Special Timetable

Long Island Rail Road

West Hempstead Branch

Alternate Plan Schedules
Effective When Announced
Weekdays, November 9, 2026 - February 26, 2027

www.mta.info

- West Hempstead
- Hempstead Gardens
- Lakeview
- Malverne
- Westwood
- St. Albans
- Jamaica — AIRTRAIN
  - Atlantic Terminal (Brooklyn)
  - Hunterspoint Avenue
  - Long Island City
- Woodside — LaGuardia Link, Q70 SBS
  - Grand Central
- Penn Station

ATTENTION CUSTOMERS

In the event of severe weather or emergency conditions, the LIRR has an alternate service plan in place to help ensure the safety of our customers and employees.

Use this special timetable for all West Hempstead Branch travel when implemented.

*Refer to the TrainTime app for complete service west of Jamaica, as well as transfer options.

For all other service please use the regular West Hempstead Branch timetable, effective November 9, 2026.

/// WATCH THE GAP ///

Long Island Rail Road

Reference Notes	
*	For complete service west of Jamaica see the applicable City Terminal Zone timetable.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///

Alternate Plan Schedules - Effective When Announced, Weekdays, November 9, 2026 - February 26, 2027

Eastbound

To West Hempstead

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."															Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM				Monday - Thursday	Friday Only
	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	5:40	J 6:09	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	4:54	5:19	.....	.....	.....	6:34	6:50	7:38	.....	J 9:34	J 10:52	J 11:57	J 11:37
GRAND CENTRAL	.....	J 6:11	7:31	.....	.....	9:04	9:36	10:36	11:36	12:36	1:31	2:47	3:04	.....	.....	.....	.....	.....	5:51	.....	.....	.....	.....	8:56	J 9:24	J 10:28	J 11:53	J 11:30
Woodside	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Forest Hills	5:55	.....	7:46	.....	.....	9:19	.....	.....	.....	.....	.....	3:02	.....	.....	.....	.....	5:33	.....	.....	.....	6:45	.....	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	.....	.....	9:21	.....	.....	.....	.....	.....	3:04	.....	.....	.....	.....	5:35	.....	.....	.....	.....	.....	7:54	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	.....	.....	.....	7:36	8:37	.....	.....	.....	.....	.....	.....	.....	.....	3:41	4:26	.....	.....	5:32	.....	6:10	.....	.....	.....	.....	.....	.....	.....	.....
Nostrand Avenue	.....	.....	.....	7:43	8:44	.....	.....	.....	.....	.....	.....	.....	.....	3:48	4:33	.....	.....	5:39	.....	6:17	.....	.....	.....	.....	.....	.....	.....	.....
East New York	.....	.....	.....	7:48	8:49	.....	.....	.....	.....	.....	.....	.....	.....	3:53	4:38	.....	.....	5:44	.....	6:22	.....	.....	.....	.....	.....	.....	.....	.....
JAMAICA (Arrive)	6:01	6:34	7:52	7:57	8:58	9:25	9:57	10:57	11:57	12:57	1:51	3:08	3:25	4:02	4:46	5:16	5:39	5:53	6:13	6:30	6:53	7:10	7:57	9:16	9:54	11:13	12:18	11:57
JAMAICA (Leave)	6:03	6:39	7:53	7:59	9:00	9:27	9:59	10:59	11:59	12:59	1:53	3:09	3:26	4:03	4:48	5:17	5:40	5:57	6:14	6:31	6:54	7:11	7:58	9:18	10:04	11:18	12:22	12:09
St. Albans	6:09	6:46	7:59	8:06	9:06	9:33	10:06	11:06	12:06	1:06	1:59	3:15	3:32	4:09	4:55	5:23	5:46	6:03	6:20	6:37	7:00	7:17	8:04	9:24	10:11	11:24	12:28	12:15
Westwood	.....	6:56	.....	8:16	9:16	.....	10:16	11:16	12:16	1:16	2:09	3:25	.....	4:19	5:05	5:34	.....	6:13	.....	6:47	.....	7:28	8:14	9:34	10:21	11:34	12:38	12:25
Malverne	.....	6:58	.....	8:18	9:18	.....	10:18	11:18	12:18	1:18	2:11	3:27	.....	4:21	5:07	5:36	.....	6:15	.....	6:49	.....	7:30	8:16	9:36	10:23	11:36	12:40	12:27
Lakeview	.....	7:00	.....	8:20	9:20	.....	10:20	11:20	12:20	1:20	2:13	3:29	.....	4:23	5:09	5:38	.....	6:17	.....	6:51	.....	7:32	8:18	9:38	10:25	11:38	12:42	12:29
Hempstead Gardens	.....	7:02	.....	8:22	9:22	.....	10:22	11:22	12:22	1:22	2:15	3:31	.....	4:25	5:11	5:40	.....	6:19	.....	6:53	.....	7:34	8:20	9:40	10:27	11:40	12:44	12:31
WEST HEMPSTEAD	.....	7:07	.....	8:27	9:27	.....	10:27	11:27	12:27	1:27	2:20	3:36	.....	4:30	5:16	5:45	.....	6:24	.....	6:58	.....	7:39	8:25	9:45	10:32	11:45	12:49	12:36
	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM
Train #	122	1706	222	1710	1712	226	1714	1716	1718	1750	1752	1754	262	1756	1758	1760	1162	1762	270	1764	1178	1766	1768	1770	1772	1774	1702	7702

Alternate Plan Schedules - Effective When Announced, Weekdays, November 9, 2026 - February 26, 2027

Westbound

To Jamaica, Brooklyn* & New York

*Refer to the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM																			
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
WEST HEMPSTEAD	5:21	6:25	.....	7:23	7:54	8:47	.....	9:50	10:50	11:50	12:50	2:27	2:56	3:54	.....	.....	5:50	.....	7:50	8:47	9:59	10:55	11:58
Hempstead Gardens	5:24	6:28	.....	7:26	7:57	8:50	.....	9:53	10:53	11:53	12:53	2:30	2:59	3:57	.....	.....	5:53	.....	7:53	8:50	10:02	10:58	12:01
Lakeview	5:26	6:30	.....	7:28	7:59	8:52	.....	9:55	10:55	11:55	12:55	2:32	3:01	3:59	.....	.....	5:55	.....	7:55	8:52	10:04	11:00	12:03
Malverne	5:28	6:32	.....	7:30	8:01	8:54	.....	9:57	10:57	11:57	12:57	2:34	3:03	4:01	.....	.....	5:57	.....	7:57	8:54	10:06	11:02	12:05
Westwood	5:31	6:35	.....	7:33	8:03	8:57	.....	10:00	11:00	12:00	1:00	2:37	3:06	4:04	.....	.....	6:00	.....	8:00	8:57	10:09	11:05	12:08
St. Albans	5:42	6:46	7:17	7:44	8:17	9:08	9:27	10:11	11:11	12:11	1:11	2:48	3:17	4:17	5:04	5:39	6:11	7:05	8:11	9:08	10:20	11:16	12:19
JAMAICA (Arrive)	5:48	6:53	7:24	7:51	8:24	9:14	9:34	10:17	11:17	12:17	1:17	2:54	3:23	4:23	5:10	5:45	6:17	7:11	8:16	9:14	10:26	11:22	12:25
JAMAICA (Leave)	5:52	6:54	7:25	7:52	8:26	9:15	9:35	10:19	11:19	12:19	1:19	2:56	3:24	4:24	5:11	5:46	6:18	7:12	8:18	9:19	10:30	11:26	12:40
East New York	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	3:06	3:32	4:32	.....	.....	6:26	.....	.....	.....	.....	.....	.....
Nostrand Avenue	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	3:11	3:37	4:37	.....	.....	6:31	.....	.....	.....	.....	.....	.....
ATLANTIC TERMINAL	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	3:16	3:44	4:44	.....	.....	6:38	.....	.....	.....	.....	.....	.....
Kew Gardens	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
Forest Hills	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	5:16	5:51	.....	7:17	.....	.....	.....	.....	.....
Woodside	.....	.....	.....	.....	8:35	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....	.....
GRAND CENTRAL	J 6:11	7:12	.....	8:10	8:47	.....	.....	10:38	11:38	12:38	1:38	.....	.....	.....	5:30	.....	.....	7:31	8:38	J 9:42	J 10:52	J 11:48	J 1:08
PENN STATION	J 6:20	.....	7:43	.....	.....	9:34	9:54	.....	.....	.....	.....	.....	.....	.....	.....	6:05	.....	.....	.....	J 9:38	J 10:50	J 11:46	J 1:00
	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train #	1705	1707	1125	1709	1711	1715	137	1717	1719	1721	1753	1755	1757	1759	261	173	1761	265	1767	1769	1771	1773	1775