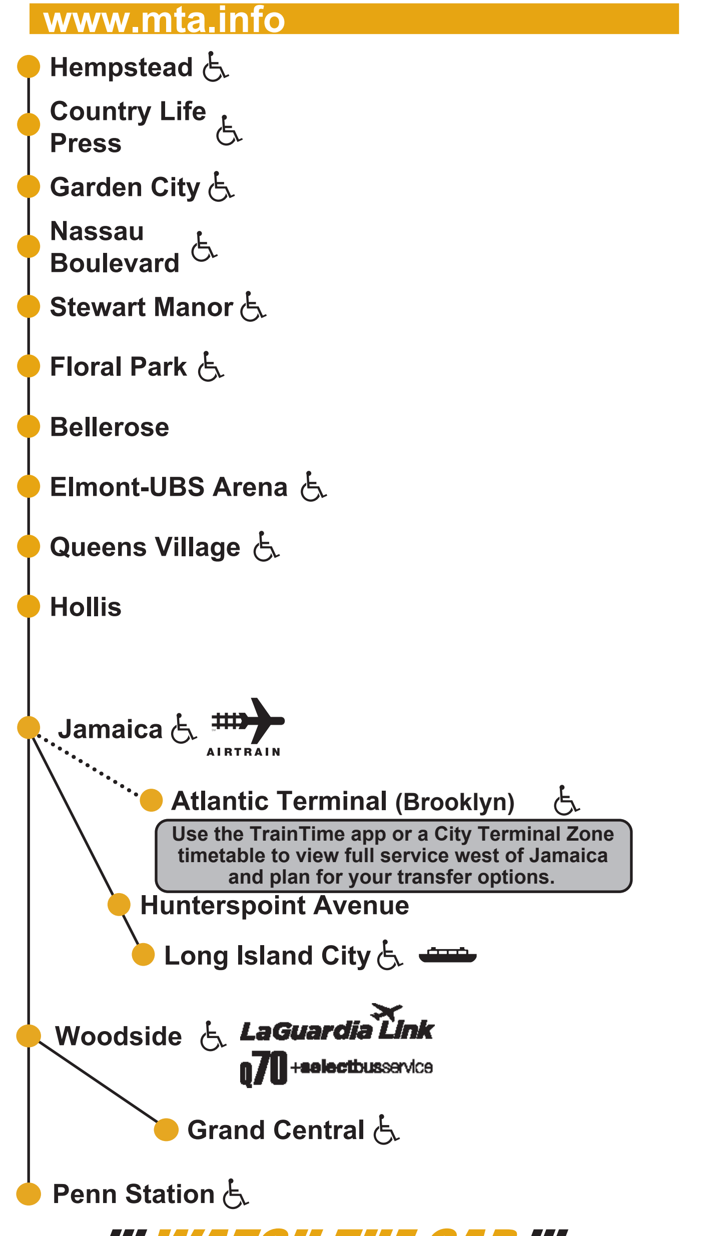
# Long Island Rail Road

Effective March 23, 2026 - May 17, 2026

# Hempstead

## Branch Timetable

www.mta.info




/// WATCH THE GAP ///

## Monday through Friday except Holidays, Effective March 23, 2026 - May 17, 2026

**Eastbound — To Hempstead — Weekdays**

See the TrainTime app for complete service west of Jamaica as well as transfer options.

| For explanation, see "Reference Notes." | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM |
| PENN STATION | 12:00 | 12:14 | ...... | ...... | 2:35 | 3:09 | 5:22 | 6:09 | ...... | 7:09 | 7:37 | 8:05 | ...... | 9:09 | ...... | 10:12 | ...... | 11:11 | ...... | 12:12 | ...... | 1:12 | ...... | 2:07 | ...... |
| GRAND CENTRAL | ...... | ...... | 12:52 | 1:35 | ...... | ...... | ...... | ...... | 6:32 | ...... | ...... | ...... | 8:34 | ...... | 9:45 | ...... | 10:45 | ...... | 11:44 | ...... | 12:45 | ...... | 1:45 | ...... | 2:41 |
| Woodside | ...... | ...... | ...... | ...... | ...... | 3:21 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Forest Hills | ...... | 12:29 | ...... | 1:50 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Kew Gardens | ...... | 12:31 | ...... | 1:52 | ...... | ...... | 5:39 | ...... | ...... | 7:26 | ...... | 8:22 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| ATLANTIC TERMINAL* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Nostrand Avenue* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| East New York* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| JAMAICA (Arrive) | 12:21 | 12:35 | 1:11 | 1:56 | 2:56 | 3:30 | 5:43 | 6:29 | 6:53 | 7:30 | 7:57 | 8:26 | 8:55 | 9:30 | 10:05 | 10:32 | 11:05 | 11:31 | 12:05 | 12:32 | 1:05 | 1:32 | 2:05 | 2:27 | 3:01 |
| JAMAICA (Leave) | 12:23 | 12:37 | 1:13 | 1:57 | 2:57 | 3:31 | 5:45 | 6:30 | 6:54 | 7:31 | 7:58 | 8:27 | 8:56 | 9:31 | 10:07 | 10:34 | 11:07 | 11:33 | 12:07 | 12:34 | 1:07 | 1:34 | 2:07 | 2:29 | 3:02 |
| Hollis | ...... | ...... | 1:20 | 2:03 | 3:04 | ...... | 5:52 | ...... | 7:01 | ...... | 8:05 | ...... | 9:03 | ...... | 10:15 | ...... | 11:15 | ...... | 12:15 | ...... | 1:15 | ...... | 2:15 | ...... | 3:09 |
| Queens Village | ...... | ...... | 1:23 | 2:06 | 3:07 | ...... | 5:55 | ...... | 7:04 | ...... | 8:08 | ...... | 9:06 | ...... | 10:18 | ...... | 11:18 | ...... | 12:18 | ...... | 1:18 | ...... | 2:18 | ...... | 3:12 |
| Elmont- UBS Arena | 12:34 | 12:47 | 1:25 | 2:08 | 3:09 | ...... | 5:57 | ...... | 7:06 | ...... | 8:10 | ...... | 9:08 | ...... | 10:20 | ...... | 11:20 | ...... | 12:20 | ...... | 1:20 | ...... | 2:20 | ...... | 3:14 |
| Bellerose | ...... | ...... | 1:27 | 2:10 | 3:11 | ...... | 5:59 | ...... | 7:08 | ...... | 8:12 | ...... | 9:10 | ...... | 10:22 | ...... | 11:22 | ...... | 12:22 | ...... | 1:22 | ...... | 2:22 | ...... | 3:16 |
| Floral Park | ...... | 12:50 | 1:29 | 2:12 | 3:13 | 3:40 | 6:01 | 6:41 | 7:10 | 7:40 | 8:14 | 8:37 | 9:12 | 9:40 | 10:24 | 10:44 | 11:24 | 11:43 | 12:24 | 12:44 | 1:24 | 1:44 | 2:24 | 2:40 | 3:18 |
| Stewart Manor | ...... | ...... | 1:32 | 2:15 | 3:16 | ...... | 6:04 | ...... | 7:13 | ...... | 8:17 | ...... | 9:15 | ...... | 10:27 | ...... | 11:27 | ...... | 12:27 | ...... | 1:27 | ...... | 2:27 | ...... | 3:21 |
| Nassau Boulevard | ...... | ...... | 1:35 | 2:18 | 3:19 | ...... | 6:07 | ...... | 7:16 | ...... | 8:20 | ...... | 9:18 | ...... | 10:30 | ...... | 11:30 | ...... | 12:30 | ...... | 1:30 | ...... | 2:30 | ...... | 3:24 |
| Garden City | ...... | ...... | 1:38 | 2:21 | 3:22 | ...... | 6:10 | ...... | 7:19 | ...... | 8:23 | ...... | 9:21 | ...... | 10:33 | ...... | 11:33 | ...... | 12:33 | ...... | 1:33 | ...... | 2:33 | ...... | 3:27 |
| Country Life Press | ...... | ...... | 1:41 | 2:24 | 3:25 | ...... | 6:13 | ...... | 7:22 | ...... | 8:26 | ...... | 9:24 | ...... | 10:36 | ...... | 11:36 | ...... | 12:36 | ...... | 1:36 | ...... | 2:36 | ...... | 3:30 |
| HEMPSTEAD | ...... | ...... | 1:45 | 2:28 | 3:29 | ...... | 6:17 | ...... | 7:26 | ...... | 8:30 | ...... | 9:28 | ...... | 10:40 | ...... | 11:40 | ...... | 12:40 | ...... | 1:40 | ...... | 2:40 | ...... | 3:34 |
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM | PM | PM |
| Train # | 1900 | 1500 | 702 | 704 | 706 | 1504 | 710 | 1510 | 712 | 1512 | 714 | 1514 | 716 | 1516 | 718 | 1520 | 722 | 1524 | 724 | 1550 | 750 | 1554 | 752 | 1558 | 754 |

| For explanation, see "Reference Notes." | | | | | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | Peak PM | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM |
| PENN STATION | ...... | 3:09 | ...... | 4:04 | ...... | 4:45 | ...... | 5:31 | ...... | ...... | ...... | ...... | 7:20 | ...... | 8:08 | ...... | 9:01 | 9:15 | 9:34 | 9:39 | ...... | 10:04 | 10:20 | 10:33 | ...... | 11:17 | ...... |
| GRAND CENTRAL | 3:01 | ...... | ...... | ...... | 4:35 | ...... | ...... | ...... | 5:48 | 6:03 | ...... | 6:50 | ...... | 7:52 | ...... | 8:43 | ...... | ...... | ...... | ...... | 9:43 | ...... | ...... | ...... | 10:54 | ...... | 11:54 |
| Woodside | 3:13 | ...... | ...... | ...... | ...... | ...... | ...... | 5:42 | ...... | ...... | ...... | 7:02 | ...... | ...... | ...... | 8:55 | 9:13 | ...... | ...... | ...... | ...... | ...... | ...... | 10:44 | ...... | 11:28 | ...... |
| Forest Hills | ...... | 3:24 | ...... | 4:18 | ...... | ...... | ...... | 5:47 | ...... | ...... | ...... | ...... | ...... | ...... | 8:23 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Kew Gardens | ...... | 3:26 | ...... | ...... | ...... | 5:02 | ...... | ...... | 6:05 | ...... | ...... | ...... | ...... | 8:09 | 8:25 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| ATLANTIC TERMINAL* | ...... | ...... | 3:31 | ...... | ...... | ...... | 4:59 | ...... | ...... | ...... | 6:38 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Nostrand Avenue* | ...... | ...... | 3:38 | ...... | ...... | ...... | 5:06 | ...... | ...... | ...... | 6:45 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| East New York* | ...... | ...... | 3:43 | ...... | ...... | ...... | 5:11 | ...... | ...... | ...... | 6:50 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| JAMAICA (Arrive) | 3:22 | 3:30 | 3:52 | 4:23 | 4:55 | 5:05 | 5:20 | 5:55 | 6:08 | 6:23 | 6:59 | 7:10 | 7:39 | 8:12 | 8:29 | 9:04 | 9:22 | 9:36 | 9:54 | 10:02 | 10:04 | 10:25 | 10:40 | 10:54 | 11:15 | 11:37 | 12:15 |
| JAMAICA (Leave) | 3:24 | 3:31 | 3:57 | 4:24 | 4:56 | 5:06 | 5:21 | 5:56 | 6:09 | 6:24 | 7:00 | 7:11 | 7:40 | 8:13 | 8:31 | 9:06 | 9:24 | 9:38 | 9:56 | 10:04 | 10:06 | 10:27 | 10:42 | 10:56 | 11:17 | 11:39 | 12:17 |
| Hollis | ...... | ...... | 4:04 | 4:31 | 5:02 | 5:12 | 5:27 | 6:02 | 6:15 | 6:30 | 7:06 | 7:18 | 7:47 | 8:20 | ...... | 9:13 | ...... | ...... | ...... | ...... | 10:13 | ...... | ...... | ...... | 11:23 | ...... | 12:24 |
| Queens Village | ...... | ...... | 4:07 | 4:34 | 5:05 | 5:15 | 5:30 | 6:05 | 6:18 | 6:33 | 7:09 | 7:21 | 7:50 | 8:23 | ...... | 9:16 | ...... | ...... | ...... | ...... | 10:16 | ...... | ...... | ...... | 11:26 | ...... | 12:27 |
| Elmont | ...... | ...... | 4:09 | 4:36 | 5:07 | ...... | 5:32 | 6:07 | 6:21 | 6:35 | 7:11 | 7:23 | 7:52 | 8:25 | ...... | 9:18 | 9:34 | 9:48 | 10:05 | 10:14 | 10:18 | 10:37 | ...... | 11:06 | 11:28 | 11:50 | 12:29 |
| Bellerose | ...... | ...... | 4:11 | 4:38 | 5:09 | ...... | 5:34 | 6:09 | 6:23 | 6:37 | 7:13 | 7:25 | 7:54 | 8:27 | ...... | 9:20 | ...... | ...... | ...... | ...... | 10:20 | ...... | ...... | ...... | 11:30 | ...... | 12:31 |
| Floral Park | 3:33 | 3:40 | 4:13 | 4:40 | 5:11 | ...... | 5:36 | 6:11 | 6:25 | 6:39 | 7:15 | 7:27 | 7:56 | 8:29 | 8:42 | 9:22 | ...... | 9:51 | ...... | ...... | 10:22 | ...... | 10:53 | ...... | 11:32 | ...... | 12:33 |
| Stewart Manor | ...... | ...... | 4:16 | 4:43 | 5:14 | ...... | 5:39 | 6:14 | 6:28 | 6:42 | 7:18 | 7:30 | 7:59 | 8:32 | ...... | 9:25 | ...... | ...... | ...... | ...... | 10:25 | ...... | ...... | ...... | 11:35 | ...... | 12:36 |
| Nassau Boulevard | ...... | ...... | 4:19 | 4:46 | 5:17 | ...... | 5:42 | 6:17 | 6:31 | 6:45 | 7:21 | 7:33 | 8:02 | 8:35 | ...... | 9:28 | ...... | ...... | ...... | ...... | 10:28 | ...... | ...... | ...... | 11:38 | ...... | 12:39 |
| Garden City | ...... | ...... | 4:22 | 4:49 | 5:20 | ...... | 5:45 | 6:20 | 6:34 | 6:48 | 7:24 | 7:36 | 8:05 | 8:38 | ...... | 9:31 | ...... | ...... | ...... | ...... | 10:31 | ...... | ...... | ...... | 11:41 | ...... | 12:42 |
| Country Life Press | ...... | ...... | 4:25 | 4:52 | 5:23 | ...... | 5:48 | 6:23 | 6:37 | 6:51 | 7:27 | 7:39 | 8:08 | 8:41 | ...... | 9:34 | ...... | ...... | ...... | ...... | 10:34 | ...... | ...... | ...... | 11:44 | ...... | 12:45 |
| HEMPSTEAD | ...... | ...... | 4:29 | 4:56 | 5:27 | ...... | 5:52 | 6:27 | 6:41 | 6:55 | 7:31 | 7:43 | 8:11 | 8:45 | ...... | 9:38 | ...... | ...... | ...... | ...... | 10:38 | ...... | ...... | ...... | 11:48 | ...... | 12:49 |
| | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | AM |
| Train # | 2060 | 1562 | 756 | 758 | 760 | 1056 | 762 | 766 | 768 | 770 | 772 | 774 | 778 | 780 | 1580 | 782 | 1980 | 1584 | 1982 | 1586 | 784 | 1984 | 1588 | 1986 | 786 | 1990 | 788 |

## Monday through Friday except Holidays, Effective March 23, 2026 - May 17, 2026

**Westbound — To Penn Station, Grand Central, Brooklyn* & Jamaica — Weekdays**

See the TrainTime app for complete service west of Jamaica as well as transfer options.

| For explanation, see "Reference Notes." | Mon. Only | | Mon. Only | | | | | | | | | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | Peak AM | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM |
| HEMPSTEAD | ...... | 12:15 | ...... | ...... | 1:04 | 2:03 | ...... | 3:43 | ...... | 4:56 | ...... | 5:19 | 5:49 | 6:21 | ...... | 6:36 | ...... | ...... | 7:04 | ...... | 7:31 | ...... | 7:47 | ...... | 8:32 | 8:45 | 9:07 | ...... | 9:57 | ...... | 10:57 | ...... | 11:57 | ...... | 12:57 | ...... |
| Country Life Press | ...... | 12:20 | ...... | ...... | 1:08 | 2:07 | ...... | 3:47 | ...... | 5:00 | ...... | 5:23 | 5:53 | 6:25 | ...... | 6:40 | ...... | ...... | 7:08 | ...... | 7:35 | ...... | 7:52 | ...... | 8:36 | 8:49 | 9:11 | ...... | 10:01 | ...... | 11:01 | ...... | 12:01 | ...... | 1:01 | ...... |
| Garden City | ...... | 12:23 | ...... | ...... | 1:11 | 2:10 | ...... | 3:50 | ...... | 5:03 | ...... | 5:26 | 5:56 | 6:28 | ...... | 6:43 | ...... | ...... | 7:11 | ...... | 7:38 | ...... | 7:55 | ...... | 8:39 | 8:52 | 9:14 | ...... | 10:04 | ...... | 11:04 | ...... | 12:04 | ...... | 1:04 | ...... |
| Nassau Boulevard | ...... | 12:25 | ...... | ...... | 1:13 | 2:12 | ...... | 3:52 | ...... | 5:05 | ...... | 5:28 | 5:58 | 6:30 | ...... | 6:45 | ...... | ...... | 7:13 | ...... | 7:40 | ...... | 7:57 | ...... | 8:41 | 8:54 | 9:16 | ...... | 10:06 | ...... | 11:06 | ...... | 12:06 | ...... | 1:06 | ...... |
| Stewart Manor | ...... | 12:28 | ...... | ...... | 1:16 | 2:15 | ...... | 3:55 | ...... | 5:08 | ...... | 5:31 | 6:01 | 6:33 | ...... | 6:48 | ...... | ...... | 7:16 | ...... | 7:43 | ...... | 8:00 | ...... | 8:44 | 8:57 | 9:19 | ...... | 10:09 | ...... | 11:09 | ...... | 12:09 | ...... | 1:09 | ...... |
| Floral Park | ...... | 12:31 | ...... | 12:56 | 1:19 | 2:18 | ...... | 3:58 | ...... | 5:11 | 5:31 | 5:34 | 6:04 | 6:36 | ...... | 6:51 | 6:57 | 7:09 | 7:19 | ...... | 7:46 | ...... | 8:04 | 8:31 | 8:47 | 9:00 | 9:22 | 9:51 | 10:12 | 10:53 | 11:12 | 11:53 | 12:12 | 12:53 | 1:12 | 1:53 |
| Bellerose | ...... | 12:33 | ...... | ...... | 1:21 | 2:20 | ...... | 4:00 | ...... | 5:13 | ...... | 5:36 | 6:06 | 6:38 | ...... | 6:53 | ...... | ...... | 7:21 | ...... | 7:48 | ...... | 8:06 | ...... | 8:49 | 9:02 | 9:24 | ...... | 10:14 | ...... | 11:14 | ...... | 12:14 | ...... | 1:14 | ...... |
| Elmont- UBS Arena | 12:29 | 12:35 | 12:48 | 12:58 | 1:23 | 2:22 | ...... | 4:02 | 4:31 | 5:15 | 5:33 | ...... | 6:09 | ...... | 6:48 | 6:55 | ...... | ...... | 7:23 | ...... | ...... | 7:59 | 8:08 | ...... | 8:51 | 9:04 | 9:26 | ...... | 10:16 | ...... | 11:16 | ...... | 12:16 | ...... | 1:16 | ...... |
| Queens Village | ...... | 12:38 | ...... | ...... | 1:26 | 2:25 | 2:45 | 4:05 | ...... | 5:18 | 5:35 | ...... | 6:12 | ...... | 6:50 | 6:58 | ...... | ...... | 7:26 | 7:37 | ...... | 8:02 | 8:11 | ...... | 8:54 | 9:07 | 9:29 | ...... | 10:19 | ...... | 11:19 | ...... | 12:19 | ...... | 1:19 | ...... |
| Hollis | ...... | 12:41 | ...... | ...... | 1:28 | 2:28 | 2:47 | 4:08 | ...... | 5:21 | 5:38 | ...... | 6:15 | ...... | 6:53 | 7:01 | ...... | ...... | 7:29 | 7:40 | ...... | 8:05 | 8:14 | ...... | 8:57 | 9:10 | 9:32 | ...... | 10:22 | ...... | 11:22 | ...... | 12:22 | ...... | 1:22 | ...... |
| JAMAICA (Arrive) | 12:39 | 12:48 | 12:59 | 1:08 | 1:35 | 2:35 | 2:55 | 4:15 | 4:41 | 5:28 | 5:44 | 5:49 | 6:21 | 6:49 | 6:58 | 7:07 | 7:08 | 7:20 | 7:35 | 7:47 | 8:02 | 8:13 | 8:20 | 8:41 | 9:03 | 9:16 | 9:38 | 10:02 | 10:29 | 11:04 | 11:30 | 12:04 | 12:30 | 1:04 | 1:30 | 2:04 |
| JAMAICA (Leave) | 12:41 | 12:50 | 1:00 | 1:10 | 1:37 | 2:36 | 2:56 | 4:16 | 4:42 | 5:29 | 5:45 | 5:50 | 6:22 | 6:50 | 6:59 | 7:08 | 7:09 | 7:21 | 7:36 | 7:48 | 8:03 | 8:14 | 8:21 | 8:42 | 9:04 | 9:17 | 9:39 | 10:04 | 10:30 | 11:06 | 11:31 | 12:06 | 12:31 | 1:06 | 1:31 | 2:06 |
| East New York* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 5:53 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 7:43 | ...... | ...... | 8:22 | ...... | ...... | 9:12 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Nostrand Avenue* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 5:58 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 7:48 | ...... | ...... | 8:27 | ...... | ...... | 9:17 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| ATLANTIC TERMINAL* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 6:05 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 7:55 | ...... | ...... | 8:34 | ...... | ...... | 9:24 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Kew Gardens | ...... | 12:54 | 1:04 | 1:14 | 1:41 | ...... | ...... | ...... | 4:46 | ...... | ...... | ...... | ...... | ...... | 7:03 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Forest Hills | ...... | 12:56 | 1:06 | 1:16 | 1:43 | ...... | ...... | ...... | 4:48 | ...... | ...... | ...... | ...... | ...... | 7:05 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Woodside | 12:50 | ...... | ...... | ...... | ...... | ...... | 3:04 | ...... | 4:53 | ...... | ...... | ...... | ...... | 6:58 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 9:25 | ...... | 10:15 | 10:38 | 11:17 | 11:39 | 12:17 | 12:40 | 1:17 | 1:39 | 2:17 |
| GRAND CENTRAL | ...... | 1:08 | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 5:48 | ...... | ...... | ...... | 7:09 | ...... | 7:27 | ...... | 7:40 | ...... | 8:07 | ...... | ...... | 8:40 | ...... | ...... | 9:36 | ...... | ...... | 10:49 | ...... | 11:50 | ...... | 12:50 | ...... | 1:50 | ...... |
| PENN STATION | 1:01 | ...... | 1:21 | 1:31 | 1:56 | 2:55 | 3:15 | 4:35 | 5:03 | ...... | ...... | 6:08 | 6:41 | ...... | 7:21 | ...... | 7:28 | ...... | ...... | ...... | 8:23 | ...... | ...... | 9:02 | ...... | ...... | 9:58 | 10:25 | ...... | 11:27 | ...... | 12:27 | ...... | 1:27 | ...... | 2:27 |
| | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | PM | PM | PM | PM | PM |
| Train # | 7599 | 701 | 7999 | 1501 | 703 | 705 | 1903 | 707 | 1507 | 709 | 1607 | 711 | 713 | 717 | 2501 | 719 | 1915 | 1613 | 721 | 2699 | 723 | 2601 | 725 | 2503 | 727 | 729 | 731 | 1525 | 737 | 1529 | 739 | 1533 | 741 | 1551 | 753 | 1555 |

| For explanation, see "Reference Notes." | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM |
| HEMPSTEAD | 2:04 | ...... | 2:57 | ...... | ...... | ...... | 3:56 | ...... | ...... | ...... | 5:00 | ...... | ...... | ...... | ...... | 6:03 | ...... | ...... | ...... | ...... | 7:09 | ...... | ...... | ...... | 7:52 | ...... | ...... | ...... | 8:48 | ...... | ...... | ...... | 9:59 | ...... | ...... | 10:55 | ...... |
| Country Life Press | 2:08 | ...... | 3:01 | ...... | ...... | ...... | 4:00 | ...... | ...... | ...... | 5:04 | ...... | ...... | ...... | ...... | 6:07 | ...... | ...... | ...... | ...... | 7:13 | ...... | ...... | ...... | 7:56 | ...... | ...... | ...... | 8:52 | ...... | ...... | ...... | 10:03 | ...... | ...... | 10:59 | ...... |
| Garden City | 2:11 | ...... | 3:04 | ...... | ...... | ...... | 4:03 | ...... | ...... | ...... | 5:07 | ...... | ...... | ...... | ...... | 6:10 | ...... | ...... | ...... | ...... | 7:16 | ...... | ...... | ...... | 7:59 | ...... | ...... | ...... | 8:55 | ...... | ...... | ...... | 10:06 | ...... | ...... | 11:02 | ...... |
| Nassau Boulevard | 2:13 | ...... | 3:06 | ...... | ...... | ...... | 4:05 | ...... | ...... | ...... | 5:09 | ...... | ...... | ...... | ...... | 6:12 | ...... | ...... | ...... | ...... | 7:18 | ...... | ...... | ...... | 8:01 | ...... | ...... | ...... | 8:58 | ...... | ...... | ...... | 10:08 | ...... | ...... | 11:04 | ...... |
| Stewart Manor | 2:16 | ...... | 3:09 | ...... | ...... | ...... | 4:08 | ...... | ...... | ...... | 5:12 | ...... | ...... | ...... | ...... | 6:15 | ...... | ...... | ...... | ...... | 7:21 | ...... | ...... | ...... | 8:04 | ...... | ...... | ...... | 9:01 | ...... | ...... | ...... | 10:11 | ...... | ...... | 11:07 | ...... |
| Floral Park | 2:19 | 2:59 | 3:12 | ...... | 3:56 | ...... | 4:11 | ...... | 4:53 | ...... | 5:15 | ...... | ...... | 5:48 | ...... | 6:18 | ...... | ...... | 6:56 | ...... | 7:24 | ...... | 8:03 | ...... | 8:07 | ...... | ...... | 8:55 | 9:05 | ...... | 9:53 | ...... | 10:14 | ...... | 10:58 | 11:10 | 11:53 |
| Bellerose | 2:21 | ...... | 3:14 | ...... | ...... | ...... | 4:13 | ...... | ...... | ...... | 5:17 | ...... | ...... | ...... | ...... | 6:20 | ...... | ...... | ...... | ...... | 7:26 | ...... | ...... | ...... | 8:09 | ...... | ...... | ...... | 9:08 | ...... | ...... | ...... | 10:16 | ...... | ...... | 11:12 | ...... |
| Elmont | 2:23 | ...... | 3:16 | ...... | ...... | ...... | 4:15 | ...... | ...... | 5:03 | 5:19 | 5:28 | 5:37 | 5:50 | 6:18 | 6:22 | 6:27 | 6:44 | 6:58 | 7:15 | 7:28 | 7:45 | 8:05 | 8:09 | 8:11 | 8:24 | 8:44 | 8:57 | 9:10 | 9:29 | 9:55 | 10:14 | 10:18 | 10:41 | 11:00 | 11:14 | 11:55 |
| Queens Village | 2:26 | ...... | 3:19 | 3:46 | ...... | ...... | 4:18 | ...... | ...... | 5:06 | 5:22 | ...... | ...... | 5:53 | ...... | 6:25 | ...... | ...... | ...... | ...... | 7:31 | ...... | ...... | ...... | 8:15 | ...... | ...... | ...... | 9:13 | ...... | ...... | ...... | 10:21 | ...... | ...... | 11:17 | ...... |
| Hollis | 2:29 | ...... | 3:22 | ...... | ...... | 4:14 | 4:21 | 4:48 | ...... | ...... | 5:25 | ...... | ...... | 5:55 | ...... | 6:28 | ...... | ...... | ...... | ...... | 7:34 | ...... | ...... | ...... | 8:17 | ...... | ...... | ...... | 9:15 | ...... | ...... | ...... | 10:24 | ...... | ...... | 11:19 | ...... |
| JAMAICA (Arrive) | 2:36 | 3:10 | 3:30 | 3:55 | 4:08 | 4:20 | 4:28 | 4:55 | 5:04 | 5:15 | 5:33 | 5:37 | 5:48 | 6:03 | 6:31 | 6:35 | 6:37 | 6:54 | 7:07 | 7:25 | 7:41 | 7:55 | 8:14 | 8:20 | 8:24 | 8:34 | 8:54 | 9:07 | 9:22 | 9:39 | 10:04 | 10:24 | 10:31 | 10:51 | 11:09 | 11:27 | 12:05 |
| JAMAICA (Leave) | 2:37 | 3:12 | 3:31 | 3:56 | 4:09 | 4:21 | 4:29 | 4:56 | 5:05 | 5:16 | 5:34 | 5:38 | 5:49 | 6:05 | 6:33 | 6:36 | 6:38 | 6:55 | 7:08 | 7:26 | 7:42 | 7:56 | 8:15 | 8:22 | 8:26 | 8:35 | 8:56 | 9:08 | 9:24 | 9:41 | 10:06 | 10:26 | 10:33 | 10:53 | 11:11 | 11:29 | 12:07 |
| East New York* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Nostrand Avenue* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| ATLANTIC TERMINAL* | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... |
| Kew Gardens | ...... | ...... | ...... | ...... | 4:12 | ...... | ...... | ...... | 5:08 | ...... | ...... | 5:42 | ...... | 6:09 | ...... | ...... | 6:42 | ...... | 7:12 | ...... | 7:46 | ...... | ...... | 8:25 | ...... | ...... | ...... | 9:12 | ...... | ...... | 10:10 | ...... | 10:37 | ...... | 11:15 | 11:33 | 12:11 |
| Forest Hills | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | ...... | 8:27 | ...... | ...... | ...... | 9:14 | ...... | ...... | 10:12 | ...... | 10:39 | ...... | 11:17 | 11:35 | 12:13 |
| Woodside | 2:46 | ...... | ...... | 4:05 | ...... | 4:30 | ...... | 5:04 | ...... | 5:25 | ...... | ...... | ...... | ...... | 6:42 | ...... | ...... | 7:03 | ...... | 7:35 | ...... | 8:04 | 8:24 | ...... | ...... | 8:45 | 9:04 | ...... | 9:32 | ...... | ...... | ...... | ...... | 11:02 | ...... | ...... | ...... |
| GRAND CENTRAL | 2:57 | ...... | 3:50 | 4:16 | ...... | ...... | 4:48 | 5:15 | ...... | ...... | ...... | 5:57 | ...... | ...... | ...... | 6:55 | 6:58 | 7:14 | ...... | ...... | 8:01 | 8:15 | ...... | ...... | 8:46 | ...... | ...... | ...... | 9:42 | ...... | ...... | ...... | 10:52 | ...... | ...... | 11:48 | ...... |
| PENN STATION | ...... | 3:32 | ...... | ...... | 4:28 | 4:41 | ...... | ...... | 5:24 | 5:36 | 5:54 | ...... | 6:08 | 6:24 | 6:53 | ...... | ...... | ...... | 7:28 | 7:45 | ...... | ...... | 8:35 | 8:41 | ...... | 8:56 | 9:16 | 9:28 | ...... | 10:01 | 10:27 | 10:45 | ...... | 11:12 | 11:31 | ...... | 12:28 |
| | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | AM |
| Train # | 755 | 1557 | 799 | 2055 | 1559 | 1961 | 757 | 2057 | 1561 | 1963 | 761 | 1661 | 1965 | 1563 | 1967 | 763 | 1663 | 2063 | 1571 | 1971 | 767 | 2065 | 1575 | 1975 | 769 | 1577 | 1977 | 1579 | 771 | 1581 | 1583 | 1585 | 773 | 1985 | 1587 | 775 | 1591 |

### To Hunterspoint Avenue & Long Island City
### Monday to Friday except Holidays

| Leave | | | Arrive | |
|---|---|---|---|---|
| Train # | Notes | Jamaica | HP Ave | LI City |
| **Morning Service** | | | | |
| 609 | Peak | 6:14 | 6:32 | 6:40 |
| 611 | Peak | 6:44 | 7:02 | 7:14 |
| 35 | Peak | 7:05 | 7:23 | 7:35 |
| 37 | Peak | 7:29 | 7:47 | 7:55 |
| 615 | Peak | 7:41 | 7:59 | ...... |
| 509 | Peak | 7:55 | 8:11 | ...... |
| 617 | Peak | 8:05 | 8:22 | 8:30 |
| 7 | Peak | 8:32 | 8:48 | 8:57 |
| 621 | Peak | 8:57 | 9:13 | ...... |
| 515 | Peak | 9:12 | 9:28 | 9:36 |

### From Long Island City & Hunterspoint Avenue
### Monday to Friday except Holidays

| Leave | | | | Arrive |
|---|---|---|---|---|
| Train # | Notes | LI City | HP Ave | Jamaica |
| **Afternoon and Evening Service** | | | | |
| 656 | | 3:15 | 3:30 | 3:46 |
| 558 | | ...... | 3:57 | 4:16 |
| 658 | Peak | ...... | 4:22 | 4:37 |
| 18 | Peak | ...... | 4:30 | 4:46 |
| 80 | Peak | 4:27 | 4:42 | 4:58 |
| 662 | Peak | 4:58 | 5:07 | 5:25 |
| 698 | Peak | 5:43 | 5:58 | 6:16 |
| 668 | Peak | ...... | 6:43 | 6:58 |
| 568 | Peak | 6:40 | 6:53 | 7:09 |

### Station Services: Connecting Transportation

| | Fare Zone | Bus | Taxi | Airport | Subway / Rail |
|---|---|---|---|---|---|
| PENN STATION | 1 | M7, M20, M34-SBS, M34A-SBS, Q32 | | | 1, 2, 3, A, C, E, Amtrak, NJ TRANSI |
| GRAND CENTRAL | 1 | M1, M2, M3, M4, M42, M101, M102, M103, Q32 | | | 4, 5, 6, 7, S, METRO-NORTH |
| Woodside | 1 | Q18, Q32, Q53-SBS, Q70-SBS | | LaGuardia Link Q70-SBS | 7 |
| Forest Hills | 1 | Q23, Q60, Q64, Q74 | | | E, F, M, R |
| Kew Gardens | 1 | Q10, Q80 | | Q10 | |
| HUNTERSPOINT AVE. | 1 | Q67 | | | 7 |
| ATLANTIC TERMINAL | 1 | B37, B41, B45, B63, B65, B67, B103 | | | 2, 3, 4, 5, B, D, N, Q, R |
| Nostrand Avenue | 1 | B25, B26, B44, B44-SBS, B49 | | | A, C |
| East New York | 1 | B12, B20, B25, B83, Q24, Q56 | | | A, C, J, Z, L |
| JAMAICA | 3 | Q1, Q6, Q8, Q9, Q20, Q24, Q25, Q30, Q31, Q40, Q41, Q43, Q44-SBS, Q54, Q56, Q60, Q65, Q75 | | AIRTRAIN | E, J, Z |
| Hollis | 3 | Q2, Q3, Q110 | (718) 479-7676 | Q3 | |
| Queens Village | 3 | Q27, Q36, Q88, Q110, n24 | (718) 479-7676 | | |
| Bellerose | 4 | | (516) 328-8888 | | |
| Floral Park | 4 | | (516) 328-8888 | | |
| Stewart Manor | 4 | n25 | (516) 354-3554 | | |
| Nassau Boulevard | 4 | | (516) 742-2222 | | |
| Garden City | 4 | | (516) 746-1542 | | |
| Country Life Press | 4 | | (516) 746-1542 | | |
| HEMPSTEAD | 4 | n6, n15, n16, n27, n31, n32, n35, n40/41, n48, n49, n54, n55, n70, Mercy Medical Shuttle | (516) 489-4460 | | |

### Reference Notes

| | |
|---|---|
| * | For complete service to/from Atlantic Terminal see the Atlantic Terminal - City Terminal Zone Timetable. |
| A | Leaves from track 3. |
| (No bicycles) | Bicycles are NOT permitted. Click HERE to visit the LIRR's Bicycle Policy Information webpage for complete and current details before planning your trip. *Restriction periods may vary depending on day of week holiday occurs. |
| Holidays | Weekend service will operate on New Year's Day, President's Day, Memorial Day, July 4th, Labor Day, Thanksgiving Day, and Christmas Day. Regular weekday service will operate on the day after Thanksgiving and Martin Luther King Jr. Day. Off peak fares will be accepted on all trains on these days. |
| PEAK AM | Off-peak tickets subject to additional charge. No bicycles are allowed on these trains. |
| PEAK PM | Off-peak tickets are subject to additional charge. At stations other than western terminals, train may leave up to three minutes early. Please allow sufficient time. No bicycles are allowed on these trains. |
| All Branches | On all branches, eastbound trains may depart stations east of Jamaica up to three minutes earlier than times shown. |
| West of Jamaica | At stations west of Jamaica, westbound trains may depart stations up to three minutes earlier than times shown. |

### Customer Service Center

Long Island Rail Road Schedule & Fare Info: .............. www.mta.info
24-hour automated Schedule & Fare information

**Call: 511 (Say "LIRR" at anytime)**

**Deaf/Hard of Hearing Customers:**
Use your preferred relay service provider or the free **711** relay to reach 511

**NYC SUBWAY AND BUS**
MTA New York City Transit, MTA Bus............................511

**BUS SERVICES:**
Nassau Inter-County Express........................................(516) 336-6600
Suffolk County Transit (Suffolk County Buses)..............(631) 852-5200
HART (Huntington Area Rapid Transit) .........................(631) HART-BUS
City of Long Beach Buses .............................................(516) 431-4445

**RAILROADS:**
Metro-North Railroad (New York City)...........................511
New Jersey Transit.........................................................(973) 275-5555
PATH (Port Authority Trans Hudson).............................(800) 234-PATH
AMTRAK.........................................................................(800) USA-RAIL

**FERRY SERVICES:**
Port Jefferson-Bridgeport Ferry.....................................(631) 473-0286

**VISITORS AND TOURISM:**
Long Island Convention & Visitors Bureau.....................(877) FUN-ON-LI

### Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only..............................................911
MTA Police ....................................................(212) 878-1001
MTA Inspector General Hotline ......................(800) MTA-IG4U

**Call 511 and say "LIRR", then:**

| DEPARTMENT | | HOURS |
|---|---|---|
| Schedule Information | Say "Schedules" | 24/7 |
| Fare Information | Say "Fares" | 24/7 |
| Mobile Ticketing | Say "Mobile Ticketing" | Daily, 6AM – 10 PM |
| Mail&Ride | Say "Mail and Ride" | Daily, 6AM – 10 PM |
| Group Travel and Getaways | Say "Group Travel" | M-F, 8 AM-4 PM |
| Lost & Found | Say "Lost & Found" | Daily, 6 AM – 10 PM |
| Refunds | Say "More Options" - "Ticket Refunds" | Daily, 6 AM – 10 PM |
| Ticket Machine Assistance | Say "More Options" - "Ticket Machines" | M-F, 6:30 AM-3:30 PM |
| Hamptons Reserve Service | Say "More Options" - "Hamptons Reserve" | Seasonal: May-Sept. |
| Comments & Concerns | Say "More Options" - "Public Affairs" | Daily, 6 AM - 10 PM |
| Corporate Offices or All Other Business | Say "More Options" - "Corporate Directory" | M-F, 9 AM-5 PM |


Long Island Rail Road
Jamaica Station
Jamaica, NY 11435


### Title VI Statement

The LIRR is committed to ensuring that no person is excluded from participation in, denied the benefits of, or otherwise subjected to, discrimination in our programs, services, or activities on the basis of race, color, or national origin (including limited English proficiency) as protected by Title VI of the Civil Rights Act of 1964, and age, sex, disability, or religion as protected by other Federal Transit Laws, (49 U.S.C. § 5332). For more information or to file a complaint, visit www.mta.info/transparency/title-vi/notice-to-public or contact MTA Long Island Rail Road, Diversity and Equal Opportunity Division, 93-02 Sutphin Boulevard, Jamaica, NY 11435, (718)558-7351.

A complainant may also file a complaint directly with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights Complaint Team, East Building, 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590

### Responsibility

**Assaulting**
MTA Long Island Rail Road Train Crew Members is a felony punishable by up to **7** years in prison.
New York State Penal Code 120.05

The Long Island Rail Road cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections or for changes in or shortage of equipment. The sale of any ticket includes no assurance of a seat on a particular train. The schedules shown in this timetable are subject to change without notice.

## Saturday, Sunday and Holidays, Effective March 23, 2026 - May 17, 2026

**Eastbound**

**To Hempstead**

**Weekends & Holidays**

See the TrainTime app for complete service west of Jamaica as well as transfer options.

For explanation, see "Reference Notes."

| | AM | AM | AM