

West Hempstead Branch

This pamphlet shows the proposed December 2022 schedule at the following stations:

St. Albans

Westwood

Lakeview

Hempstead Gardens

West Hempstead

Service Overview

Weekday Peak (arriving NYC 6 – 10 AM and departing 4 – 8 PM)

5 morning peak trains and 6 evening peak trains will run on the West Hempstead Branch, the same as in 2019.

All trains will stop at St. Albans, which will also see additional service from Babylon Branch trains.

There are now three morning through trains to Manhattan (up from one) and four from Manhattan in the afternoon (up from zero).

Off-Peak

Trains will run every hour between West Hempstead and Atlantic Terminal. Change at Jamaica for Manhattan – trains will no longer stop at Valley Stream.

All West Hempstead Branch trains will stop at St. Albans. Babylon Branch trains will not stop at St. Albans except during weekday peak and reverse-peak periods.

The West Hempstead Branch and St. Albans station see more than double the off peak service than they did in 2019.

The span of service has also been lengthened, with new early morning reverse-commute service at St. Albans for hospital workers.

Key to origins and destinations:

BTA: Babylon

FPT: Freeport

WGH: Wantagh

TO NEW YORK	MONDAY – FRIDAY																											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
West Hempstead	5:22	6:26		7:24		7:53		8:48			9:57	10:57	11:57	12:57	1:57	2:57		3:57			5:51		7:01	7:51	8:57	9:57	10:57	11:57
Hempstead Gardens	5:24	6:28		7:26		7:55		8:50			9:59	10:59	11:59	12:59	1:59	2:59		3:59			5:53		7:03	7:53	8:59	9:59	10:59	11:59
Lakeview	5:26	6:30		7:28		7:57		8:52			10:01	11:01	12:01	1:01	2:01	3:01		4:01			5:55		7:05	7:55	9:01	10:01	11:01	12:01
Malverne	5:28	6:32		7:30		7:59		8:54			10:03	11:03	12:03	1:03	2:03	3:03		4:03			5:57		7:07	7:57	9:03	10:03	11:03	12:03
Westwood	5:31	6:35		7:33		8:02		8:57			10:06	11:06	12:06	1:06	2:06	3:06		4:06			6:00		7:10	8:00	9:06	10:06	11:06	12:06
St. Albans	5:42	6:46	7:18	7:44	8:06	8:13	8:23	9:08	9:32	10:04	10:17	11:17	12:17	1:17	2:17	3:17	3:26	4:17	5:04	5:37	6:11	7:05	7:21	8:11	9:17	10:17	11:17	12:17
Jamaica	5:48	6:53	7:25	7:51	8:13	8:20	8:30	9:15	9:39	10:11	10:24	11:24	12:24	1:24	2:24	3:24	3:33	4:24	5:11	5:44	6:18	7:12	7:28	8:18	9:24	10:24	11:24	12:24
Atlantic Terminal		7:13			8:33						10:44	11:44	12:44	1:44	2:44	3:44		4:44			6:38		7:48	8:38	9:44	10:44	11:44	12:44
Grand Central				8:09			8:48		9:58	10:30									5:30			7:31						
Penn Station			7:43			8:39		9:34									3:52			6:02								
Train Number	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Origin	1705	1707	1125 WGH	1709	1233 FPT	1711	1235 WGH	1715	1245 WGH	241 BTA	1717	1719	1721	1753	1755	1757	165 BTA	1759	261 BTA	173 BTA	1761	265 BTA	1763	1767	1769	1771	1773	1775

Table 1 Inbound M-F

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

TO WEST HEMPSTEAD	MONDAY – FRIDAY																											
	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Penn Station	5:43															5:01	5:19			6:11	6:34		7:02	7:38				
Grand Central			7:13			9:13						3:04						5:36	5:51									
Atlantic Terminal				7:34	8:34		9:41	10:41	11:41	12:41	1:41	2:41		3:41	4:23										8:41	9:41	10:41	11:41
Jamaica	6:04	6:39	7:35	7:56	8:56	9:35	10:03	11:03	12:03	1:03	2:03	3:03	3:26	4:03	4:45	5:21	5:39	5:57	6:12	6:31	6:54	7:05	7:22	7:58	9:03	10:03	11:03	12:03
St. Albans	6:10	6:46	7:41	8:02	9:02	9:41	10:09	11:09	12:09	1:09	2:09	3:09	3:32	4:09	4:51	5:27	5:45	6:03	6:18	6:37	7:00	7:11	7:28	8:04	9:09	10:09	11:09	12:09
Westwood		6:56		8:12	9:12		10:19	11:19	12:19	1:19	2:19	3:19		4:19	5:01	5:37		6:13		6:47		7:21		8:14	9:19	10:19	11:19	12:19
Malverne		6:58		8:14	9:14		10:21	11:21	12:21	1:21	2:21	3:21		4:21	5:03	5:39		6:15		6:49		7:23		8:16	9:21	10:21	11:21	12:21
Lakeview		7:00		8:16	9:16		10:23	11:23	12:23	1:23	2:23	3:23		4:23	5:05	5:41		6:17		6:51		7:25		8:18	9:23	10:23	11:23	12:23
Hempstead Gardens		7:02		8:18	9:18		10:25	11:25	12:25	1:25	2:25	3:25		4:25	5:07	5:43		6:19		6:53		7:27		8:20	9:25	10:25	11:25	12:25
West Hempstead		7:07		8:23	9:23		10:30	11:30	12:30	1:30	2:30	3:30		4:30	5:12	5:48		6:24		6:58		7:32		8:25	9:30	10:30	11:30	12:30
Train Number	122	1706	222	1710	1712	226	1714	1716	1718	1750	1752	1754	262	1756	1758	1760	1262	1762	270	1764	1278	1766	1284	1768	1770	1772	1774	1776
Destination	BTA		BTA			BTA							BTA				WGH		BTA		WGH		WGH					

TO NEW YORK	SATURDAY – SUNDAY																			
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
West Hempstead	5:57	6:57	7:57	8:57	9:57	10:57	11:57	12:57	1:57	2:57	3:57	4:57	5:57	6:57	7:57	8:57	9:57	10:57	11:57	
Hempstead Gardens	5:59	6:59	7:59	8:59	9:59	10:59	11:59	12:59	1:59	2:59	3:59	4:59	5:59	6:59	7:59	8:59	9:59	10:59	11:59	
Lakeview	6:01	7:01	8:01	9:01	10:01	11:01	12:01	1:01	2:01	3:01	4:01	5:01	6:01	7:01	8:01	9:01	10:01	11:01	12:01	
Malverne	6:03	7:03	8:03	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03	11:03	12:03	
Westwood	6:06	7:06	8:06	9:06	10:06	11:06	12:06	1:06	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06	11:06	12:06	
St. Albans	6:17	7:17	8:17	9:17	10:17	11:17	12:17	1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:17	11:17	12:17	
Jamaica	6:24	7:24	8:24	9:24	10:24	11:24	12:24	1:24	2:24	3:24	4:24	5:24	6:24	7:24	8:24	9:24	10:24	11:24	12:24	
Atlantic Terminal	6:44	7:44	8:44	9:44	10:44	11:44	12:44	1:44	2:44	3:44	4:44	5:44	6:44	7:44	8:44	9:44	10:44	11:44	12:44	
Train Number Origin	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
	7705	7709	7711	7713	7715	7717	7719	7751	7753	7755	7757	7759	7761	7763	7765	7767	7769	7771	7773	

Table 3 Inbound S/S

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.

TO WEST HEMPSTEAD	SATURDAY – SUNDAY																			
	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Atlantic Terminal	5:41	6:41	7:41	8:41	9:41	10:41	11:41	12:41	1:41	2:41	3:41	4:41	5:41	6:41	7:41	8:41	9:41	10:41	11:41	
Jamaica	6:03	7:03	8:03	9:03	10:03	11:03	12:03	1:03	2:03	3:03	4:03	5:03	6:03	7:03	8:03	9:03	10:03	11:03	12:03	
St. Albans	6:09	7:09	8:09	9:09	10:09	11:09	12:09	1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09	11:09	12:09	
Westwood	6:19	7:19	8:19	9:19	10:19	11:19	12:19	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	11:19	12:19	
Malverne	6:21	7:21	8:21	9:21	10:21	11:21	12:21	1:21	2:21	3:21	4:21	5:21	6:21	7:21	8:21	9:21	10:21	11:21	12:21	
Lakeview	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23	11:23	12:23	
Hempstead Gardens	6:25	7:25	8:25	9:25	10:25	11:25	12:25	1:25	2:25	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25	11:25	12:25	
West Hempstead	6:30	7:30	8:30	9:30	10:30	11:30	12:30	1:30	2:30	3:30	4:30	5:30	6:30	7:30	8:30	9:30	10:30	11:30	12:30	
	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM
Train Number	7708	7710	7712	7714	7716	7718	7720	7750	7752	7754	7756	7758	7760	7762	7764	7766	7768	7770	7772	
Destination																				

Table 4 Outbound S/S

This schedule is a DRAFT. It is subject to change as we continue to analyze and refine the schedule.