583	6767/ 7985

For explanation, see "Reference Notes."											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	......	......	T 9:24	......	......	......	T 10:24	......	T 11:02	......	......
Country Life Press	......	......	T 9:28	......	......	......	T 10:28	......	T 11:06	......	......
Garden City	......	......	T 9:31	......	......	......	T 10:31	......	T 11:09	......	......
Nassau Boulevard	......	......	T 9:34	......	......	......	T 10:34	......	T 11:12	......	......
Stewart Manor	......	......	T 9:37	......	......	......	T 10:37	......	T 11:15	......	......
Floral Park (Arrive)	......	......	T 9:45	......	......	......	T 10:45	......	T 11:23	......	......
Floral Park (Depart)	......	9:38	9:55	10:13	......	10:35	10:55	11:13	11:33	11:52	......
Bellerose	......	......	......	......	......	......	......	......	......	......	......
Elmont- UBS Arena	9:12	9:40	9:57	10:15	10:21	10:37	10:57	11:15	11:35	11:54	11:58
Queens Village	......	9:42	......	10:17	......	......	......	11:17	......	11:56	......
Hollis	......	9:44	......	10:19	......	......	......	11:19	......	11:58	......
JAMAICA (Arrive)	9:22	9:51	10:09	10:26	10:32	10:49	11:09	11:26	11:47	12:05	12:08
JAMAICA (Leave)	9:24	9:53	10:11	10:28	10:34	10:51	11:11	11:28	11:49	12:07	12:10
East New York*	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......
Woodside	......	......	10:19	......	10:43	10:59	11:19	......	11:58	12:16	......
GRAND CENTRAL	......	......	......	......	......	......	......	......	......	......	......
PENN STATION	9:44 PM	10:11 PM	10:31 PM	10:48 PM	10:54 PM	11:10 PM	11:31 PM	11:48 PM	12:09 AM	12:26 AM	12:30 AM
Train #	7585	7587	6769/ 7989	7589	7991	7591	6771/ 7993	7593	6773/ 7595	7597	7997

For explanation, see "Reference Notes."	Mon. Only	Mon. Only	Mon. Only	Mon. Only	Mon. Only	Mon. Only
	AM	AM	AM	AM	AM	AM
HEMPSTEAD	......	......	T 12:25	......	T 12:52	T 1:59
Country Life Press	......	......	T 12:29	......	T 12:56	T 2:03
Garden City	......	......	T 12:32	......	T 12:59	T 2:06
Nassau Boulevard	......	......	T 12:35	......	T 1:02	T 2:09
Stewart Manor	......	......	T 12:38	......	T 1:05	T 2:12
Floral Park (Arrive)	......	......	T 12:46	......	T 1:13	T 2:20
Floral Park (Depart)	12:28		12:56	1:07	1:23	2:28
Bellerose	......	......	......	......	......	......
Elmont- UBS Arena	12:30	12:48	12:59	1:09	1:25	2:30
Queens Village	......	......	1:03	......	1:27	......
Hollis	......	......	1:06	......	1:29	......
JAMAICA (Arrive)	12:42	12:59	1:14	1:21	1:36	2:40
JAMAICA (Leave)	12:44	1:00	1:16	1:23	1:38	2:42
East New York*	......	......	......	......	......	......
Nostrand Avenue*	......	......	......	......	......	......
ATLANTIC TERMINAL*	......	......	......	......	......	......
Kew Gardens	......	1:04	1:20	......	1:42	2:46
Forest Hills	......	1:06	1:22	......	1:44	2:48
Woodside	12:53	......	......	1:31	......	......
GRAND CENTRAL	......	......	......	......	......	......
PENN STATION	1:04 AM	1:21 AM	1:37 AM	1:43 AM	1:59 AM	3:03 AM
Train #	7599	7999	701/ 1501	1901	703/ 1503	705/ 1505

Long Island Rail Road

Reference Notes

T	Transfer to/from train at Floral Park.
*	For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable.
A	Leaves from track 3.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///