Monday through Friday except Holidays, Effective March 23, 2026 - May 10, 2026

Eastbound

To Hempstead

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	12:00	12:14				2:35	3:09	5:22	6:09		7:09	7:37	8:05		9:09		10:12		11:11		12:12		1:12	2:07
GRAND CENTRAL			12:52	1:35					6:32				8:34			9:45		10:45		11:44		12:45		1:45
Woodside							3:21																	
Forest Hills		12:29		1:50																				
Kew Gardens		12:31		1:52			5:39				7:26		8:22											
ATLANTIC TERMINAL*																								
Nostrand Avenue*																								
East New York*																								
JAMAICA (Arrive)	12:21	12:35	1:11	1:56	2:56	3:30	5:43	6:29	6:53	7:30	7:57	8:26	8:55	9:30	10:05	10:32	11:05	11:31	12:05	12:32	1:05	1:32	2:05	2:27
JAMAICA (Leave)	12:23	12:37	1:13	1:57	2:57	3:31	5:45	6:30	6:54	7:31	7:58	8:27	8:56	9:31	10:07	10:34	11:07	11:33	12:07	12:34	1:07	1:34	2:07	2:29
Hollis			1:20	2:03		3:38	5:52		7:01		8:05		9:03		10:15		11:15		12:15		1:15		2:15	
Queens Village			1:23	2:06	3:07		5:55		7:04		8:08		9:06		10:18		11:18		12:18		1:18		2:18	
Elmont-UBS Arena	12:34	12:47	1:25	2:08	3:09		5:57		7:06		8:10		9:08		10:20		11:20		12:20		1:20		2:20	
Bellerose			1:27	2:10	3:11		5:59		7:08		8:12		9:10		10:22		11:22		12:22		1:22		2:22	
Floral Park	.....	12:50	1:29	2:12	3:13	3:40	6:01	6:41	7:10	7:40	8:14	8:37	9:12	9:40	10:24	10:44	11:24	11:43	12:24	12:44	1:24	1:44	2:24	3:18
Stewart Manor	.....	.....	1:32	2:15	3:16		6:04		7:13		8:17		9:15		10:27		11:27		12:27		1:27		2:27	3:21
Nassau Boulevard	.....	.....	1:35	2:18	3:19		6:07		7:16		8:20		9:18		10:30		11:30		12:30		1:30		2:30	3:24
Garden City	.....	.....	1:38	2:21	3:22		6:10		7:19		8:23		9:21		10:33		11:33		12:33		1:33		2:33	3:27
Country Life Press	.....	.....	1:41	2:24	3:25		6:13		7:22		8:26		9:24		10:36		11:36		12:36		1:36		2:36	3:30
HEMPSTEAD	.....	.....	1:45	2:28	3:29		6:17		7:26		8:30		9:28		10:40		11:40		12:40		1:40		2:40	3:34
Train #	1900	1500	702	704	706	1504	710	1510	712	1512	714	1514	716	1516	718	1520	722	1524	724	1550	750	1554	752	1558

	PM	PM	PM	PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM
PENN STATION		3:09		4:04		4:45		5:31				7:20		8:08		9:01	9:15	9:34
GRAND CENTRAL	3:01				4:35				5:48	6:03			7:52		8:43			
Woodside	3:13							5:42				7:02			8:55	9:13		
Forest Hills		3:24		4:18				5:47						8:23				
Kew Gardens		3:26				5:02				6:05				8:09		8:25		
ATLANTIC TERMINAL*			3:31				4:59				6:38							
Nostrand Avenue*			3:38				5:06				6:45							
East New York*			3:43				5:11				6:50							
JAMAICA (Arrive)	3:22	3:30	3:52	4:23		4:55	5:05	5:20		5:55	6:08	6:23		6:59	7:10	7:39	8:12	8:29
JAMAICA (Leave)	3:24	3:31	3:57	4:24		4:56	5:06	5:21		5:56	6:09	6:24		7:00	7:11	7:40	8:13	8:31
Hollis		3:34		4:27		4:59	5:12	5:27		6:00	6:12	6:30		7:06	7:18	7:47	8:20	
Queens Village		3:37		4:30		5:02	5:15	5:30		6:03	6:15	6:33		7:09	7:21	7:50	8:23	
Elmont		3:39		4:32		5:07		5:32		6:07	6:21	6:36		7:11	7:23	7:52	8:25	
Bellerose		3:41		4:34		5:09		5:34		6:09	6:23	6:37		7:13	7:25	7:54	8:27	
Floral Park	3:33	3:40		4:13		4:40		5:11		5:36	6:11	6:25		6:39	7:15	7:27	7:56	8:29
Stewart Manor		3:43		4:16		4:43		5:14		5:39	6:14	6:28		6:42	7:18	7:30	7:59	8:32
Nassau Boulevard		3:46		4:19		4:46		5:17		5:42	6:17	6:31		6:45	7:21	7:33	8:02	8:35
Garden City		3:49		4:22		4:49		5:20		5:45	6:20	6:34		6:48	7:24	7:36	8:05	8:38
Country Life Press		3:52		4:25		4:52		5:23		5:48	6:23	6:37		6:51	7:27	7:39	8:08	8:41
HEMPSTEAD		3:56		4:29		4:56		5:27		5:52	6:27	6:41		6:55	7:31	7:43	8:11	8:45
Train #	2069	1562	756	758	760	1056	762	766	768	770	772	774	778	780	1580	782	1980	1584

	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM
PENN STATION	9:52	10:04	10:20	10:33		11:17		11:54										
GRAND CENTRAL			9:43				10:44		11:28									
Woodside																		
Forest Hills																		
Kew Gardens																		
ATLANTIC TERMINAL*																		
Nostrand Avenue*																		
East New York*																		
JAMAICA (Arrive)	9:44	9:56	10:12	10:25	10:40	10:54	11:15	11:37	12:15									
JAMAICA (Leave)	9:46	9:58	10:15	10:27	10:42	10:56	11:17	11:39	12:17									
Hollis	9:50	10:02	10:19	10:31	10:46	11:00	11:21	11:43	12:21									
Queens Village	9:53	10:05	10:22	10:34	10:49	11:03	11:24	11:46	12:24									
Elmont	9:55	10:07	10:24	10:36	10:51	11:05	11:26	11:48	12:26									
Bellerose	9:57	10:09	10:26	10:38	10:53	11:07	11:28	11:50	12:28									
Floral Park	9:59	10:11	10:28	10:40	10:55	11:09	11:30	11:52	12:30									
Stewart Manor	10:02	10:14	10:31	10:43	10:58	11:12	11:33	11:55	12:33									
Nassau Boulevard	10:05	10:17	10:34	10:46	11:01	11:15	11:36	11:58	12:36									
Garden City	10:08	10:20	10:37	10:49	11:04	11:18	11:39	12:01	12:39									
Country Life Press	10:11	10:23	10:40	10:52	11:07	11:21	11:42	12:04	12:42									
HEMPSTEAD	10:15	10:27	10:44	10:56	11:11	11:25	11:46	12:08	12:46									
Train #	1586	784	1984	1588	1988	786	1990	788										

Monday through Friday except Holidays, Effective March 23, 2026 - May 10, 2026

Westbound

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

	Mon. Only	Mon. Only	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD	12:15			1:04	2:03	3:43		4:56		5:19	5:49	6:21		6:36		7:04		7:31		7:47		8:32	8:45	9:07
Country Life Press	12:20			1:08	2:07			5:00		5:23	5:53	6:25		6:40		7:08		7:35		7:52		8:36	8:49	9:11
Garden City	12:23			1:11	2:10			3:50		5:03	5:26	5:56		6:28		6:43		7:11		7:38		7:55		8:39	8:52	9:14
Nassau Boulevard	12:25			1:13	2:12			3:52		5:05	5:28	5:58		6:30		6:45		7:13		7:40		7:57		8:41	8:54	9:16
Stewart Manor	12:28			1:16	2:15			3:55		5:08	5:31	6:01		6:33		6:48		7:16		7:43		8:00		8:44	8:57	9:19
Floral Park	12:31		12:56	1:19	2:18			3:58		5:11	5:31	5:34	6:04	6:36		6:51	6:57	7:09	7:19		7:46		8:04	8:31	8:47	9:00	9:22	9:51	10:12	10:53
Bellerose	12:33			1:21	2:20			4:00		5:13	5:36	6:06	6:38		6:53			7:21		7:48		8:06			8:49	9:02	9:24		10:14	
Elmont-UBS Arena	12:29	12:35	12:48	1:26	2:23	2:22		4:02	4:31	5:15	5:33		6:09		6:48	6:55		7:23			7:59	8:08		8:51	9:04	9:26		10:16	
Queens Village		12:38		1:29	2:25	2:25	4:05	4:05	4:34	5:18	5:36		6:12		6:50	6:58		7:26	7:32	7:37	8:02	8:11		8:54	9:07	9:29	9:55	10:19	
Hollis		12:41		1:28	2:28	2:47	4:08	5:21	5:38		6:15		6:53	7:01		7:29	7:40		8:05	8:14		8:57	9:10	9:32		10:22		10:22	
JAMAICA (Arrive)	12:39	12:48	12:58	1:35	2:35	2:55	4:15	5:41	5:48	5:29	5:44	5:49	6:21	6:49	6:58	7:07	7:08	7:20	7:35	7:47	8:07	8:13	8:16	8:28	8:41	9:03	9:16	9:38	10:02	10:29
JAMAICA (Leave)	12:41	12:50	1:00	1:15	1:37	2:36	2:56	4:16	4:42	5:29	5:45	5:50	6:22	6:50	6:59	7:08	7:09	7:21	7:36	7:48	8:03	8:14	8:21	8:42	8:54	9:04	9:17	9:39	10:04	10:30
East New York*											5:53										7:43		8:22							
Nostrand Avenue*											5:58										7:48		8:27							
ATLANTIC TERMINAL*											6:05												8:34							
Kew Gardens			12:54	1:04	1:14	1:41			4:46												7:03									
Forest Hills			12:56	1:06	1:16	1:43			4:48												7:05									
Woodside		12:50					3:04			4:53				6:58																
GRAND CENTRAL			1:08					4:03			5:48			7:05		7:27		7:40		8:07			8:40			9:36				
PENN STATION	1:01			1:21	1:31	1:56	2:55	3:15	4:35	5:03		6:08	6:41		7:21	7:39					8:23			9:02				9:58	10:25	
Train #	7599	701	7999	1501	703	705	1903	707	1507	709	1607	711	1609	713	717	1611	1613	721	1615	723	2699	723	2601	725	2603	727	729	731	1525	737

	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM	Peak AM
HEMPSTEAD	9:36		9:54		10:07		10:27		10:47		11:07		11:27		11:47		12:07	
Country Life Press	9:40		9:58		10:11		10:31		10:51		11:11		11:31		11:51		12:11	
Garden City	9:43		10:01		10:14		10:34		10:54		11:14		11:34		11:54		12:14	
Nassau Boulevard	9:46		10:04		10:17		10:37		10:57		11:17		11:37		11:57		12:17	
Stewart Manor	9:49		10:07		10:20		10:40		11:00		11:20		11:40		12:00		12:20	
Floral Park	9:54	10:14	10:10	10:24	10:23	10:43	10:43	11:03	11:03	11:23	11:23	11:43	11:43	12:03	12:03	12:23	12:23	12:43
Bellerose	9:57		10:13		10:26		10:46		11:06		11:26		11:46		12:06		12:26	
Elmont	9:59		10:16		10:29		10:49		11:09		11:29		11:49		12:09		12:29	
Queens Village	10:02		10:19		10:32		10:52		11:12		11:32		11:52		12:12		12:32	
Hollis	10:05		10:22		10:35		10:55		11:15		11:35		11:55		12:15		12:35	
JAMAICA (Arrive)	10:08	10:29	10:25	10:40	10:38	10:58	10:58	11:18	11:18	11:38	11:38	11:58	11:58	12:18	12:18	12:38	12:38	12:58
JAMAICA (Leave)	10:09	10:30	10:26	10:41	10:39	10:59	10:59	11:19	11:19	11:39	11:39	11:59	11:59	12:19	12:19	12:39	12:39	12:59
East New York*																		
Nostrand Avenue*																		
ATLANTIC TERMINAL*																		
Kew Gardens																		
Forest Hills																		
Woodside																		
GRAND CENTRAL		10:36		11:05		11:35		12:05		12:35		1:05		1:35		2:05		2:35
PENN STATION	10:28		10:48		11:08		11:28		11:48		12:08		12:28		12:48		1:08	
Train #	755	1557	759	2055	1559	1961	761	2057	1561	1963	763	1965	765	2059	1571	1971	767	2061

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD	2:04	2:57		3:56				5:00				6:03				7:09		
Country Life Press	2:08	3:01				4:00		5:04				6:07				7:13		
Garden City	2:11	3:04				4:03		5:07				6:10				7:16		
Nassau Boulevard	2:13	3:06				4:05		5:09				6:12				7:18		
Stewart Manor	2:16	3:09				4:08		5:12				6:15				7:21		
Floral Park	2:19	2:59	3:12	3:56		4:11		4:53		5:15		5:48		6:18		6:56		7:24
Bellerose	2:21	3:14				4:13				5:17				6:20				7:26
Elmont	2:23	3:16				4:15				5:03	5:19	5:28		5:37	5:50	6:18		6:22
Queens Village	2:26	3:19	3:46			4:18				5:06	5:22	5:31		5:40	5:53	6:21		6:25
Hollis	2:29	3:22			4:14	4:21	4:48				5:25				5:55			6:28
JAMAICA (Arrive)	2:36	3:10	3:30	3:55	4:08	4:20	4:28	4:55	5:04	5:15	5:33	5:37	5:48	6:03	6:31	6:35	6:37	6:54
JAMAICA (Leave)	2:37	3:12	3:31	3:56	4:09	4:21	4:29	4:56	5:05	5:16	5:34	5:38	5:49	6:05	6:33	6:36	6:38	6:55
East New York*																		
Nostrand Avenue*																		
ATLANTIC TERMINAL*																		
Kew Gardens				4:12				5:08			5:42			6:09			6:42	
Forest Hills																		
Woodside	2:46		4:05			4:30		5:04		5:25					6:03			7:35
GRAND CENTRAL	2:57		3:50	4:16			4:48		5:15			5:57				6:55	6:58	7:14
PENN STATION		3:32			4:28	4:41				5:24	5:36	5:54		6:08	6:24	6:53		
Train #	755	1557	759	2055	1559	1961	761	2057	1561	1963	763	1965	1967	763	1663	2063	1571	1971

	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM	Peak PM
HEMPSTEAD																	9:59	
Country Life Press																	10:03	
Garden City																	10:06	
Nassau Boulevard																	10:08	
Stewart Manor																	10:11	
Floral Park																	10:14	
Bellerose																	10:16	
Elmont																	10:18	
Queens Village																	10:21	
Hollis																	10:24	
JAMAICA (Arrive)	7:45	8:05	8:09	8:24	8:44	8:57	9:10	9:29	9:44	9:57	10:14	10:29	10:44	10:57	11:14	11:29	11:44	11:57
JAMAICA (Leave)	7:46	8:06	8:11	8:26		8:59	9:11	9:32		9:59	10:16	10:32		10:59	11:16	11:32		11:59
East New York*																		
Nostrand Avenue*																		
ATLANTIC TERMINAL*																		
Kew Gardens																		
Forest Hills																		
Woodside	7:55		8:14		8:24		8:44		9:04		9:22		9:39		9:59		10:24	
GRAND CENTRAL		8:01		8:15		8:46		9:02		9:32		9:57		10:27		10:57		11:27
PENN STATION			8:35		8:41		8:56	9:16	9:28		9:45		10:01	10:27	10:45		11:12	11:31
Train #	1969	1767	1969	1771	1973	1975	1779	1977	1979	1981	1581	1983	1585	1987	1589	1991	1593	1995

To Hunterspoint Avenue & Long Island City
Monday to Friday except Holidays

Leave Train #	Leave Notes	Leave Jamaica	Arrive HP Ave	Arrive LI City
Morning Service				
609	Peak	6:14	6:32	6:40
611	Peak	6:44	7:02	7:14
35	Peak	7:05	7:23	7:35
37	Peak	7:29	7:47	7:55
615	Peak	7:41	7:59	
509	Peak	7:55	8:11	
617	Peak	8:05	8:22	8:30
7	Peak	8:32	8:48	8:57
621	Peak	8:57	9:13	
515	Peak	9:12	9:28	9:36

From Long Island City & Hunterspoint Avenue
Monday to Friday except Holidays

Leave Train #	Leave Notes	Leave LI City	Arrive HP Ave	Arrive Jamaica
Afternoon and Evening Service				
656		3:15	3:30	3:46
658		3:55	3:57	4:16
658	Peak	.....	4:22	4:37
18	Peak	.....	4:32	4:46
80	Peak	4:27	4:42	4:58
662	Peak	4:58	5:07	5:25
698	Peak	5:43	5:58	6:16
668	Peak	.....	6:43	6:58
588	Peak	6:40	6:53	7:09

Reference Notes

*	For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable.
A	Leaves from track 3.
Holidays	Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs. Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days.
PEAK AM	Off-peak tickets subject to additional charge. No bicycles are allowed on these trains.
PEAK PM	Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains.
All Branches	On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown.
West of Jamaica	At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown.

Station Services: Connecting Transportation

	Park & Ride	Bus	Taxi	Car Rental	Car Share	Bike Share	Bike Rack	Bike Locker	Bike Repair	Restroom	Food	Wheelchair Accessible
PENN STATION		MT, MSS, MSM, MSX, BXM, BBN, GO3										
GRAND CENTRAL		M1, M2, M3, M4, M5, M101, M102, M103, GO2										
Woodside		Q19, Q32, Q33 QM15, QM18, QM20, QM21, QM25, QM31, QM34, QM35, QM36, QM37, QM39, QM42, QM44, QM55, QM60, QM64, QM65, QM66, QM69, QM72, QM76, QM77, QM79, QM83, QM84, QM85, QM86, QM87, QM88, QM90, QM91, QM94, QM95, QM96, QM97, QM98, QM99, Q101, Q102, Q103, Q104, Q111, Q112, Q113, Q114, Q115, Q116, Q117, Q18, Q39, Q48, Q50, Q53, Q58, Q60, Q66, Q67, Q70, Q72, Q75, Q76, Q77, Q78, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99	LaGuardia Link Q70-SBS									
Forest Hills		Q23, Q60, Q64, Q65, Q66, Q67, Q68, Q69, Q70, Q72, Q76, Q77, Q78, Q79, Q80, Q81, Q82, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99, Q101, Q102, Q103, Q104, Q111, Q112, Q113, Q114, Q115, Q116, Q117, Q18, Q39, Q48, Q50, Q53, Q58, Q60, Q66, Q67, Q70, Q72, Q75, Q76, Q77, Q78, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99	Q10									
Kew Gardens		Q10, Q37, Q38, Q46, Q47, Q48, Q50, Q53, Q58, Q60, Q64, Q65, Q66, Q67, Q68, Q69, Q70, Q72, Q76, Q77, Q78, Q79, Q80, Q81, Q82, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99, Q101, Q102, Q103, Q104, Q111, Q112, Q113, Q114, Q115, Q116, Q117, Q18, Q39, Q48, Q50, Q53, Q58, Q60, Q66, Q67, Q70, Q72, Q75, Q76, Q77, Q78, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99										
JAMAICA		Q1, Q2, Q3, Q4, Q5, Q6, Q7, Q8, Q9, Q10, Q17, Q18, Q20, Q24, Q25, Q26, Q27, Q28, Q30, Q31, Q34, Q36, Q37, Q38, Q41, Q42, Q43, Q44, Q46, Q47, Q48, Q50, Q52, Q53, Q54, Q56, Q58, Q60, Q64, Q65, Q66, Q67, Q68, Q69, Q70, Q72, Q76, Q77, Q78, Q79, Q80, Q81, Q82, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99, Q101, Q102, Q103, Q104, Q111, Q112, Q113, Q114, Q115, Q116, Q117, Q18, Q39, Q48, Q50, Q53, Q58, Q60, Q66, Q67, Q70, Q72, Q75, Q76, Q77, Q78, Q83, Q84, Q85, Q86, Q87, Q88, Q90, Q91, Q92, Q93, Q94, Q95, Q96, Q97, Q98, Q99										
Hollis		Q2, Q3, Q17	Q13									
Queens Village		Q3, Q17, Q26, Q88, Q114, Q24										
Elmont												
Floral Park												
Stewart Manor												
Nassau Boulevard												
Garden City												
Country Life Press												
HEMPSTEAD		n6, n15, n16, n27, n31, n32, n35, n45N1, n46, n48, n54, n55, n70, Nassau Medical Shuttle										

Customer Service Center

Long Island Rail Road Schedule & Fare Info: www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free 711 relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus 511

BUS SERVICES:
Nassau Inter-County Express..... (516) 346-6600
Suffolk County Transit (Suffolk County Buses)..... (631) 852-5200
HART (Huntington Area Rapid Transit) ..... (631) HART-BUS
City of Long Beach Buses ..... (516) 431-4445

RAILROADS:
Metro-North Railroad (New York City) 511
New Jersey Transit ..... (973) 275-5555
PATH (Port Authority Trans Hudson)..... (800) 234-PATH
AMTRAK: ..... (800) USA-RAIL

FERRY SERVICES:
Port Jefferson Passport Ferry ..... (631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau..... (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only 911
MTA Police ..... (212) 878-1001
MTA Inspector General Hotline..... (800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT	HOURS
Schedule Information.....	Say "Schedules" 24/7
Fare Information.....	Say "Fares" 24/7
Mobile Ticketing.....	Say "Mobile Ticketing" ..... Daily, 6AM – 10 PM
MetroMore.....	Say "Mail and Ride" ..... Daily, 6AM – 10 PM
Group Travel and Getaways.....	Say "Group Travel" ..... M-F, 9 AM-4 PM

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 10, 2026

Eastbound

For explanation, see "Reference Notes."

	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
PENN STATION	12:10	12:19				2:35	3:24	5:26	6:00		6:59		7:59		8:59		9:59		10:59		11:59		12:59	1:17		1:35		1:54		2:14		2:35		2:54		2:58	3:17
GRAND CENTRAL			12:52	1:37					5:30		7:25			8:25		9:25		10:25		11:25		12:25			1:25												
ATLANTIC TERMINAL*	12:22		1:04		2:47		3:35																		1:28		1:47		2:05				2:25		2:47		3:05
Nostrand Avenue*																																					
East New York*																																					
JAMAICA (Arrive)	12:30	12:40	1:13	1:58	2:56	3:45	3:47	6:19	6:51	7:19	7:45	8:19	8:46	9:20	9:46	10:18	10:46	11:20	11:46	12:20	12:46	1:20	1:37	1:46	1:56	2:14	2:20	2:34	2:46	2:56	3:14	3:20	3:37	3:46	3:56	4:14	4:20	4:37
JAMAICA (Leave)	12:31	12:42	1:15	2:00	2:57	3:46	3:48	6:21	6:53	7:21	7:48	8:21	8:48	9:22	9:48	10:20	10:48	11:22	11:48	12:22	12:48	1:22	1:39	1:48	1:58	2:16	2:22	2:36	2:48	2:58	3:16	3:22	3:39	3:48	3:58	4:16	4:22	4:39
Hollis			12:49	1:22	2:07	3:04	3:52	5:54	6:27	7:00	7:27	7:54	8:27	8:54	9:28	9:54	10:26	10:54	11:27	11:54	12:27	12:54	1:27		1:54			2:27		2:54			3:27		3:54			4:27
Queens Village			12:52	1:25	2:10	3:07	3:55	5:56	6:30	7:03	7:30	7:57	8:30	8:57	9:31	9:57	10:29	10:57	11:30	11:57	12:30	12:57	1:30		1:57			2:30		2:57			3:30		3:57			4:30
Queens-UBS Arena	12:41		12:55	1:27	2:12	3:09		5:58	6:33	7:05	7:33	8:00	8:33	9:00	9:34	9:59	10:32	10:59	11:32	11:59	12:32	1:00	1:33		1:49	1:59	2:08	2:26	2:33	2:46	2:59	3:08	3:26	3:33	3:49	3:59	4:08	4:26	4:33
Bellerose			1:29	2:14	3:11		6:01		7:07		8:01		9:01		10:01		11:01		12:01		1:01		2:01						3:01						4:01			
Floral Park		12:57	1:31	2:16	3:13	4:01	6:04	6:36	7:09	7:36	8:03	8:36	9:03	9:37	10:03	10:35	11:03	11:36	12:03	12:36	1:03	1:36	2:03					2:36		3:03			3:36		4:03			4:36
Stewart Manor			1:34	2:19	3:16		6:07		7:12		8:06		9:06		10:06		11:06		12:06		1:06		2:06						3:06						4:06			
Nassau Boulevard			1:37	2:22	3:19		6:10		7:15		8:09		9:09		10:09		11:09		12:09		1:09		2:09						3:09						4:09			
Garden City			1:40	2:25	3:22		6:13		7:18		8:12		9:12		10:12		11:12		12:12		1:12		2:12						3:12						4:12			
Country Life Press			1:43	2:28	3:25		6:16		7:21		8:15		9:15		10:15		11:15		12:15		1:15		2:15						3:15						4:15			
HEMPSTEAD			1:47	2:32	3:29		6:20		7:25		8:19		9:19		10:19		11:19		12:19		1:19		2:19						3:19						4:19			
Train #	7900	7500	6702	6704	6706	6710	708	6712	7512	6714	710	6716	6716	7520	6718	7524	6720	7528	6722	7550	6750	7554	7556	6752	7556	7558	7560	6754	7560	7562	7562	7564	6756	7564	7566	7566	7568

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION		4:35	4:54	4:59	5:14			5:35	5:54	5:59	6:17		6:35	6:54	6:59	7:14		7:35	7:54	7:59	8:17		8:35	8:54	8:59	9:16		9:35	9:54	10:00	10:17	10:32		10:54	10:59	11:17	11:46
GRAND CENTRAL	4:25											6:25					7:25					8:25					9:28					10:48					
ATLANTIC TERMINAL*		4:48	5:05		5:25		5:47	6:05			6:28		6:47	7:05		7:25		7:47	8:05		8:28		8:48	9:05		9:27		9:47	10:05		10:28	10:44		11:05		11:28	
Nostrand Avenue*																																				
East New York*																																				
JAMAICA (Arrive)	4:46	4:56	5:14	5:20	5:34	5:46	5:56	6:14	6:20	6:37	6:46	6:56	7:14	7:20	7:34	7:46	7:56	8:14	8:20	8:37	8:46	8:56	9:14	9:20	9:37	9:49	9:56	10:14	10:19	10:37	10:53	11:09	11:14	11:19	11:37	12:07
JAMAICA (Leave)	4:48	5:16	5:22	5:36	5:48	5:58	5:58	6:16	6:22	6:39	6:48	6:58	7:16	7:22	7:36	7:48	7:58	8:16	8:22	8:39	8:48	8:58	9:16	9:22	9:39	9:51	9:58	10:16	10:21	10:39	10:55	11:11	11:16	11:21	11:39	12:09
Hollis	4:54			5:27		5:54			6:27		6:54			7:27		7:54			8:27	8:54			9:27			9:57			10:27			11:17			11:27		12:17
Queens Village	4:57			5:30		5:57			6:30		6:57			7:30		7:57			8:30	8:57			9:30			10:00			10:30			11:20			11:30		12:20
Queens-UBS Arena	4:59	5:08	5:26	5:33	5:46	5:59	6:08	6:26	6:33	6:49	6:59	7:08	7:26	7:33	7:46	7:59	8:08	8:26	8:33	8:49	8:59	9:08	9:26	9:33	9:49	10:02	10:08	10:26	10:33	10:49	11:06	11:22	11:26	11:33	11:49	12:19
Bellerose	5:01					6:01			7:01					8:01					9:01							10:04						11:24					12:24
Floral Park	5:03		5:36			6:03		6:36					7:36		8:03				9:03					9:36		10:06				10:36		11:26			11:36		12:26
Stewart Manor	5:06					6:06			7:06					8:06					9:06							10:09						11:29					12:29
Nassau Boulevard	5:09					6:09			7:09					8:09					9:09							10:12						11:32					12:32
Garden City	5:12					6:12			7:12					8:12					9:12							10:15						11:35					12:35
Country Life Press	5:15					6:15			7:15					8:15					9:15							10:18						11:38					12:38
HEMPSTEAD	5:19					6:19			7:19					8:19					9:19							10:22						11:42					12:42
Train #	6760	7568	7970	7570	7972	6762	7572	7574	7976	6764	7576	7578	7578	7580	6766	7580	7582	7582	7584	6768	7584	7986	7588	7988	6770	7588	7990	7590	7592	7592	6772	7594	7594	7996	7596	6774

To Hempstead

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Saturday, Sunday and Holidays, Effective March 23, 2026 - May 10, 2026

Westbound

For explanation, see "Reference Notes."

	Sun. Only	Sun. Only	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM
HEMPSTEAD			12:15				1:03		2:09		3:57		5:33	6:31			7:44		8:44				9:44				10:44				11:44				12:44	
Country Life Press			12:18				1:07		2:13		4:01		5:37	6:35			7:48		8:48				9:48				10:48				11:48				12:48	
Garden City			12:22				1:10		2:16		4:04		5:40	6:38			7:51		8:51				9:51				10:51				11:51				12:51	
Nassau Boulevard			12:25				1:12		2:18		4:06		5:42	6:40			7:53		8:53				9:53				10:53				11:53				12:53	
Stewart Manor			12:28				1:15		2:21		4:09		5:45	6:43			7:56		8:56				9:56				10:56				11:56				12:56	
Floral Park			12:31		1:02		1:18		2:24		4:12		5:48	6:46	7:13	7:38	7:59	8:38	8:59	9:38		9:59	10:59		11:38		11:59		12:38		12:59		1:38		1:59	
Bellerose			12:33				1:20		2:26		4:14		5:50	6:48			8:01		9:01				10:01				11:01				12:01				1:01	
Queens-UBS Arena	12:29		12:36	1:24	1:04	1:11	1:22	1:33	2:32	2:42	4:19	4:31	5:52	6:50	7:15	7:40	8:03	8:40	9:03	9:40	9:58	10:03	10:21	10:40	10:58	11:03	11:21	11:40	11:58	12:03	12:12	12:21	12:40	12:58	1:03	1:12	1:21
Queens Village			12:38		1:06		1:25	1:35		2:34	4:19	4:33	5:55	6:53	7:17	7:42	8:06	8:42	9:06	9:42		10:06	10:42		11:06		11:42		12:06				12:42		1:06		1:42
Hollis			12:41		1:08		1:28	1:37		2:37	4:22	4:36	5:58	6:56	7:19	7:44	8:09	8:44	9:09	9:44		10:09	10:44		11:09		11:44		12:09				12:44		1:09		1:44
JAMAICA (Arrive)	12:46	12:47	12:59	1:15	1:22	1:35	1:44	1:58	2:43	2:49	4:42	4:55	6:03	7:03	7:26	7:51	8:16	8:51	9:16	9:51	10:08	10:16	10:22	10:32	10:51	11:08	11:16	11:22	11:32	11:51	12:08	12:16	12:22	12:32	12:51	1:08
JAMAICA (Leave)	12:41	12:49	1:00	1:16	1:23	1:36	1:45	2:40	2:44	4:30	4:43	6:07	7:05	7:28	7:53	8:18	8:53	9:18	9:53	10:10	10:18	10:24	10:34	10:53	11:10	11:18	11:24	11:34	11:52	12:10	12:18	12:24	12:34	12:53	1:10	1:18
East New York*																																				
Nostrand Avenue*																																				
ATLANTIC TERMINAL*																																				
Kew Gardens			12:53	1:04			1:40			4:47																										
Forest Hills			12:55	1:06			1:42			4:49																										
Woodside	12:50				1:31				4:38																											
GRAND CENTRAL			1:08								6:26	7:25				8:38				9:38				10:38												
PENN STATION	1:01			1:21	1:36	1:42		1:56	2:05	2:59	3:02	4:49	5:02		7:48	8:11			9:11			10:11				11:11							12:11			
Train #	7599	6701	7999	7501	7901	6703	7503	6705	7505	6709	7507	6711	6713	7511	7513	6715	7517	6717	7521	7525	6719	7523	7527	7525	7529	7529	6723	7531	7535	7531	7553	6725	7553	7555	7555	7557	6751

	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
HEMPSTEAD			2:44				3:44				4:44				5:44				6:44				7:44				8:44				9:31				10:31		11:18
Country Life Press			2:48				3:48				4:48				5:48				6:48				7:48				8:48				9:35				10:35		11:22
Garden City			2:51				3:51				4:51				5:51				6:51				7:51				8:51				9:38				10:38		11:25
Nassau Boulevard			2:53				3:53				4:53				5:53				6:53				7:53				8:53				9:40				10:40		11:27
Stewart Manor			2:56				3:56				4:56				5:56				6:56				7:56				8:56				9:43				10:43		11:30
Floral Park	2:38		2:59				3:38		3:59		4:38		4:59		5:38		5:59		6:38		6:59		7:38		7:59		8:35	8:59		9:38	9:46	10:13			10:46	11:13	11:32
Bellerose			3:01				4:01				5:01				6:01				7:01				8:01				9:01				9:48				10:48		11:35
Queens-UBS Arena	2:21	2:40	2:58	3:03	3:12	3:31	3:42	3:58	4:03	4:12	4:21	4:40	4:58	5:03	5:12	5:21	5:40	5:58	6:03	6:12	6:21	6:40	6:58	7:03	7:12	7:21	7:40	7:58	8:03	8:37	9:03	9:12	9:40	10:12	10:38	10:50
Queens Village	2:42		3:06				3:42		4:06		4:42		5:06		5:42		6:06		6:42		7:06		7:42		8:06		8:39	9:06		9:42	9:53	10:17			10:53	11:17	11:40
Hollis	2:44		3:09				3:44		4:09		4:44		5:09		5:44		6:09		6:44		7:09		7:44		8:09		8:41	9:09		9:44	9:56	10:19			10:56	11:19	11:43
JAMAICA (Arrive)	2:32	2:51	3:08	3:16	3:22	3:32	3:51	4:08	4:16	4:22	4:32	4:51	5:08	5:16	5:22	5:32	5:51	6:08	6:16	6:22	6:32	6:51	7:08	7:16	7:22	7:32	7:51	8:08	8:15	8:22	8:32	8:48	9:12	9:22	9:51	10:03
JAMAICA (Leave)	2:34	2:53	3:10	3:18	3:24	3:34	3:53	4:10	4:18	4:24	4:34	4:53	5:10	5:18	5:24	5:34	5:53	6:10	6:18	6:24	6:34	6:53	7:10	7:18	7:24	7:34	7:53	8:10	8:18	8:24	8:34	8:50	9:18	9:24	9:53	10:05
East New York*																																				
Nostrand Avenue*																																				
ATLANTIC TERMINAL*																																				
Kew Gardens																																				
Forest Hills																																				
Woodside	2:43		3:20				3:43		4:20				4:43		5:20		5:43		6:20				7:20				7:43		8:20				8:43		9:37		
GRAND CENTRAL				3:38							4:38						5:38				6:38				7:38						8:38					9:37	
PENN STATION	2:54	3:11	3:30		3:44	3:54	4:11	4:30					4:54	5:11			5:54	6:11			6:54	7:11			7:54	8:11	8:30			8:44	8:54	9:10		9:44	10:11		
Train #	7959	7559	7961	6753	7561	7963	7563	7965	6755	7565	7567	7567	7569	6757	7569	7971	7571	7973	6759	7573	7575	7575	7977	6763	7577	7979	7579	7981	6765	7581	7983	7583	6767	7585	7587	6769	7589

To Penn Station, Grand Central, Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Ticket Types

One Way
Good for one ride from time of purchase until 4 A.M. the next day. Sold for:
Peak - Valid on all trains.
Off Peak – Additional fare payable to the conductor if used on weekday trains marked Peak AM or PM hours.

Day Pass
Good for unlimited rides within the ticketed zones from time of purchase until 4 A.M. the next day.
Valid on trains on Saturdays, Sundays, and Holidays.

Weekly
Unlimited rides Saturday through Friday. Sale begins on the Sunday before the Saturday that the ticket becomes valid. Not transferable.

Monthly
Unlimited rides during the calendar month indicated on the ticket.
On sale starting on the 25th prior month. Non-transferable.

Senior/People with Disabilities and Medicare Customers
Save 50% off the one way peak fare. Valid from time of purchase until 4 A.M. the next day.
Seniors must be 65 or older.
Valid ID must be presented when buying and using tickets.

Family Fare
Children ages 5-17 can ride for $1 when accompanied by a fare-paying adult. Up to four children may ride for a dollar each with one adult. A 5th child or any additional children would have to purchase a child ticket fare.

Children's Fare
Children under 5 ride free.
Children ages five (5) through eleven (11) traveling alone, and children in excess of four per adult, will pay the One-Way Half fare (peak or off-peak), as applicable.
Unaccompanied children ages 12-17 will pay the adult fare.

Refunds
Refunds are only available on monthly and weekly tickets, and are subject to a $10 processing fee per transaction. The cost of two rides per day will be deducted for each day the ticket was in your possession.
USPS postmark or time-stamp on application if submitted at a Ticket window) used as turn-in date.
Mail to: LIRR Ticket Refunds Department, Jamaica Station-MC 1410, Jamaica, New York 11435

On Board The Train
Onboard ticket sales cost up to $8.50 more. Train crews must charge the higher on board fare and are not authorized to issue tickets on the outside or the inside of the car to locate a restroom-equipped car.
Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination
Please carefully check to ensure you do not leave anything behind.
Should you forget something, our Lost & Found Office in Penn Station will be open Monday through Friday, Open weekends 7:20 AM - 7:20 PM or call 511 (Say "LIRR" Then Select "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper napkins, and other disposable items and depositing them in the receptacles on the station platform.

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK One Way	Off Peak One Way	Senior One Way	Day Pass Weekday	Day Pass Weekend	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	$207.00	$51.75	$6.50	$5.50	$3.25	$15.50	$12.00	$8.50	$7.50
New York	2	$237.00	$59.25	$7.25	$6.25	$3.50	$17.50	$13.50	$9.25	$8.25
Brooklyn	3	$264.00	$66.00	$7.75	$6.75	$3.75	$19.50	$15.00	$9.75	$8.75
L.I. City	3	$288.00	$108.00	$11.25	$11.25	$5.50	$27.00	$22.50	$13.00	$13.00
Hunterspoint	3	$288.00	$108.00	$11.25	$11.25	$5.50	$27.00	$22.50	$13.00	$13.00
Woodside	3	$384.00	$144.00	$15.00	$15.00	$7.50	$36.00	$30.00	$17.00	$17.00
Jamaica	4	$432.00	$162.00	$16.50	$16.50	$8.25	$40.50	$33.00	$19.00	$19.00
Kew Gardens	12	$687.00	$175.50	$18.00	$14.50	$10.50	$53.50	$41.00	$20.50	$17.00

Your Safety Is Our Top Priority!

Help us make your trip safer!
- Step onto the platform the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Be alert and aware of your surroundings, including your electronic devices.
- Never attempt to board a moving train from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on platforms and stairs.
- Obey posted warnings. If the platform is underground, stay behind the yellow tactile strip.

Before Boarding Your Train

Station platforms are accessible. Transport Independent Locations. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board.

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains, in all waiting rooms, elevators, vestibules and enclosed seating areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that carry Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) on single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. *Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.*

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

Buy tickets directly from your mobile device using TrainTime.
Download the free App today!