Monday through Friday except Holidays, Effective March 23, 2026 - May 10, 2026

Eastbound

To Babylon

Weekdays

See the TrainTime app for complete service west well as transfer options.

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION			J 12:35	12:44	2:44	4:11	4:28	5:40		6:27	6:45	7:20		J 7:52		J 8:32	8:44		9:19	9:33		10:22	10:33		J 11:11	11:22	11:33		12:22	12:33	
GRAND CENTRAL	12:16		J 12:38						6:11				7:31	J 7:43	8:13	J 8:34		9:06			10:07			11:07	J 11:14				12:07		
Woodside	12:28				4:22					6:56								9:30				10:34						11:34		12:34	
Forest Hills			1:00	3:00		4:43	5:55	6:28	6:41	7:00	7:34	7:46		8:28		8:58	9:21		9:45	10:22			10:49	11:22				11:49	12:22	
Kew Gardens			1:02	3:02		4:45			6:43							9:00	9:23		9:51	10:24			10:51	11:24				11:51	12:24	
HUNTERSPOINT AVE.																														
ATLANTIC TERMINAL																														
Nostrand Avenue																														
East New York																														
JAMAICA (Arrive)	12:37		12:59	1:06	3:06	4:31	4:49	6:01	6:34	6:48	7:06	7:40	7:52	8:12	8:34	8:55	9:05	9:26	9:39	9:55	10:28	10:42	10:55	11:28	11:34	11:42	11:55	12:28	12:42	12:55
JAMAICA (Leave)	12:39		1:05	1:08	3:07	4:32	4:50	6:03	6:35	6:49	7:07	7:41	7:53	8:18	8:35	9:03	9:06	9:28	9:41	9:57	10:30	10:44	10:57	11:30	11:41	11:44	11:57	12:30	12:44	12:57
Lynbrook (Note)	12:53				4:46			6:49		7:21		8:07		8:49			9:42			10:45			11:10					12:10	
Rockville Centre	12:55		1:24	3:23	4:48		6:19	6:51		7:23		8:09		8:51		9:21	9:44		10:13	10:45			11:13	11:45				12:13	
Baldwin	12:58		1:27	3:26	4:51		6:22	6:54		7:26		8:12		8:54		9:24	9:47		10:16	10:48			11:16	11:48				12:16	
Freeport	1:01		1:30	3:29	4:54		6:25	6:57		7:29		8:15		8:57		9:27	9:50	10:00	10:19	10:51	11:02	11:19	11:51	12:02	12:19	12:51	1:02	1:19	
Merrick	1:04		1:33	3:32	4:57		6:28	7:00		7:32		8:18		9:00		9:30	9:53		10:22	10:54		11:22		11:54				12:22	
Bellmore	1:07		1:36	3:35	5:00		6:31	7:03		7:35		8:21		9:03		9:33	9:56		10:25	10:57		11:25		11:57				12:25	
Wantagh	1:10		1:39	3:38	5:03		6:34	7:06		7:38		8:24		9:06		9:36	9:59		10:28	11:00		11:28		12:00				12:28	
Seaford	1:13		1:42	3:41	5:06		6:37	7:09		7:41		8:27		9:09		9:39	10:02		10:31	11:03		11:31		12:03				12:31	
Massapequa	1:15		1:44	3:43	5:08	5:18	6:39	7:11	7:16	7:43	8:10	8:29		9:11		9:41	10:04	10:11	10:33	11:05	11:12	11:33	12:05		12:12		12:33	1:05	1:12	
Massapequa Park			1:46	3:45		5:20	6:41	7:13	7:18	7:45		8:31		9:13			10:06		10:35	11:07		11:35			12:14		12:35		1:14	
Amityville	1:20		1:49	3:48		5:24	6:44	7:16	7:21	8:16		8:35		9:16			10:16		10:38	11:10		11:17		11:38				12:17		1:17
Copiague	1:23		1:52	3:51		5:26	6:47	7:19	7:24			8:18		8:37			9:19		9:49			10:19		10:41				10:20		10:41	
Lindenhurst	1:26		1:56	3:54		5:29	6:50	7:22	7:27			8:21		8:40			9:22		9:52			10:22		10:44				10:23		10:44	
BABYLON	1:32		1:42	2:01	4:00		5:35	6:56	7:28	7:33		8:28	8:46	8:57	9:28	9:36	9:58		10:28	10:50		11:28	11:50		12:20	12:28	12:50		1:28	1:50
	AM		AM	AM	AM		AM	AM		AM	AM		AM	AM		AM	AM		AM	AM		AM	AM		AM	AM		AM		AM	AM
Train #	202		2	102	104	1120	120	122	220	124	1124	126	222	4	224	62	130	1290	132	134	1292	136	138	1294	8	144	146	1296	148	150	1298

For explanation, see "Reference Notes."	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak
	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	4:13		4:25	4:37	4:43						5:13	5:16	5:19				5:41	5:44		6:07	J 6:01		6:28	6:31	6:34			7:00		7:23	7:47		7:59		J 8:21	8:46		9:31	9:46		J 10:23	10:23	10:52	
GRAND CENTRAL		4:12			J 4:35	4:51	5:00	J 5:06							5:25	5:30			5:51		J 6:03	6:17	J 6:17					7:08						8:12	J 8:24			9:12			10:07	J 10:28			11:12	
Woodside	4:24																		5:56			6:29			6:45			7:20										9:24	9:43		10:19			10:34	11:03	11:23	11:45	
Forest Hills						5:06						5:33								6:22							8:02										9:02		10:00								
Kew Gardens												5:35					5:57			6:24																		9:04		10:02								
HUNTERSPOINT AVE.								4:42																																								
ATLANTIC TERMINAL																										6:46				7:50																		
Nostrand Avenue														6:53				8:02																														
East New York														6:58																																		
JAMAICA (Arrive)	4:32	4:34	4:44	4:56	4:58	5:11	5:21	5:34	5:37	5:45	5:47	5:50	6:00	6:03	6:13	6:28	6:23	6:37	6:47	6:50	6:53	7:01	7:07		7:19	7:28	7:42	7:53	8:03	8:11	8:17	8:33	8:45	9:08	9:33	9:51	10:07	10:28	10:49	10:44	11:03	11:31	11:54	12:11
JAMAICA (Leave)	4:33	4:36	4:45	4:57		4:59	5:12	5:23	5:36	5:36	5:48	5:51	6:01	6:05	6:14	6:29	6:31	6:38	6:48	6:51	6:54	7:02	7:08		7:20	7:29	7:43	8:08	8:12	8:19	8:35	8:50	9:10	9:35	9:53	10:09	10:30	10:53	10:46	11:15	11:33	11:56	12:13
Lynbrook (Note)																					7:08								8:26		8:49				9:49					10:44						11:47			
Rockville Centre																					7:10				7:24	7:34	7:44		8:23	8:28		8:51			9:26	9:51				10:47	11:00				11:49			12:29
Baldwin																					7:13				7:27	7:37	7:47		8:26	8:31		8:54			9:29	9:54				10:27	10:49				11:05	11:33	11:53		12:32
Freeport																					7:16				7:30	7:40	7:50		8:29	8:34		8:57			9:32	9:57	10:11			10:30	10:52				11:08	11:36	11:56	12:13	12:35
Merrick																					7:19				7:33	7:43	7:53		8:32			9:00			9:35	10:00				10:33	10:55				11:11	11:39		12:16	12:38
Bellmore																					7:22				7:36	7:46	7:56		8:35			9:03			9:38	10:03	10:16			10:36	10:58				11:14	11:42	12:02	12:18	12:41
Wantagh																					7:25				7:39	7:49	7:59		8:08	8:38		8:44			9:41	10:06				10:39	11:01				11:17	11:45	12:05		12:44
Seaford																					7:28				7:42	7:52	8:03		8:11	8:41		8:47			9:44	10:09				10:42	11:04				11:20	11:48	12:08		12:47
Massapequa	5:01																				7:33				7:44	7:54	8:05		8:13	8:43		8:49			9:46	10:11	10:21			10:44	11:06				11:22	11:50	12:10	12:23	12:49
Massapequa Park																					7:35				7:46	7:56	8:07		8:15	8:45		8:51			9:48	10:13				10:46	11:08				11:24	11:52	12:12		12:51
Amityville																					7:38				7:49	7:59	8:10		8:19	8:48		8:54			9:51	10:17				10:26	10:49				11:27	11:55	12:15	12:27	12:54
Copiague																					7:41				7:52	8:02	8:13		8:21	8:51		8:57			9:54	10:19				10:52	11:14				11:30	11:58	12:18		12:57
Lindenhurst																					7:44				7:55	8:05	8:16		8:24	8:54		9:00			9:57	10:22				10:55	11:17				11:33	12:01	12:21		1:00
BABYLON	5:12		5:32		5:41		5:59		6:15	6:23		6:35		6:47		7:01		7:14		7:25	7:30		7:38		7:50	8:01	8:11	8:22	8:30	9:00		9:06	9:28	9:28	10:03	10:28	10:32	11:00	11:23	11:33	11:39	12:07	12:27	12:34	1:06
	PM		PM		PM		PM		PM	PM		PM		PM		PM		PM		PM	PM		PM		PM	PM	PM	PM	PM	PM		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
Train #	168		1252	170	1154	80		266	1258	42	172		1162	268	1264	174	1166	270	1172	22	176		1274	278	176	178	1276	180	182	284	184	286	26	186	288	188	190	290	48	192	194	292	196	198

To Huntersport Avenue & Long Island City
Monday to Friday except Holidays

Leave			Arrive	
Train #	Notes	Jamaica	HP Ave	LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:41	7:59	.....
509	Peak	7:55	8:11	.....
617	Peak	8:05	8:22	8:30
7	Peak	8:32	8:48	8:57
621	Peak	8:57	9:13	.....
515	Peak	9:12	9:28	9:36

From Long Island City & Huntersport Avenue
Monday to Friday except Holidays

Leave			Arrive	
Train #	Notes	LI City	HP Ave	Jamaica
Afternoon and Evening Service				
656		3:15	3:30	3:46
558	.....	.....	3:57	4:16
658	Peak	.....	4:22	4:37
18	Peak	.....	4:30	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	.....	6:43	6:58
568	Peak	6:40	6:53	7:09

Monday through Friday except Holidays, Effective March 23, 2026 - May 10, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."	Tuesday-Friday	Tuesday-Friday	Monday Only	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak
	AM	AM		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:22	12:23	12:36	1:40	3:14	3:26	4:10	4:30	4:50	5:03	5:13		5:25		5:45	6:00			6:03		6:15	6:23		6:28			6:48	6:45	
Lindenhurst					12:42	1:46			4:16	4:36	4:56	5:09	5:19		5:31		5:51	6:06			6:09		6:21			6:34				6:53	
Copiague					12:45	1:49			4:19	4:39	4:59	5:12			5:34		5:54				6:12		6:24			6:37				6:56	
Amityville		12:19			12:47	1:51			4:21	4:41	5:01	5:14			5:36		5:56				6:14		6:26			6:39				6:58	
Massapequa Park					12:49	1:53			4:23	4:43	5:03	5:16	5:26		5:38		5:58				6:16		6:28			6:41				7:00	
Massapequa		12:23			12:51	1:55	3:26		4:25	4:45	5:05	5:18	5:28		5:40		6:00				6:18		6:30			6:43				7:02	
Seaford					12:54	1:58	3:31		4:28	4:48	5:08	5:21	5:31		5:43		6:03				6:21		6:33			6:46				7:05	
Wantagh					12:57	2:01			4:31	4:51	5:11	5:24	5:34	5:38	5:46	5:56	6:06				6:24	6:27	6:36		6:40	6:49	6:52	7:00		7:08	
Bellmore					12:59	2:03			4:34	4:54	5:14	5:27		5:41		5:59	6:09				6:27		6:39			6:52				7:11	
Merrick					1:03	2:07			4:37	4:57	5:17	5:30		5:44		6:02					6:30		6:42			6:55				7:14	
Freeport				12:33	1:06	2:10	3:36		4:40	5:00	5:20	5:33		5:47		6:05					6:33		6:46			6:49		7:01		7:17	
Baldwin					1:09	2:13	3:39		4:43	5:03	5:23	5:36		5:50		6:08					6:36		6:49			6:52		7:04		7:20	
Rockville Centre					1:12	2:16			4:46	5:06	5:26	5:39		5:53		6:11					6:39		6:52			6:55		7:07		7:23	
Lynbrook (Note)					1:15		5:09																							
JAMAICA (Arrive)	12:41	12:50	1:00	1:04	1:28	2:32	3:53	4:05	5:02	5:22	5:40	5:55	5:58	6:07	6:12	6:26	6:31	6:37	6:44	6:49	6:58	7:01	7:04	7:10	7:17	7:24	7:28	7:31	7:41	7:44
JAMAICA (Leave)	12:45	12:52	1:10	1:10	1:30	2:33	3:54	4:16	5:03	5:23	5:41	5:56	5:59	6:08	6:13	6:27	6:32	6:38	6:45	6:50	6:59	7:02	7:05	7:11	7:18	7:25	7:29	7:32	7:42	7:45
East New York												6:05																		
Nostrand Avenue												6:10																		
ATLANTIC TERMINAL												6:17																		
HUNTERSPOINT AVE.																														
Kew Gardens														6:31																
Forest Hills									5:08	5:29																				
Woodside															6:21		6:39													
GRAND CENTRAL	J 1:08		J 1:33	J 1:33																										
PENN STATION	J 1:04		J 1:11	J 1:31	1:49	2:51	4:12	J 4:35	5:21	5:40		6:00			6:26	6:32					6:56	7:03	7:10				7:28	7:31	7:37	7:43
	AM		AM	AM	AM	AM	AM	AM	AM	AM		AM			AM	AM					AM	AM	AM				AM	AM	AM	AM
Train #	79		101	21	6049	103	105	107	3	109	111	119	215	217	1117	121	1223	123	125	225	35	1123	125	1125	37	227	127	229	129	231	1129

For explanation, see "Reference Notes."	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak	Peak
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	8:06	8:16	8:30	8:41	9:02	9:20	9:42	10:14		10:42	11:14			11:42	12:14			12:42	1:14		1:38	1:48	2:14		2:42	3:07	3:18	3:43	4:07	4:17	4:52	5:14		5:18	5:35	6:06	6:18	6:38	7:07	7:18	7:38	8:07	8:14	8:37	9:11	9:37	10:08	10:14	10:41	11:04	11:12	11:17	11:45
Lindenhurst	8:14	8:22	8:36	8:47		9:26	9:48	10:20		10:48	11:20			11:48	12:20			12:48	1:20		1:44		2:20		2:48		3:24	3:49		4:23				5:24	5:41		6:24		7:24		8:24		8:43		9:17			10:47			11:23	11:51
Copiague	8:17	8:25	8:39	8:50		9:29	9:51	10:23		10:51	11:23			11:51	12:23			12:51	1:23		1:47		2:23		2:51		3:27	3:52		4:26				5:27	5:44		6:27		7:27		8:27		8:46	9:20		9:46		10:23	10:50				11:26	11:54	
Amityville	8:19	8:27	8:41	8:52	9:10	9:31	9:53	10:25		10:53	11:25			11:53	12:25			12:53	1:25		1:49		2:25		2:53		3:29	3:54		4:28				5:29	5:46		6:29		7:29		8:29		8:48	9:22		9:48		10:25	10:52			11:20		11:28	11:56	
Massapequa Park	8:21	8:29	8:43	8:54		9:33	9:55	10:27		10:55	11:27			11:55	12:27			12:55	1:27		1:51		2:27		2:56		3:31	3:56		4:30				5:31	5:49		6:31		7:31		8:31		8:50	9:24		9:50		10:27	10:54				11:30	11:58	
Massapequa	8:23	8:31	8:45	8:56	9:14	9:35	9:57	10:30	10:36	10:57	11:30	11:36	11:57	12:30	12:36	12:57	1:30	1:36	1:53		2:30	2:36	2:58		3:33	3:58	4:19	4:32	5:07		5:36				5:33	5:51		6:33		7:33		8:33		8:52	9:26		9:52		10:29	10:56			11:24	11:32	12:00	
Seaford	8:26	8:34	8:48	8:59		9:38	9:59		10:39	11:00		11:39	12:00		12:39	1:00		1:39	1:56		2:39	3:01			3:36	4:01		4:36	5:10					5:36	5:54		6:36		7:36		8:36		8:55	9:29		9:55		10:32	10:59				11:35	12:03	
Wantagh	8:29	8:37	8:51	9:02		9:41	10:02		10:42	11:03		11:42	12:03		12:42	1:03		1:42	1:59		2:42	3:04			3:39	4:04		4:38	5:13					5:39	5:57		6:39		7:39	7:59		8:39		8:58	9:32	9:58			10:35	11:02				11:38	12:06	
Seaford	8:32	8:40	8:54	9:05	9:19	9:44	10:05		10:45	11:06		11:45	12:06		12:45	1:06		1:45	2:02		2:45	3:07			3:42	4:07	4:24	4:41	5:16					5:42	6:00		6:42		7:42	8:02	8:24	8:38	9:01	9:35	10:01			10:38	11:05			11:29	11:41	12:09	
Massapequa	8:35	8:43	8:57	9:08		9:47	10:08		10:48	11:09		11:48	12:09		12:48	1:09		1:48	2:05		2:48	3:10			3:45	4:10		4:44	5:19					5:45	6:03		6:45		7:45	8:05		8:41	9:04	9:38	10:04			10:41	11:08				11:41	12:12	
Massapequa Park	8:38		9:00	9:11	9:24	9:50	10:11	10:39	10:51	11:12	11:39	11:51	12:12	12:39	12:51	1:12	1:39	1:51	2:08		2:39	2:51	3:13	3:25	3:48	4:13	4:29	4:47	5:22		5:37	5:48	6:06	6:28	6:48	7:08	7:29	7:48	8:08	8:29	8:44	9:07	9:41	10:07			10:44	11:11				11:44	12:15	
Amityville	8:41	9:03	9:14	9:25	9:38	9:53	10:14		10:54	11:15		11:54	12:15		12:54	1:15		1:54	2:11		2:54	3:16	3:28	3:51	4:16	4:32	4:50	5:25	5:51	5:54	6:11	6:26	6:45	7:11	7:29	7:46	8:10	8:30	8:46	9:05	9:30	10:02	10:29	10:45	11:06	11:34	11:40	11:52	12:10	12:35
Copiague	8:44	9:06	9:16		9:56	10:17			10:57	11:18		11:57	12:18		12:57	1:18		1:57	2:14		2:57	3:19		3:54	4:19		4:53	5:28		5:54	6:12		6:54	7:14		7:54	8:14		8:50	9:13	9:47	10:13			10:50	11:17			11:53	12:21		
Lindenhurst	8:50		9:22		9:59	10:20			11:00	11:21		11:59	12:21		1:00	1:21		2:00	2:17		3:00	3:22		3:57	4:22		4:56	5:31		5:57	6:15		6:57	7:17		7:57	8:17		8:53	9:16	9:50	10:16			10:53	11:20			11:56	12:24		
BABYLON	9:15	9:25	9:40	9:54	10:01		10:53	11:18		11:53	12:18		12:54	1:18		1:53	2:18		2:53	J 2:53	3:16		3:54	4:09		4:54	5:06		5:55	J 6:13	6:15		6:46	7:04		7:49	8:09		8:50	9:05	9:25	9:49		10:00	J 11:12			11:55	J 12:08	12:14		12:56
	AM	AM	AM	AM	AM		AM	AM		AM	AM		AM	AM		AM	AM		AM	AM	AM		AM	AM		AM	AM		AM	AM	AM		AM	AM		AM	AM		AM	AM	AM	AM		AM	AM			AM	AM	AM		AM
Train #	131	133	135	137	139	241	141	143	1291	145	147	1293	149	155	1295	157	159	1297	161	13	163	1299	165	167	257	169	171	261	173	45	1161	263	175	177	265	179	181	267	183	185	187	189	271	191		47	273	193		49	195	275	197

Long Island Rail Road

Effective March 23, 2026 - May 10, 2026

Babylon Branch Timetable

www.mta.info

- Babylon
- Lindenhurst
- Copaigue
- Amityville
- Massapequa Park
- Massapequa
- Seaford
- Wantagh
- Bellmore
- Merrick
- Freeport
- Baldwin
- Rockville Centre
- Jamaica — AIRTRAIN
- Atlantic Terminal (Brooklyn)
- Huntersport Avenue
- Long Island City
- Woodside — LaGuardia Link
- Grand Central
- Penn Station

Use the TrainTime app or a City Terminal Zone timetable to view full service west of Jamaica and plan for your transfer options.

Station Services: Connecting Transportation

PENN STATION	NE, NEC, NYA-SEN, NYAA-SEN, SBS	1, 2, 3, A, C, E, Amtrak, ALT TRANSIT
GRAND CENTRAL	NE, NEC, NE-NYA, BNC, NYFC, NYFC, SBS	4, 5, 6, 7, S, METRO-NORTH
Atlantic Terminal (Brooklyn)	LIRR, BNC, NYA-SEN, NYAA-SEN, SBS, QBS, QBS, QVN	LaGuardia Link, QTV, QUEENS BUS	B, D, N, Q, R, 2, 3, 4, 5, 9, 11, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83,

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 10, 2026

Eastbound

To Babylon

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

Note 2

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
			J 12:10	12:39	2:48	4:33	5:43		6:23	6:42	J 6:42		7:21	7:42	J 7:47		8:21	8:42	J 8:42		J 9:16	9:21	9:42	J 9:57		10:21	10:42		11:21	11:42	J 11:47		12:21	12:42	
PENN STATION	12:15		J 12:15					6:10							J 7:35	8:10					J 8:39	9:10											J 11:39	12:10		
GRAND CENTRAL																													11:10					
Woodside				2:59	4:44																													
Forest Hills	12:30							6:25		6:57				7:37					8:37				9:37			10:37			11:37				12:37		
Kew Gardens	12:33			12:57				6:27		6:59				7:39					8:39				9:39			10:39			11:39				12:39		
HUNTERSPOINT AVE.																																		
ATLANTIC TERMINAL																																		
Nostrand Avenue																																		
East New York																																		
JAMAICA (Arriva)	12:36		12:36	1:01	3:08	4:53	6:02	6:31	6:43	7:02	7:08	7:30	7:43	8:02	8:08	8:30	8:43	9:02	9:02	9:30	9:37	9:43	10:02	10:18	10:30	10:43	11:02	11:30	11:43	12:02	12:08	12:30	12:43	1:02	1:30
JAMAICA (Leave)	12:38		12:40	1:02	3:09	4:55	6:04	6:33	6:45	7:04	7:13	7:32	7:45	8:04	8:14	8:32	8:45	9:04	9:11	9:32	9:42	9:45	10:04	10:29	10:32	10:45	11:04	11:32	11:45	12:04	12:14	12:32	12:45	1:04	1:32
Lyndbrook (Note)	12:52							6:18						7:18					8:18				9:18				10:18				11:18				12:18		
Rockville Centre	12:54				1:18	3:25	5:11	6:20	6:47	7:20		7:46	8:20		8:46	9:20		9:46		10:20		10:46		11:20		11:46		12:20		12:46		1:20		1:46
Baldwin	12:57				1:21	3:28	5:14	6:23	6:50		7:23		7:49		8:23		8:49		9:23		9:49			10:23		10:49		11:23	11:49		12:23		12:49		1:23	1:49
Freeport	1:00				1:24	3:31	5:17	6:26	6:53	7:03	7:26		7:52	8:03	8:26		8:52	9:03	9:26		9:52			10:03	10:26		10:52	11:03	11:26	11:52		12:03	12:26		12:52	1:03	1:26
Merrick	1:03				1:27	3:34	5:20	6:29	6:56	7:06	7:29		7:55	8:29	8:29		8:55	9:29	9:29		9:55			10:29	10:29		10:55	11:29	11:29	11:55		12:29	12:29		12:55	1:29	1:29
Bellmore	1:06				1:30	3:37	5:23	6:32	6:59		7:58		8:32	8:58			8:58		9:32	9:58					10:32	10:58			11:32	11:58			12:32	12:58			1:32	1:58
Wantagh	1:09				1:33	3:40	5:26	6:35	7:02		7:58		8:01	9:01			9:01		9:35	9:01					10:35	11:01			11:35	12:01			12:35	1:01			1:35	2:01
Seaford	1:12				1:36	3:43	5:29	6:38	7:05		7:38		8:04		8:38		9:04		9:38	10:04					10:38	11:04			11:38	12:04			12:38	1:04			1:38	2:04
Massapequa	1:14				1:38	3:45	5:31	6:40	7:07	7:13	7:40		8:06	8:13	8:40		9:06	9:13	9:40	10:06					10:40	11:06			11:40	12:06			12:40	1:06			1:40	2:06
Massapequa Park	1:16				1:40	3:47	5:33	6:42		7:15			8:15		8:42			9:15	9:42						10:42				11:42				12:42				1:42	
Amityville	1:19				1:43	3:50	5:36	6:45		7:18			8:18		8:45			9:18	9:45						10:45				11:45				12:45				1:45	
Copiague	1:22				1:46	3:53	5:39	6:48		7:21			8:21		8:48			9:21	9:48						10:48				11:48				12:48				1:48	
Lindenhurst	1:25				1:49	3:56	5:42	6:51		7:24			8:24		8:51			9:24	9:51						10:51				11:51				12:51				1:51	
BABYLON	1:31		1:20	1:54	4:02	5:48	6:57		7:30	7:57	7:50		8:30	8:57	8:52		9:30	9:57	9:52		10:23	10:30	10:57		10:52		11:30	11:57		12:30	12:57	12:54		1:30	1:57	
Train #	6202		6002	6102	6104	6106	6108	6110	6210	6112	6114		6116	6208	6214		6118	6120	6052		6216	6036	6122		6124	6010	6218	6126		6128	6220	6130		6132	6212	

For explanation, see "Reference Notes."

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION	1:21		1:42		J 2:14	2:21	2:42		3:21	3:42		4:21	4:42		5:14	5:21	5:42		6:21	6:42		7:21	J 7:35	7:44		8:21	8:44		9:21	J 9:21	9:43		10:23	10:45	
GRAND CENTRAL					J 2:10																		J 7:39				8:10						10:09			
Woodside																																		
Forest Hills	1:37					2:37			3:37			4:37				5:37			6:37			7:37				8:37			9:37			10:24		11:00	11:24	
Kew Gardens	1:39					2:39			3:39			4:39				5:39			6:39			7:39				8:39			9:39			10:25		11:02	11:26	
HUNTERSPOINT AVE.																																		
ATLANTIC TERMINAL																																		
Nostrand Avenue																																		
East New York																																		
JAMAICA (Arriva)	1:43		2:02	2:30	2:34	2:43	3:02	3:30	3:43	4:02	4:30	4:43	5:02	5:30	5:34	5:43	6:02	6:30	6:43	7:02	7:30	7:43	7:59	8:04	8:30	8:43	9:04	9:30	9:43	9:43	10:03	10:30	10:43	11:06	11:31	11:31	11:44
JAMAICA (Leave)	1:45		2:04	2:32	2:39	2:45	3:04	3:32	3:45	4:04	4:32	4:45	5:04	5:32	5:42	5:45	6:04	6:32	6:45	7:04	7:32	7:45	8:03	8:06	8:32	8:45	9:06	9:32	9:45	9:48	10:05	10:32	10:45	11:08	11:33	11:36	12:06
Lyndbrook (Note)			2:18			3:18			4:18			5:18				6:18			7:18				8:19			9:20						10:18			11:21		
Rockville Centre			2:20	2:46		3:20	3:46		4:20	4:46		5:20	5:46			6:20	6:46			7:20	7:46		8:21	8:22		9:46			10:20			10:47			11:50		12:22
Baldwin			2:23	2:49		3:23	3:49		4:23	4:49		5:23	5:49			6:23	6:49			7:23	7:49		8:24	8:49		9:25	9:49		10:23	10:50			11:26	11:53			12:25	
Freeport	2:03	2:26	2:52			3:26	3:52	3:52	4:03	4:26	4:52	5:03	5:26	5:52		6:03	6:26	6:52		7:03	7:26	7:52	8:03		8:27	8:52	9:03	9:28	9:52	10:03		10:26	10:53	11:03	11:29	11:56		12:29	
Merrick		2:29	2:55			3:30	3:55		4:30	4:55		5:30	5:55			6:29	6:55			7:29	7:55				8:30	8:55		9:31	9:55			10:29	10:57		11:32	11:59		12:31	
Bellmore		2:32	2:58			3:32	3:58		4:32	4:58		5:32	5:58			6:32	6:58			7:32	7:58				8:33	8:58		9:34	9:58			10:32	10:59		11:35	12:02		12:34	
Wantagh		2:36	3:01			3:36	4:01		4:36	5:01		5:36	6:01			6:36	7:01			7:36	8:01				8:37	9:01		9:37	10:01			10:36	11:02		11:38	12:05		12:37	
Seaford		2:38	3:04			3:38	4:04		4:38	5:04		5:38	6:04			6:38	7:04			7:38	8:04				8:39	9:04		9:40	10:04			10:38	11:05		11:41	12:08		12:40	
Massapequa	2:13	2:40	3:06			3:13	4:40	4:06	4:13	4:40	5:06	5:13	5:40	6:06		6:13	6:40	7:06		7:13	7:40	8:06	8:13		8:41	9:06	9:13	9:42	10:06	10:13		10:40	11:07	11:13	11:43	12:10		12:42	
Massapequa Park	2:15	2:42				3:15	4:42		4:15	4:42		5:15	5:42			6:15	6:42			7:15	7:42		8:15		8:42	9:08	9:15	9:44		10:15		10:42	11:09	11:15	11:45			12:44	
Amityville	2:18	2:45				3:18	4:45		4:18	4:45		5:18	5:45			6:18	6:45			7:18	7:45		8:18		8:46		9:18	9:47		10:18		10:45		11:18	11:48		12:47	
Copiague	2:21	2:48				3:21	4:48		4:21	4:48		5:21	5:48			6:21	6:48			7:21	7:48		8:21		8:49		9:21	9:50		10:21		10:48		11:21	11:51		12:50	
Lindenhurst	2:24	2:51				3:24	4:51		4:24	4:51		5:24	5:51			6:24	6:51			7:24	7:51		8:24		8:52		9:24	9:53		10:24		10:51		11:24	11:54		12:53	
BABYLON	2:30	2:57				3:30	4:57		4:30	4:57		5:30	5:57			6:30	6:57			7:30	7:57		8:30		8:58		9:30	9:59		10:30		10:56		11:30	12:00		12:57	
Train #	6154	6156	6254		6038	6158	6160	6256	6162	6164		6166	6260		6168	6170	6262		6066	6172	6174	6264	6176	6178	6266	6180		6040	6182	6268		6184	6186		6270		6188		6014	6190	6272		6192	6194		6274		6044	

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 10, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

Sat. Only | Sat. Only | Sun. Only

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
BABYLON	12:00	12:11	12:23	12:23	1:40	3:07	4:40		5:40	6:13	7:11		7:40	8:11		8:40	9:11	9:15	9:40	10:11		10:40	11:11		11:40	12:11		12:40	1:11		1:40	2:04		2:40	
Lindenhurst					12:55		3:46		5:46	6:24	7:17		7:56	8:17		8:52	9:17		9:52	10:17		10:52	11:17		11:52	12:17		12:52	1:17		1:52				
Copiague					12:58		3:49		5:49	6:27	6:52		7:20			7:53	8:20		8:55	9:20		9:55	10:20		11:55	12:20		12:55	1:20		1:55				
Amityville			12:19		1:00		3:51		5:51	6:29	6:54		7:22			7:55	8:22		8:57	9:22		9:57	10:22		11:57	12:22		12:57	1:22		1:57				
Massapequa Park					1:02		3:53		5:53	6:31	6:56		7:25			7:57	8:25		8:59	9:25		9:59	10:25		10:59	12:25		12:59	1:25		1:59				
Massapequa			12:23		1:04		3:55	3:55	4:55	5:47	5:55	6:33	6:58	7:27		7:30	7:57	8:27	8:30	9:02	9:27		9:30	10:01	10:27	10:30	11:01	11:27	11:30	12:01	12:27	1:30	1:01	2:01	
Seaford					1:07		1:56		4:58	5:50	5:58	6:36	7:01			7:33	8:02		8:33	9:04			9:33	10:04		10:33	11:04		11:33	12:04		1:33	2:04		
Wantagh					1:10		2:01		4:01	5:01	5:53	6:01	6:39	7:04		7:36	8:05		8:36	9:07			9:36	10:07		10:36	11:07		11:36	12:07		12:36	1:07		2:07	
Bellmore			12:28		1:13		2:04	3:04	4:04	5:04	5:56	6:04	6:42	7:07		7:39	8:08		8:39	9:10			9:39	10:10		10:39	11:10		11:39	12:10		12:39	1:10		2:10	
Merrick					1:16		2:07	4:07	5:07	5:59	6:07	6:45	7:10			7:42	8:11		8:42	9:13			9:42	10:13		10:42	11:13		11:42	12:13		12:42	1:13		2:13	
Freeport			12:33		1:19		2:10	3:29	4:10	5:10	6:02	6:10	6:48	7:13	7:37	7:45	8:14	8:37	8:45	9:16	9:37		9:45	10:16	10:37	10:45	11:16	11:37	11:45	12:16	12:37	12:45	1:16	1:37	2:16	
Baldwin			12:22		1:23		2:14	3:34	4:14	5:14	6:06	6:14	6:52	7:17	7:41	7:49	8:18	8:41	8:49	9:20	9:41		9:49	10:20	10:41	10:49	11:20	11:41	11:49	12:20	12:41	12:49	1:20	1:41	2:20	
Rockville Centre					1:25		2:16		4:16	5:16	6:08	6:16	6:54	7:19		7:51	8:20		8:51	9:22			9:51	10:22		10:51	11:22		11:51	12:22		12:51	1:22		2:22	
Lyndbrook (Note)					1:27		2:18							7:21			8:22			9:24				10:24				11:24				12:53	1:24			
JAMAICA (Arriva)	12:41	12:50	1:00	1:04	1:41	2:32	3:46	4:32	5:31	6:24	6:32	7:11	7:35	7:55	8:05	8:35	8:55	9:05	9:38	9:55	9:58	10:05	10:38	10:55	11:05	11:38	11:56	12:05	12:38	12:55	1:05	1:38	1:55	2:05	2:38	2:41
JAMAICA (Leave)	12:45	12:52	1:13	1:13	1:42	2:33	3:47	4:33	5:33	6:26	6:33	7:12	7:37	7:57	8:07	8:37	8:57	9:07	9:40	9:57	10:00	10:07	10:40	10:57	11:07	11:40	11:58	12:07	12:40	12:57	1:07	1:40	1:57	2:07	2:40	2:43
East New York																																		
Nostrand Avenue.																																		
ATLANTIC TERMINAL																																		
HUNTERSPOINT AVE.																																		
Kew Gardens					2:37	3:51			6:30		7:16	7:41		8:11	8:42		9:11	9:44			10:11	10:44			11:11	11:44			12:11	12:44			1:11	1:44			2:11	2:44
Forest Hills					2:39	3:53			6:32		7:18	7:43		8:13	8:44		9:13	9:46			10:13	10:46			11:13	11:46			12:13	12:46			1:13	1:46			2:13	2:46
Woodside						1:51																												
GRAND CENTRAL							6:45		7:31		7:57		8:45		9:27		9:57		10:27		10:57		11:27		11:57		12:27		12:57		1:27		1:57		2:27	3:08
PENN STATION	J 1:04		J 1:36	J 1:36	2:02	2:52	4:06	4:52	5:52		6:52		7:57	8:11		8:58	9:17		10:00	10:17		11:00	11:17		12:00	12:19		1:00	1:17		2:00	2:17		3:00	J 3:11	
Train #	79	6101	21		6049	6103	6105	6107	6109	6111	6253	6113	6207	6115	6117	6209	6119	6121	6213	6123	6125	6001	6215	6127	6129	6217	6131	6133	6219	6135	6151	6261	6153	6155	6263	6157	6159

For explanation, see "Reference Notes."

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
BABYLON	2:11		2:40	3:11		3:40	4:11		4:40	5:11		5:46	6:04	6:11		6:46	7:01	7:11	7:18		7:46	8:11		8:46	9:01	9:12		9:46	10:12		10:46	11:12		11:44	
Lindenhurst	2:17		2:47	3:17		3:47	4:17		4:52	5:17		5:52		6:17		6:52		7:17			7:52	8:17		8:54		9:18		9:52			10:52	11:18		11:50	
Copiague	2:20		2:50	3:20		3:55	4:20		4:55	5:20		5:55		6:20		6:57		7:20			7:55	8:20		8:57		9:21		9:55			10:23	10:55		11:23	
Amityville	2:22		2:52	3:22		3:57	4:22		4:57	5:22		5:57		6:22		6:58		7:22			7:57	8:22		8:58		9:23		9:57			10:25	10:57		11:25	
Massapequa Park	2:25		2:59	3:25		3:59	4:25		4:59	5:25		5:59		6:25		7:01		7:25			7:59	8:25		9:01		9:26		9:59			10:27	10:59		11:27	
Massapequa	2:27		3:30	3:01	3:27	3:30	4:01	4:27	4:30	5:01	5:27	5:30	6:01		6:27	6:30	7:03		7:27		7:30	8:01	8:27	8:30	9:03		9:28	9:34	10:01			10:29	10:35	11:01	11:29	11:35
Seaford			3:33	3:04		3:33	4:04		4:33	5:04		5:33	6:04			6:33	7:06				7:33	8:04		8:33	9:06			9:38	10:04				10:38	11:04		11:38	11:39
Wantagh			3:36	3:07		3:36	4:07		4:36	5:07		5:36	6:07			6:36	7:09				7:36	8:07		8:36	9:09				9:41	10:07				10:41	11:07		11:42	11:42
Bellmore			3:39	3:10		3:39	4:10		4:39	5:10		5:39	6:10			6:39	7:12				7:39	8:10		8:39	9:12				9:44	10:10				10:44	11:10		11:45	11:45
Merrick			3:42	3:13		3:42	4:13		4:42	5:13		5:42	6:13			6:42	7:15				7:42	8:13		8:42	9:15				9:47	10:13				10:48	11:13		11:48	12:11
Freeport	2:37		2:45	3:16	3:37	3:45	4:16	4:37	4:45	5:16	5:37	5:45	6:16		6:37	6:45	7:18		7:37		7:45	8:16	8:37	8:45	9:18			9:38	9:50	10:16			10:39	10:51	11:16	11:39	11:51	12:14
Baldwin			2:48	3:19		3:48	4:19		4:48	5:19		5:48	6:19			6:48	7:21				7:48	8:19		8:48	9:21				9:53	10:19				10:53	11:19		11:53	12:17
Rockville Centre			2:51	3:22		3:51	4:22		4:51	5:22		5:51	6:22			6:51	7:24				7:51	8:22		8:51	9:24				9:56	10:22				10:57	11:22		11:57	12:20
Lyndbrook (Note)																																		
JAMAICA (Arriva)	2:55	3:05	3:38	3:55	4:05	4:38	4:55	5:05	5:38	5:55	6:05	6:38	6:42	6:55	7:05	7:40	7:38	7:55	8:05	8:38	8:56	9:05	9:40	9:38	9:55	10:13	10:38	10:35	10:46	10:57	11:13	11:39	11:57	12:13	12:35	
JAMAICA (Leave)	2:57	3:07	3:40	3:57	4:07	4:40	4:57	5:07	5:40	5:57	6:07	6:40	6:48	6:57	7:07	7:42	7:40	7:57	8:07	8:40	8:58	9:07	9:42	9:40	9:57	10:15	10:40	10:40	10:50	10:59	11:15	11:41	11:59	12:15	12:37	
East New York																																		
Nostrand Avenue.																																		
ATLANTIC TERMINAL																																		
HUNTERSPOINT AVE.																																		
Kew Gardens			3:11	3:44		4:11	4:44		5:11	5:44		6:11	6:44			7:11	7:45				8:11	8:44		9:11	9:46				10:19	10:44				11:19	11:45		12:19	12:41
Forest Hills			3:13	3:46		4:13	4:46		5:13	5:46		6:13	6:46			7:13	7:47				8:13	8:46		9:13	9:48				10:21	10:46				11:21	11:47		12:21	12:43
Woodside																																		
GRAND CENTRAL			3:27			4:27			5:27			6:27				7:27					8:27			9:27				10:27					11:04	11:25		11:35		12:35	
PENN STATION	3:17			4:00	4:17		5:00	5:17		6:00	6:17		7:00	7:11	7:17		8:02	8:02	8:17	8:30		9:00	9:19		10:02	10:02	10:17		11:00	11:00	11:06	11:17		12:02	12:17			
Train #	6159	6261	6161	6163	6257	6165	6167	6259	6169	6171	6263	6173	6265	6175	6177	6043	6179	6181	6267	6183	6269	6185	6007	6187	6271	6189	6219	6089	6191	6273	6193	6195	6275	6197

/// WATCH THE GAP ///

Reference Notes

Note 2	Train will operate Saturdays, Sundays and holidays starting May 2, 2026.
J	Transfer at Jamaica. Transfers are only shown on the timetables for select trains. Use the TrainTime app or a City Terminal Zone timetable to view all your transfer options.
	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs.
	Indicates specially designated weekend train allowing more than the regular eight bikes per train limit (applies during summer only).
Holidays	Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow additional time. No bicycles are allowed on these trains.
Lynbrook	For complete service at Lynbrook, see the Long Beach Branch Timetable. Trains serving Lynbrook in this timetable arrive and depart from Platform A.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as provided by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information on our Title VI program, visit www.mta.info/accessibility/title-vi#notice-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

Responsibility

Assaulting MTA Long Island Rail Road Employees is a felony punishable by up to 7 years in prison.

New York State Penal Law 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The sch