Monday through Friday except Holidays, Effective March 23, 2026 - May 17, 2026

Eastbound

To Babylon

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."														
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	......	J 12:35	12:44	2:44	4:11	4:28	5:40	......	6:27	6:45	7:20	......	J 7:52	......
GRAND CENTRAL	12:16	J 12:38	......	......	......	......	......	6:11	......	......	......	7:31	J 7:43	8:13
Woodside	12:28	......	......	......	4:22	......	......	......	......	6:56	......	......	......	......
Forest Hills	......	......	1:00	3:00	......	4:43	5:55	6:28	6:41	7:00	7:34	7:46	......	8:28
Kew Gardens	......	......	1:02	3:02	......	4:45	......	......	6:43	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:37	12:59	1:06	3:06	4:31	4:49	6:01	6:34	6:48	7:06	7:40	7:52	8:12	8:34
JAMAICA (Leave)	12:39	1:05	1:08	3:07	4:32	4:50	6:03	6:35	6:49	7:07	7:41	7:53	8:18	8:35
Lynbrook (Note)	12:53	......	......	......	4:46	......	......	6:49	......	7:21	......	8:07	......	8:49
Rockville Centre	12:55	......	1:24	3:23	4:48	......	6:19	6:51	......	7:23	......	8:09	......	8:51
Baldwin	12:58	......	1:27	3:26	4:51	......	6:22	6:54	......	7:26	......	8:12	......	8:54
Freeport	1:01	......	1:30	3:29	4:54	......	6:25	6:57	......	7:29	......	8:15	......	8:57
Merrick	1:04	......	1:33	3:32	4:57	......	6:28	7:00	......	7:32	......	8:18	......	9:00
Bellmore	1:07	......	1:36	3:35	5:00	......	6:31	7:03	......	7:35	......	8:21	......	9:03
Wantagh	1:10	......	1:39	3:38	5:03	......	6:34	7:06	......	7:38	......	8:24	......	9:06
Seaford	1:13	......	1:42	3:41	5:06	......	6:37	7:09	......	7:41	......	8:27	......	9:09
Massapequa	1:15	......	1:44	3:43	5:08	5:18	6:39	7:11	7:16	7:43	8:10	8:29	......	9:11
Massapequa Park	1:17	......	1:46	3:45	......	5:20	6:41	7:13	7:18	......	8:12	8:31	......	9:13
Amityville	1:20	......	1:49	3:48	......	5:24	6:44	7:16	7:21	......	8:16	8:35	......	9:16
Copiague	1:23	......	1:52	3:51	......	5:26	6:47	7:19	7:24	......	8:18	8:37	......	9:19
Lindenhurst	1:26	......	1:56	3:54	......	5:29	6:50	7:22	7:27	......	8:21	8:40	......	9:22
BABYLON	1:32	1:42	2:01	4:00	......	5:35	6:56	7:28	7:33	......	8:28	8:46	8:57	9:28
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	202	2	102	104	1120	120	122	220	124	1124	128	222	4	224

For explanation, see "Reference Notes."														
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM
PENN STATION	J 8:32	8:44	......	9:19	9:33	......	10:22	10:33	......	J 11:11	11:22	11:33	......	12:22
GRAND CENTRAL	J 8:34	......	9:06	......	......	10:07	......	......	11:07	J 11:14	......	......	12:07	......
Woodside	......	......	......	9:30	......	......	10:34	......	......	......	11:34	......	......	12:34
Forest Hills	......	8:58	9:21	......	9:49	10:22	......	10:49	11:22	......	......	11:49	12:22	......
Kew Gardens	......	9:00	9:23	......	9:51	10:24	......	10:51	11:24	......	......	11:51	12:24	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:55	9:05	9:26	9:39	9:55	10:28	10:42	10:55	11:28	11:34	11:42	11:55	12:28	12:42
JAMAICA (Leave)	9:03	9:06	9:28	9:41	9:57	10:30	10:44	10:57	11:30	11:41	11:44	11:57	12:30	12:44
Lynbrook (Note)	......	......	9:42	......	10:10	......	......	11:10	......	......	......	12:10	......	......
Rockville Centre	......	9:21	9:44	......	10:13	10:45	......	11:13	11:45	......	......	12:13	12:45	......
Baldwin	......	9:24	9:47	......	10:16	10:48	......	11:16	11:48	......	......	12:16	12:48	......
Freeport	......	9:27	9:50	10:00	10:19	10:51	11:02	11:19	11:51	......	12:02	12:19	12:51	1:02
Merrick	......	9:30	9:53	......	10:22	10:54	......	11:22	11:54	......	......	12:22	12:54	......
Bellmore	......	9:33	9:56	......	10:25	10:57	......	11:25	11:57	......	......	12:25	12:57	......
Wantagh	......	9:36	9:59	......	10:28	11:00	......	11:28	12:00	......	......	12:28	1:00	......
Seaford	......	9:39	10:02	......	10:31	11:03	......	11:31	12:03	......	......	12:31	1:03	......
Massapequa	......	9:41	10:04	10:11	10:33	11:05	11:12	11:33	12:05	......	12:12	12:33	1:05	1:12
Massapequa Park	......	9:43	......	10:13	10:35	......	11:14	11:35	......	......	12:14	12:35	......	1:14
Amityville	......	9:46	......	10:16	10:38	......	11:17	11:38	......	......	12:17	12:38	......	1:17
Copiague	......	9:49	......	10:19	10:41	......	11:20	11:41	......	......	12:20	12:41	......	1:20
Lindenhurst	......	9:52	......	10:22	10:44	......	11:23	11:44	......	......	12:23	12:44	......	1:23
BABYLON	9:36	9:58	......	10:28	10:50	......	11:28	11:50	......	12:20	12:28	12:50	......	1:28
	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM
Train #	62	130	1290	132	134	1292	136	138	1294	8	144	146	1296	148

For explanation, see "Reference Notes."													
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	12:33	......	1:22	1:33	......	2:32	2:39	2:45	J 2:45	......	3:17	3:38	3:45
GRAND CENTRAL	......	1:07	......	......	1:54	......	......	......	J 2:41	3:04	......	......	......
Woodside	......	......	1:34	......	......	......	......	2:56	......	......	3:28	......	......
Forest Hills	12:49	1:22	......	1:49	2:09	2:48	......	......	......	......	......	......	......
Kew Gardens	12:51	1:24	......	1:51	2:11	2:50	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:55	1:28	1:42	1:55	2:14	2:54	2:58	3:05	3:05	3:25	3:37	3:58	4:05
JAMAICA (Leave)	12:57	1:30	1:44	1:57	2:16	2:56	2:59	3:06	3:10	3:26	3:38	3:59	4:06
Lynbrook (Note)	1:10	......	......	2:10	......	......	......	......	......	3:40	......	......	......
Rockville Centre	1:13	1:45	......	2:13	2:31	......	3:15	3:22	......	3:42	3:54	......	4:22
Baldwin	1:16	1:48	......	2:16	2:34	......	3:18	3:25	......	3:45	3:57	......	4:25
Freeport	1:19	1:51	2:02	2:19	2:37	3:14	3:21	3:28	......	3:48	4:00	......	4:28
Merrick	1:22	1:54	......	2:22	2:40	......	3:24	3:31	......	3:51	......	4:24	4:31
Bellmore	1:25	1:57	......	2:25	2:43	3:19	3:27	3:34	......	3:54	4:05	4:27	4:34
Wantagh	1:28	2:00	......	2:28	2:46	......	3:30	3:37	......	3:57	......	4:30	4:37
Seaford	1:31	2:03	......	2:31	2:49	......	3:33	3:40	......	4:00	......	4:33	......
Massapequa	1:33	2:05	2:12	2:33	2:51	3:24	3:35	3:42	......	4:02	4:10	4:35	4:41
Massapequa Park	1:35	......	2:14	2:35	2:53	......	3:37	3:44	......	4:04	......	4:37	......
Amityville	1:38	......	2:17	2:38	2:56	3:28	3:40	3:47	......	4:07	4:15	4:40	......
Copiague	1:41	......	2:20	2:41	2:59	......	3:43	3:50	......	4:10	......	4:43	......
Lindenhurst	1:44	......	2:23	2:44	3:02	......	3:46	3:53	......	4:13	......	4:46	......
BABYLON	1:50	......	2:28	2:50	3:08	3:35	3:52	3:59	3:49	4:19	4:22	4:52	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	150	1298	152	156	258	158	160	162	76	262	164	166	1150

For explanation, see "Reference Notes."	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	4:13	......	4:25	4:37	J 4:34	......	......	5:13	5:16	5:19	......	......	5:41	5:44
GRAND CENTRAL	......	4:12	......	......	J 4:35	4:51	5:00	J 5:06	......	......	5:25	5:30	......	......
Woodside	4:24	......	......	......	......	......	......	......	......	......	......	......	......	5:56
Forest Hills	......	......	......	......	......	5:06	......	......	......	5:33	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	5:35	......	......	5:57	......
HUNTERSPOINT AVE.	......	......	......	......	4:42	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	4:32	4:34	4:44	4:56	4:58	5:11	5:21	5:34	5:35	5:39	5:47	5:50	6:00	6:03
JAMAICA (Leave)	4:33	4:36	4:45	4:57	4:59	5:12	5:23	5:36	5:36	5:40	5:48	5:51	6:01	6:05
Lynbrook (Note)	......	......	......	......	......	......	5:38	......	......	......	......	......	......	......
Rockville Centre	......	4:51	......	5:13	......	......	5:40	......	......	5:55	......	6:06	......	6:20
Baldwin	......	4:54	......	5:16	......	......	5:43	......	......	5:58	......	6:09	......	6:23
Freeport	4:51	4:57	......	5:19	......	......	5:46	......	......	6:01	......	6:12	......	6:26
Merrick	......	5:00	......	5:22	......	......	5:49	......	......	6:04	......	6:15	......	6:29
Bellmore	4:56	5:03	......	5:25	......	......	5:52	......	......	6:07	......	6:18	......	6:32
Wantagh	......	5:06	5:10	5:28	......	5:37	5:55	......	6:01	6:10	6:13	6:21	6:25	6:35
Seaford	......	......	5:13	......	......	5:40	......	......	6:04	......	6:16	6:24	6:28	......
Massapequa	5:01	......	5:15	......	......	5:42	......	......	6:06	......	6:18	......	6:30	......
Massapequa Park	......	......	5:17	......	......	5:44	......	......	6:08	......	6:20	......	6:32	......
Amityville	5:05	......	5:20	......	......	5:48	......	......	6:11	......	6:23	......	6:35	......
Copiague	......	......	5:23	......	......	5:50	......	......	6:14	......	6:26	......	6:38	......
Lindenhurst	......	......	5:26	......	......	5:53	......	......	6:17	......	6:29	......	6:41	......
BABYLON	5:12	......	5:32	......	5:41	5:59	......	6:15	6:23	......	6:35	......	6:47	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	168	1252	170	1154	80	266	1258	42	172	1162	268	1264	174	1166

For explanation, see "Reference Notes."	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	......	6:07	J 6:01	......	6:28	6:31	6:34	......	......	7:00	......	7:23	7:47	......
GRAND CENTRAL	5:51	......	J 6:03	6:17	J 6:17	......	......	6:41	......	......	7:08	......	......	......
Woodside	......	......	......	6:29	......	......	6:45	......	......	......	7:20	......	......	......
Forest Hills	......	6:22	......	......	......	6:45	......	......	......	......	......	......	8:02	......
Kew Gardens	......	6:24	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	6:46	......	......	......	......	7:50
Nostrand Avenue	......	......	......	......	......	......	......	......	6:53	......	......	......	......	7:57
East New York	......	......	......	......	......	......	......	......	6:58	......	......	......	......	8:02
JAMAICA (Arrive)	6:13	6:28	6:23	6:37	6:47	6:50	6:53	7:01	7:07	7:19	7:28	7:42	8:07	8:11
JAMAICA (Leave)	6:14	6:29	6:31	6:38	6:48	6:51	6:54	7:02	7:08	7:20	7:29	7:43	8:08	8:12
Lynbrook (Note)	......	......	......	......	......	......	7:08	......	......	......	......	......	......	8:26
Rockville Centre	......	6:43	......	......	......	......	7:10	......	7:24	7:34	7:44	......	8:23	8:28
Baldwin	......	6:46	......	......	......	......	7:13	......	7:27	7:37	7:47	......	8:26	8:31
Freeport	......	6:49	......	......	......	......	7:16	......	7:30	7:40	7:50	......	8:29	8:34
Merrick	......	6:52	......	......	......	......	7:19	......	7:33	7:43	7:53	......	8:32	......
Bellmore	......	6:55	......	......	......	......	7:22	......	7:36	7:46	7:56	......	8:35	......
Wantagh	6:39	6:58	......	7:03	......	7:16	7:25	7:28	7:39	7:49	7:59	8:08	8:38	......
Seaford	6:42	......	......	7:06	......	7:19	......	7:31	7:42	7:52	8:03	8:11	8:41	......
Massapequa	6:44	......	......	7:08	......	7:21	......	7:33	7:44	7:54	8:05	8:13	8:43	......
Massapequa Park	6:46	......	......	7:10	......	7:23	......	7:35	7:46	7:56	8:07	8:15	8:45	......
Amityville	6:49	......	......	7:13	......	7:26	......	7:38	7:49	7:59	8:10	8:19	8:48	......
Copiague	6:52	......	......	7:16	......	7:29	......	7:41	7:52	8:02	8:13	8:21	8:51	......
Lindenhurst	6:55	......	......	7:19	......	7:32	......	7:44	7:55	8:05	8:16	8:24	8:54	......
BABYLON	7:01	......	7:14	7:25	7:30	7:38	......	7:50	8:01	8:11	8:22	8:30	9:00	......
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	270	1172	22	272	44	176	1178	274	298	178	276	180	182	284

For explanation, see "Reference Notes."														
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	7:59	......	J 8:21	8:46	......	9:31	9:46	......	J 10:23	10:23	10:52	......	11:34	11:51
GRAND CENTRAL	......	8:12	J 8:24	......	9:12	......	......	10:07	J 10:28	......	......	11:12	......	......
Woodside	......	......	......	......	9:24	9:43	......	10:19	......	10:34	11:03	11:23	11:45	......
Forest Hills	......	......	......	9:02	......	......	10:00	......	......	......	......	......	......	......
Kew Gardens	......	......	......	9:04	......	......	10:02	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	8:18	8:33	8:45	9:08	9:33	9:51	10:07	10:28	10:49	10:44	11:13	11:31	11:54	12:11
JAMAICA (Leave)	8:19	8:35	8:50	9:10	9:35	9:53	10:09	10:30	10:53	10:46	11:15	11:33	11:56	12:13
Lynbrook (Note)	......	8:49	......	......	9:49	......	......	10:44	......	......	......	11:47	......	......
Rockville Centre	......	8:51	......	9:26	9:51	......	10:24	10:46	......	11:02	11:30	11:49	......	12:29
Baldwin	......	8:54	......	9:29	9:54	......	10:27	10:49	......	11:05	11:33	11:53	......	12:32
Freeport	......	8:57	......	9:32	9:57	10:11	10:30	10:52	......	11:08	11:36	11:56	12:13	12:35
Merrick	......	9:00	......	9:35	10:00	......	10:33	10:55	......	11:11	11:39	11:59	......	12:38
Bellmore	......	9:03	......	9:38	10:03	10:16	10:36	10:58	......	11:14	11:42	12:02	12:18	12:41
Wantagh	8:44	9:06	......	9:41	10:06	......	10:39	11:01	......	11:17	11:45	12:05	......	12:44
Seaford	8:47	9:09	......	9:44	10:09	......	10:42	11:04	......	11:20	11:48	12:08	......	12:47
Massapequa	8:49	9:11	......	9:46	10:11	10:21	10:44	11:06	......	11:22	11:50	12:10	12:23	12:49
Massapequa Park	8:51	9:13	......	9:48	10:13	......	10:46	11:08	......	11:24	11:52	12:12	......	12:51
Amityville	8:54	9:16	......	9:51	10:17	10:26	10:49	11:11	......	11:27	11:55	12:15	12:27	12:54
Copiague	8:57	9:19	......	9:54	10:19	......	10:52	11:14	......	11:30	11:58	12:18	......	12:57
Lindenhurst	9:00	9:22	......	9:57	10:22	......	10:55	11:17	......	11:33	12:01	12:21	......	1:00
BABYLON	9:06	9:28	9:28	10:03	10:28	10:32	11:00	11:23	11:33	11:39	12:07	12:27	12:34	1:06
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	184	286	26	186	288	188	190	290	48	192	194	292	196	198

To Hunterspoint Avenue & Long Island City
Monday to Friday except Holidays

Train #	Notes	Leave Jamaica	Arrive HP Ave	Arrive LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:41	7:59	......
509	Peak	7:55	8:11	......
617	Peak	8:05	8:22	8:30
7	Peak	8:32	8:48	8:57
621	Peak	8:57	9:13	......
515	Peak	9:12	9:28	9:36

From Long Island City & Hunterspoint Avenue
Monday to Friday except Holidays

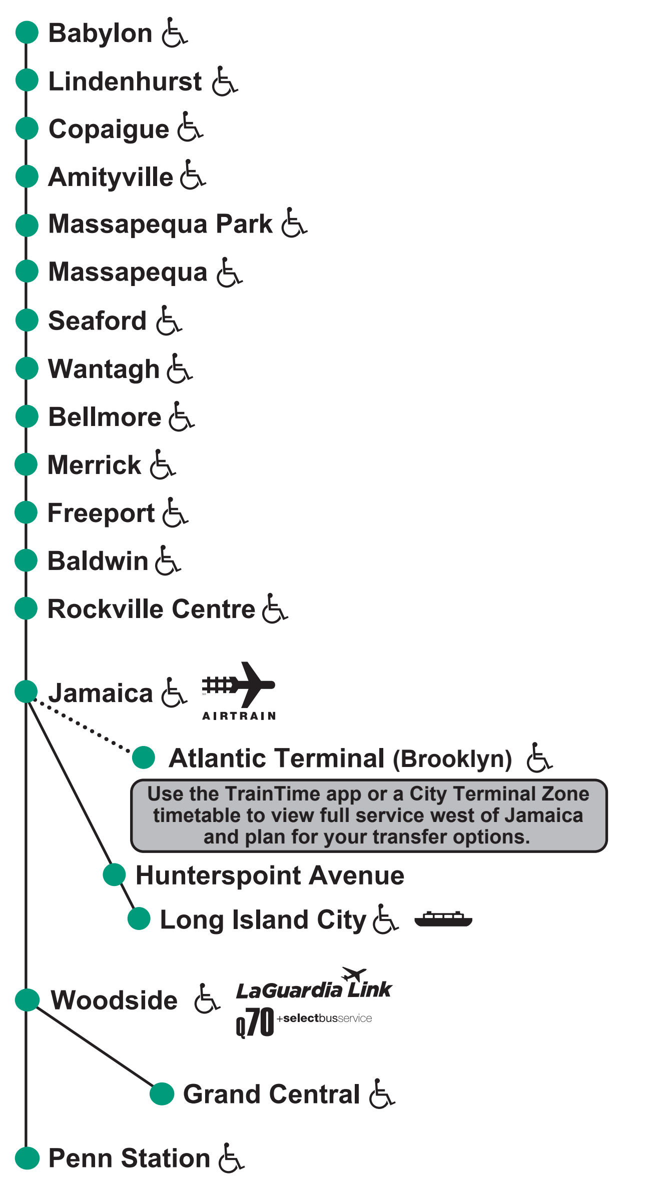
Train #	Notes	Leave LI City	Leave HP Ave	Arrive Jamaica
Afternoon and Evening Service				
656		3:15	3:30	3:46
558		......	3:57	4:16
658	Peak	......	4:22	4:37
18	Peak	......	4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	......	6:43	6:58
568	Peak	6:40	6:53	7:09

MTA Long Island Rail Road

Effective March 23, 2026 - May 17, 2026

Babylon
Branch Timetable

www.mta.info



Monday through Friday except Holidays, Effective March 23, 2026 - May 17, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Tuesday-Friday		Tuesday-Friday	Monday Only							Peak AM	Peak AM	Peak AM	Peak AM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:22	12:23	12:36	1:40	3:14	3:26	4:10	4:30	4:50	5:03	5:13	......
Lindenhurst	......	......	......	......	12:42	1:46	......	......	4:16	4:36	4:56	5:09	5:19	......
Copiague	......	......	......	......	12:45	1:49	......	......	4:19	4:39	4:59	5:12	5:22	......
Amityville	......	12:19	......	......	12:47	1:51	3:21	......	4:21	4:41	5:01	5:14	5:24	......
Massapequa Park	......	......	......	......	12:49	1:53	......	......	4:23	4:43	5:03	5:16	5:26	......
Massapequa	......	12:23	......	......	12:51	1:55	3:26	......	4:25	4:45	5:05	5:18	5:28	......
Seaford	......	......	......	......	12:54	1:58	......	......	4:28	4:48	5:08	5:21	5:31	......
Wantagh	......	......	......	......	12:57	2:01	......	......	4:31	4:51	5:11	5:24	5:34	5:38
Bellmore	......	12:28	......	......	1:00	2:04	3:31	......	4:34	4:54	5:14	5:27	......	5:41
Merrick	......	......	......	......	1:03	2:07	......	......	4:37	4:57	5:17	5:30	......	5:44
Freeport	......	12:33	......	......	1:06	2:10	3:36	......	4:40	5:00	5:20	5:33	......	5:47
Baldwin	......	......	......	......	1:09	2:13	......	......	4:43	5:03	5:23	5:36	......	5:50
Rockville Centre	......	......	......	......	1:12	2:16	......	......	4:46	5:06	5:26	5:39	......	5:53
Lynbrook (Note)	......	......	......	......	1:15	2:19	......	......	......	5:09	......	5:42	......	......
JAMAICA (Arrive)	12:41	12:50	1:00	1:04	1:28	2:32	3:53	4:05	5:02	5:22	5:40	5:55	5:58	6:07
JAMAICA (Leave)	12:45	12:52	1:10	1:10	1:30	2:33	3:54	4:16	5:03	5:23	5:41	5:56	5:59	6:08
East New York	......	......	......	......	......	......	......	......	......	......	......	6:05	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	6:10	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	6:17	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	5:08	5:29	......	......	......	......
Woodside	......	......	......	......	......	......	4:02	......	......	......	......	......	......	......
GRAND CENTRAL	J 1:08	......	J 1:33	J 1:33	......	......	......	......	......	......	......	......	6:18	......
PENN STATION	J 1:04	1:11	J 1:31	J 1:31	1:49	2:51	4:12	J 4:35	5:21	5:43	6:00	......	......	6:26
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	79	101	21	6049	103	105	107	3	109	111	119	215	217	1117

For explanation, see "Reference Notes."	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	5:25	......	5:45	6:00	......	6:03	......	6:15	6:23	......	6:28	......	6:48
Lindenhurst	5:31	......	5:51	......	......	6:09	......	6:21	......	......	6:34	......	......
Copiague	5:34	......	5:54	......	......	6:12	......	6:24	......	......	6:37	......	......
Amityville	5:36	......	5:56	......	......	6:14	......	6:26	......	......	6:39	......	......
Massapequa Park	5:38	......	5:58	......	......	6:16	......	6:28	......	......	6:41	......	......
Massapequa	5:40	......	6:00	......	......	6:18	......	6:30	......	......	6:43	......	......
Seaford	5:43	......	6:03	......	......	6:21	......	6:33	......	......	6:46	......	......
Wantagh	5:46	5:56	6:06	......	6:15	6:24	6:27	6:36	......	6:40	6:49	6:52	......
Bellmore	......	5:59	......	......	6:17	......	6:30	......	......	6:43	......	6:55	......
Merrick	......	6:02	......	......	6:20	......	6:33	......	......	6:46	......	6:58	......
Freeport	......	6:05	......	......	6:23	......	6:36	......	......	6:49	......	7:01	......
Baldwin	......	6:08	......	......	6:26	......	6:39	......	......	6:52	......	7:04	......
Rockville Centre	......	6:11	......	......	6:29	......	6:42	......	......	6:55	......	7:07	......
Lynbrook (Note)	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	6:12	6:26	6:31	6:37	6:44	6:49	6:58	7:01	7:04	7:10	7:17	7:24	7:28
JAMAICA (Leave)	6:13	6:27	6:32	6:38	6:45	6:50	6:59	7:02	7:05	7:11	7:18	7:25	7:29
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	7:23	......	......	......	7:47
Kew Gardens	......	6:31	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	7:23	......	......
Woodside	6:21	......	6:39	......	......	......	......	7:13	......	7:19	......	......	......
GRAND CENTRAL	......	6:46	6:50	J 7:02	......	......	7:18	7:24	J 7:27	......	......	......	J 7:54
PENN STATION	6:32	......	......	6:56	7:03	7:10	......	......	J 7:28	7:31	7:37	7:43	J 7:52
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	121	1223	221	5	1121	123	1225	223	35	1123	125	1125	37

For explanation, see "Reference Notes."	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	6:45	......	6:55	7:09	7:16	7:12	7:21	......	7:28	......	7:48	7:48	......
Lindenhurst	6:51	......	7:01	......	......	7:18	......	......	7:34	......	......	7:54	......
Copiague	6:54	......	7:04	......	......	7:21	......	......	7:37	......	......	7:57	......
Amityville	6:56	......	7:06	......	......	7:23	......	......	7:39	......	......	7:59	......
Massapequa Park	6:58	......	7:08	......	......	7:25	......	......	7:41	......	......	8:01	......
Massapequa	7:00	......	7:11	......	......	7:27	......	......	7:43	......	......	8:03	......
Seaford	7:03	......	7:14	......	......	7:30	......	......	7:46	......	......	8:06	......
Wantagh	7:06	7:09	7:16	7:25	......	7:33	7:36	......	7:49	7:57	......	8:09	8:18
Bellmore	......	7:12	......	7:28	......	......	7:39	......	......	8:00	......	......	8:21
Merrick	......	7:15	......	7:31	......	......	7:42	......	......	8:03	......	......	8:24
Freeport	......	7:18	......	7:34	......	......	7:44	7:49	......	8:06	......	......	8:27
Baldwin	......	7:21	......	7:37	......	......	......	7:52	7:58	8:09	......	......	8:30
Rockville Centre	......	7:24	......	7:40	......	......	......	7:55	8:01	8:12	......	......	8:33
Lynbrook (Note)	......	......	7:28	......	......	......	......	......	......	8:15	......	......	8:36
JAMAICA (Arrive)	7:31	7:41	7:44	7:55	7:59	8:00	8:08	8:13	8:17	8:30	8:30	8:34	8:50
JAMAICA (Leave)	7:32	7:42	7:45	7:56	8:00	8:02	8:09	8:15	8:18	8:31	8:32	8:35	8:51
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	8:48	......	......
Kew Gardens	7:36	......	......	......	......	8:06	......	......	......	......	......	......	......
Forest Hills	7:38	......	......	......	......	8:08	......	......	8:23	......	......	......	......
Woodside	......	......	7:53	8:04	......	......	......	......	......	......	......	......	8:59
GRAND CENTRAL	7:54	......	......	8:16	J 8:28	8:22	......	8:35	......	8:50	J 8:53	8:53	......
PENN STATION	......	8:02	8:05	......	8:20	......	8:29	......	8:39	......	J 8:53	......	9:11
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
Train #	227	1127	127	229	39	231	1129	1233	129	1235	7	233	1133

For explanation, see "Reference Notes."	Peak AM	Peak AM	Peak AM										
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	8:06	8:16	8:30	8:41	9:02	9:20	9:42	10:14	......	10:42	11:14	......	11:42
Lindenhurst	8:14	8:22	8:36	8:47	......	9:26	9:48	10:20	......	10:48	11:20	......	11:48
Copiague	8:17	8:25	8:39	8:50	......	9:29	9:51	10:23	......	10:51	11:23	......	11:51
Amityville	8:19	8:27	8:41	8:52	9:10	9:31	9:53	10:25	......	10:53	11:25	......	11:53
Massapequa Park	8:21	8:29	8:43	8:54	......	9:33	9:55	10:27	......	10:55	11:27	......	11:55
Massapequa	8:23	8:31	8:45	8:56	9:14	9:35	9:57	10:30	10:36	10:57	11:30	11:36	11:57
Seaford	8:26	8:34	8:48	8:59	......	9:38	9:59	......	10:39	11:00	......	11:39	12:00
Wantagh	8:29	8:37	8:51	9:02	......	9:41	10:02	......	10:42	11:03	......	11:42	12:03
Bellmore	8:32	8:40	8:54	9:05	9:19	9:44	10:05	......	10:45	11:06	......	11:45	12:06
Merrick	8:35	8:43	8:57	9:08	......	9:47	10:08	......	10:48	11:09	......	11:48	12:09
Freeport	8:38	......	9:00	9:11	9:24	9:50	10:11	10:39	10:51	11:12	11:39	11:51	12:12
Baldwin	8:41	......	9:03	9:14	......	9:53	10:14	......	10:54	11:15	......	11:54	12:15
Rockville Centre	8:44	......	9:06	9:16	......	9:56	10:17	......	10:57	11:18	......	11:57	12:18
Lynbrook (Note)	......	......	......	9:19	......	9:59	......	......	11:00	......	......	12:00	......
JAMAICA (Arrive)	8:59	9:05	9:20	9:34	9:41	10:14	10:33	10:56	11:13	11:34	11:56	12:14	12:34
JAMAICA (Leave)	9:00	9:06	9:21	9:35	9:42	10:16	10:35	10:58	11:15	11:35	11:58	12:16	12:35
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	9:10	......	......	......	10:20	......	......	11:19	......	......	12:20	......
Forest Hills	......	......	9:26	......	......	10:22	......	......	11:21	......	......	12:22	......
Woodside	......	......	......	......	......	......	......	......	......	......	......	......	......
GRAND CENTRAL	......	......	......	......	......	10:36	......	......	11:35	......	......	12:36	......
PENN STATION	9:19	9:25	9:40	9:54	10:01	......	10:53	11:18	......	11:53	12:18	......	12:54
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM
Train #	131	133	135	137	139	241	141	143	1291	145	147	1293	149

For explanation, see "Reference Notes."													
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	12:14	......	12:42	1:14	......	1:38	1:48	2:14	......	2:42	3:07	3:18	3:43
Lindenhurst	12:20	......	12:48	1:20	......	1:44	......	2:20	......	2:48	......	3:24	3:49
Copiague	12:23	......	12:51	1:23	......	1:47	......	2:23	......	2:51	......	3:27	3:52
Amityville	12:25	......	12:53	1:25	......	1:49	......	2:25	......	2:53	......	3:29	3:54
Massapequa Park	12:27	......	12:55	1:27	......	1:51	......	2:27	......	2:56	......	3:31	3:56
Massapequa	12:30	12:36	12:57	1:30	1:36	1:53	......	2:30	2:36	2:58	......	3:33	3:58
Seaford	......	12:39	1:00	......	1:39	1:56	......	......	2:39	3:01	......	3:36	4:01
Wantagh	......	12:42	1:03	......	1:42	1:59	......	......	2:42	3:04	......	3:39	4:04
Bellmore	......	12:45	1:06	......	1:45	2:02	......	......	2:45	3:07	......	3:42	4:07
Merrick	......	12:48	1:09	......	1:48	2:05	......	......	2:48	3:10	......	3:45	4:10
Freeport	12:39	12:51	1:12	1:39	1:51	2:08	......	2:39	2:51	3:13	3:29	3:48	4:13
Baldwin	......	12:54	1:15	......	1:54	2:11	......	......	2:54	3:16	......	3:51	4:16
Rockville Centre	......	12:57	1:18	......	1:57	2:14	......	......	2:57	3:19	......	3:54	4:19
Lynbrook (Note)	......	1:00	......	......	2:00	......	......	......	3:00	......	......	3:57	......
JAMAICA (Arrive)	12:56	1:14	1:34	1:56	2:13	2:30	2:27	2:56	3:13	3:35	3:48	4:11	4:34
JAMAICA (Leave)	12:58	1:16	1:35	1:58	2:15	2:32	2:32	2:57	3:15	3:36	3:49	4:12	4:35
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	1:20	......	......	2:19	2:36	......	......	3:19	......	3:53	......	......
Forest Hills	......	1:22	......	......	2:21	2:38	......	......	3:21	......	3:55	4:17	4:40
Woodside	......	......	......	......	......	......	......	3:06	......	......	......	......	......
GRAND CENTRAL	......	1:36	......	......	2:35	......	J 2:57	......	3:35	......	......	4:32	......
PENN STATION	1:18	......	1:53	2:18	......	2:53	J 2:53	3:16	......	3:54	4:09	......	4:54
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	155	1295	157	159	1297	161	13	163	1299	165	167	257	169

For explanation, see "Reference Notes."													
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	4:07	4:17	4:52	5:14	......	5:18	5:35	6:06	6:18	6:38	7:07	7:18	7:38
Lindenhurst	......	4:23	4:58	......	......	5:24	5:41	......	6:24	6:44	......	7:24	7:44
Copiague	......	4:26	5:01	......	......	5:27	5:44	......	6:27	6:47	......	7:27	7:47
Amityville	4:15	4:28	5:03	......	......	5:29	5:47	6:14	6:29	6:49	7:15	7:29	7:49
Massapequa Park	......	4:30	5:05	......	......	5:31	5:49	......	6:31	6:51	......	7:31	7:51
Massapequa	4:19	4:32	5:07	......	5:26	5:33	5:51	6:18	6:33	6:53	7:19	7:33	7:53
Seaford	......	4:35	5:10	......	......	5:36	5:54	......	6:36	6:56	......	7:36	7:56
Wantagh	......	4:38	5:13	......	......	5:39	5:57	......	6:39	6:59	......	7:39	7:59
Bellmore	4:24	4:41	5:16	......	5:32	5:42	6:00	6:23	6:42	7:02	7:24	7:42	8:02
Merrick	......	4:44	5:19	......	......	5:45	6:03	......	6:45	7:05	......	7:45	8:05
Freeport	4:29	4:47	5:22	......	5:37	5:48	6:06	6:28	6:48	7:08	7:29	7:48	8:08
Baldwin	......	4:50	5:25	......	......	5:51	6:09	......	6:51	7:11	......	7:51	8:11
Rockville Centre	......	4:53	5:28	......	......	5:54	6:12	......	6:54	7:14	......	7:54	8:14
Lynbrook (Note)	......	4:56	......	......	......	5:57	......	......	6:57	......	......	7:57	......
JAMAICA (Arrive)	4:46	5:10	5:45	5:51	5:54	6:11	6:26	6:45	7:11	7:29	7:46	8:10	8:30
JAMAICA (Leave)	4:47	5:11	5:46	5:55	5:55	6:13	6:27	6:46	7:12	7:30	7:47	8:11	8:31
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	5:16	5:51	......	......	6:18	6:32	......	7:17	7:35	......	......	......
Woodside	4:55	......	......	......	......	......	......	6:54	......	......	7:55	......	......
GRAND CENTRAL	......	5:30	......	J 6:32	......	6:32	......	......	7:31	......	......	8:30	......
PENN STATION	5:05	......	6:05	J 6:13	6:13	......	6:46	7:04	......	7:49	8:05	......	8:50
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	171	261	173	45	1161	263	175	177	265	179	181	267	183

For explanation, see "Reference Notes."												
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	8:07	8:14	8:37	9:11	9:37	10:08	10:14	10:41	11:04	11:12	11:17	11:45
Lindenhurst	......	8:20	8:43	9:17	9:43	......	10:20	10:47	......	......	11:23	11:51
Copiague	......	8:23	8:46	9:20	9:46	......	10:23	10:50	......	......	11:26	11:54
Amityville	8:15	8:25	8:48	9:22	9:48	......	10:25	10:52	......	11:20	11:28	11:56
Massapequa Park	......	8:27	8:50	9:24	9:50	......	10:27	10:54	......	......	11:30	11:58
Massapequa	8:19	8:29	8:52	9:26	9:52	......	10:29	10:56	......	11:24	11:32	12:00
Seaford	......	8:32	8:55	9:29	9:55	......	10:32	10:59	......	......	11:35	12:03
Wantagh	......	8:35	8:58	9:32	9:58	......	10:35	11:02	......	......	11:38	12:06
Bellmore	8:24	8:38	9:01	9:35	10:01	......	10:38	11:05	......	11:29	11:41	12:09
Merrick	......	8:41	9:04	9:38	10:04	......	10:41	11:08	......	......	11:44	12:12
Freeport	8:29	8:44	9:07	9:41	10:07	......	10:44	11:11	......	11:34	11:47	12:15
Baldwin	......	8:47	9:10	9:44	10:10	......	10:47	11:14	......	......	11:50	12:18
Rockville Centre	......	8:50	9:13	9:47	10:13	......	10:50	11:17	......	......	11:53	12:21
Lynbrook (Note)	......	8:52	......	9:49	......	......	10:52	......	......	......	11:56	......
JAMAICA (Arrive)	8:46	9:05	9:30	10:02	10:29	10:45	11:06	11:34	11:40	11:52	12:10	12:35
JAMAICA (Leave)	8:47	9:06	9:32	10:04	10:31	10:50	11:08	11:36	11:49	11:54	12:12	12:37
East New York	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	......	......	......	......	......	......	......	......	......	......	......	......
Woodside	8:55	......	9:38	......	......	......	11:17	......	......	12:03	12:21	......
GRAND CENTRAL	......	......	......	10:23	......	J 11:10	11:28	......	J 12:11	......	12:32	......
PENN STATION	9:05	9:25	9:49	......	10:50	J 11:12	......	11:55	J 12:08	12:14	......	12:56
	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	185	187	189	271	191	47	273	193	49	195	275	197

Station Services: Connecting Transportation

	Fare Zone	Bus	Taxi	Airport	Rail/Subway
PENN STATION	1	M7, M20, M34-SBS, M34A-SBS, Q32			1, 2, 3, A, C, E, Amtrak, NJ TRANSIT
GRAND CENTRAL	1	M1, M2, M3, M4, M42, M101, M102, M103, Q32			4, 5, 6, 7, S, METRO-NORTH
Woodside	1	Q18, Q32, Q53-SBS, Q70-SBS		LaGuardia Link Q70-SBS	7
Forest Hills	1	Q23, Q60, Q64, Q74			E, F, M, R
Kew Gardens	1	Q10, Q80		Q10	
HUNTERSPOINT AVE.	1	Q67			7
ATLANTIC TERMINAL	1	B37, B41, B45, B63, B65, B67, B103			2, 3, 4, 5, B, D, N, Q, R
Nostrand Avenue	1	B25, B26, B44, B44-SBS, B49			A, C
East New York	1	B12, B20, B25, B83, Q24, Q56			A, C, J, Z, L
JAMAICA	3	Q1, Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65, Q75		AIRTRAIN	E, J, Z
Lynbrook	4	n4, n25, n31, n32	(516) 599-1600		
Rockville Centre	7	n4, n15, n16, n31x, Mercy Medical Shuttle	(516) 536-3333		
Baldwin	7		(516) 223-0036		
Freeport	7	n4, n19, n40, n43, n88X	(516) 868-2222		
Merrick	7		(516) 378-1144		
Bellmore	7		(516) 785-0412		
Wantagh	7		(516) 785-1770		
Seaford	7	n54	(516) 221-1111		
Massapequa	7	n54, n55, n80	(516) 541-1111		
Massapequa Park	7	n54, n55, n80	(516) 541-1212		
Amityville	9	1, 10, n54, n55, n71	(631) 842-1111		
Copiague	9		(631) 842-1111		
Lindenhurst	9	10	(631) 842-8294		
BABYLON	9	2, 3, 5, 10, 15	(631) 661-0027		

/// WATCH THE GAP ///

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 17, 2026

Eastbound

To Babylon

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."									Note 2																								
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM
PENN STATION	......	J 12:10	12:39	2:48	4:33	5:43	......	6:23	6:42	J 6:42	......	7:21	7:42	J 7:47	......	8:21	8:42	J 8:42	......	J 9:16	9:21	9:42	J 9:57	......	10:21	10:42	......	11:21	11:42	J 11:47	......	12:21	12:42	......
GRAND CENTRAL	12:15	J 12:15	......	......	......	......	6:10	......	......	J 6:48	7:10	......	......	J 7:39	8:10	......	......	J 8:39	9:10	J 9:10	......	......	J 9:54	10:10	......	......	11:10	......	......	J 11:39	12:10	......	......	1:10
Woodside	......	......	......	2:59	4:44	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Forest Hills	12:30	......	12:55	......	......	......	6:25	......	6:57	......	......	7:37	......	......	......	8:37	......	......	......	......	9:37	......	......	......	10:37	......	......	11:37	......	......	......	12:37	......	......
Kew Gardens	12:32	......	12:57	......	......	......	6:27	......	6:59	......	......	7:39	......	......	......	8:39	......	......	......	......	9:39	......	......	......	10:39	......	......	11:39	......	......	......	12:39	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	12:36	12:36	1:01	3:08	4:53	6:02	6:31	6:43	7:02	7:08	7:30	7:43	8:02	8:08	8:30	8:43	9:02	9:02	9:30	9:37	9:43	10:02	10:18	10:30	10:43	11:02	11:30	11:43	12:02	12:08	12:30	12:43	1:02	1:30
JAMAICA (Leave)	12:38	12:40	1:02	3:09	4:55	6:04	6:33	6:45	7:04	7:13	7:32	7:45	8:04	8:14	8:32	8:45	9:04	9:11	9:32	9:42	9:45	10:04	10:29	10:32	10:45	11:04	11:32	11:45	12:04	12:14	12:32	12:45	1:04	1:32
Lynbrook (Note)	12:52	......	......	......	......	6:18	......	......	7:18	......	......	......	8:18	......	......	......	9:18	......	......	......	......	10:18	......	......	......	11:18	......	......	12:18	......	......	......	1:18	......
Rockville Centre	12:54	......	1:18	3:25	5:11	6:20	6:47	......	7:20	......	7:46	......	8:20	......	8:46	......	9:20	......	9:46	......	......	10:20	......	10:46	......	11:20	11:46	......	12:20	......	12:46	......	1:20	1:46
Baldwin	12:57	......	1:21	3:28	5:14	6:23	6:50	......	7:23	......	7:49	......	8:23	......	8:49	......	9:23	......	9:49	......	......	10:23	......	10:49	......	11:23	11:49	......	12:23	......	12:49	......	1:23	1:49
Freeport	1:00	......	1:24	3:31	5:17	6:26	6:53	7:03	7:26	......	7:52	8:03	8:26	......	8:52	9:03	9:26	......	9:52	......	10:03	10:26	......	10:52	11:03	11:26	11:52	12:03	12:26	......	12:52	1:03	1:26	1:52
Merrick	1:03	......	1:27	3:34	5:20	6:29	6:56	......	7:29	......	7:55	......	8:29	......	8:55	......	9:29	......	9:55	......	......	10:29	......	10:55	......	11:29	11:55	......	12:29	......	12:55	......	1:29	1:55
Bellmore	1:06	......	1:30	3:37	5:23	6:32	6:59	......	7:32	......	7:58	......	8:32	......	8:58	......	9:32	......	9:58	......	......	10:32	......	10:58	......	11:32	11:58	......	12:32	......	12:58	......	1:32	1:58
Wantagh	1:09	......	1:33	3:40	5:26	6:35	7:02	......	7:35	......	8:01	......	8:35	......	9:01	......	9:35	......	10:01	......	......	10:35	......	11:01	......	11:35	12:01	......	12:35	......	1:01	......	1:35	2:01
Seaford	1:12	......	1:36	3:43	5:29	6:38	7:05	......	7:38	......	8:04	......	8:38	......	9:04	......	9:38	......	10:04	......	......	10:38	......	11:04	......	11:38	12:04	......	12:38	......	1:04	......	1:38	2:04
Massapequa	1:14	......	1:38	3:45	5:31	6:40	7:07	7:13	7:40	......	8:06	8:13	8:40	......	9:06	9:13	9:40	......	10:06	......	10:13	10:40	......	11:06	11:13	11:40	12:06	12:13	12:40	......	1:06	1:13	1:40	2:06
Massapequa Park	1:16	......	1:40	3:47	5:33	6:42	......	7:15	7:42	......	......	8:15	8:42	......	......	9:15	9:42	......	......	......	10:15	10:42	......	......	11:15	11:42	......	12:15	12:42	......	......	1:15	1:42	......
Amityville	1:19	......	1:43	3:50	5:36	6:45	......	7:18	7:45	......	......	8:18	8:45	......	......	9:18	9:45	......	......	......	10:18	10:45	......	......	11:18	11:45	......	12:18	12:45	......	......	1:18	1:45	......
Copiague	1:22	......	1:46	3:53	5:39	6:48	......	7:21	7:48	......	......	8:21	8:48	......	......	9:21	9:48	......	......	......	10:21	10:48	......	......	11:21	11:48	......	12:21	12:48	......	......	1:21	1:48	......
Lindenhurst	1:25	......	1:49	3:56	5:42	6:51	......	7:24	7:51	......	......	8:24	8:51	......	......	9:24	9:51	......	......	......	10:24	10:51	......	......	11:24	11:51	......	12:24	12:51	......	......	1:24	1:51	......
BABYLON	1:31	1:20	1:54	4:02	5:48	6:57	......	7:30	7:57	7:50	......	8:30	8:57	8:52	......	9:30	9:57	9:52	......	10:23	10:30	10:57	11:05	......	11:30	11:57	......	12:30	12:57	12:54	......	1:30	1:57	......
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	6202	6002	6102	6104	6106	6108	6210	6110	6112	6006	6212	6114	6116	6008	6214	6118	6120	6052	6216	6036	6122	6124	6010	6218	6126	6128	6220	6130	6132	6012	6250	6150	6152	6252

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:21	1:42	......	J 2:14	2:21	2:42	......	3:21	3:42	......	4:21	4:42	......	J 5:14	5:21	5:42	......	6:21	6:42	......	7:21	J 7:35	7:44	......	8:21	8:44	......	9:21	J 9:21	9:43	......	10:23	10:45	......	J 11:06	11:43
GRAND CENTRAL	......	......	2:10	J 2:10	......	......	3:10	......	......	4:10	......	......	5:10	J 5:10	......	......	6:10	......	......	7:10	......	J 7:39	......	8:10	......	......	9:10	......	J 9:10	......	10:09	......	......	11:09	J 11:09	......
Woodside	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	11:54
Forest Hills	1:37	......	......	......	2:37	......	......	3:37	......	......	4:37	......	......	......	5:37	......	......	6:37	......	......	7:37	......	......	......	8:37	......	......	9:37	......	......	10:24	......	11:00	11:24	......	......
Kew Gardens	1:39	......	......	......	2:39	......	......	3:39	......	......	4:39	......	......	......	5:39	......	......	6:39	......	......	7:39	......	......	......	8:39	......	......	9:39	......	......	10:26	......	11:02	11:26	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
JAMAICA (Arrive)	1:43	2:02	2:30	2:34	2:43	3:02	3:30	3:43	4:02	4:30	4:43	5:02	5:30	5:34	5:43	6:02	6:30	6:43	7:02	7:30	7:43	7:59	8:04	8:30	8:43	9:04	9:30	9:43	9:43	10:03	10:30	10:43	11:06	11:31	11:31	12:04
JAMAICA (Leave)	1:45	2:04	2:32	2:39	2:45	3:04	3:32	3:45	4:04	4:32	4:45	5:04	5:32	5:42	5:45	6:04	6:32	6:45	7:04	7:32	7:45	8:03	8:06	8:32	8:45	9:06	9:32	9:45	9:48	10:05	10:32	10:45	11:08	11:33	11:36	12:06
Lynbrook (Note)	......	2:18	......	......	......	3:18	......	......	4:18	......	......	5:18	......	......	......	6:18	......	......	7:18	......	......	......	8:19	......	......	9:20	......	......	......	10:18	......	......	11:21	......	......	12:20
Rockville Centre	......	2:20	2:46	......	......	3:20	3:46	......	4:20	4:46	......	5:20	5:46	......	......	6:20	6:46	......	7:20	7:46	......	......	8:21	8:46	......	9:22	9:46	......	......	10:20	10:47	......	11:23	11:50	......	12:22
Baldwin	......	2:23	2:49	......	......	3:23	3:49	......	4:23	4:49	......	5:23	5:49	......	......	6:23	6:49	......	7:23	7:49	......	......	8:24	8:49	......	9:25	9:49	......	......	10:23	10:50	......	11:26	11:53	......	12:25
Freeport	2:03	2:26	2:52	......	3:03	3:26	3:52	4:03	4:26	4:52	5:03	5:26	5:52	......	6:03	6:26	6:52	7:03	7:26	7:52	8:03	......	8:27	8:52	9:03	9:28	9:52	10:03	......	10:26	10:53	11:03	11:29	11:56	......	12:28
Merrick	......	2:29	2:55	......	......	3:29	3:55	......	4:29	4:55	......	5:29	5:55	......	......	6:29	6:55	......	7:29	7:55	......	......	8:30	8:55	......	9:31	9:55	......	......	10:29	10:56	......	11:32	11:59	......	12:31
Bellmore	......	2:32	2:58	......	......	3:32	3:58	......	4:32	4:58	......	5:32	5:58	......	......	6:32	6:58	......	7:32	7:58	......	......	8:33	8:58	......	9:34	9:58	......	......	10:32	10:59	......	11:35	12:02	......	12:34
Wantagh	......	2:35	3:01	......	......	3:35	4:01	......	4:35	5:01	......	5:35	6:01	......	......	6:35	7:01	......	7:35	8:01	......	......	8:36	9:01	......	9:37	10:01	......	......	10:35	11:02	......	11:38	12:05	......	12:37
Seaford	......	2:38	3:04	......	......	3:38	4:04	......	4:38	5:04	......	5:38	6:04	......	......	6:38	7:04	......	7:38	8:04	......	......	8:39	9:04	......	9:40	10:04	......	......	10:38	11:05	......	11:41	12:08	......	12:40
Massapequa	2:13	2:40	3:06	......	3:13	3:40	4:06	4:13	4:40	5:06	5:13	5:40	6:06	......	6:13	6:40	7:06	7:13	7:40	8:06	8:13	......	8:41	9:06	9:13	9:42	10:06	10:13	......	10:40	11:07	11:13	11:43	12:10	......	12:42
Massapequa Park	2:15	2:42	......	......	3:15	3:42	......	4:15	4:42	......	5:15	5:42	......	......	6:15	6:42	......	7:15	7:42	......	8:15	......	8:43	......	9:15	9:44	......	10:15	......	10:42	......	11:15	11:45	12:12	......	12:44
Amityville	2:18	2:45	......	......	3:18	3:45	......	4:18	4:45	......	5:18	5:45	......	......	6:18	6:45	......	7:18	7:45	......	8:18	......	8:46	......	9:18	9:47	......	10:18	......	10:45	......	11:18	11:48	12:15	......	12:47
Copiague	2:21	2:48	......	......	3:21	3:48	......	4:21	4:48	......	5:21	5:48	......	......	6:21	6:48	......	7:21	7:48	......	8:21	......	8:49	......	9:21	9:50	......	10:21	......	10:48	......	11:21	11:51	12:18	......	12:50
Lindenhurst	2:24	2:51	......	......	3:24	3:51	......	4:24	4:51	......	5:24	5:51	......	......	6:24	6:51	......	7:24	7:51	......	8:24	......	8:52	......	9:24	9:53	......	10:24	......	10:51	......	11:24	11:54	12:21	......	12:53
BABYLON	2:30	2:57	......	3:20	3:30	3:57	......	4:30	4:57	......	5:30	5:57	......	6:22	6:30	6:57	......	7:30	7:57	......	8:30	8:38	8:58	......	9:30	9:59	......	10:30	10:26	10:56	......	11:30	12:00	12:27	12:17	12:59
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	6154	6156	6254	6038	6158	6160	6256	6162	6166	6260	6168	6170	6262	6066	6172	6174	6264	6176	6178	6266	6180	6040	6182	6268	6184	6186	6270	6188	6014	6190	6272	6192	6194	6274	6044	6198

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 17, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Sat. Only		Sat. Only	Sun. Only																																
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM
BABYLON	12:00	12:11	12:23	12:23	12:49	1:40	3:07	3:40	4:40	......	5:40	6:18	6:43	7:11	......	7:44	8:11	......	8:46	9:11	9:15	......	9:46	10:11	......	10:46	11:11	......	11:46	12:11	......	12:46	1:11	......	1:46	2:04
Lindenhurst	......	......	......	......	12:55	1:46	......	3:46	4:46	......	5:46	6:24	6:49	7:17	......	7:50	8:17	......	8:52	9:17	......	......	9:52	10:17	......	10:52	11:17	......	11:52	12:17	......	12:52	1:17	......	1:52	......
Copiague	......	......	......	......	12:58	1:49	......	3:49	4:49	......	5:49	6:27	6:52	7:20	......	7:53	8:20	......	8:55	9:20	......	......	9:55	10:20	......	10:55	11:20	......	11:55	12:20	......	12:55	1:20	......	1:55	......
Amityville	......	12:19	......	......	1:00	1:51	3:15	3:51	4:51	......	5:51	6:29	6:54	7:22	......	7:55	8:22	......	8:57	9:22	......	......	9:57	10:22	......	10:57	11:22	......	11:57	12:22	......	12:57	1:22	......	1:57	......
Massapequa Park	......	......	......	......	1:02	1:53	......	3:53	4:53	......	5:53	6:31	6:56	7:25	......	7:57	8:25	......	8:59	9:25	......	......	9:59	10:25	......	10:59	11:25	......	11:59	12:25	......	12:59	1:25	......	1:59	......
Massapequa	......	12:23	......	......	1:04	1:55	3:19	3:55	4:55	5:47	5:55	6:33	6:58	7:27	7:30	7:59	8:27	8:30	9:02	9:27	......	9:30	10:01	10:27	10:30	11:01	11:27	11:30	12:01	12:27	12:30	1:02	1:27	1:30	2:01	......
Seaford	......	......	......	......	1:07	1:58	......	3:58	4:58	5:50	5:58	6:36	7:01	......	7:33	8:02	......	8:33	9:04	......	......	9:33	10:04	......	10:33	11:04	......	11:33	12:04	......	12:33	1:04	......	1:33	2:04	......
Wantagh	......	......	......	......	1:10	2:01	......	4:01	5:01	5:53	6:01	6:39	7:04	......	7:36	8:05	......	8:36	9:07	......	......	9:36	10:07	......	10:36	11:07	......	11:36	12:07	......	12:36	1:07	......	1:36	2:07	......
Bellmore	......	12:28	......	......	1:13	2:04	3:24	4:04	5:04	5:56	6:04	6:42	7:07	......	7:39	8:08	......	8:39	9:10	......	......	9:39	10:10	......	10:39	11:10	......	11:39	12:10	......	12:39	1:10	......	1:39	2:10	......
Merrick	......	......	......	......	1:16	2:07	......	4:07	5:07	5:59	6:07	6:45	7:10	......	7:42	8:11	......	8:42	9:13	......	......	9:42	10:13	......	10:42	11:13	......	11:42	12:13	......	12:42	1:13	......	1:42	2:13	......
Freeport	......	12:33	......	......	1:19	2:10	3:29	4:10	5:10	6:02	6:10	6:48	7:13	7:37	7:45	8:14	8:37	8:45	9:16	9:37	......	9:45	10:16	10:37	10:45	11:16	11:37	11:45	12:16	12:37	12:45	1:16	1:37	1:45	2:16	......
Baldwin	......	......	......	......	1:22	2:13	......	4:13	5:13	6:05	6:13	6:51	7:16	......	7:48	8:17	......	8:48	9:19	......	......	9:48	10:19	......	10:48	11:19	......	11:48	12:19	......	12:48	1:19	......	1:48	2:19	......
Rockville Centre	......	......	......	......	1:25	2:16	......	4:16	5:16	6:08	6:16	6:54	7:19	......	7:51	8:20	......	8:51	9:22	......	......	9:51	10:22	......	10:51	11:22	......	11:51	12:22	......	12:51	1:22	......	1:51	2:22	......
Lynbrook (Note)	......	......	......	......	1:28	2:19	......	......	......	......	6:19	......	7:21	......	......	8:22	......	......	9:24	......	......	......	10:24	......	......	11:24	......	......	12:24	......	......	1:24	......	......	2:24	......
JAMAICA (Arrive)	12:41	12:50	1:00	1:04	1:41	2:32	3:46	4:32	5:31	6:24	6:32	7:11	7:35	7:55	8:05	8:36	8:55	9:05	9:38	9:55	9:58	10:05	10:38	10:55	11:05	11:38	11:56	12:05	12:38	12:55	1:05	1:38	1:55	2:05	2:38	2:41
JAMAICA (Leave)	12:45	12:52	1:13	1:13	1:42	2:33	3:47	4:33	5:33	6:26	6:33	7:12	7:37	7:57	8:07	8:38	8:57	9:07	9:40	9:57	10:07	10:07	10:40	10:57	11:07	11:40	11:58	12:07	12:40	12:57	1:07	1:40	1:57	2:07	2:40	2:48
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	......	......	......	......	2:37	3:51	......	......	6:30	......	7:16	7:41	......	8:11	8:42	......	9:11	9:44	......	......	10:11	10:44	......	11:11	11:44	......	12:11	12:44	......	1:11	1:44	......	2:11	2:44	......
Forest Hills	......	......	......	......	......	2:39	3:53	......	......	6:32	......	7:18	7:43	......	8:13	8:44	......	9:13	9:46	......	......	10:13	10:46	......	11:13	11:46	......	12:13	12:46	......	1:13	1:46	......	2:13	2:46	......
Woodside	......	1:00	......	......	1:51	......	......	......	5:41	......	......	......	......	8:06	......	......	9:06	......	......	10:06	......	......	......	11:06	......	......	12:07	......	......	1:06	......	......	2:06	......	......	......
GRAND CENTRAL	J 1:08	......	J 1:32	J 1:32	......	......	......	......	......	6:46	......	7:31	......	......	8:27	......	......	9:27	......	......	J 10:27	10:27	......	......	11:27	......	......	12:27	......	......	1:27	......	......	2:27	......	J 3:08
PENN STATION	J 1:04	1:11	J 1:36	J 1:36	2:02	2:52	4:06	4:52	5:52	......	6:52	......	7:57	8:17	......	8:58	9:17	......	10:00	10:17	J 10:30	......	11:00	11:17	......	12:00	12:19	......	1:00	1:17	......	2:00	2:17	......	3:00	J 3:11
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	79	6101	21	6049	6103	6105	6107	6109	6111	6205	6113	6207	6115	6117	6209	6119	6121	6213	6123	6125	6001	6215	6127	6129	6217	6131	6133	6219	6135	6151	6251	6153	6155	6253	6157	6057

For explanation, see "Reference Notes."	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	2:11	......	2:46	3:11	......	3:46	4:11	......	4:46	5:11	......	5:46	6:04	6:11	......	6:48	7:01	7:11	7:18	......	7:46	8:11	......	8:48	9:01	9:12	......	9:46	9:56	10:12	10:14	......	10:46	11:14	......	11:44
Lindenhurst	2:17	......	2:52	3:17	......	3:52	4:17	......	4:52	5:17	......	5:52	......	6:17	......	6:54	......	7:17	......	......	7:52	8:17	......	8:54	......	9:18	......	9:52	......	......	10:20	......	10:52	11:20	......	11:50
Copiague	2:20	......	2:55	3:20	......	3:55	4:20	......	4:55	5:20	......	5:55	......	6:20	......	6:57	......	7:20	......	......	7:55	8:20	......	8:57	......	9:21	......	9:55	......	......	10:23	......	10:55	11:23	......	11:53
Amityville	2:22	......	2:57	3:22	......	3:57	4:22	......	4:57	5:22	......	5:57	......	6:22	......	6:59	......	7:22	......	......	7:57	8:22	......	8:59	......	9:23	......	9:57	......	......	10:25	......	10:57	11:25	......	11:55
Massapequa Park	2:25	......	2:59	3:25	......	3:59	4:25	......	4:59	5:25	......	5:59	......	6:25	......	7:01	......	7:25	......	......	7:59	8:25	......	9:01	......	9:26	......	9:59	......	......	10:27	......	10:59	11:27	......	11:57
Massapequa	2:27	2:30	3:01	3:27	3:30	4:01	4:27	4:30	5:01	5:27	5:30	6:01	......	6:27	6:30	7:03	......	7:27	......	7:30	8:01	8:27	8:30	9:03	......	9:28	9:34	10:01	......	......	10:29	10:35	11:01	11:29	11:35	11:59
Seaford	......	2:33	3:04	......	3:33	4:04	......	4:33	5:04	......	5:33	6:04	......	......	6:33	7:06	......	......	......	7:33	8:04	......	8:33	9:06	......	......	9:38	10:04	......	......	......	10:39	11:04	......	11:39	12:02
Wantagh	......	2:36	3:07	......	3:36	4:07	......	4:36	5:07	......	5:36	6:07	......	......	6:36	7:09	......	......	......	7:36	8:07	......	8:36	9:09	......	......	9:41	10:07	......	......	......	10:42	11:07	......	11:42	12:05
Bellmore	......	2:39	3:10	......	3:39	4:10	......	4:39	5:10	......	5:39	6:10	......	......	6:39	7:12	......	......	......	7:39	8:10	......	8:39	9:12	......	......	9:44	10:10	......	......	......	10:45	11:10	......	11:45	12:08
Merrick	......	2:42	3:13	......	3:42	4:13	......	4:42	5:13	......	5:42	6:13	......	......	6:42	7:15	......	......	......	7:42	8:13	......	8:42	9:15	......	......	9:47	10:13	......	......	......	10:48	11:13	......	11:48	12:11
Freeport	2:37	2:45	3:16	3:37	3:45	4:16	4:37	4:45	5:16	5:37	5:45	6:16	......	6:37	6:45	7:18	......	7:37	......	7:45	8:16	8:37	8:45	9:18	......	9:38	9:50	10:16	......	......	10:39	10:51	11:16	11:39	11:51	12:14
Baldwin	......	2:48	3:19	......	3:48	4:19	......	4:48	5:19	......	5:48	6:19	......	......	6:48	7:21	......	......	......	7:48	8:19	......	8:48	9:21	......	......	9:53	10:19	......	......	......	10:54	11:19	......	11:54	12:17
Rockville Centre	......	2:51	3:22	......	3:51	4:22	......	4:51	5:22	......	5:51	6:22	......	......	6:51	7:24	......	......	......	7:51	8:22	......	8:51	9:24	......	......	9:56	10:22	......	......	......	10:57	11:22	......	11:57	12:20
Lynbrook (Note)	......	......	3:24	......	......	4:24	......	......	5:24	......	......	6:24	......	......	......	7:26	......	......	......	......	8:24	......	......	9:26	......	......	......	10:24	......	......	......	......	11:24	......	......	12:22
JAMAICA (Arrive)	2:55	3:05	3:38	3:55	4:05	4:38	4:55	5:05	5:38	5:55	6:05	6:38	6:42	6:55	7:05	7:40	7:38	7:55	8:00	8:05	8:38	8:56	9:05	9:40	9:38	9:55	10:13	10:38	10:35	10:46	10:57	11:13	11:39	11:57	12:13	12:35
JAMAICA (Leave)	2:57	3:07	3:40	3:57	4:07	4:40	4:57	5:07	5:40	5:57	6:07	6:40	6:48	6:57	7:07	7:42	7:42	7:57	8:07	8:07	8:40	8:58	9:07	9:42	9:42	9:57	10:15	10:40	10:40	10:50	10:59	11:15	11:41	11:59	12:15	12:37
East New York	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Nostrand Avenue.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
ATLANTIC TERMINAL	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
HUNTERSPOINT AVE.	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......	......
Kew Gardens	......	3:11	3:44	......	4:11	4:44	......	5:11	5:44	......	6:11	6:44	......	......	7:11	7:46	......	......	......	8:11	8:44	......	9:11	9:46	......	......	10:19	10:44	......	......	......	11:19	11:45	......	12:19	12:41
Forest Hills	......	3:13	3:46	......	4:13	4:46	......	5:13	5:46	......	6:13	6:46	......	......	7:13	7:48	......	......	......	8:13	8:46	......	9:13	9:48	......	......	10:21	10:46	......	......	......	11:21	11:47	......	12:21	12:43
Woodside	3:06	......	......	4:06	......	......	5:06	......	......	6:06	......	......	......	7:06	......	......	......	8:06	......	......	......	9:08	......	......	......	10:06	......	......	......	......	......	......	......	......	......	......
GRAND CENTRAL	......	3:27	......	......	4:27	......	......	5:27	......	......	6:27	......	J 7:08	......	7:27	......	J 8:08	......	J 8:27	8:27	......	......	9:27	......	J 10:07	......	10:35	......	J 11:04	J 11:25	......	11:35	......	......	12:35	......
PENN STATION	3:17	......	4:00	4:17	......	5:00	5:17	......	6:00	6:17	......	7:00	J 7:11	7:17	......	8:02	J 8:02	8:17	J 8:30	......	9:00	9:19	......	10:02	J 10:02	10:17	......	11:00	J 11:00	J 11:08	11:17	......	12:02	12:17	......	12:58
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM
Train #	6159	6255	6161	6163	6257	6165	6167	6259	6169	6171	6261	6173	6063	6175	6265	6177	6043	6179	6015	6267	6181	6183	6269	6185	6067	6187	6271	6189	6019	6069	6191	6273	6193	6195	6275	6197

Reference Notes

Note 2	Train will operate Saturdays, Sundays and holidays starting May 2, 2026.
J	Transfer at Jamaica. Transfers are only shown on this timetable for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
(No bicycles)	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
(Bicycle +)	Indicates specially designated weekend train allowing more than the regular eight bikes per train limit (applies during summer only).
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
Lynbrook	For complete service at Lynbrook, see the Long Beach Branch Timetable. Trains serving Lynbrook in this timetable arrive and depart from Platform A.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

/// WATCH THE GAP ///

Customer Service Center

Long Island Rail Road Schedule & Fare Info: .... www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free **711** relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus............................511

BUS SERVICES:
Nassau Inter-County Express..(516) 336-6600
Suffolk County Transit (Suffolk County Buses)...............(631) 852-5200
HART (Huntington Area Rapid Transit) ....(631) HART-BUS
City of Long Beach Buses ....(516) 431-4445

RAILROADS:
Metro-North Railroad (New York City) 511
New Jersey Transit...(973) 275-5555
PATH (Port Authority Trans Hudson) ....(800) 234-PATH
AMTRAK..(800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry ....(631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau ....(877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only...911
MTA Police ....(212) 878-1001
MTA Inspector General Hotline ....(800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT		HOURS
Schedule Information	Say "Schedules"	24/7
Fare Information	Say "Fares"	24/7
Mobile Ticketing	Say "Mobile Ticketing"	Daily, 6AM – 10 PM
Mail&Ride	Say "Mail and Ride"	Daily, 6AM – 10 PM
Group Travel and Getaways.	Say "Group Travel"	M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found"	Daily, 6 AM – 10 PM
Refunds	Say "More Options" - "Ticket Refunds"	Daily, 6 AM – 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines"	M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve"	Seasonal: May-Sept.
Comments & Concerns	Say "More Options" - "Public Affairs"	Daily, 6 AM - 10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory"	M-F, 9 AM-5 PM

Long Island Rail Road
Jamaica Station
Jamaica, NY 11435

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information or to file a complaint, visit www.mta.info/transparency/title-vi/notice-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

Responsibility

Assaulting
MTA Long Island Rail Road Train Crew Members is a felony punishable by up to 7 years in prison.
New York State Penal Code 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

Ticket Types

One Way
Good for one ride from time of purchase until 4 A.M. the next day. Sold for:
Peak - Valid on all trains.
Off Peak – Additional fare payable to the conductor if used on weekday trains marked Peak AM or PM herein.

Day Pass
Good for unlimited rides within the ticketed zones from time of purchase until 4 A.M. the next day.
Lower prices on Saturdays, Sundays, and Holidays.

Weekly
Unlimited rides Saturday through Friday. On sale the Wednesday before the Saturday that the ticket becomes valid. Non-transferable.

Monthly
Unlimited rides during the calendar month indicated on the ticket.
On sale starting on the 25th of the month prior. Non-transferable.

Senior/People with Disabilities and Medicare Customers
Save 50% off the one way peak fare. Valid from time of purchase until 4 A.M. the next day.
Seniors must be 65 or older.
Valid ID must be presented when buying and using tickets.

Family Fare
Children aged 5-17 can ride for $1 when accompanied by a fare-paying adult. Up to four children may ride for a dollar each with one adult. A 5th child or any additional children would have to purchase a child ticket fare.

Children's Fare
Children under 5 ride free.
Children ages five (5) through eleven (11) traveling alone, and children in excess of four per adult, will pay the One-Way Half fare (peak or off-peak), as applicable.
Unaccompanied children ages 12-17 will pay the adult fare.

Refunds
Refunds are only available on monthly and weekly tickets, and are subject to a $10 processing fee per transaction. The cost of two rides per day will be deducted for each day the ticket was in your possession.
USPS postmark or time-stamp on application (if submitted at a Ticket window) used as turn-in date.
Mail to: LIRR Ticket Refunds Department, Jamaica Station-MC 1410, Jamaica, New York 11435

On Board The Train
Onboard ticket sales cost up to $8.50 more. Train crews must charge the higher on board fare and are not authorized to waive this rule. If an issue arises, pay the requested fare, obtain receipt, and contact us.

Other Ticket Types
See **Tickets & Fares** brochure, our website or call 511 for details & other types: CityTicket, Monthly School, Group Rates, Deals & Getaways, etc.

UNITICKETS (COMBINATION RAIL/BUS TICKETS)
The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Bus Operator	Monthly	Weekly
NICE (Nassau Inter-County Express)	$62.25	$14.50
Long Beach – All Buses	$30.00	Not Available
NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only) MTA Bus – Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)	$50.75	$12.50

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK One Way	Off Peak One Way	Senior One Way	Day Pass-Weekday	Day Pass-Weekend	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	$172.50	$67.75	$7.25	$5.25	$3.50	$14.50	$10.50	$15.00	$13.00
New York	3	$207.00	$81.50	$7.25	$5.25	$3.50	$14.50	$10.50	$15.00	$13.00
Brooklyn	4	$264.25	$94.00	$13.50	$10.00	$6.75	$24.25	$20.00	$22.00	$18.00
L.I. City	7	$299.75	$106.50	$15.25	$11.25	$7.50	$27.50	$22.50	$23.00	$19.00
Hunterspoint	9	$356.50	$126.75	$18.25	$13.50	$9.00	$32.75	$27.00	$26.00	$22.00
Woodside	10	$394.50	$140.25	$21.50	$16.00	$10.75	$38.75	$32.00	$30.00	$24.00
Forest Hills	12	$452.00	$160.75	$25.50	$18.75	$12.75	$46.00	$37.50	$34.00	$27.00
Kew Gardens	14	$487.75	$173.50	$33.00	$24.50	$16.50	$59.50	$49.00	$41.00	$33.00

Your Safety Is Our Top Priority!

Help us make your trip safer!
- Step over the gap between the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Please safeguard your property, including your electronic devices.
- Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on stairs and platforms.
- Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train

Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. *Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.*

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination

Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 (Say "LIRR" then "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.

Buy Before Boarding
Save Money on Tickets

Buy your tickets directly from your mobile device using TrainTime.
Download the free App today!