

options.

For explanation, see "Reference Notes."					Peak PM
PENN STATION	PM	PM 3:09	PM	PM 4:04	PM
GRAND CENTRAL	3:01				4:35
Woodside	3:13				
Forest Hills		3:24		4:18	
Kew Gardens		3:26			
ATLANTIC TERMINAL*			3:31		
Nostrand Avenue*			3:38		
East New York*			3:43		
JAMAICA (Arrive)	3:22	3:30	3:52	4:23	4:55
JAMAICA (Leave)	3:24	3:31	3:57	4:24	4:56
Hollis			4:04	4:31	5:02
Queens Village			4:07	4:34	5:05
Elmont			4:09	4:36	5:07
Bellerose			4:11	4:38	5:09
Floral Park	3:33	3:40	4:13	4:40	5:11
Stewart Manor			4:16	4:43	5:14
Nassau Boulevard			4:19	4:46	5:17
Garden City			4:22	4:49	5:20
Country Life Press			4:25	4:52	5:23
HEMPSTEAD			4:29	4:56	5:27
Train #	PM 2060	PM 1562	PM 756	PM 758	PM 760

	For explanation, see "Reference Notes."								
PM		PM	PM	PM	PM	PM	PM	PM	PM
.....	HEMPSTEAD	2:05		2:58		3:56			
.....	Country Life Press	2:09		3:02		4:00			
.....	Garden City	2:12		3:05		4:03			
.....	Nassau Boulevard	2:14		3:07		4:05			
.....	Stewart Manor	2:17		3:10		4:08			
1:33	Floral Park	2:20	2:34	3:13	3:56	4:11	4:53		
.....	Bellerose	2:22		3:15		4:13			
.....	Elmont	2:24		3:17		4:15		5:03	
.....	Queens Village	2:27		3:20		4:18			
.....	Hollis	2:30		3:23		4:21			
1:44	JAMAICA (Arrive)	2:37	2:45	3:31	4:08	4:28	5:04	5:15	
1:46	JAMAICA (Leave)	2:39	2:47	3:32	4:09	4:29	5:05	5:16	
.....	East New York*								
.....	Nostrand Avenue*								
.....	ATLANTIC TERMINAL*								
1:50	Kew Gardens				4:12		5:08		
1:52	Forest Hills								
.....	Woodside	2:48						5:25	
.....	GRAND CENTRAL	2:58		3:50		4:48			
2:07 PM	PENN STATION		3:06 PM		4:28 PM		5:24 PM	5:36 PM	
1555	Train #	755	1557	799	1559	757	1561	1965	

[illegible]

	1988	Peak	5:40	5:58	6:16	West of Jamaica	At stations west of Jamaica, westbound train stations up to three minutes earlier than time
	668	Peak	6:40	6:43	6:58		
	568	Peak	6:40	6:53	7:09		
<h3 style="text-align: center;">Station Services: Connecting Transportation</h3>							
	Fare Zone						
PENN STATION	1		M7, M20, M34-SBS, M34A-SBS, Q32				1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1		M1, M2, M3, M4, M42, M101, M102, M103, Q32				4, 5, 6, 7, S, METRO-NORTH
Woodside	1		Q18, Q32, Q25-SBS, Q70-SBS		LaGuardia Link Q70-SBS		7
Forest Hills	1		Q23, Q60, Q64, Q74				E, F, M, R
Kew Gardens	1		Q10, Q80		Q10		
HUNTERSPOINT AVE.	1		Q67				7
ATLANTIC TERMINAL	1		B37, B41, B45, B63, B65, B67, B103				2, 3, 4, 5, B, D, N, Q, R
Nonstrand Avenue	1		B25, B26, B44, B44-SBS, B49				A, C
East New York	1		B12, B20, B25, B85, Q24, Q26				A, C, J, Z, L
JAMAICA	3		Q1, Q6, Q8, Q9, Q20, Q24, Q25, Q26, Q30, Q31, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65, Q75				E, J, Z
Hollis	3		Q2, Q3, Q110	(718) 479-7676	Q3		
Queens Village	3		Q27, Q36, Q88, Q110, n24	(718) 479-7676			
Bellerose	4			(516) 328-8888			
Floral Park	4			(516) 328-8888			
Stewart Manor	4		n25	(516) 354-3554			
Nassau Boulevard	4			(516) 742-2222			
Garden City	4			(516) 748-1542			
Country Life Press	4			(516) 746-1542			
HEMPSTEAD	4		n6, n15, n16, n27, n31, n32, n35, n40A1, n48, n49, n54, n55, n70, Mercy Medical Shuttle	(516) 489-4480			

Call 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free 711 relay to reach 511

NYC SUBWAY AND BUS

MTA New York City Transit, MTA Bus	511
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BUS SERVICES:

Nassau Inter-County Express	(631) 336-6600
Suffolk County Transit (Suffolk County Buses).....	(631) 852-5200
HART (Huntington Area Rapid Transit)	(631) HART-BUS
City of Long Beach Buses	(516) 431-4445

RAILROADS:

Metro-North Railroad (New York City)	511
New Jersey Transit	(973) 275-5555
PATh (Port Authority Trans Hudson)	(800) 234-PATH
AMTRAK	(800) USA-RAIL

FERRY SERVICES:

Port Jefferson-Bridgeport Ferry	(631) 473-0286
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VISITORS AND TOURISM:

Long Island Convention & Visitors Bureau	(877) FUN-ON-LI
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Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only 911

MTA Police	(212) 878-1001
MTA Inspector General Hotline	(800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT	SAY	HOURS
Schedule Information	"Schedules"	24/7
Fare Information	"Fares"	24/7
Mobile Ticketing	"Mobile Ticketing"	Daily, 6AM - 10 PM
Mail/Ride	"Mail and Ride"	Daily, 6AM - 10 PM
Group Travel and Getaways	"Group Travel"	M-F, 6 AM-4 PM
Lost & Found	"Say 'Lost & Found'"	Daily, 6 AM - 10 PM
Refunds	"More Options" - "Ticket Refunds"	Daily, 6 AM - 10 PM
Ticket Machine Assistance	"More Options" - "Ticket Machines"	M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	"More Options" - "Hamptons Reserve"	Seasonal: May-Sept.
Comments & Concerns	"More Options" - "Public Affairs"	Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	"More Options" - "Corporate Directory"	M-F, 9 AM-5 PM

Long Island Rail Road
 Jamaica Station
 Jamaica, NY 11435

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information or to file a complaint, visit www.mta.info/transparency/title-vi/note-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

Responsibility

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to

Effective November 9, 2026 - February 28, 2027

Hempstead

Branch Timetable

www.mta.info

- Hempstead
- Country Life Press
- Garden City
- Nassau Boulevard
- Stewart Manor
- Floral Park
- Bellerose
- Elmont-UBS Arena
- Queens Village
- Hollis
- Jamaica
- Atlantic Terminal (Brooklyn)
- Hunterspoint Avenue
- Long Island City
- Woodside
- Grand Central
- Penn Station

WATCH THE CAR !!!

Use the TrainTime app or a City Terminal Zonetimetable to view full service west of Jamaica and plan for your transfer options.

Assaulting
MTA Long Island Rail Road Train Crew Members is a felony punishable by up to 5 years in prison.
7
New York State Penal Code § 85.05

● Penn Station

/// WATCH THE GAP ///

