

Special Timetable



Long Island Rail Road

Long Beach Branch

Alternate Plan Schedules

Effective When Announced

Weekdays, September 8, 2026 - November 6, 2026

www.mta.info

Long Beach

Island Park

Oceanside

East Rockaway

Centre Avenue

Lynbrook

Jamaica

Atlantic Terminal (Brooklyn)

Hunterspoint Avenue

Long Island City

Woodside

Grand Central

Penn Station

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ATTENTION CUSTOMERS



In the event of severe weather or emergency conditions, the LIRR has an alternate service plan in place to help ensure the safety of our customers and employees.

Use this special timetable for all Long Beach Branch travel when implemented.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular Long Beach Branch timetable, effective September 8, 2026.

Alternate Plan Schedules - Effective When Announced, Weekdays, September 8, 2026 - November 6, 2026

Eastbound

To
Long Beach

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																									
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
PENN STATION		12:57	1:52	3:52	5:37		6:39		7:52		8:49		9:32	9:44	10:32	10:44	11:32	11:44	12:32	12:44	1:32	1:44		2:51	
GRAND CENTRAL	12:16					6:11		7:31		8:13		9:06											1:56		
Woodside	12:28	1:08		4:03	5:48				8:03		9:01			9:56		10:56		11:56		12:56		1:56		3:03	
Forest Hills			2:06	4:09		6:28		7:46		8:28		9:21	9:48		10:48		11:48		12:48		1:48		2:11		
Kew Gardens			2:08	4:11								9:23	9:50		10:50		11:50		12:50		1:50		2:13		
ATLANTIC TERMINAL																									
Nostrand Avenue																									
East New York																									
JAMAICA (Arrive)	12:37	1:17	2:12	4:15	5:57	6:34	7:00	7:52	8:12	8:34	9:08	9:26	9:54	10:04	10:54	11:04	11:54	12:04	12:54	1:04	1:54	2:04	2:17	3:12	
JAMAICA (Leave)	12:39	1:19	2:13	4:16	5:58	6:35	7:02	7:53	8:13	8:35	9:10	9:28	9:56	10:06	10:56	11:06	11:56	12:06	12:56	1:06	1:56	2:06	2:19	3:13	
Locust Manor							7:09				9:16					11:12									
Laurelton							7:11				9:18					11:14									
Rosedale							7:14				9:21					11:17									
Valley Stream		1:29	2:22	4:25	6:07		7:17		8:22		9:24			10:16		11:20		12:16		1:16		2:16		3:24	
LYNBROOK	A 12:53	B 1:31	B 2:25	B 4:28	B 6:10	A 6:49	B 7:21	A 8:07	B 8:25	A 8:49	B 9:27	A 9:42	A 10:10	B 10:19	A 11:10	B 11:23	A 12:10	B 12:19	A 1:10	B 1:19	A 2:10	B 2:19	A 2:32	B 3:27	
Centre Avenue		1:33	2:27	4:30	6:12		7:23		8:27		9:29			10:21		11:25		12:21		1:21		2:21		3:29	
East Rockaway		1:35	2:29	4:32	6:14		7:25		8:29		9:31			10:23		11:27		12:23		1:23		2:23		3:31	
Oceanside		1:37	2:31	4:34	6:16		7:27		8:31		9:33			10:25		11:29		12:25		1:25		2:25		3:33	
Island Park		1:41	2:35	4:38	6:20		7:31		8:35		9:37			10:29		11:33		12:29		1:29		2:29		3:37	
LONG BEACH		1:48	2:42	4:45	6:27		7:38		8:42		9:44			10:36		11:40		12:36		1:36		2:36		3:44	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	
Train #	202	802	804	806	810	220	812	222	814	224	816	1290	134	820	138	822	146	824	150	852	156	854	258	856	

Alternate Plan Schedules - Effective When Announced, Weekdays, September 8, 2026 - November 6, 2026

(Continued)

Eastbound

To
Long Beach

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."				Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM									
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION		3:23		4:31	4:48			5:34		6:10	6:34			7:44			8:52		9:52		10:48		11:57
GRAND CENTRAL	3:04		3:52			5:00	5:18		5:54			6:44	7:18			8:12		9:12		10:07		11:12	
Woodside		3:35									6:45						9:04	9:24	10:04	10:19		11:23	12:09
Forest Hills													7:33								11:03		
Kew Gardens																					11:05		
ATLANTIC TERMINAL																7:50							
Nostrand Avenue																7:57							
East New York																8:02							
JAMAICA (Arrive)	3:25	3:43	4:12	4:51	5:09	5:21	5:38	5:55	6:14	6:31	6:53	7:04	7:38	8:03	8:11	8:33	9:12	9:33	10:13	10:28	11:09	11:31	12:18
JAMAICA (Leave)	3:26	3:44	4:13	4:52	5:10	5:23	5:39	5:56	6:15	6:32	6:54	7:05	7:39	8:04	8:12	8:35	9:14	9:35	10:15	10:30	11:11	11:33	12:20
Locust Manor			4:19		5:16					6:38				8:10			9:20						12:26
Laurelton			4:21		5:18	5:32		6:04		6:40				8:12			9:22						12:28
Rosedale			4:24	5:01	5:21			6:07		6:43			7:47	8:15			9:25						12:31
Valley Stream (Note)		3:56	4:27	5:03	5:24		5:49	6:10	6:24	6:46		7:15	7:50	8:18			9:29		10:25		11:21		12:34
LYNBROOK	A 3:40	B 3:59	B 4:30	B 5:06	B 5:28	A 5:38	B 5:52	B 6:13	B 6:27	B 6:49	A 7:08	B 7:18	B 7:53	B 8:21	A 8:26	A 8:49	B 9:32	A 9:49	B 10:28	A 10:44	B 11:24	A 11:47	B 12:37
Centre Avenue		4:01	4:32	5:08	5:31		5:54	6:15	6:29	6:51		7:20	7:55	8:23			9:34		10:30		11:26		12:39
East Rockaway		4:03	4:34	5:10	5:33		5:56	6:17	6:31	6:53		7:22	7:57	8:25			9:36		10:32		11:28		12:41
Oceanside		4:05	4:36	5:12	5:35		5:58	6:19	6:33	6:55		7:24	7:59	8:27			9:38		10:34		11:30		12:43
Island Park		4:09	4:40	5:16	5:39		6:02	6:23	6:37	6:59		7:28	8:03	8:31			9:42		10:38		11:34		12:47
LONG BEACH		4:16	4:47	5:23	5:46		6:09	6:30	6:44	7:06		7:35	8:10	8:38			9:49		10:45		11:41		12:54
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	262	858	860	862	864	1258	866	868	870	874	1178	876	880	882	284	286	886	288	888	290	890	292	892

Alternate Plan Schedules - Effective When Announced, Weekdays, September 8, 2026 - November 6, 2026

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Monday Only							Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM					
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
LONG BEACH		12:09			4:17		5:12		5:48	6:14	6:33	6:41	7:01			7:26	7:40	7:59	8:24	8:47			9:46		10:44
Island Park		12:16			4:24		5:19		5:55	6:22	6:40	6:48	7:08		7:21	7:33	7:47	8:06	8:31	8:54			9:53		10:51
Oceanside		12:20			4:28		5:23		5:59	6:26	6:44	6:52	7:12		7:25	7:37	7:51	8:10	8:35	8:58			9:57		10:55
East Rockaway		12:22			4:30		5:25		6:01	6:28	6:46	6:54	7:14		7:27	7:39	7:53	8:12	8:37	9:00			9:59		10:57
Centre Avenue		12:24			4:32		5:27		6:03	6:30	6:48	6:56	7:16		7:29	7:41	7:55	8:14	8:39	9:02			10:01		10:59
LYNBROOK	A 12:22	B 12:27	A 1:15	A 2:19	B 4:35	A 5:09	B 5:30	A 5:42	B 6:06	B 6:33	B 6:51	B 6:59	B 7:19	A 7:28	B 7:32	B 7:44	B 7:58	B 8:17	B 8:42	B 9:05	A 9:19	A 9:59	B 10:04	A 10:20	B 11:02
Valley Stream (Note)		12:30			4:38		5:33		6:09	6:36	6:54	7:02	7:22		7:36	7:47	8:01	8:20	8:45	9:08			10:07		11:05
Rosedale		12:33			4:41		5:36			6:39			7:25		7:39			8:23							
Laurelton		12:36			4:44		5:39			6:42					7:42			8:26							
Locust Manor		12:38			4:46		5:41			6:44					7:44			8:28							
JAMAICA (Arrive)	12:35	12:44	1:28	2:32	4:53	5:22	5:48	5:55	6:23	6:51	7:05	7:13	7:37	7:44	7:51	7:59	8:12	8:36	8:57	9:20	9:34	10:14	10:17	10:34	11:15
JAMAICA (Leave)	12:37	12:45	1:30	2:33	4:54	5:23	5:49	5:56	6:24	6:52	7:06	7:14	7:38	7:45	7:53	8:00	8:13	8:37	8:58	9:21	9:35	10:16	10:19	10:36	11:17
East New York*								6:05		7:00					8:01										
Nostrand Avenue*								6:10		7:05					8:06										
ATLANTIC TERMINAL*								6:17		7:12					8:13										
Kew Gardens	12:41						5:53											8:41				10:20			
Forest Hills	12:43					5:29			6:29			7:19						8:43				10:22			
Woodside		12:53			5:02									7:53				8:48					10:28		11:27
GRAND CENTRAL							6:08		6:43			7:34				8:19	8:32			9:39		10:36			
PENN STATION	12:58 AM	1:04 AM	1:49 AM	2:51 AM	5:12 AM	5:43 AM					7:25 AM		7:58 AM	8:05 AM				8:59 AM	9:16 AM		9:54 AM		10:38 AM	10:55 AM	11:37 AM
Train #	6197	801	103	105	807	111	809	215	811	815	817	819	821	127	899	823	827	829	831	833	137	241	835	141	837



Reference Notes	
*	For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable.
A	Leaves from Platform A.
B	Leaves from Platform B.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Valley Stream, Rosedale, Laurelton, Locust Manor	For complete service at these stations, see the Far Rockaway Branch Timetable.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Alternate Plan Schedules - Effective When Announced, Weekdays, September 8, 2026 - November 6, 2026

(Continued)

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."																											
	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
LONG BEACH		11:44		12:44		1:44		2:52		3:55	4:25		4:55	5:29		5:54		6:48		8:14		8:55		9:53		10:53	
Island Park		11:51		12:51		1:51		2:59		4:02	4:32		5:02	5:36		6:01		6:55		8:21		9:02		10:00		11:00	
Oceanside		11:55		12:55		1:55		3:03		4:06	4:36		5:06	5:40		6:05		6:59		8:25		9:06		10:04		11:04	
East Rockaway		11:57		12:57		1:57		3:05		4:08	4:38		5:08	5:42		6:07		7:01		8:27		9:08		10:06		11:06	
Centre Avenue		11:59		12:59		1:59		3:07		4:10	4:40		5:10	5:44		6:09		7:03		8:29		9:10		10:08		11:08	
LYNBROOK	A 11:20	B 12:02	A 12:20	B 1:02	A 1:20	B 2:02	A 2:18	B 3:10	A 3:57	B 4:13	B 4:43	A 4:56	B 5:13	B 5:47	A 5:57	B 6:12	A 6:57	B 7:06	A 7:57	B 8:32	A 8:52	B 9:13	A 9:49	B 10:11	A 10:52	B 11:11	A 11:56
Valley Stream (Note)		12:05		1:05		2:05		3:13		4:16	4:46		5:16	5:50		6:15		7:09		8:36		9:16		10:14		11:14	
Rosedale								3:16			4:49		5:18			6:18		7:12					10:17				
Laurelton								3:19			4:52					6:21		7:15					10:20				
Locust Manor								3:21			4:54					6:23		7:17					10:22				
JAMAICA (Arrive)	11:34	12:15	12:34	1:15	1:34	2:15	2:32	3:28	4:11	4:26	5:01	5:10	5:28	6:01	6:11	6:29	7:11	7:23	8:10	8:49	9:05	9:26	10:02	10:28	11:06	11:24	12:10
JAMAICA (Leave)	11:36	12:17	12:36	1:17	1:36	2:17	2:34	3:29	4:12	4:27	5:02	5:11	5:29	6:02	6:13	6:30	7:12	7:24	8:11	8:50	9:06	9:28	10:04	10:30	11:08	11:26	12:12
East New York*																											
Nostrand Avenue*																											
ATLANTIC TERMINAL*																											
Kew Gardens							2:38																				
Forest Hills							2:40		4:17			5:16			6:18		7:17										
Woodside		12:27		1:27		2:27		3:36		4:34	5:09		5:37	6:10						8:58				11:17		12:21	
GRAND CENTRAL									4:32			5:30	5:48		6:32		7:31		8:30				10:23		11:28		12:32
PENN STATION	11:55 AM	12:37 PM	12:55 PM	1:37 PM	1:55 PM	2:37 PM	2:55 PM	3:47 PM		4:45 PM	5:20 PM			6:21 PM		6:49 PM		7:41 PM		9:09 PM	9:25 PM	9:46 PM		10:50 PM		11:46 AM	
Train #	145	839	149	853	157	855	161	857	257	859	861	261	863	865	263	867	265	869	267	873	187	875	271	877	273	879	275

/// WATCH THE GAP ///