

Lynbrook

This pamphlet shows the proposed December 2022 schedule at the following stations:

Lynbrook

Locust Manor, Laurelton, Rosedale, and Valley Stream stations are shown here for the convenience of those who are planning a trip between those stations and a Lynbrook. Not all trains serving those stations are shown here — to plan a trip from these stations to Jamaica, Grand Central, or Penn Station, use the Southeast Queens pamphlet.

Many trains will also stop at Kew Gardens, Forest Hills, or Woodside.

Service Overview

Weekday Peak (arriving NYC 6–10 AM and departing 4–8 PM)

19 morning rush hour trains and 17 evening rush hour trains are provided, an increase of four per day from 2019.

Early morning service, arriving Manhattan between 6 and 7 AM, is doubled.

Most of these trains will go to or from Manhattan. Limited Brooklyn through service (two trains in the morning, three in the evening) is also available on trains to/from Freeport.

Off-Peak and Weekend

On weekdays, one train per hour goes to Penn Station and the other goes to Grand Central.

On weekends, all daytime trains will go to Grand Central. Transfer opportunities are available at Valley Stream or Jamaica for Penn Station.

Key to origins and destinations:

BTA: Babylon

FRY: Far Rockaway

FPT: Freeport

LBH: Long Beach

MQA: Massapequa

WGH: Wantagh

TO NEW YORK	MONDAY – FRIDAY AM																												
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Lynbrook	12:18	1:15	2:19	4:32	5:19	5:30	5:42	6:06	6:16	6:33	6:51	6:59	7:21	7:27	7:41	7:58	8:11	8:15	8:19	8:36	8:42	9:03	9:05	9:24	9:56	10:09	10:57	11:14	11:57
Valley Stream	12:21			4:35		5:33		6:09	6:19	6:36	6:54	7:02	7:24		7:43		8:14		8:22		8:45		9:08			10:12		11:17	
Rosedale				4:38		5:36		6:12		6:38			7:27						8:25							10:15			
Laurelton				4:41		5:39									7:49				8:28							10:18			
Locust Manor				4:43		5:41									7:51				8:30							10:19			
Jamaica	12:32	1:29	2:33	4:50	5:33	5:49	5:56	6:24	6:32	6:50	7:06	7:14	7:38	7:41	7:59	8:13	8:27	8:30	8:38	8:50	8:58	9:18	9:21	9:39	10:11	10:28	11:11	11:28	12:11
Atlantic Terminal																8:33						9:38							
Grand Central						6:08	6:15	6:43		7:09		7:34			8:17		8:45	8:48					9:39	9:58	10:30		11:30		12:30
Penn Station	12:49	1:48	2:51	5:08	5:52				6:50		7:25		7:56	8:00					8:58	9:09	9:16					10:46		11:46	
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train Number	801	103	105	807	111	809	1219	811	813	815	817	819	821	1127	823	1233	827	1235	829	1133	831	1241	833	1245	241	835	243	837	245
Origin	LBH	BTA	BTA	LBH	BTA	LBH	WGH	LBH	LBH	LBH	LBH	LBH	LBH	WGH	LBH	FPT	LBH	WGH	LBH	WGH	LBH	FPT	LBH	WGH	BTA	LBH	BTA	LBH	BTA

TO NEW YORK	MONDAY – FRIDAY PM																											
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Lynbrook	12:14	12:57	1:14	1:57	2:14	2:57	3:09	3:57	4:14	4:43	4:56	5:13	5:47	5:57	6:11	6:57	7:06	7:57	8:14	8:57	9:14	9:57	10:14	10:57	11:14	11:57		
Valley Stream	12:17		1:17		2:17		3:12		4:17	4:46		5:16	5:50		6:14		7:09		8:18		9:17		10:17		11:17			
Rosedale							3:15			4:49		5:19			6:17													
Laurelton							3:18			4:52						7:14												
Locust Manor							3:20			4:54						7:16												
Jamaica	12:28	1:11	1:28	2:11	2:28	3:11	3:28	4:11	4:28	5:02	5:11	5:29	6:02	6:11	6:27	7:12	7:24	8:11	8:29	9:11	9:28	10:11	10:28	11:11	11:28	12:11		
Atlantic Terminal																												
Grand Central		1:30		2:30		3:30		4:30			5:30	5:48		6:30		7:31		8:30		9:30		10:30		11:30		12:30		
Penn Station	12:46		1:46		2:46		3:46		4:46	5:20			6:20		6:44		7:41		8:47		9:46		10:46		11:46			
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train Number	839	251	853	253	855	255	857	257	859	861	261	863	865	263	867	265	869	267	873	269	875	271	877	273	879	275		
Origin	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	LBH	BTA	LBH	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA		

Table 1 Inbound M-F

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

TO LYNBROOK	MONDAY – FRIDAY AM																			
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Penn Station		12:52	1:52	3:52	4:11	5:39		6:46	6:49		7:41	7:52		8:52		9:52		10:52		11:52
Grand Central	12:09						6:13			7:13			8:13		9:13		10:13		11:13	
Atlantic Terminal																				
Jamaica	12:31	1:13	2:13	4:13	4:32	6:00	6:35	7:07	7:10	7:35	8:02	8:13	8:35	9:13	9:35	10:13	10:35	11:13	11:35	12:13
Locust Manor									7:16					9:14				11:19		
Laurelton									7:18					9:21				11:21		
Rosedale									7:21					9:24				11:24		
Valley Stream		1:23	2:22	4:22		6:09			7:24			8:22		9:27		10:22		11:27		12:22
Lynbrook	12:45	1:25	2:25	4:25	4:46	6:12	6:49	7:21	7:27	7:49	8:16	8:25	8:49	9:30	9:49	10:25	10:49	11:30	11:49	12:25
Train Number	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Destination	202	802	804	806	1120	810	220	1124	812	222	1126	814	224	816	226	820	230	822	232	824
	BTA	LBH	LBH	LBH	MQA	LBH	BTA	MQA	LBH	BTA	MQA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH

TO LYNBROOK	MONDAY – FRIDAY PM																																
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM		
Penn Station		12:52		1:52		2:52		3:48		4:31	4:37	4:57			5:43		6:08		6:34		7:02			7:32			8:52		9:52		10:52		11:52
Grand Central	12:05		1:13		2:13		3:04		4:00				5:03	5:18		5:54				6:47		7:18				8:13		9:13		10:09		11:09	
Atlantic Terminal																		6:12					7:24		7:50								
Jamaica	12:26	1:13	1:35	2:13	2:35	3:13	3:26	4:09	4:22	4:52	4:57	5:18	5:24	5:39	6:03	6:15	6:28	6:34	6:54	7:08	7:22	7:39	7:46	7:52	8:12	8:35	9:13	9:35	10:13	10:31	11:13	11:31	12:13
Locust Manor						3:19		4:15									6:34										9:19						
Laurelton						3:21		4:17									6:36										9:21						
Rosedale						3:24		4:20		5:01							6:39					7:47					9:24						
Valley Stream		1:22		2:22		3:27		4:23	4:31	5:03		5:27		5:49		6:24	6:42					7:50					9:27		10:22		11:22		12:22
Lynbrook	12:40	1:25	1:49	2:25	2:49	3:30	3:40	4:26	4:34	5:05	5:11	5:30	5:38	5:52	6:17	6:27	6:45	6:48	7:08	7:22	7:36	7:53	8:00	8:06	8:26	8:49	9:30	9:49	10:25	10:45	11:25	11:45	12:25
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train Number	250	852	254	854	258	856	262	858	860	862	1254	864	1258	866	1266	870	874	1274	1278	1280	1284	880	278	1290	284	286	886	288	888	290	890	292	892
Destination	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	LBH	LBH	WGH	LBH	WGH	LBH	WGH	LBH	LBH	FPT	WGH	WGH	WGH	LBH	FPT	WGH	FPT	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH

TO NEW YORK	SATURDAY – SUNDAY AM																		
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Lynbrook	12:18	1:19	2:19	4:09	5:09	5:57	5:59	6:57	6:59	7:57	8:09	8:57	9:09	9:57	10:09	10:57	11:09	11:57	
Valley Stream	12:21			4:12	5:12		6:02		7:02		8:12		9:12		10:12		11:12		
Rosedale				4:15	5:15		6:05		7:05		8:15		9:15		10:15		11:15		
Laurelton				4:18	5:18		6:08		7:08		8:18		9:18		10:18		11:18		
Locust Manor				4:20	5:20		6:10		7:10		8:20		9:20		10:20		11:20		
Jamaica	12:32	1:33	2:33	4:28	5:28	6:11	6:18	7:12	7:18	8:12	8:28	9:12	9:28	10:12	10:28	11:12	11:28	12:12	
Grand Central	12:49	1:52			5:46	6:30	6:36	7:31	7:36	8:31	8:46	9:31	9:46	10:31	10:46	11:31	11:46	12:31	
Penn Station			2:51	4:46															
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train Number	6801	6201	6103	6805	6807	6205	6809	6207	6811	6209	6813	6213	6815	6215	6817	6217	6823	6219	
Origin	LBH	BTA	BTA	LBH	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	

TO NEW YORK	SATURDAY – SUNDAY PM																							
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Lynbrook	12:09	12:57	1:09	1:57	2:09	2:57	3:09	3:57	4:09	4:57	5:09	5:57	6:09	6:57	7:09	7:57	8:09	8:57	9:09	9:57	10:09	10:57	11:09	11:57
Valley Stream	12:12		1:12		2:12		3:12		4:12		5:12		6:12		7:12		8:12		9:12		10:12		11:12	
Rosedale	12:15		1:15		2:15		3:15		4:15		5:15		6:15		7:15		8:15		9:15		10:15		11:15	
Laurelton	12:18		1:18		2:18		3:18		4:18		5:18		6:18		7:18		8:18		9:18		10:18		11:18	
Locust Manor	12:20		1:20		2:20		3:20		4:20		5:20		6:20		7:20		8:20		9:20		10:20		11:20	
Jamaica	12:28	1:12	1:28	2:12	2:28	3:12	3:28	4:12	4:28	5:12	5:28	6:12	6:28	7:12	7:28	8:13	8:28	9:12	9:28	10:12	10:28	11:12	11:28	12:12
Grand Central	12:46	1:31	1:46	2:31	2:46	3:31	3:46	4:31	4:46	5:31	5:46	6:31	6:46	7:31	7:46	8:32	8:46	9:31	9:46	10:31	10:46	11:31	11:46	12:31
Penn Station																								
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
Train Number	6825	6251	6853	6253	6855	6255	6857	6257	6863	6259	6865	6261	6867	6265	6873	6267	6875	6269	6877	6271	6879	6273	6881	6275
Origin	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA

TO LYNBROOK	SATURDAY– SUNDAY AM																			
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Penn Station			1:52	3:47																
Grand Central	12:13	12:52			5:35	6:13	6:51	7:13	7:51	8:13	8:51	9:13	9:51	10:13	10:51	11:13	11:51	12:13	12:52	1:13
Jamaica	12:35	1:13	2:13	4:08	5:56	6:35	7:12	7:35	8:12	8:35	9:12	9:35	10:12	10:35	11:12	11:35	12:12	12:35	1:13	1:35
Locust Manor		1:19	2:19	4:14	6:02		7:18		8:18		9:18		10:18		11:18		12:18		1:18	
Laurelton		1:21	2:21	4:16	6:04		7:20		8:20		9:20		10:20		11:20		12:20		1:20	
Rosedale		1:24	2:24	4:19	6:07		7:23		8:23		9:23		10:23		11:23		12:23		1:23	
Valley Stream		1:27	2:27	4:22	6:10		7:26		8:26		9:26		10:26		11:26		12:26		1:26	
Lynbrook	12:49	1:30	2:30	4:25	6:13	6:49	7:29	7:49	8:29	8:49	9:29	9:49	10:29	10:49	11:29	11:49	12:29	12:49	1:29	1:49
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train Number	6202	6802	6804	6806	6810	6210	6812	6212	6814	6214	6816	6216	6820	6218	6822	6220	6824	6250	6852	6252
Destination	BTA	LBH	LBH	LBH	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA

TO LYNBROOK	SATURDAY– SUNDAY PM																			
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Penn Station																				
Grand Central	1:52	2:13	2:52	3:13	3:52	4:13	4:52	5:13	5:52	6:13	6:52	7:13	7:52	8:13	8:52	9:13	9:52	10:13	10:52	11:13
Jamaica	2:13	2:35	3:13	3:35	4:13	4:35	5:13	5:35	6:13	6:35	7:13	7:35	8:13	8:35	9:13	9:35	10:13	10:35	11:13	11:35
Locust Manor	2:18		3:18		4:18		5:18		6:18		7:18		8:18		9:18		10:18		11:18	12:18
Laurelton	2:20		3:20		4:20		5:20		6:20		7:20		8:20		9:20		10:20		11:20	12:20
Rosedale	2:23		3:23		4:23		5:23		6:23		7:23		8:23		9:23		10:23		11:23	12:23
Valley Stream	2:26		3:26		4:26		5:26		6:26		7:26		8:26		9:26		10:26		11:26	12:26
Lynbrook	2:29	2:49	3:29	3:49	4:29	4:49	5:29	5:49	6:29	6:49	7:29	7:49	8:29	8:49	9:29	9:49	10:29	10:49	11:29	11:49
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train Number	6854	6254	6856	6256	6860	6260	6862	6262	6866	6264	6868	6266	6872	6268	6874	6270	6876	6272	6878	6274
Destination	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA	LBH	BTA

Table 4 Outbound S/S

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.