QM7/QM8

Glen Oaks - Fresh Meadows - Downtown Express Via Horace Harding Expwy / 73 Av / Union Turnpike

Express service (higher fare applies)

Operated by MTA Bus Company

Effective September 6, 2026

Timetables only shows key stops, known as timepoints, along the route where buses are scheduled to start, end, or leave at a specific time. Visit bt.mta.info or use the MTA app to locate the stop nearest you and view estimated arrival times.

Bold times denote p.m. hours.

Reference notes

- **7:** QM7 service.
- **8:** QM8 service.
- **SX:** Super-express service.

Holiday schedule for this route

- **New Years Day, Memorial Day, Labor Day, Thanksgiving Day, Christmas Day:** No service on this route.
- **Independence Day:** No service on this route.
- **Presidents Day:** No service on this route.
- **Martin Luther King Day, Friday after Thanksgiving:** Special schedule available on mta.info.

On days not listed above, a weekday schedule will run.

Service varies by borough and route on some holidays. Be sure to check each route's schedule.

Fare information

- **Tap and ride** with your contactless credit or debit card, smartphone, wearable device, or OMNY Card. Use the same card or device for both legs of your trip.
- **Reduced fares** at half the regular price are available for seniors and people with qualifying disabilities outside weekday peak hours (6 to 10 a.m. and 3 to 7 p.m.)

Information in this timetable is subject to change without notice. Traffic conditions and weather can affect running time. Visit www.mta.info or use the MTA app to view the latest service alerts.

MTA is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color or national origin as protected by Title VI of the Civil Rights Act of 1964 ("Title VI").
To request more information about Title VI or to submit a written complaint if you believe that you have been subjected to discrimination, you may contact the Office of Equal Employment Opportunity, 130 Livingston Street, 3rd Floor, Brooklyn, NY 11201.
You also have the right to file a complaint with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights, Attention: Complaint Team, East Building 5th Floor – TCR, 1200 New Jersey Avenue SE, Washington, DC 20590.

Weekdays to Glen Oaks

Notes	Pearl St Peck Slip	Water St Gouverneur Ln	Frankfort St Pearl St	E 34 St 1 Av	Union Turnpike Main St	Union Turnpike Chevy Chase St	188 St 64 Av	Union Tpke 260 St
7	2:15	2:19	2:36	2:44	3:24	3:31	3:36	
7	2:45	2:49	3:06	3:14	3:54	4:01	4:06	
7	3:15	3:19	3:36	3:44	4:24	4:31	4:36	
7	3:45	3:49	4:06	4:14	4:42	4:49	4:54	
7	4:15	4:19	4:37	4:45	5:13	5:21	5:26	
8	4:35	4:39	4:57	5:05	5:45	5:53		6:28
7	4:45	4:49	5:07	5:15	5:55	6:03	6:07	
8	4:55	4:59	5:17	5:25	6:05	6:14		6:49
7	5:05	5:09	5:27	5:35	6:15	6:24	6:28	
8 SX		5:10			5:55	6:05	6:10	6:45
8	5:15	5:19	5:37	5:45	6:25	6:34		7:09
8 SX		5:20			6:05	6:15	6:20	6:55
7	5:25	5:29	5:47	5:55	6:35	6:44	6:48	
8 SX		5:30			6:15	6:25	6:30	7:05
8	5:35	5:39	5:57	6:05	6:40	6:49		7:24
7	5:45	5:49	6:07	6:15	6:50	6:59	7:03	
8	5:50	5:54	6:12	6:20	6:55	7:04		7:39
8	6:10	6:14	6:32	6:40	7:19	7:26		8:01
7	6:15	6:19	6:37	6:45	7:24	7:31	7:35	
8	6:30	6:33	6:48	6:56	7:35	7:42		8:17
7	6:45	6:48	7:03	7:11	7:34	7:41	7:45	
8	7:00	7:03	7:18	7:26	7:49	7:56		8:31
7	7:15	7:18	7:33	7:41	8:04	8:11	8:15	
8	7:30	7:33	7:48	7:56	8:19	8:26		9:01

Weekdays to Downtown

Notes	260 St Union Tpke	188 St 64 Av	Union Tpke 186 St	Union Tpke Main St	E 34 St 1 Av	Pearl St Peck Slip	Frankfort St Pearl St
7		5:40	5:45	5:55	6:20	6:28	6:48
7		6:00	6:05	6:15	6:40	6:48	7:08
7		6:20	6:25	6:35	7:00	7:08	7:28
8	6:00		6:28	6:38	7:03	7:11	7:31
8	6:15		6:43	6:53	7:18	7:26	7:46
7		6:40	6:45	6:55	7:20	7:28	7:48
8	6:30		6:58	7:08	7:33	7:41	8:07
7		6:55	7:00	7:10	7:35	7:43	8:09
7		7:07	7:12	7:22	7:47	7:55	8:21
8	6:45		7:13	7:23	7:48	7:56	8:22
7		7:16	7:21	7:31	8:04	8:12	8:38
8	7:00		7:28	7:38	8:11	8:19	8:45
7		7:24	7:29	7:39	8:12	8:20	8:46
7		7:32	7:38	7:50	8:23	8:31	8:51
8 SX	7:10	7:38				8:18	8:28
8	7:15		7:43	7:55	8:28	8:36	9:02
7		7:40	7:46	7:58	8:31	8:39	8:59
8 SX	7:20	7:48				8:28	8:38
7		7:48	7:54	8:06	8:39	8:47	9:07
7		7:56	8:02	8:14	8:47	8:55	9:15
8 SX	7:35	8:03				8:43	8:53
7		8:04	8:10	8:22	8:55	9:03	9:27
7		8:12	8:18	8:30	9:01	9:09	9:33
7		8:20	8:26	8:38	9:09	9:17	9:41
7		8:30	8:34	8:45	9:16	9:24	9:48
7		8:40	8:44	8:55	9:26	9:34	9:58
7		9:00	9:04	9:11	9:36	9:44	10:08
7		9:20	9:24	9:31	9:56	10:04	10:28

Stops to Glen Oaks:

- Pearl St/Peck Slip
- Water St/Maiden Ln
- Water St/Gouverneur Ln
- Water St/Broad St
- State St/Bridge St
- Trinity Pl/Thames St
- Church St/Fulton St
- Park Row/Beekman St
- Frankfort St/Pearl St
- E 34 St/1 Av
- Union Turnpike/Main St
- Union Tpke/150 St
- Union Turnpike/Parsons Blvd
- Union Tpke/164 St
- Union Tpke/168 St
- Union Turnpike/Utopia Pkwy
- Union Turnpike/Chevy Chase St
- 188 St/73 Av
- 188 St/69 Av (QM7)
- 188 St/64 Av
- 188 St/186 Ln (QM8)
- 73 Av/192 St (QM8)
- 73 Av/197 St (QM8)
- 73 Av/210 St (QM8)
- 73 Av/213 St (QM8)
- 73 Av/Bell Blvd (QM8)
- 73 Av/220 St (QM8)
- Springfield Blvd/69 Av (QM8)
- Springfield Blvd/67 Av (QM8)
- Springfield Blvd/Horace Harding Expwy S (QM8)
- Horace Harding Expwy/Cloverdale Blvd (QM8)
- Horace Harding Expwy/231 St (QM8)
- Douglaston Pkwy/65 Av (QM8)
- Douglaston Pkwy/Douglaston Plaza (QM8)
- Horace Harding Expwy/Marathon Pkwy (QM8)
- Horace Harding Expwy/Little Neck Pkwy (QM8)
- Little Neck Pkwy/58 Av (QM8)
- Little Neck Pkwy/61 Av (QM8)
- Little Neck Pkwy/Cullman Av (QM8)
- 260 St/Little Neck Pkwy (QM8)
- 260 St/74 Av (QM8)
- Union Tpke/260 St (QM8)

Stops to Downtown:

- 260 St/Union Tpke (QM8)
- 260 St/74 Av (QM8)
- 260 St/Little Neck Pkwy (QM8)
- Little Neck Pkwy/255 St (QM8)
- Little Neck Pkwy/61 Av (QM8)
- Little Neck Pkwy/58 Av (QM8)
- Horace Harding Expy/Little Neck Pkwy (QM8)
- Horace Harding Expwy/Marathon Pkwy (QM8)
- Douglaston Pkwy/61 Av (QM8)
- Douglaston Pkwy/65 Av (QM8)
- West Alley Rd/233 St (QM8)
- Horace Harding Expwy/Cloverdale Blvd (QM8)
- Springfield Blvd/Horace Harding Expwy (QM8)
- Springfield Blvd/67 Av (QM8)
- Springfield Blvd/73 Av (QM8)
- 73 Av/Bell Blvd (QM8)
- 73 Av/213 St (QM8)
- 73 Av/210 St (QM8)
- 73 Av/198 St (QM8)
- 73 Av/193 St (QM8)
- 188 St/69 Av (QM8)
- 188 St/64 Av
- 188 St/186 Ln (QM7)
- 188 St/73 Av
- Union Tpke/186 St
- Union Tpke/Utopia Pkwy
- Union Tpke/168 St
- Union Tpke/164 St
- Union Turpike/Parsons Blvd
- Union Tpke/150 St
- Union Tpke/Main St
- E 34 St/1 Av
- Pearl St/Peck Slip
- Water St/Maiden Ln
- Water St/Gouverneur Ln
- Water St/Broad St
- State St/Bridge St
- Trinity Pl/Thames St
- Church St/Fulton St
- Park Row/Beekman St
- Frankfort St/Pearl St

QM7 Fresh Meadows – Downtown

CHANGES TAKE EFFECT JUNE 29, 2025

The QM7 will keep its current routing with a new stop pair at E 34 St/1 Av. One stop pair has been removed.

EXISTING ROUTES

QM7

AVERAGE STOP SPACING

Existing: 1,342 ft

Proposed: 1,410 ft

PROPOSED FREQUENCIES* AND HOURS OF OPERATION

	Service Span		AM Peak	Midday	PM Peak	Evening	Late Evening
WEEKDAY			6 am - 9 am	9 am - 3 pm	3 pm - 7 pm	7 pm - 9 pm	9 pm - 12 pm
Existing	WB: 5:40 AM - 9:20 AM	EB: 2:15 PM - 7:15 PM	11	-	27	60	-
Proposed	WB: 5:40 AM - 9:20 AM	EB: 2:15 PM - 7:15 PM	11	-	27	60	-
SATURDAY							
Existing	-	-	-	-	-	-	-
Proposed	-	-	-	-	-	-	-
SUNDAY							
Existing	-	-	-	-	-	-	-
Proposed	-	-	-	-	-	-	-

*Frequencies indicate how often the bus arrives on average in the peak direction in minutes.

no change | added service | reduced service

QM7 Fresh Meadows – Downtown



EXPRESS

QM7 Fresh Meadows – Downtown



QM7 Fresh Meadows – Downtown

EASTBOUND to Fresh Meadows

On Street/At Street		Proposal Note
1	Pearl St/Peck Slip	Keep
2	Water St/Maiden Ln	Keep
3	Water St/Gouverneur Ln	Keep
4	Water St/Broad St	Keep
5	State St/Battery Pl	Keep
6	Trinity Pl/Morris St	Keep
7	Trinity Pl/Thames St	Keep
8	Church St/Fulton St	Keep
9	Park Row/Beekman St	Keep
10	Frankfort St/Pearl St	Keep
11	E 34 St/1 Av	Added at existing bus stop
12	Union Tpke/Main St	Keep
13	Union Tpke/150 St	Keep
14	Union Tpke/Parsons Blvd	Keep
15	Union Tpke/164 St	Keep
16	Union Tpke/168 St	Keep
17	Union Tpke/Utopia Pkwy	Keep
18	Union Tpke/Chevy Chase St	Keep
	188 St/75 Av	Removed to improve speed and reliability
19	188 St/73 Av	Keep
20	188 St/69 Av	Keep
21	188 St/64 Av	Keep

WESTBOUND to Downtown

1	188 St/64 Av	Keep
2	188 St/186 Ln	Keep
3	188 St/73 Av	Keep
	188 St/75 Av	Removed to improve speed and reliability
4	Union Tpke/187 St	Keep
5	Union Tpke/Utopia Pkwy	Keep
6	Union Tpke/168 St	Keep
7	Union Tpke/164 St	Keep
8	Union Tpke/Parsons Blvd	Keep
9	Union Tpke/153 St	Keep
10	Union Tpke/Main St	Keep
11	E 34 St/1 Av	Added at existing bus stop
12	Pearl St/Peck Slip	Keep
13	Water St/Maiden Ln	Keep

WESTBOUND to Downtown

On Street/At Street		Proposal Note
14	Water St/Gouverneur Ln	Keep
15	Water St/Broad St	Keep
16	State St/Battery Pl	Keep
17	Trinity Pl/Morris St	Keep
18	Trinity Pl/Thames St	Keep
19	Church St/Vesey St	Keep
20	Park Row/Beekman St	Keep
21	Frankfort St/Pearl St	Keep

QM8 Glen Oaks – Downtown

CHANGES TAKE EFFECT JUNE 29, 2025

The QM8 will keep its current routing with a new stop at E 34 St/1 Av. Existing super express trips from Downtown will be maintained. Some stops have been removed.

Service spans will be adjusted to match ridership patterns but the number of QM8 trips will stay the same.

EXISTING ROUTES

QM8

AVERAGE STOP SPACING

Existing: 1,224 ft

Proposed: 1,493 ft

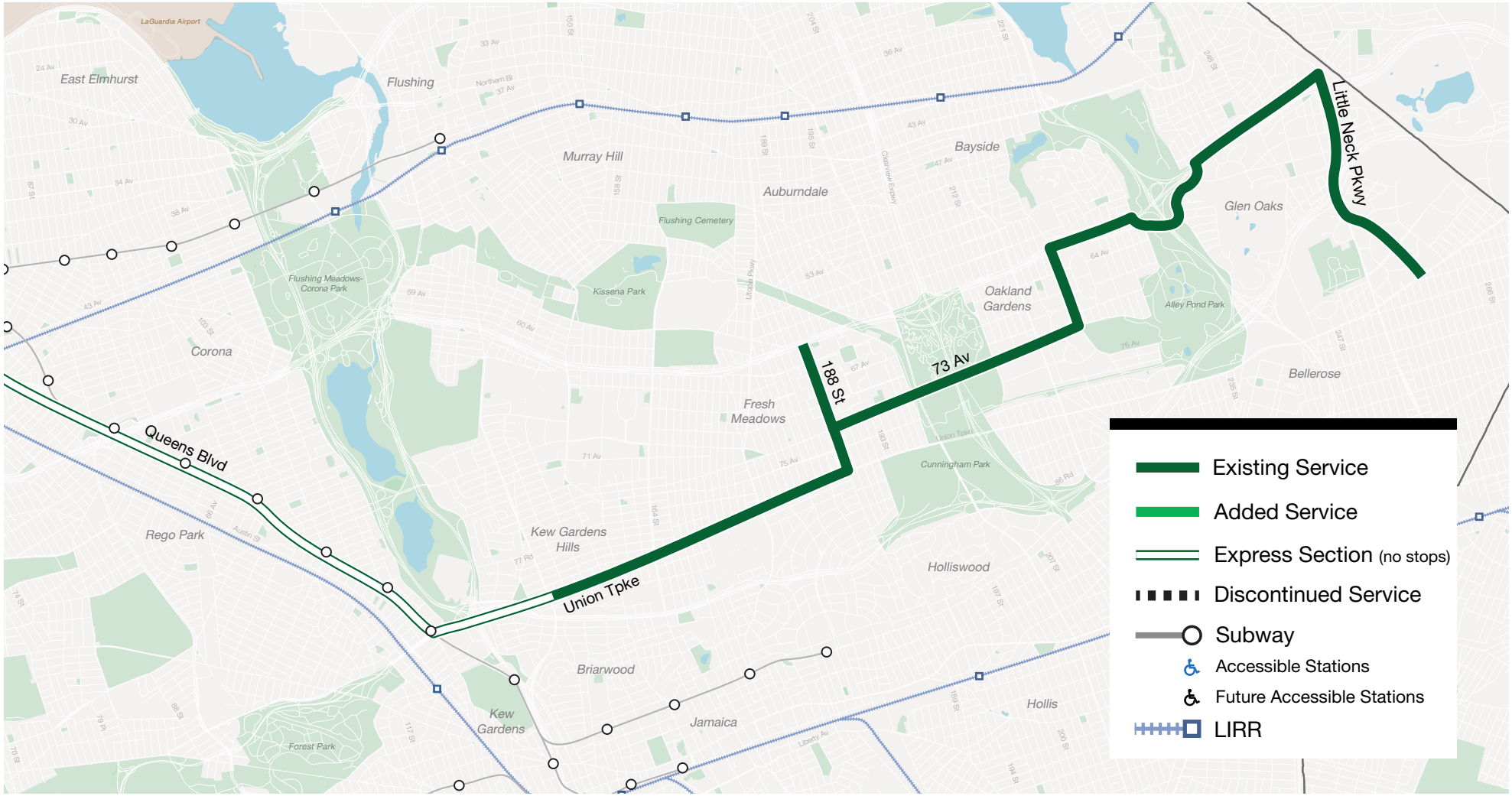
PROPOSED FREQUENCIES* AND HOURS OF OPERATION

	Service Span		AM Peak	Midday	PM Peak	Evening	Late Evening
WEEKDAY			6 am - 9 am	9 am - 3 pm	3 pm - 7 pm	7 pm - 9 pm	9 pm - 12 pm
Existing	WB: 5:57 AM - 7:37 AM	EB: 4:35 PM - 7:30 PM	15	-	18	30	-
Proposed	WB: 6:00 AM - 7:35 AM	EB: 4:35 PM - 7:30 PM	13	-	18	30	-
SATURDAY							
Existing	-	-	-	-	-	-	-
Proposed	-	-	-	-	-	-	-
SUNDAY							
Existing	-	-	-	-	-	-	-
Proposed	-	-	-	-	-	-	-

*Frequencies indicate how often the bus arrives on average in the peak direction in minutes.

no change | added service | reduced service

QM8 Glen Oaks – Downtown



EXPRESS

QM8 Glen Oaks – Downtown



QM8 Glen Oaks – Downtown

EASTBOUND to Glen Oaks

On Street/At Street		Proposal Note
1	Pearl St/Peck Slip	Keep
2	Water St/Maiden Ln	Keep
3	Water St/Gouverneur Ln	Keep
4	Water St/Broad St	Keep
5	State St/Battery Pl	Keep
6	Trinity Pl/Morris St	Keep
7	Trinity Pl/Thames St	Keep
8	Church St/Fulton St	Keep
9	Park Row/Beekman St	Keep
10	Frankfort St/Pearl St	Keep
11	E 34 St/1 Av	Added at existing bus stop
12	Union Tpke/Main St	Keep
13	Union Tpke/150 St	Keep
14	Union Tpke/Parsons Blvd	Keep
15	Union Tpke/164 St	Keep
16	Union Tpke/168 St	Keep
17	Union Tpke/Utopia Pkwy	Keep
18	Union Tpke/Chevy Chase St	Keep
	188 St/75 Av	Removed to improve speed and reliability
19	188 St/73 Av	Keep
20	73 Av/192 St	Keep
21	73 Av/197 St	Keep
22	73 Av/210 St	Keep
23	73 Av/213 St	Keep
24	73 Av/Bell Blvd	Keep
25	73 Av/220 St	Keep
26	Springfield Blvd/69 Av	Keep
27	Springfield Blvd/67 Av	Keep
	Springfield Blvd/64 Av	Removed to improve speed & reliability
28	Springfield Blvd/Horace Harding Expwy S	Keep
	Horace Harding Expwy/224 St	Removed to improve speed & reliability
29	Horace Harding Expwy/Cloverdale Blvd	Keep
30	Horace Harding Expwy/231 St	Keep
31	Douglaston Pkwy/65 Av	Keep
32	Douglaston Pkwy/Douglaston Plaza	Keep

EASTBOUND to Glen Oaks

On Street/At Street		Proposal Note
	Horace Harding Expwy/Douglaston Pkwy	Removed to improve speed & reliability
	Horace Harding Expwy/244 St	Removed to improve speed & reliability
	Horace Harding Expwy/246 Pl	Removed to improve speed & reliability
33	Horace Harding Expwy/Marathon Pkwy	Keep
	Horace Harding Expwy/251 St	Removed to improve speed & reliability
34	Horace Harding Expwy/Little Neck Pkwy	Keep
35	Little Neck Pkwy/58 Av	Keep
36	Little Neck Pkwy/61 Av	Keep
37	Little Neck Pkwy/Cullman Av	Keep
	Little Neck Pkwy/Grand Central Pkwy	Removed to improve speed & reliability
38	260 St/Little Neck Pkwy	Keep
	260 St/73 Av	Removed to improve speed & reliability
39	260 St/74 Av	Keep
40	Union Tpke/260 St	Keep

WESTBOUND to Downtown

1	260 St/Union Tpke	Keep
2	260 St/74 Av	Keep
	260 St/73 Av	Removed to improve speed & reliability
3	260 St/Little Neck Pkwy	Keep
	Little Neck Pkwy/Grand Central Pkwy	Removed to improve speed & reliability
4	Little Neck Pkwy/255 St	Keep
5	Little Neck Pkwy/61 Av	Keep
6	Little Neck Pkwy/58 Av	Keep
7	Horace Harding Expwy/Little Neck Pkwy	Keep
8	Horace Harding Expwy/Marathon Pkwy	Keep
9	Douglaston Pkwy/61 Av	Keep
10	Douglaston Pkwy/65 Av	Keep
11	West Alley Rd/233 St	Keep
12	Horace Harding Expwy/Cloverdale Blvd	Keep
13	Springfield Blvd/Horace Harding Expwy S	Keep
14	Springfield Blvd/67 Av	Keep
15	Springfield Blvd/73 Av	Keep
	73 Av/218 St	Removed to improve speed & reliability
16	73 Av/Bell Blvd	Keep

WESTBOUND to Downtown

On Street/At Street		Proposal Note
17	73 Av/213 St	Keep
18	73 Av/210 St	Keep
19	73 Av/198 St	Keep
20	73 Av/193 St	Keep
21	188 St/73 Av	Keep
	188 St/75 Av	Removed to improve speed and reliability
22	Union Tpke/187 St	Keep
23	Union Tpke/Utopia Pkwy	Keep
24	Union Tpke/168 St	Keep
25	Union Tpke/164 St	Keep
26	Union Tpke/Parsons Blvd	Keep
27	Union Tpke/153 St	Keep
28	Union Tpke/Main St	Keep
29	E 34 St/1 Av	Added at existing bus stop
30	Pearl St/Peck Slip	Keep
31	Water St/Maiden Ln	Keep
32	Water St/Gouverneur Ln	Keep
33	Water St/Broad St	Keep
34	State St/Battery Pl	Keep
35	Trinity Pl/Morris St	Keep
36	Trinity Pl/Thames St	Keep
37	Church St/Fulton St	Keep
38	Park Row/Beekman St	Keep
39	Frankfort St/Pearl St	Keep