

Saturday, Sunday and Holidays, Effective May 11, 2026 - September 7, 2026

Eastbound

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	Sat. Only	Sun. Only							
PENN STATION	J 5:54	J 6:53	J 9:54	J 10:54	J 11:43	J 11:58		
GRAND CENTRAL	J 5:35	J 6:48	7:55	8:56	9:54	10:56	11:56	12:56	1:56	2:56	3:56	4:56	5:56	6:56	7:56	8:56	J 9:39	J 10:48	J 11:39	J 11:48	
Woodside
Forest Hills	8:10	9:11	10:09	11:11	12:11	1:11	2:11	3:11	4:11	5:11	6:11	7:11	8:11	9:11
Kew Gardens	8:12	9:13	10:11	11:13	12:13	1:13	2:13	3:13	4:13	5:13	6:13	7:13	8:13	9:13
ATLANTIC TERMINAL
Nostrand Avenue
East New York
JAMAICA (Arrive)	6:14	7:14	8:16	9:17	10:15	11:17	12:17	1:17	2:17	3:17	4:17	5:17	6:17	7:17	8:17	9:17	10:14	11:14	12:04	12:18	
JAMAICA (Leave)	6:19	7:19	8:18	9:19	10:17	11:19	12:19	1:19	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	11:19	12:09	12:22	
St. Albans	6:25	7:25	8:24	9:25	10:23	11:25	12:25	1:25	2:26	3:25	4:25	5:25	6:25	7:25	8:25	9:25	10:25	11:25	12:15	12:28	
Westwood	6:35	7:35	8:34	9:35	10:33	11:35	12:35	1:35	2:36	3:35	4:35	5:35	6:36	7:36	8:35	9:36	10:36	11:35	12:25	12:38	
Malverne	6:37	7:37	8:36	9:37	10:35	11:37	12:37	1:37	2:38	3:37	4:37	5:37	6:38	7:38	8:37	9:38	10:38	11:37	12:27	12:40	
Lakeview	6:39	7:39	8:38	9:39	10:37	11:39	12:39	1:39	2:40	3:39	4:39	5:39	6:40	7:40	8:39	9:40	10:40	11:39	12:29	12:42	
Hempstead Gardens	6:41	7:41	8:40	9:41	10:39	11:41	12:41	1:41	2:42	3:41	4:41	5:41	6:42	7:42	8:41	9:42	10:42	11:41	12:31	12:44	
WEST HEMPSTEAD	6:46	7:46	8:45	9:46	10:44	11:46	12:46	1:46	2:47	3:46	4:46	5:46	6:47	7:47	8:46	9:47	10:47	11:46	12:36	12:49	
Train #	AM	AM	AM	AM	AM	AM	PM	PM	PM	AM	AM										
	7708	7710	7712	7714	7716	7718	7720	7750	7752	7754	7756	7758	7760	7762	7764	7766	7768	7770	7702	1702	

To West Hempstead

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Saturday, Sunday and Holidays, Effective May 11, 2026 - September 7, 2026

Westbound

For explanation, see "Reference Notes."	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM									
WEST HEMPSTEAD	6:02	7:02	8:02	9:02	10:02	11:02	12:02	1:02	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02	11:02	11:58		
Hempstead Gardens	6:05	7:05	8:05	9:05	10:05	11:05	12:05	1:05	2:05	3:05	4:05	5:05	6:05	7:05	8:05	9:05	10:05	11:05	12:01		
Lakeview	6:07	7:07	8:07	9:07	10:07	11:07	12:07	1:07	2:07	3:07	4:07	5:07	6:07	7:07	8:07	9:07	10:07	11:07	12:03		
Malverne	6:09	7:09	8:09	9:09	10:09	11:09	12:09	1:09	2:09	3:09	4:09	5:09	6:09	7:09	8:09	9:09	10:09	11:09	12:05		
Westwood	6:12	7:12	8:12	9:12	10:12	11:12	12:12	1:12	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12	11:12	12:08		
St. Albans	6:23	7:23	8:23	9:23	10:23	11:23	12:23	1:23	2:23	3:23	4:23	5:23	6:23	7:23	8:23	9:23	10:23	11:23	12:19		
JAMAICA (Arrive)	6:29	7:29	8:29	9:29	10:29	11:29	12:29	1:29	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:29	11:29	12:25		
JAMAICA (Leave)	6:33	7:31	8:31	9:31	10:31	11:31	12:31	1:31	2:31	3:31	4:31	5:31	6:31	7:31	8:31	9:34	10:34	11:34	12:37		
East New York
Nostrand Avenue
ATLANTIC TERMINAL
Kew Gardens
Forest Hills
Woodside
GRAND CENTRAL	J 7:04	7:51	8:51	9:51	10:51	11:51	12:50	1:51	2:51	3:51	4:51	5:51	6:51	7:51	8:51	J 10:07	J 11:04	J 12:04	J 1:08		
PENN STATION	J 6:52	J 9:54	J 10:54	J 11:54	J 12:58		
Train #	AM	AM	AM	AM	AM	AM	PM	PM	PM	AM	AM										
	7705	7709	7711	7713	7715	7717	7719	7751	7753	7755	7757	7759	7761	7763	7765	7767	7769	7771	7773		

To Penn Station, Grand Central Brooklyn* & Jamaica

Weekends & Holidays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Ticket Types

One Way
Good for one ride from time of purchase until 4 A.M. the next day. Sold for: **Peak** - Valid on all trains.
Off Peak - Additional fare payable to the conductor if used on weekday trains marked Peak AM or PM herein.

Day Pass
Good for unlimited rides within the ticketed zones from time of purchase until 4 A.M. the next day.
Lower prices on Saturdays, Sundays, and Holidays.

Weekly
Unlimited rides Saturday through Friday. On sale the Wednesday before the Saturday that the ticket becomes valid. Non-transferable.

Monthly
Unlimited rides during the calendar month indicated on the ticket. On sale starting on the 25th of the month prior. Non-transferable.

Senior/People with Disabilities and Medicare Customers
Save 50% off the one way peak fare. Valid from time of purchase until 4 A.M. the next day.
Seniors must be 65 or older.
Valid ID must be presented when buying and using tickets.

Family Fare
Children aged 5-17 can ride for \$1 when accompanied by a fare-paying adult. Up to four children may ride for a dollar each with one adult. A 5th child or any additional children would have to purchase a child ticket fare.

Children's Fare
Children under 5 ride free.
Children ages five (5) through eleven (11) traveling alone, and children in excess of four per adult, will pay the One-Way Half fare (peak or off-peak), as applicable.
Unaccompanied children ages 12-17 will pay the adult fare.

Refunds
Refunds are only available on monthly and weekly tickets, and are subject to a \$10 processing fee per transaction. The cost of two rides per day will be deducted for each day the ticket was in your possession.
USPS postmark or time-stamp on application (if submitted at a Ticket window) used as turn-in date.
Mail to: LIRR Ticket Refunds Department, Jamaica Station-MC 1410, Jamaica, New York 11435

On Board The Train
Onboard ticket sales cost up to \$8.50 more. Train crews must charge the higher on board fare and are not authorized to waive this rule. If an issue arises, pay the requested fare, obtain receipt, and contact us.

Other Ticket Types
See **Tickets & Fares** brochure, our website or call 511 for details & other types: CityTicket, Monthly School, Group Rates, Deals & Getaways, etc.

UNITICKETS (COMBINATION RAIL/BUS TICKETS)
The following discounted bus options are available with the purchase of LIRR Monthly or Weekly tickets:

Bus Operator	Monthly	Weekly
NICE (Nassau Inter-County Express)	\$62.25	\$14.50
Long Beach - All Buses	\$30.00	Not Available
NYCT - Q5, Q12, Q13, Q15, Q16, Q17, Q20, Q26, Q27, Q28, Q31, Q44, Q48, Q85 (at Rosedale, Bayside & Flushing LIRR Stations only)	\$50.75	\$12.50
MTA Bus - Q19, Q25, Q34, Q50, Q65, Q66 (at Flushing LIRR Station only)		

Your Safety Is Our Top Priority!

Help us make your trip safer!

- Step over the gap between the train and platform when boarding and exiting.
- Never stand at the edge of a platform, or lean over a platform to see if your train is coming.
- Please safeguard your property, including your electronic devices.
- Never attempt to retrieve something from the track area. If you drop something onto the tracks, notify a LIRR employee for assistance.
- Never lean against standing trains.
- Be extra careful in the winter, especially if ice forms on stairs and platforms.
- Obey posted instructions if the platform is undergoing rehabilitation.

Before Boarding Your Train

Station platforms are accessible to mobility-impaired customers. Please inform the conductor if you need assistance on and off trains. Penn Station is accessible through the 34th Street entrance near 7th Avenue and the 33rd Street entrance at 8th Avenue.

Ticket purchases on board trains will cost more. To save money, buy before boarding at ticket offices and machines.

Westbound PEAK AM electric trains displaying white and red headlights simultaneously are short of cars. If red lights appear, you may need to reposition yourself on the platform to board.

The LIRR is a smoke-free public transportation system. Smoking is prohibited at all times on all trains; in all waiting rooms, elevators, staircases and enclosed waiting areas; and in outdoor ticketing, boarding and platform areas of terminals and stations.

On Your Train

Please make sure that your ticket is available for immediate presentation to the conductor. If you change seats or trains en route, hold on to your ticket for presentation to avoid paying an additional fare. On trains that stop at Jamaica, tickets are inspected both before and after the Jamaica stop.

Quiet Cars® are available on weekday AM Peak (FIRST CAR) and PM Peak (LAST CAR) single-level electric trains to/from Penn Station, Grand Central and Atlantic Terminal. Customers should disable the sound on electronic devices; use headphones at a low volume; speak in a subdued voice; refrain from talking on cell phones. *Quiet Car is the registered service mark of the National Railroad Passenger Corporation (Amtrak) and is being used by permission.*

Most LIRR trains have restrooms in every other car. These are always the odd-numbered cars. Check the car number on the outside or the inside of the car to locate a restroom-equipped car.

Luggage should be stored in overhead racks and not take up seat space or block the aisles or doorways of trains. Luggage may not be left unattended. Bags and containers are subject to random search by MTA police.

At Your Destination

Please carefully check to ensure you do not leave anything behind. Should you forget something, our Lost & Found Office in Penn Station will be happy to help. Open weekdays 7:20 AM - 7:20 PM or call 511 (Say "LIRR" then "Lost & Found").

Please help us keep our trains clean by taking coffee cups, paper bags or other disposable items and depositing them in the receptacles on the station platform.

Fares to and from New York and Brooklyn

Between	And Zone	Monthly	Weekly	PEAK One Way	Off Peak One Way	Senior One Way	Day Pass-Weekday	Day Pass-Weekend	Onboard Peak One Way	Onboard Off Peak One Way
Zone 1	1	\$172.50	\$67.75	\$7.25	\$5.25	\$3.50	\$14.50	\$10.50	\$15.00	\$13.00
New York	3	\$107.00	\$41.50	\$7.25	\$5.25	\$3.50	\$14.50	\$10.50	\$15.00	\$13.00
Brooklyn	4	\$64.25	\$24.00	\$3.50	\$10.00	\$6.75	\$24.25	\$20.00	\$22.00	\$18.00
L.I. City	7	\$299.75	\$106.50	\$15.25	\$11.25	\$7.50	\$27.50	\$22.50	\$23.00	\$19.00
Hunterspoint	9	\$56.50	\$26.75	\$8.25	\$3.50	\$9.00	\$32.75	\$27.00	\$6.00	\$22.00
Woodside	10	\$394.50	\$140.25	\$21.50	\$16.00	\$10.75	\$38.75	\$32.00	\$30.00	\$24.00
Forest Hills	12	\$462.00	\$160.75	\$25.50	\$18.75	\$12.75	\$46.00	\$37.50	\$34.00	\$27.00
Kew Gardens	14	\$487.75	\$173.50	\$33.00	\$24.50	\$16.50	\$59.50	\$49.00	\$41.00	\$33.00

Buy Before Boarding
Save Money on Tickets



Buy your tickets directly from your mobile device using TrainTime. Download the free App today!

Customer Service Center

Long Island Rail Road Schedule & Fare Info: www.mta.info
24-hour automated Schedule & Fare information
Call: 511 (Say "LIRR" at anytime)

Deaf/Hard of Hearing Customers:
Use your preferred relay service provider or the free 711 relay to reach 511

NYC SUBWAY AND BUS
MTA New York City Transit, MTA Bus 511

BUS SERVICES:
Nassau Inter-County Express (516) 336-6600
Suffolk County Transit (Suffolk County Buses) (631) 852-5200
HART (Huntington Area Rapid Transit) (631) HART-BUS
City of Long Beach Buses (516) 431-4445

RAILROADS:
Metro-North Railroad (New York City) 511
New Jersey Transit (973) 275-5555
PATH (Port Authority Trans Hudson) (800) 234-PATH
AMTRAK (800) USA-RAIL

FERRY SERVICES:
Port Jefferson-Bridgeport Ferry (631) 473-0286

VISITORS AND TOURISM:
Long Island Convention & Visitors Bureau (877) FUN-ON-LI

Helpful Phone Numbers

To Report Vandalism or get Emergency Assistance
Emergency only 911
MTA Police (212) 878-1001
MTA Inspector General Hotline (800) MTA-IG4U

Call 511 and say "LIRR", then:

DEPARTMENT	HOURS
Schedule Information	Say "Schedules" 24/7
Fare Information	Say "Fares" 24/7
Mobile Ticketing	Say "Mobile Ticketing" Daily, 6AM - 10 PM
Mail&Ride	Say "Mail and Ride" Daily, 6AM - 10 PM
Group Travel and Getaways	Say "Group Travel" M-F, 8 AM-4 PM
Lost & Found	Say "Lost & Found" Daily, 6 AM - 10 PM
Refunds	Say "More Options" - "Ticket Refunds" Daily, 6 AM - 10 PM
Ticket Machine Assistance	Say "More Options" - "Ticket Machines" M-F, 6:30 AM-3:30 PM
Hamptons Reserve Service	Say "More Options" - "Hamptons Reserve" Seasonal: May-Sept
Comments & Concerns	Say "More Options" - "Public Affairs" Daily, 6 AM-10 PM
Corporate Offices or All Other Business	Say "More Options" - "Corporate Directory" M-F, 9 AM-5 PM