

Special Timetable



Long Island Rail Road

Hempstead Branch

Special Track Work Timetable

Effective Saturday and Sunday,

August 1-2, 8-9 and 15-16, 2026

www.mta.info

● Hempstead

● Country Life
Press

● Garden City

● Nassau
Boulevard

● Stewart Manor

● Floral Park

● Bellerose

● Elmont-UBS Arena

● Queens Village

● Hollis

● Jamaica

● Atlantic Terminal (Brooklyn)

● Hunterspoint Avenue

● Long Island City

● Woodside

● Grand Central

● Penn Station

/// WATCH THE GAP ///

ATTENTION CUSTOMERS



As a result of signal installation on the Mainline, Hempstead trains will originate and terminate at Floral Park Station. Transfer at Floral Park for connecting train service. Eastbound Mainline trains will bypass Hollis, Queens Village, and Elmont. There is no service to Bellerose Station. NICE Bus will cross-honor in the vicinity of Bellerose and Elmont Stations. NYCT is cross honoring at Hollis and Queens Village.

Use this special timetable for all Hempstead Branch travel on this affected weekend only.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular Hempstead Branch timetable, effective May 11, 2026.

Effective Saturday and Sunday, August 1-2, 8-9 and 15-16, 2026

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																							
	AM 12:19	AM 1:09	AM 1:43	AM 3:42	AM 3:50	AM 5:39	AM 6:06	AM 6:17	AM 6:59	AM 7:17	AM 7:59	AM 8:17	AM 9:00	AM 9:16	AM 9:57	AM 10:17	AM 10:59	AM 11:17	AM 11:59	PM 12:17	PM 12:59	PM 1:17	PM 1:59
PENN STATION																							
GRAND CENTRAL																							
Woodside		1:20			4:02	5:51		6:28		7:28		8:28		9:27		10:28		11:28		12:28		1:28	
Forest Hills			1:59																				
Kew Gardens			2:01																				
ATLANTIC TERMINAL*																							
Nostrand Avenue*																							
East New York*																							
JAMAICA (Arrive)	12:40	1:29	2:05	4:03	4:10	5:59	6:27	6:37	7:19	7:37	8:19	8:37	9:20	9:37	10:18	10:37	11:20	11:37	12:20	12:37	1:20	1:37	2:20
JAMAICA (Leave)	12:42	1:31	2:07	4:05	4:11	6:00	6:28	6:40	7:21	7:39	8:21	8:39	9:22	9:39	10:20	10:39	11:22	11:39	12:22	12:39	1:22	1:39	2:22
Hollis																							
Queens Village																							
Elmont- UBS Arena																							
Bellerose																							
Floral Park (Arrive)	12:57		2:21	4:15		6:10		6:51		7:49		8:49		9:49		10:49		11:49		12:49		1:50	
Floral Park (Depart)	T 1:07	1:41	T 2:32	T 4:25	4:25	T 6:25	6:41	T 7:00	7:36	T 8:02	8:36	T 9:02	9:37	T 10:00	10:35	T 11:00	11:36	T 12:00	12:36	T 1:00	1:36	T 2:00	2:36
Stewart Manor	T 1:15		T 2:40	T 4:33		T 6:33		T 7:08		T 8:10		T 9:10		T 10:08		T 11:08		T 12:08		T 1:08		T 2:08	
Nassau Boulevard	T 1:18		T 2:43	T 4:36		T 6:36		T 7:11		T 8:13		T 9:13		T 10:11		T 11:11		T 12:11		T 1:11		T 2:11	
Garden City	T 1:21		T 2:46	T 4:39		T 6:39		T 7:14		T 8:16		T 9:16		T 10:14		T 11:14		T 12:14		T 1:14		T 2:14	
Countrv Life Press	T 1:24		T 2:49	T 4:42		T 6:42		T 7:17		T 8:19		T 9:19		T 10:17		T 11:17		T 12:17		T 1:17		T 2:17	
HEMPSTEAD	T 1:28		T 2:53	T 4:46		T 6:46		T 7:21		T 8:23		T 9:23		T 10:21		T 11:21		T 12:21		T 1:21		T 2:21	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
Train #	7500 / 6702	7902	7502 / 6704	7904 / 6706	7504	7906 / 6710	7508	7910 / 6712	7512	7914 / 6714	7516	7918 / 6716	7520	7922 / 6718	7524	7926 / 6720	7528	7930 / 6722	7550	7950 / 6750	7554	7956 / 6752	7558

Effective Saturday and Sunday, August 1-2, 8-9 and 15-16, 2026

(Continued)

Eastbound

To Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																					Mon. Only	Mon. Only	Mon. Only	Mon. Only
PENN STATION	PM 2:14	PM 2:58	PM 3:17	PM 3:59	PM 4:17	PM 4:59	PM 5:14	PM 5:59	PM 6:17	PM 6:59	PM 7:14	PM 7:59	PM 8:17	PM 8:59	PM 9:16	PM 10:00	PM 10:17	PM 11:00	PM 11:17	PM 11:46	AM 12:14	AM 12:30	AM 1:29	AM 2:15
GRAND CENTRAL																								
Woodside	2:25		3:28		4:28		5:25		6:28		7:25		8:28		9:27		10:28		11:28		12:29	12:42	1:41	2:27
Forest Hills																								
Kew Gardens																								
ATLANTIC TERMINAL* Nostrand Avenue* East New York*																								
JAMAICA (Arrive)	2:34	3:20	3:37	4:20	4:37	5:20	5:34	6:20	6:37	7:20	7:34	8:20	8:37	9:20	9:37	10:20	10:37	11:20	11:37	12:07	12:35	12:50	1:52	2:36
JAMAICA (Leave)	2:36	3:22	3:39	4:22	4:39	5:22	5:36	6:22	6:39	7:22	7:36	8:22	8:39	9:22	9:39	10:22	10:39	11:21	11:39	12:09	12:37	12:52	1:54	2:38
Hollis																								
Queens Village																								
Elmont- UBS Arena																								
Bellerose																								
Floral Park (Arrive)	2:48		3:50		4:50		5:48		6:50		7:48		8:50		9:50		10:50		11:50		12:50		2:04	2:48
Floral Park (Depart)	T 3:00	3:36	T 4:00	4:36	T 5:00	5:36	T 6:00	6:36	T 7:00	7:36	T 8:00	8:36	T 9:00	9:36	T 10:00	10:36	T 11:00	11:36	T 11:59	12:21	T 1:01	1:02	T 2:12	T 2:56
Stewart Manor	T 3:08		T 4:08		T 5:08		T 6:08		T 7:08		T 8:08		T 9:08		T 10:08		T 11:08		T 12:07		T 1:09		T 2:20	T 3:04
Nassau Boulevard	T 3:11		T 4:11		T 5:11		T 6:11		T 7:11		T 8:11		T 9:11		T 10:11		T 11:11		T 12:10		T 1:12		T 2:23	T 3:07
Garden City	T 3:14		T 4:14		T 5:14		T 6:14		T 7:14		T 8:14		T 9:14		T 10:14		T 11:14		T 12:13		T 1:15		T 2:26	T 3:10
Countrv Life Press	T 3:17		T 4:17		T 5:17		T 6:17		T 7:17		T 8:17		T 9:17		T 10:17		T 11:17		T 12:16		T 1:18		T 2:29	T 3:13
HEMPSTEAD	T 3:21	PM	T 4:21	PM	T 5:21	PM	T 6:21	PM	T 7:21	PM	T 8:21	PM	T 9:21	PM	T 10:21	PM	T 11:21	PM	T 12:20	AM	T 1:22	AM	T 2:33	T 3:17
Train #	7960 / 6754	7562	7964 / 6756	7566	7968 / 6760	7570	7972 / 6762	7574	7976 / 6764	7578	7980 / 6766	7582	7984 / 6768	7586	7988 / 6770	7590	7992 / 6772	7594	7996 / 6774	7596	1500 / 702	1902	1904 / 704	1906 / 706

**To Jamaica,
Brooklyn* &
New York**

***Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.**

[illegible]

Reference Notes	
T	Transfer to/from train at Floral Park.
*	For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable.
A	Leaves from track 3.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

**To Jamaica,
Brooklyn* &
New York**

***Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.**

[illegible]