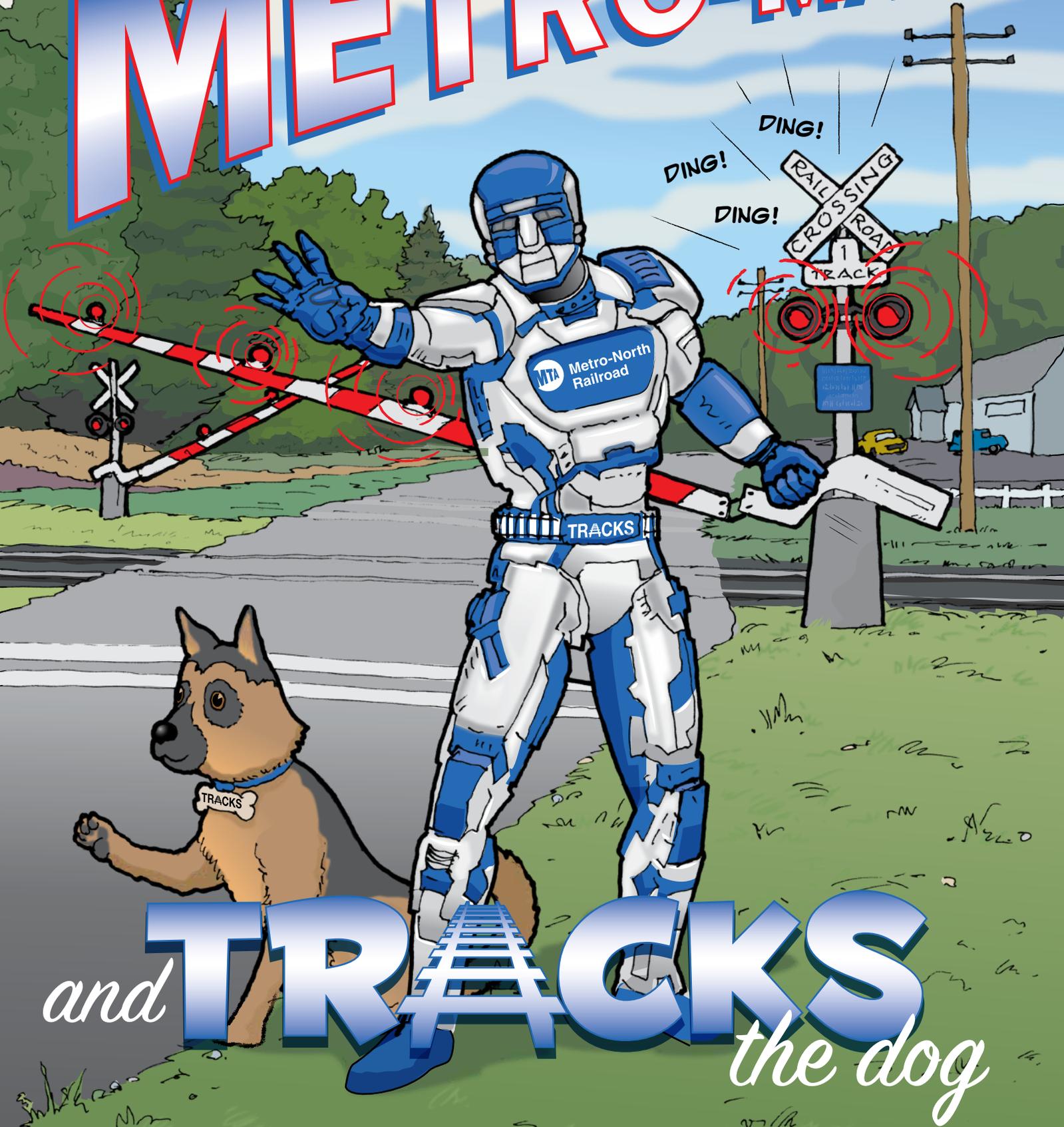


THE ADVENTURES OF

# METRO-MAN



*and* **TRACKS** *the dog*

## **MESSAGE TO THE PARENTS:**

**MTA METRO-NORTH RAILROAD, IN PARTNERSHIP WITH THE MTA POLICE AND OPERATION LIFESAVER, HAVE PUT TOGETHER THIS INFORMATIONAL COLORING BOOK FOR YOUR CHILD.**

### **TRACKS**

**(TOGETHER RAILROADS AND COMMUNITIES KEEPING SAFE), OUR SAFETY EDUCATION/COMMUNITY OUT-REACH PROGRAM, FOCUSES ON PROMOTING SAFE BEHAVIORS AND PROVIDING IMPORTANT SAFETY TIPS WHEN NEAR OR AROUND TRAINS.**

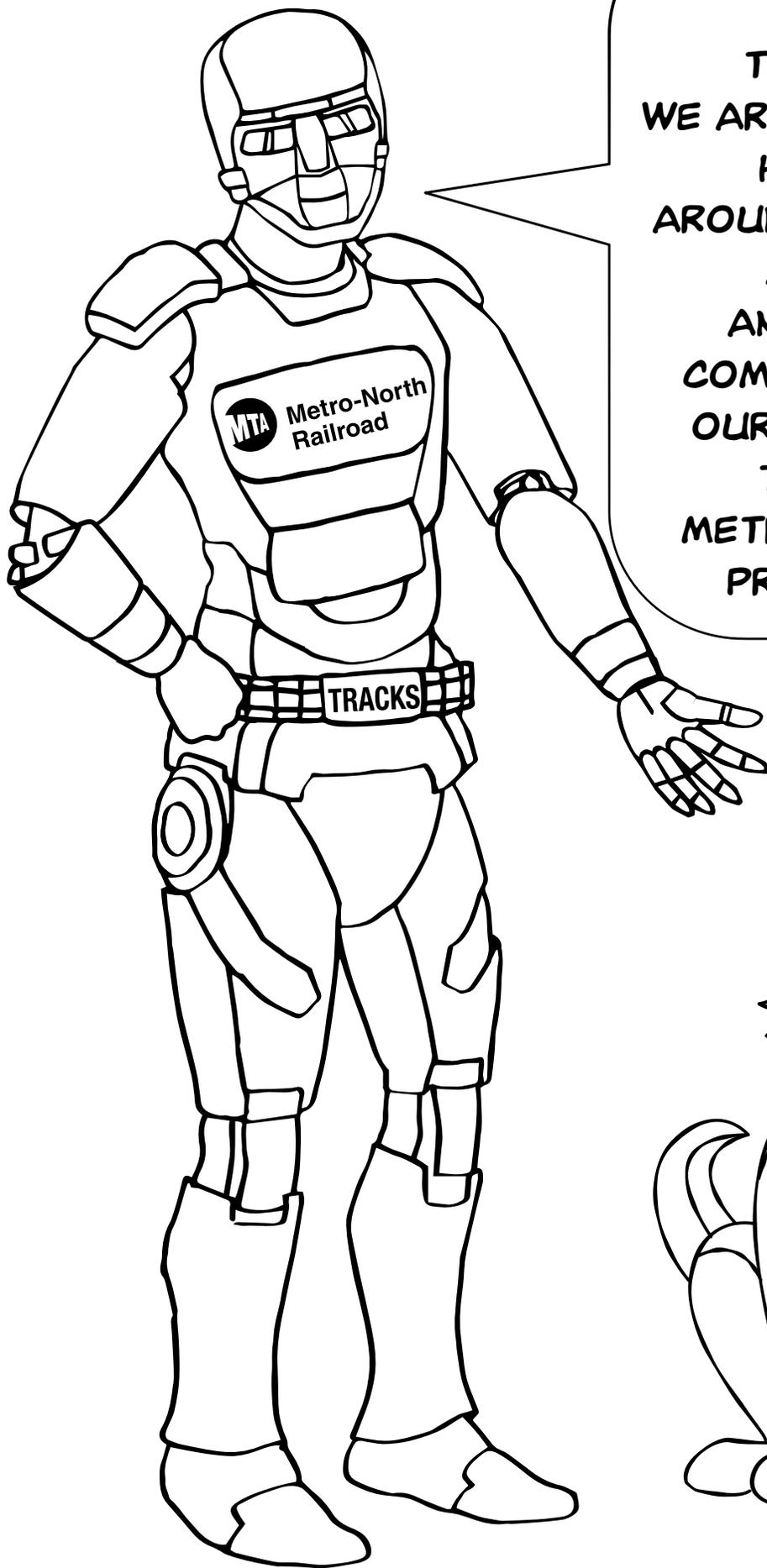
**THIS COLORING BOOK WILL HELP YOU LEARN AND SHARE THE IMPORTANCE OF SAFETY ON OR NEAR TRAINS, RAILROAD TRACKS, PLATFORMS, AS WELL AS AT OR AROUND RAILROAD GRADE CROSSINGS.**

**IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CONTACT US THROUGH OUR WEBSITE OR EMAIL ADDRESS ON THE BACK OF THIS BOOK.**

**HAVE FUN LEARNING AND SHARING! STAY SAFE!**



**Metro-North Railroad**



HI! I'M METRO-MAN  
AND THIS IS  
TRACKS THE DOG.  
WE ARE HERE TO TEACH YOU  
HOW TO BE SAFE  
AROUND RAILROAD TRACKS,  
AROUND TRAINS,  
AND AT CROSSINGS.  
COME ALONG WITH US ON  
OUR ADVENTURE AS WE  
TEACH YOU HOW  
METRO-NORTH RAILROAD  
PROMOTES SAFETY!



**KIDS, REMEMBER: ALWAYS PAY ATTENTION TO WHAT'S AROUND YOU. HOLD YOUR PARENT'S OR ANOTHER ADULT'S HAND WHILE ENTERING OR EXITING THE TRAIN.**



**MAKE SURE YOU WATCH  
THE GAP BETWEEN THE TRAIN  
AND THE PLATFORM!**

**Track 4**

**Metro-North  
Railroad**



IF YOU GET TO A CROSSING, REMEMBER THESE THREE THINGS; STOP, LOOK, AND LISTEN! A TRAIN CAN COME AT ANY TIME IN EITHER DIRECTION. MAKE SURE YOU WAIT UNTIL THE GATE IS FULLY UP AND THE LIGHTS HAVE STOPPED FLASHING.



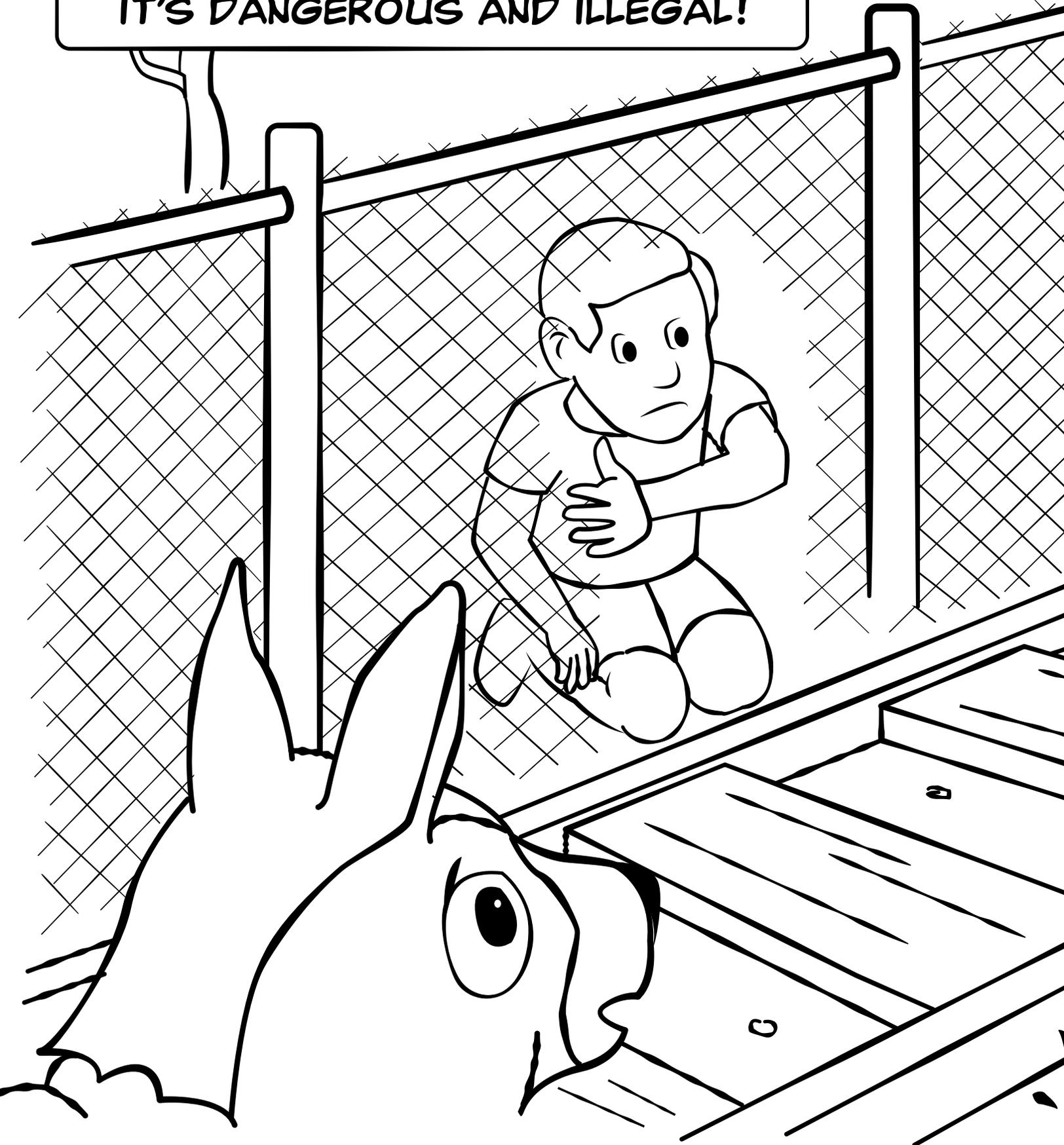


RAILROAD  
CROSSING

1  
TRACK

ONLY CROSS AT A  
PEDESTRIAN CROSSING!

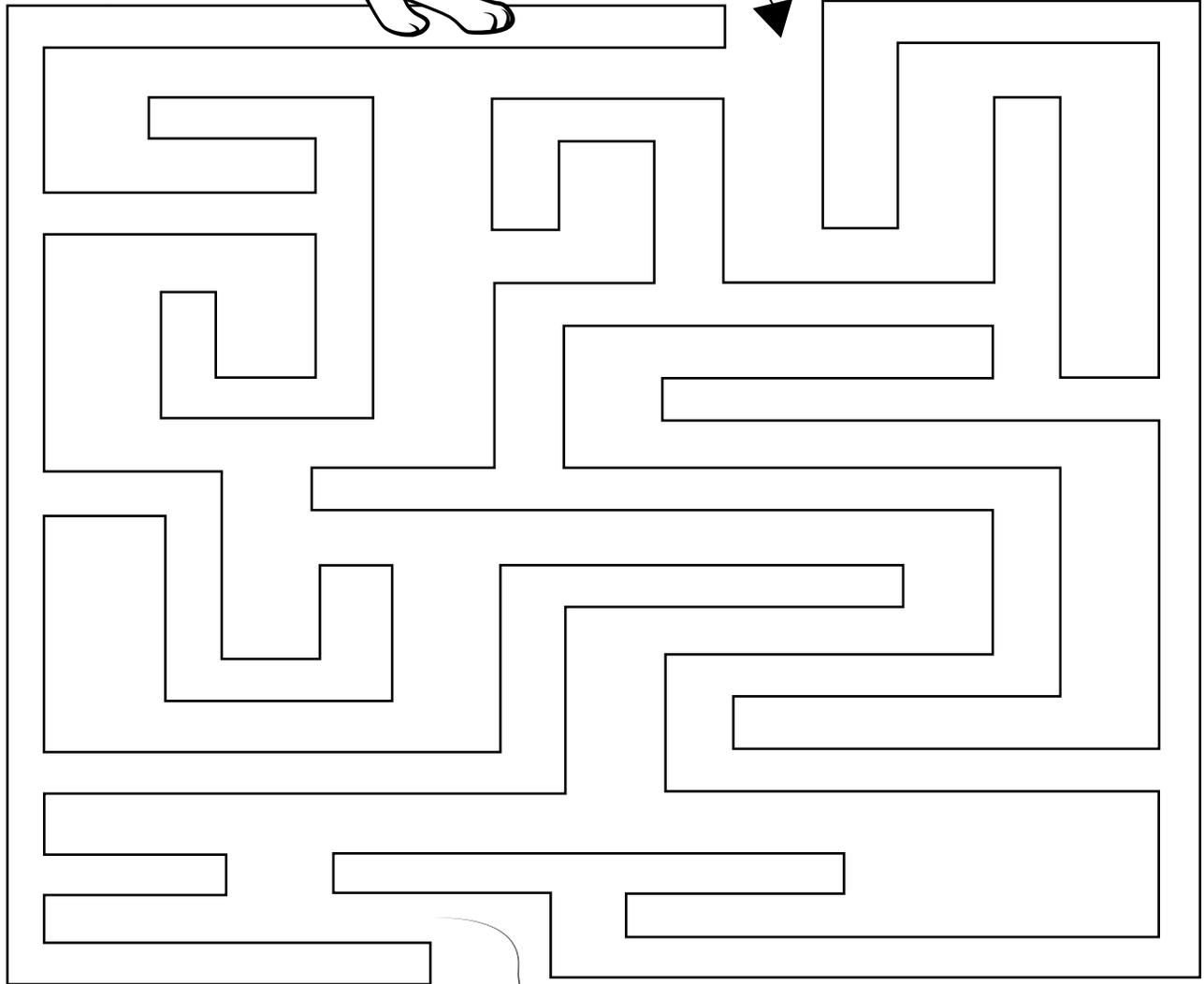
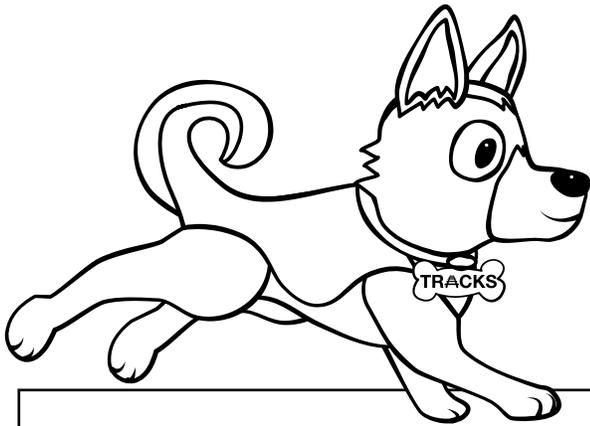
**RAILROAD TRACKS ARE ON  
PRIVATE PROPERTY SO REMEMBER  
NOT TO TRESPASS.  
IT'S DANGEROUS AND ILLEGAL!**



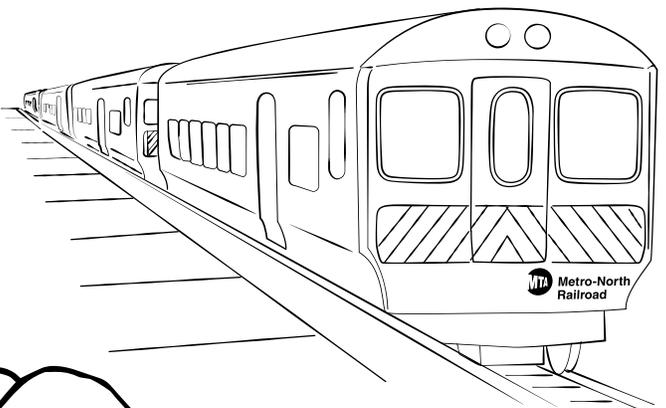


NEVER TRESPASS OR  
PLAY BY THE TRACKS!

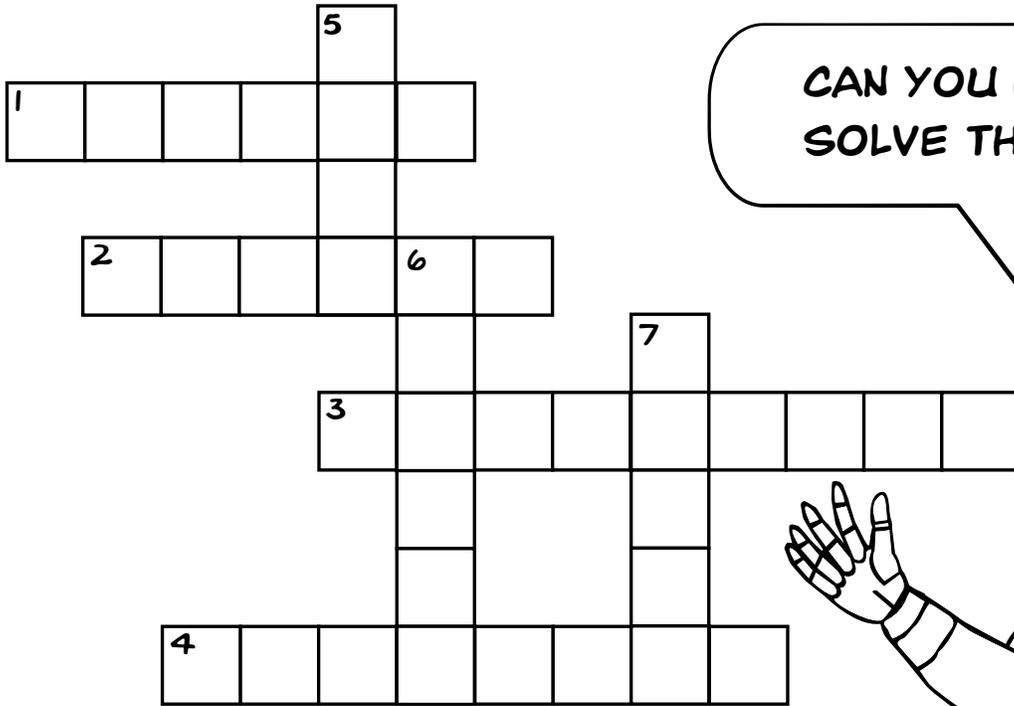
# TRACKS MAZE



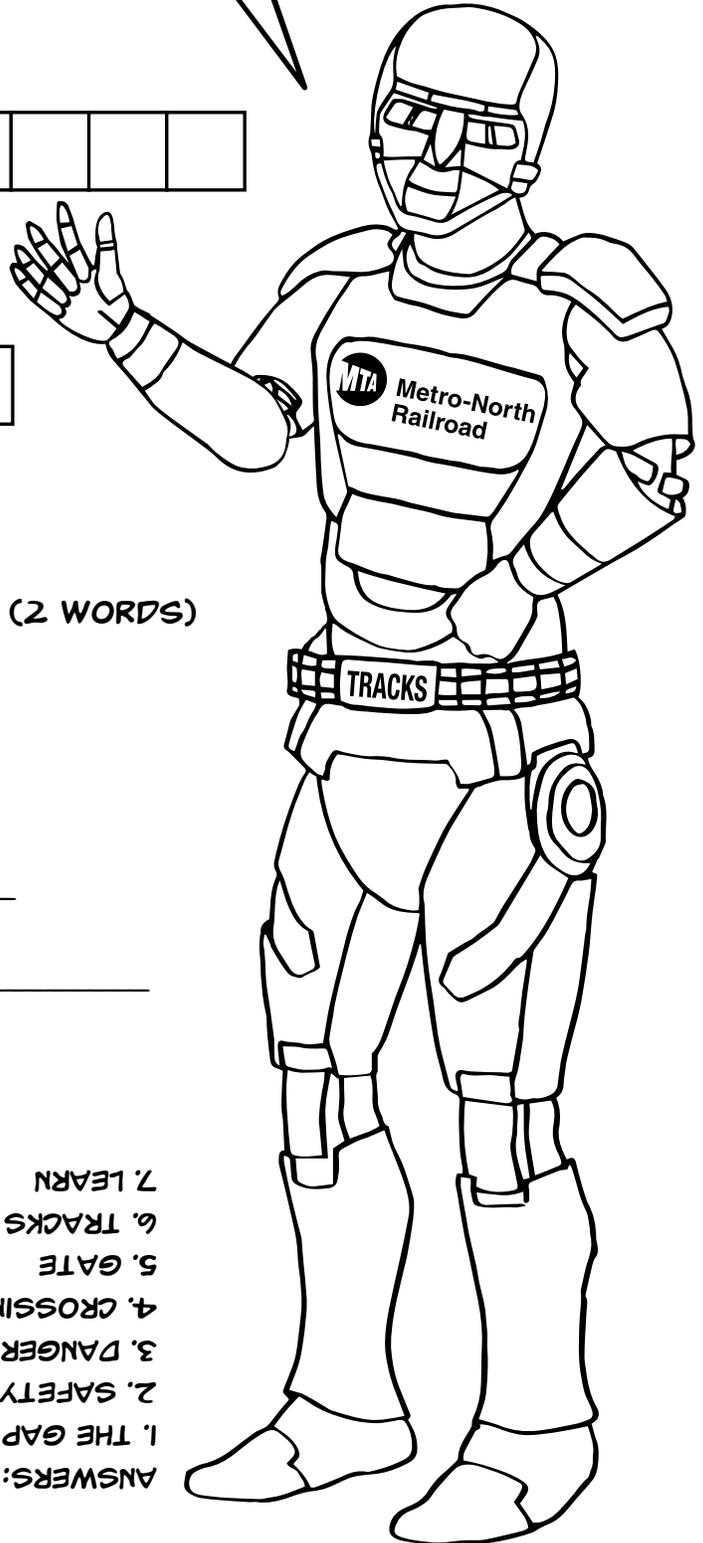
CAN YOU  
HELP TRACKS  
FIND HIS TRAIN?



# TRACKS CROSSWORD PUZZLE



CAN YOU HELP ME SOLVE THE PUZZLE?



**ACROSS:**

- 1. IT'S BETWEEN THE TRAIN AND THE PLATFORM (2 WORDS)
- 2. IT IS MOST IMPORTANT AT ALL TIMES
- 3. CROSSING TRACKS IS \_\_\_\_\_
- 4. LIGHTS FLASH AT THE \_\_\_\_\_ GATE

**DOWN:**

- 5. NEVER GO AROUND THE CROSSING \_\_\_\_\_
- 6. NEVER PLAY ON OR AROUND THESE
- 7. SAFETY IS SOMETHING WE ALL NEED TO \_\_\_\_\_



- ANSWERS:  
 1. THE GAP  
 2. SAFETY  
 3. DANGEROUS  
 4. CROSSING  
 5. GATE  
 6. TRACKS  
 7. LEARN



LEARN MORE ABOUT  
THE **TRACKS** PROGRAM  
OR REQUEST A FREE  
PRESENTATION BY  
VISITING OUR WEBSITE:  
**WWW.MTA.INFO/MNR/TRACKS**

YOU MAY ALSO CALL US AT  
**914.461.0459**

OR EMAIL US AT  
**MNRTRACKS@MNR.ORG**

