

Special Timetable



Long Island Rail Road

Long Beach Branch

Special Midday Track Work

Effective Weekdays,

November 9-13 and 16-20, 2026 Only

www.mta.info

Long Beach

Island Park

Oceanside

East Rockaway

Centre Avenue

Lynbrook

Jamaica

Atlantic Terminal (Brooklyn)

Hunterspoint Avenue

Long Island City

Woodside

Grand Central

Penn Station

ATTENTION CUSTOMERS



As a result of track work on the Montauk Branch, some Montauk Branch trains that stop at Lynbrook will operate on adjusted schedules and have affected connections.

Please note the 3:57 PM train from Lynbrook to Grand Central will not operate.

This special timetable shows only affected service. For all other service please use the regular Long Beach Branch timetable, effective November 9, 2026.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

Eastbound Affected Service

For explanation, see
"Reference Notes."

	AM	AM	AM	AM	PM	PM
PENN STATION		9:48	10:54	11:54	12:54	1:54
GRAND CENTRAL	9:04					
Woodside						
Forest Hills	9:19					
Kew Gardens	9:21					
ATLANTIC TERMINAL						
Nostrand Avenue						
East New York						
JAMAICA (Arrive)	9:25	10:09	11:15	12:15	1:15	2:15
JAMAICA (Leave)	9:27	10:11	11:16	12:16	1:16	2:16
Locust Manor						
Laurelton						
Rosedale						
Valley Stream						
LYNBROOK	A 9:41	A 10:25	A 11:29	A 12:29	A 1:29	A 2:29
Centre Avenue						
East Rockaway						
Oceanside						
Island Park						
LONG BEACH						
	AM	AM	AM	PM	PM	PM
Train #	1290	134	138	146	150	156

Westbound Affected Service

For explanation, see
"Reference Notes."

	AM	AM	PM	PM	PM	PM	PM
LONG BEACH							
Island Park							
Oceanside							
East Rockaway							
Centre Avenue							
LYNBROOK	A 10:12	A 11:14	A 12:17	A 1:17	A 2:17	A 3:00	A 3:17
Valley Stream (Note)							
Rosedale							
Laurelton							
Locust Manor							
JAMAICA (Arrive)	10:26	11:27	12:32	1:32	2:32	3:12	3:33
JAMAICA (Leave)	10:27	11:28	12:34	1:34	2:34	3:15	3:35
East New York*							
Nostrand Avenue*							
ATLANTIC TERMINAL*							
Kew Gardens					2:38	3:19	
Forest Hills					2:40	3:21	
Woodside							
GRAND CENTRAL						3:35	
PENN STATION	10:47	11:47	12:55	1:55	2:55		3:54
	AM	AM	PM	PM	PM	PM	PM
Train #	141	145	149	157	161	1299	165

Reference Notes

A	Leaves from Platform A.
B	Leaves from Platform B.
Valley Stream, Rosedale, Laurelton, Locust Manor	For complete service at these stations, see the Far Rockaway Branch Timetable.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///