Monday through Friday except Holidays, Effective September 8, 2026 - November 8, 2026

Eastbound

To Babylon

Weekdays

See the TrainTime app for complete service west and east for jamaica.

| For explanation, see "Reference Notes." | AM | AM | AM

Saturday, Sunday and Holidays, Effective September 8, 2026 - November 8, 2026

Eastbound

For explanation, see "Reference Notes."

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION																								
GRAND CENTRAL	12:15		12:15																					
Woodside				2:59	4:44																			
Forest Hills	12:30		12:55				6:25		6:57			7:37				8:37				9:37			10:37			11:37			12:37	
Kew Gardens	12:32		12:57				6:27		6:59			7:39				8:39				9:39			10:39			11:39			12:39	
HUNTERSPOINT AVE.																								
ATLANTIC TERMINAL																								
Nostrand Avenue																								
East New York																								
JAMAICA (Arrive)	12:36	12:36	1:01	3:06	4:53	6:02	6:31	6:43	7:02	7:08	7:30	7:43	8:02	8:08	8:30	8:43	9:02	9:02	9:30	9:37	9:43	10:02	10:18	10:30	10:43	11:02	11:30	11:43	12:02	12:08	12:30	12:43	1:02	1:30
JAMAICA (Leave)	12:38	12:40	1:02	3:09	4:55	6:04	6:33	6:45	7:04	7:13	7:32	7:45	8:04	8:14	8:32	8:45	9:04	9:11	9:32	9:42	9:45	10:04	10:29	10:32	10:45	11:04	11:32	11:45	12:04	12:14	12:32	12:45	1:04	1:32
Lyndhurst (Note)	12:52						6:48		7:18				8:18				9:18						10:18						12:18					
Rockville Centre	12:54			1:18	3:25	5:11	6:47	7:20	7:20		7:46	8:20		8:46		9:20		9:46			10:20			10:46			11:20			12:46			1:20	
Baldwin	12:57			1:21	3:28	5:14	6:23	6:50	7:23		7:49		8:23		8:49		9:23		9:49			10:23			10:49			11:23			12:49			1:23	
Freeport	1:00			1:24	3:31	5:17	6:26	6:53	7:03	7:26		7:52	8:03	8:26		8:52	9:03	9:26		9:52		10:03	10:26		10:52		11:03	11:26		11:52		12:26		1:52	
Merrick	1:03			1:27	3:34	5:20	6:29	6:56	7:06	7:29		7:55	8:29			8:55	9:29			9:55		10:29			10:55		11:29			11:55		12:29		1:55	
Bellmore	1:06			1:30	3:37	5:23	6:32	6:59	7:09		7:58		8:32			8:58	9:32			9:58		10:32			10:58		11:32			11:58		12:32		1:58	
Wantagh	1:09			1:33	3:40	5:26	6:35	7:02	7:12		8:01		8:35			9:01	9:35			10:01		10:35			11:01		11:35			12:01		12:35		2:01	
Seaford	1:12			1:36	3:43	5:29	6:38	7:05	7:15		8:04		8:38			9:04	9:38			10:04		10:38			11:04		11:38			12:04		12:38		2:04	
Massapequa	1:14			1:38	3:45	5:31	6:40	7:07	7:13	7:40	8:06	8:13	8:40		9:06	9:13	9:40		10:06		10:13	10:40		11:06	11:13	11:40		12:06		12:13	12:40		1:06		2:06	
Massapequa Park	1:16			1:40	3:47	5:33	6:42		7:15		8:15		8:42			9:15	9:42				10:15	10:42			11:15	11:42				12:15	12:42			1:15		2:15	2:42
Amityville	1:19			1:43	3:50	5:36	6:45		7:18		7:45		8:18			8:45	9:18				10:18	10:45			11:18	11:45				12:18	12:45			1:18		2:18	2:45
Copiague	1:22			1:46	3:53	5:39	6:48		7:21		7:48		8:21			8:48	9:21				10:21	10:48			11:21	11:48				12:21	12:48			1:21		2:21	2:48
Lindenhurst	1:25			1:49	3:56	5:42	6:51		7:24		7:51		8:24			8:51	9:24				10:24	10:51			11:24	11:51				12:24	12:51			1:24		2:24	2:51
BABYLON	1:31		1:20	1:54	4:02	5:48	6:57		7:30	7:57	7:50	8:30	8:57	8:52		9:30	9:57	9:52		10:23	10:30	10:57	10:46	11:23	11:30	11:57	11:46	12:23	12:30	12:57	12:46	1:23	1:30	1:57	1:46	2:23	2:30	2:57	2:46
Train #	6202	6002	6102	6104	6106	6108	6210	6110	6112	6206	6212	6114	6116	6008	6214	6118	6120	6052	6216	6036	6122	6124	6010	6218	6126	6128	6220	6130	6132	6012	6250	6150	6152	6252		

To Babylon

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Saturday, Sunday and Holidays, Effective September 8, 2026 - November 8, 2026

Westbound

For explanation, see "Reference Notes."

	Sat. Only		Sat. Only	Sun. Only																				
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:22	12:23	12:49	1:40	3:07	3:40	4:40	5:40	6:18	6:43	7:11		7:44	8:11		8:46	9:11	9:15	9:46	10:11		10:46	11:11		11:46	12:11		12:46	1:11		1:46	2:04
Lindenhurst		12:15			12:53	1:44	3:11		4:44	5:44	6:22	6:47	7:17		7:50	8:17		8:52	9:17		9:50	10:17		10:52	11:17		11:52	12:17		12:52	1:17		1:52	2:10
Copiague		12:19			12:58	1:49		3:49	4:49	5:49	6:27	6:52	7:20		7:53	8:20		8:55	9:20		9:55	10:20		10:55	11:20		11:55	12:20		12:55	1:20		1:55	2:13
Amityville		12:19			1:00	1:51		3:51		5:51	6:29	6:54	7:22		7:55	8:22		8:57	9:22		9:57	10:22		10:57	11:22		11:57	12:22		12:57	1:22		1:57	2:15
Massapequa Park					1:02	1:53		3:53	4:53		5:53	6:31	6:56	7:25		7:57	8:25		8:59	9:25		9:59	10:25		10:59	11:25		11:59	12:25		12:59	1:25		1:59		
Massapequa				12:23	1:04	1:55	3:09	3:55	4:55	5:47	5:55	6:33	6:58	7:27	7:30	7:59	8:27	8:30	9:02	9:27	9:30	10:02	10:27	10:30	11:01	11:27	11:30	11:59	12:27	12:30	1:01	1:27	1:30	2:01	2:17	
Seaford					1:07	1:58		3:58	4:58	5:50	5:58	6:36	7:01		7:33	8:02		8:33	9:04		9:33	10:04		10:33	11:04		11:33	12:04		12:33	1:04		1:33	2:04		
Wantagh					1:10	2:01		4:01	5:01	5:53	6:01	6:39	7:04		7:36	8:05		8:36	9:07		9:36	10:07		10:36	11:07		11:36	12:07		12:36	1:07		1:36	2:07		
Bellmore			12:28		1:13	2:04	3:21	4:04	5:04	5:56	6:04	6:42	7:07		7:39	8:08		8:39	9:10		9:39	10:10		10:39	11:10		11:39	12:10		12:39	1:10		1:39	2:10		
Merrick					1:16	2:07	3:24	4:07	5:07	5:59	6:07	6:45	7:10		7:42	8:11		8:42	9:13		9:42	10:13		10:42	11:13		11:42	12:13		12:42	1:13		1:42	2:13		
Freeport			12:33		1:19	2:10	3:29	4:10	5:10	6:02	6:10	6:48	7:13	7:37	7:45	8:14	8:37	8:45	9:16	9:37	9:45	10:16	10:37	10:45	11:16	11:37	11:45	12:16	12:37	12:45	1:16	1:37	1:45	2:16		
Baldwin					1:23	2:14	3:33	4:14	5:14	6:06	6:14	6:52	7:17	7:41	7:49	8:18	8:41	8:49	9:20	9:41	9:49	10:20	10:41	10:49	11:20	11:41	11:49	12:20	12:41	12:49	1:20	1:41	1:49	2:20		
Rockville Centre					1:25	2:16		4:16	5:16	6:08	6:16	6:54	7:19		7:51	8:20		8:51	9:22		9:51	10:22		10:51	11:22		11:51	12:22		12:51	1:22		1:51	2:22		
Lynbrook (Note)					1:29	2:20		4:20	5:20	6:12	6:20	6:58	7:23		7:55	8:24		8:55	9:26		9:55	10:26		10:55	11:26		11:55	12:26		12:55	1:26		1:55	2:26		
JAMAICA (Arrive)	12:41	12:50	1:00	1:04	1:41	2:32	3:46	4:32	5:31	6:24	6:32	7:11	7:35	7:55	8:05	8:36	8:55	9:05	9:38	9:55	9:58	10:05	10:38	10:55	11:05	11:38	11:56	12:05	12:38	12:55	1:05	1:38	1:55	2:05	2:38	2:41
JAMAICA (Leave)	12:45	12:52	1:13	1:13	1:42	2:33	3:47	4:33	5:33	6:26	6:33	7:12	7:37	7:57	8:07	8:37	8:57	9:07	9:40	9:57	10:07	10:07	10:40	10:57	11:07	11:40	11:58	12:07	12:40	12:57	1:07	1:40	1:57	2:07	2:40	2:43
East New York																																				
Nostrand Avenue.																																				
ATLANTIC TERMINAL																																				
HUNTERSPOINT AVE.																																				
Kew Gardens						2:37	3:51		5:37		6:30		7:16	7:41		8:11	8:42		9:11	9:44			10:11	10:44			11:11	11:44			12:11	12:44			1:11	1:44			2:11	2:44	
Forest Hills						2:39	3:53		5:39		6:32		7:18	7:43		8:13	8:43		9:13	9:46			10:13	10:46			11:13	11:46			12:13	12:46			1:13	1:46			2:13	2:46	
Woodside					1:00		1:51					5:06						9:06				10:06						11:06												
GRAND CENTRAL						2:47		4:04		5:47		6:45		7:31		8:27			9:27				10:27				11:27				12:27				1:27				2:27		3:08
PENN STATION					J1:04		J1:36	J1:36		J2:52	2:52	4:06	4:52	5:52		6:52		7:57	8:11		8:58	9:17		10:00	10:17		11:00	11:17			12:00	12:19			1:00	1:17			2:00	2:17		3:00	3:11
Train #	79	6101	21		6049	6103	6105	6107	6109	6111	6205	6113	6115	6207	6117	6119	6121	6213	6123	6125	6001	6215	6127	6129	6217	6131	6133	6219	6135	6151	6251	6153	6155	6253	6157	6159	6221	6161	6163	6223	6165	6167	6225	6169	6171	6227	6173	6175	6229	6177	6179

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Saturday, Sunday and Holidays, Effective September 8, 2026 - November 8, 2026

For explanation, see "Reference Notes."

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:21	1:42		2:14	2:21	2:42		3:21	3:42		4:21	4:42		5:14	5:21	5:42		6:21	6:42		7:21	7:35	7:44		8:21	8:44		9:21	9:21	9:43		10:23	10:45		11:06	11:43
GRAND CENTRAL		2:10		2:10						4:10				5:10	5:10						7:39		8:10				9:10			9:10					11:09	11:09	
Woodside																																				11:54
Forest Hills	1:37			2:37			3:37			4:37				5:37				6:37			7:37				8:37			9:37			10:24		11:00	11:24		
Kew Gardens	1:39			2:39			3:39			4:39				5:39				6:39			7:39				8:39			9:39			10:26		11:02	11:26		
HUNTERSPOINT AVE.																																				
ATLANTIC TERMINAL																																				
Nostrand Avenue																																				
East New York																																				
JAMAICA (Arrive)	1:43	2:02	2:30	2:34	2:43	3:02	3:30	3:43	4:02	4:30	4:43	5:02	5:30	5:34	5:43	6:02	6:30	6:43	7:02	7:30	7:43	7:59	8:04	8:30	9:04	9:30	9:43	9:43	10:03	10:30	10:43	11:06	11:31	11:31	11:43	12:02
JAMAICA (Leave)	1:45	2:04	2:32	2:39	2:45	3:04	3:32	3:45	4:04	4:32	4:45	5:04	5:32	5:42	5:45	6:04	6:32	6:45	7:04	7:32	7:45	8:03	8:06	8:32	8:45	9:06	9:32	9:45	9:48	10:05	10:32	10:45	11:08	11:33	11:36	12:06
Lyndhurst (Note)		2:10				3:18			4:18			5:18				6:18				7:18			8:19			9:20				10:18			11:21			12:20
Rockville Centre		2:20	2:46			3:20		3:46		4:20		4:46				6:20	6:46			7:20	7:46		8:20		8:46		9:22		9:46		10:20	10:47		11:20	11:50		12:22
Baldwin		2:23	2:49			3:23	3:49		4:23	4:49		5:23	5:49			6:23	6:49			7:23	7:49		8:24	8:49		9:25	9:49				10:23	10:50		11:26	11:53		12:25
Freeport	2:03	2:26	2:52		3:03	3:26	3:52	4:03	4:26	4:52	5:03	5:26	5:52		6:03	6:26	6:52	7:03	7:26	7:52	8:03		8:27	8:52	9:03	9:28	9:52	10:03		10:26	10:53	11:03	11:29	11:56		12:28	
Merrick		2:29	2:55			3:30	3:55		4:29	4:55		5:29	5:55			6:29	6:55			7:29	7:55		8:30	8:55		9:31	9:55				10:29	10:56		11:32	11:59		12:31
Bellmore		2:32	2:58			3:32	3:58		4:32	4:58		5:32	5:58			6:32	6:58			7:32	7:58		8:33	8:58		9:34	9:58				10:32	10:59		11:35	12:02		12:34
Wantagh		2:35	3:01			3:35	4:01		4:35	5:01		5:35	6:01			6:35	7:01			7:35	8:01		8:36	9:01		9:37	10:01				10:35	11:02		11:38	12:05		12:37
Seaford		2:38	3:04			3:38	4:04		4:38	5:04		5:38	6:04			6:38	7:04			7:38	8:04		8:39	9:04		9:40	10:04				10:38	11:05		11:41	12:08		12:40
Massapequa	2:13	2:40	3:06		3:13	3:40	4:06		4:13	4:40	5:06	5:13	5:40	5:06		6:13	6:40	7:06		7:13	7:40	8:06	8:13		8:41	9:06	9:13	9:42	10:06	10:13		10:40	11:07	11:13	11:43	12:10		12:42
Massapequa Park	2:15	2:42			3:15	3:42			4:15	4:42		5:15	5:42			6:15	6:42			7:15	7:42		8:15		8:43		9:15	9:44			10:42	11:09	11:15	11:45	12:12		12:44
Amityville	2:18	2:45			3:18	3:45			4:18	4:45		5:18	5:45			6:18	6:45			7:18	7:45		8:18		8:46		9:18	9:47			10:18	10:45		11:18	11:48		12:15	12:47
Copiague	2:21	2:48			3:21	3:48			4:21	4:48		5:21	5:48			6:21	6:48			7:21	7:48		8:21		8:49		9:21	9:50			10:21	10:48		11:21	11:51		12:18	
Lindenhurst	2:24	2:51			3:24	3:51			4:24	4:51		5:24	5:51			6:24	6:51			7:24	7:51		8:24		8:52		9:24	9:51			10:24	10:51		11:24	11:52		12:21	
BABYLON	2:30	2:57			3:30	3:30	3:57		4:30	4:57		5:30	5:57			6:30	6:57			7:30	7:57		8:30	8:58		9:30	9:59			10:30	10:56		11:30	11:57		12:27	12:59
Train #	6154	6156	6254		6038	6158	6160	6256	6162	6164	6166	6260	6168	6170	6262	6066	6172	6174	6264	6176	6178	6266	6180	6040	6182	6268	6184	6186	6270	6188	6044	6190	6272	6192	6194	6274	6044	6198

Eastbound

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	2:11		2:40	3:11		3:46	4:11		4:46	5:11		5:46	6:04	6:11		6:46	7:01	7:11	7:18		7:46	8:11		8:46	9:01	9:12		9:46		9:56	10:12	10:14		10:46	11:14		11:44
Lindenhurst	2:17		2:52	3:17		3:52	4:17		4:52	5:17		5:52	6:17			6:52	7:17		7:25		7:52	8:17		8:52	9:18			9:52				10:17		10:52	11:17		11:50
Copiague	2:20		2:58	3:20		3:55	4:20		4:55	5:20		5:55	6:20			6:55	7:20		7:32		7:55	8:20		8:57	9:21			9:55				10:20		10:55	11:23		11:53
Amityville	2:22		2:59	3:22		3:57	4:22		4:57	5:22		5:57	6:22			6:58	7:22		7:37		7:57	8:22		8:58	9:23			9:57				10:25		10:57	11:26		11:55
Massapequa Park	2:25		2:59	3:25		3:59	4:25		4:59	5:25		5:59		6:25		7:01		7:25			7:59	8:25		9:01				9:26				10:27		10:59	11:27		11:57
Massapequa	2:27	2:30	3:01	3:27	3:30	4:01	4:27	4:30	5:01	5:27	5:30	6:01		6:27		6:30	7:03		7:27		7:30	8:01	8:28	8:30	9:03			9:28				10:29	10:35	11:01	11:29	11:35	11:59
Seaford		2:33	3:04		3:33	4:04		4:33	5:04		5:33	6:04				6:33	7:06			7:33	8:04		8:33	9:06				9:38	10:04				10:38	11:04		11:39	12:02
Wantagh		2:36	3:07		3:36	4:07		4:36	5:07		5:36	6:07				6:36	7:09			7:36	8:07		8:36	9:09				9:41	10:07				10:42	11:07		11:42	12:05
Bellmore		2:39	3:10		3:39	4:10		4:39	5:10		5:39	6:10				6:39	7:12			7:39	8:10		8:39	9:12				9:44	10:10				10:45	11:10		11:45	12:08
Merrick		2:42	3:13		3:42	4:13		4:42	5:13		5:42	6:13				6:42	7:15			7:42	8:13		8:42	9:15				9:47	10:13				10:48	11:13		11:48	12:11
Freeport		2:37	2:45	3:16	3:37	3:45	4:16	4:37	4:45	5:16	5:37	5:45	6:16		6:37	6:45	7:18		7:37		7:45	8:16	8:37	8:45	9:18			9:38	9:50	10:16			10:39	10:51	11:16	11:39	11:51	12:14
Baldwin		2:48	2:55	3:29	3:48	3:55	4:29	4:48	4:55	5:29	5:48	5:55	6:29		6:48	6:55	7:31				7:55	8:29	8:48	8:55	9:31				9:53	10:03	10:29			10:54	11:03	11:29	11:54	12:03	12:27
Rockville Centre		2:51	3:22		3:51	4:22		4:51	5:22		5:51	6:22				6:51	7:34				7:51	8:22		8:51	9:24				9:56	10:22				10:57	11:22		11:57	12:22	
Lynbrook (Note)		2:55	3:26		3:55	4:26		4:55	5:26		5:55	6:26				6:55	7:38				7:55	8:26		8:55	9:28				9:58	10:26				11:00	11:26		11:59	12:26	
JAMAICA (Arrive)	2:55	3:05	3:38	3:55	4:05	4:38	4:55	5:05	5:38	5:55	6:05	6:38	6:42	6:55	7:05	7:40	7:38	7:55	8:05	8:05	8:38	8:56	9:05	9:40	9:38	9:55	10:13	10:38	10:35	10:46	10:57	11:13	11:39	11:57	12:13	12:35
JAMAICA (Leave)	2:57	3:07	3:40	3:57	4:07	4:40	4:57	5:07	5:40	5:57	6:07	6:40	6:48	6:57	7:07	7:42	7:40	7:57	8:07	8:07	8:40	8:58	9:07	9:42	9:42	9:57	10:15	10:40	10:40	10:50	10:59	11:15	11:41	11:59	12:15	12:37
East New York																																				
Nostrand Avenue.																																				
ATLANTIC TERMINAL																																				
HUNTERSPOINT AVE.																																				
Kew Gardens		3:11	3:44		4:11	4:44		5:11	5:44		6:11	6:44			7:11	7:46				8:11	8:44		9:11	9:46			10:19	10:44				11:19	11:45		12:19	12:41	
Forest Hills		3:13	3:46		4:13	4:46		5:13	5:46		6:13	6:46			7:13	7:48				8:13	8:46		9:13	9:48			10:21	10:46				11:21	11:47		12:21	12:43	
Woodside																							9:08													
GRAND CENTRAL			3:27			4:27			5:06			6:27			7:08		7:27			8:27	8:27						10:27					11:27				
PENN STATION	3:17		4:00	4:17		5:00	5:17		6:00	6:17		7:00	7:11	7:17		8:02	8:02	8:17	8:30		9:00	9:19		10:02	10:02	10:17		11:00	11:00	11:06	11:17		12:02	12:17		
Train #	6199	6256	6161	6163	6257	6165	6167	6259	6169	6171	6261	6173	6063	6175	6263	6177	6265	6179	6267	6181	6269	6183	6271	6185	6187	6187	6291	6189	6189	6189	6273	6193	6195	6275	6197	

To Jamaica

Westbound

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	2:11		2:40	3:11		3:46	4:11		4:46	5:11		5:46	6:04	6:11		6:46	7:01	7:11	7:18		7:46	8:11		8:46	9:01	9:12		9:46		9:56	10:12	10:14		10:46	11:14	
Lindenhurst	2:17		2:52	3:17		3:52	4:17		4:52	5:17		5:52	6:17			6:52	7:17		7:25		7:52	8:17		8:52	9:18			9:52				10:17		10:52	11:17	
Copiague	2:20		2:58	3:20		3:55	4:20		4:55	5:20		5:55	6:20			6:55	7:20		7:32		7:55	8:20		8:57	9:21			9:55				10:20		10:55	11:23	
Amityville	2:22		2:59	3:22		3:57	4:22		4:57	5:22		5:57	6:22			6:58	7:22		7:37		7:57	8:22		8:58	9:23			9:57				10:25		10:57	11:26	
Massapequa Park	2:25		2:59	3:25		3:59	4:25		4:59	5:25		5:59		6:25		7:01		7:25			7:59	8:25		9:01				9:26				10:27		10:59	11:27	
Massapequa	2:27	2:30	3:01	3:27	3:30	4