

What is Metro-North Railroad TRACKS Program?

TRACKS stands for Together Railroads and Communities Keeping Safe. TRACKS is a community outreach program designed to educate the Metro-North community about rail safety.

At Metro-North Railroad, safety is of the utmost importance. We are dedicated to the safety of our customers, employees and the communities we serve.



**How can I get more
information about
Metro-North's community
outreach program?**



Email
MNRTRACKS@mnr.org



Call
914-461-0459



Online
www.mta.info/mnr/tracks

TRACKS
Together Railroads And Communities Keeping Safe

 **Metro-North Railroad**

 **Metro-North Railroad**

Pedestrian Safety Around Tracks & Trains



TRACKS
Together Railroads and Communities Keeping Safe

 **OPERATION
LIFESAVER®**



Railroad Safety

Rail Safety is Important

Whether riding the train, driving through a grade crossing or walking near tracks, train safety is important for all of us to learn in order for us to get to wherever we are going safely.

Anytime is Train Time

Trains can run on any track, at any time, from either direction. Always expect a train. After a train passes, look both ways before proceeding.

Trains Cannot Stop Quickly

Don't be tempted to try to beat a train. An approaching train may be closer and traveling faster than it appears. The average commuter train may take up to nine football fields to stop. If the engineer can see you, it is already too late to stop the train.

Optical Illusion

Because of their size, trains appear to be much farther away and traveling much slower than their actual speed. Proceed forward only when it is safe to do so. Near crossings, be alert and pay attention to the signs and signals.

Trespassing

Walking or playing on railroad tracks is considered trespassing and is dangerous. Avoid taking short cuts and only cross at a designated pedestrian crossing.

- Recreational activities do not mix with railroad tracks—you are trespassing.
- Listening to music near railroad tracks will prevent you from hearing the train.
- Always be alert around trains and tracks.

**Get
There
Safe!**

Look, Listen & Live



CROSSING SAFELY

Pedestrians should only cross the tracks at a designated crossing, or at a pedestrian overpass or underpass. In the event that a train is approaching, stay behind the stop line or at least 15 feet from the tracks.



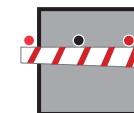
CROSSBUCK SIGN

Yield if a train is approaching. If there are multiple tracks, the sign will show the number of tracks.



FLASHING RED LIGHT SIGNALS

You must STOP when these signals begin to flash. Do not proceed until the lights stop flashing.



GATES AND FLASHING RED LIGHTS

A lowering gate or flashing lights means a train is approaching. Do not proceed until the gates go completely up and the lights go off. It is illegal to go around lowered gates or to cross while the lights are still flashing.