

Monday through Friday except Holidays, Effective May 11, 2026 - September 7, 2026

From Manhattan to Jamaica

Weekdays

Table with columns: Train #, Notes, Penn Station, Grand Central, Woodside, Forest Hills, Kew Gardens, Jamaica. Includes Morning, Afternoon, and Evening services.

Monday through Friday except Holidays, Effective May 11, 2026 - September 7, 2026

From Jamaica to Manhattan

Weekdays

Table with columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Woodside, Grand Central, Penn Station. Includes Morning, Afternoon, and Evening services.



Effective May 11, 2026 - September 7, 2026

Manhattan - City Terminal Zone Branch Timetable

www.mta.info

Table with columns: Train #, Notes, Jamaica, HP Ave, LI City. Shows peak times for various train numbers.

ATTENTION CUSTOMERS At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

From Long Island City & Hunterspoint Avenue Monday to Friday except Holidays

Leave Arrive

Afternoon and Evening Service

Table with columns: Train #, Notes, LI City, HP Ave, Jamaica. Shows departure and arrival times for afternoon and evening services.

WATCH THE GAP III

Long Island City & Penn Station & Grand Central & Woodside & Forest Hills & Kew Gardens & Hunterspoint Avenue & Jamaica



From Manhattan to Jamaica

Weekends

Table with 12 columns: Train #, Notes, Penn Station, Grand Central, Wood-side, Forest Hills, Kew Gardens, Jamaica. Includes Morning Service, Morning Service Continued, and Afternoon Service.

Table with 12 columns: Train #, Notes, Penn Station, Grand Central, Wood-side, Forest Hills, Kew Gardens, Jamaica. Includes Evening Service.

From Jamaica to Manhattan

Weekends

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Morning Service and Afternoon Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Evening Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Morning Service Continued and Afternoon Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Evening Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Morning Service Continued and Afternoon Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Evening Service.

Table with 12 columns: Train #, Notes, Jamaica, Kew Gardens, Forest Hills, Wood-side, Grand Central, Penn Station. Includes Morning Service Continued and Afternoon Service.

Reference Notes

- Note 1: Train will operate Mondays, June 1 through October 12, 2026, as well as Tuesdays, May 26 and September 8, 2026.
Note 3: Train will operate Fridays except May 15; will also operate Thursdays, June 18 and July 2, 2026.
Note 5: Train will operate Monday through Wednesdays, except for May 11-13, and Wednesdays, June 17 and July 1, 2026.
Note 6: Train will operate Thursdays and Fridays, except May 14-15. Will also operate Wednesdays, June 17 and July 1, 2026.
Note 10: Train will operate Sundays, as well as holidays, except May 17, May 24, July 4 and September 6, 2026.
A: Tuesday - Saturday, and non-Holidays.
\*: Sundays, Mondays, and Holidays.
Bicycles: Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy information webpage for complete and current details before planning your trip.
Holidays: Week-end service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day.
PEAK AM: Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM: Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
West of Jamaica: At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation

Table with 3 columns: Penn Station, Grand Central, Woodside. Lists connecting transportation services like NJ TRANSIT, PATH, and various bus lines.

Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws.

Assaulting

MTA Long Island Rail Road Train Crew Members is a federal punishable offense up to 10 years in prison. New York State Penal Code 200.0

Responsibility

The Long Island Rail Road cannot assume responsibility for inconveniences, expenses or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

Customer Service Center

Long Island Rail Road Schedule & Fare Info: www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers: Use your preferred relay service provider or the free 711 relay to reach 511

NYC SUBWAY AND BUS MTA New York City Transit, MTA Bus ..... 511
BUS SERVICES: Nassau Inter-County Express..... (516) 336-6600
Suffolk County Transit (Suffolk County Buses)..... (631) 852-5200
HART (Huntington Area Rapid Transit)..... (631) HART-BUS
City of Long Beach Buses..... (516) 431-4445

RAILROADS: Metro-North Railroad (New York City)..... 511
New Jersey Transit..... (973) 275-5555
PATH (Port Authority Trans Hudson)..... (800) 234-PATH
AMTRAK..... (800) USA-RAIL

FERRY SERVICES: Port Jefferson-Bridgeport Ferry..... (631) 473-0286

VISITORS AND TOURISM: Long Island Convention & Visitors Bureau..... (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only..... 911
MTA Police..... (212) 878-1000
MTA Inspector General Hotline..... (800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT HOURS
Schedule Information Say "Schedules" 24/7
Fare Information Say "Fares" 24/7
Mobile Ticketing Say "Mobile Ticketing" Daily, 6AM - 10 PM

Main Ride Say "Mail and Ride" Daily, 6AM - 10 PM
Group Travel and Getaways Say "Group Travel" M-F, 8 AM-4 PM
Lost & Found Say "Lost & Found" Daily, 6 AM - 10 PM

Refunds Say "More Options" - "Ticket Refunds" Daily, 6 AM - 10 PM
Ticket Machine Assistance Say "More Options" - "Ticket Machines" M-F, 6:30 AM-3:30 PM

Hamptons Reserve Service Say "More Options" - "Hamptons Reserve" - Seasonal: May-Sept.
Comments & Concerns Say "More Options" - "Public Affairs" Daily, 6 AM - 10 PM

Corporate Offices or a Member of Service Say "More Options" - "Corporate Directory" M-F, 9 AM-5 PM

Long Island Rail Road Jamaica Station Jamaica, NY 11435

UNTICKETS (COMBINATION RAIL/BUS TICKETS)

The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Table with 3 columns: Bus Operator, Monthly, Weekly. Lists NICE (Nassau Inter-County Express) and Long Beach - All Buses.

NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only) \$50.75 \$12.50

MtA Bus - Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)

Fares to and from New York and Brooklyn

Table with 12 columns: Between, And Zone, Monthly, Weekly, PEAK One Way, Off Peak One Way, Senior, Day Pass, Day Pass Weekend, Onboard One Way, Onboard One Way Peak, Onboard One Way Off Peak.

Your Safety Is Our Top Priority!

- Help us make your trip safer!
Step over the gap between the train and platform when boarding and exiting.
Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
Please safeguard your property, including your electronic devices.
Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
Never lean against standing trains.
Be extra careful in the winter, especially if ice forms on stairs and platforms.
Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train

Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board.

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside of the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination

Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 ("Say LIRR" then "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.

Buy Before Boarding

Save Money on Tickets! Buy your tickets directly from your mobile device using TrainTime. Download the free App today!