

Grand Central
New York City

Harlem – 125th St

South Norwalk

Merritt 7

Wilton

Cannondale

Branchville

Redding

Bethel

Danbury

Schedule Links**Monday – Friday**
[To Grand Central](#)[To Danbury](#)**Saturday & Sunday**
[To Grand Central](#)[To Danbury](#)**Other New Haven Line PDFs**[New Haven Line – Main Line Schedule](#)[New Canaan Branch Schedule](#)[Waterbury Branch Schedule](#)**Key**

- A** – [Amtrak](#) connection
- C** – **Change trains** to continue your trip
- D** – **Discharges** customers only
- H** – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown
- R** – **Receives** customers only
-  – [UniTicket](#) (*combined monthly rail/bus ticket*) is available for bus service between train station and residential area or worksites
-  – [Airport connecting service](#)
-  – Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
-  – Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

See information on [ADA accommodations](#)

General Info**Peak tickets are required on trains that:**

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. [Must present proper ID.](#)

[See details](#)

BicyclesVisit our website at [mta.info](#) for our [full bike policy](#). **Bicycles NOT permitted on:**

- inbound AM peak trains
- outbound PM peak trains
- on trains with the NO BIKE symbol
- or on some holidays

Weekday off-peak trainsunless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.**Weekend off-peak trains**allow a maximum 8 bicycles per train:
no more than 2 bicycles per car. – **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol. – **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.**Useful links**[mta.info/mnr](#)[mta.info/schedules](#)[mta.info](#)**Download the TrainTime App**

2026 Holidays	Schedule
1/1 New Year's Day.....	Special
1/19 M.L.King Jr. Day.....	Saturday + Extras
2/16 Presidents Day	Saturday
5/25 Memorial Day	Sunday
7/4 Independence Day	Sunday
9/7 Labor Day	Sunday
11/26 Thanksgiving Day.....	Special
11/27 Friday after Thanksgiving.....	Saturday + Extras
12/24 Christmas Eve.....	<i>Friday</i>
12/25 Christmas Day	Hourly
12/31 New Year's Eve.....	Special

More Details on:[Ticket Information](#)[Contact Information](#)[Connecting Services](#)

MILES	TO NEW YORK	AM PEAK			M-Th	Fr	OFF-PEAK			No Bikes						
		1811	1819	1831	1837	1837	1841	1849	1855	1861	1867	1875	1881	1889	1897	
1437					1437	3539										
65	Danbury	AM	AM	AM	PM	PM	PM	PM	PM							
62	Bethel	5 28	6 12	6 50	C 7 28	C 7 28	7 51	C 9 03	C 10 30	C 12 03	C 1 27	C 3 27	C 5 18	C 6 45	C 10 32	
58	Redding	5 34	6 18	6 56	C 7 33	C 7 33	7 57	C 9 08	C 10 35	C 12 08	C 1 32	C 3 32	C 5 23	C 6 50	C 10 37	
54	Branchville	5 42	6 26	7 04	C 7 41	C 7 41	8 05	C 9 16	C 10 43	C 12 16	C 1 40	C 3 40	C 5 32	C 7 03	C 10 45	
50	Cannondale	5 51	6 35	7 13	C 7 49	C 7 49	8 14	C 9 24	C 10 51	C 12 24	C 1 48	C 3 48	C 5 39	C 7 23	C 10 53	
49	Wilton	5 58	6 41	7 20	C 7 55	C 7 55	8 21	C 9 29	C 10 56	C 12 29	C 1 54	C 3 54	C 5 45	C 7 29	C 10 58	
45	Merritt 7	6 02	6 45	7 24	C 7 59	C 7 59	8 25	C 9 34	C 11 01	C 12 34	C 1 57	C 3 57	C 5 50	C 7 35	C 11 02	
41	South Norwalk Ar.	6 08	6 52	7 30	C 8 04	C 8 04	8 31	C 9 41	C 11 08	C 12 41	C 2 03	C 4 03	C 5 56	C 7 46	C 11 09	
41	South Norwalk Lv.	6 23	7 04	7 43				C 8 21	C 8 21							
33	Stamford Ar.				8 28	8 33	8 45	C 9 56	11 39	1 12	2 39	4 32	6 14	C 8 01	11 38	
33	Stamford Lv.						9 03	C 10 12						C 8 20		
4	Harlem - 125th St.						8 45	8 49	10 28	11 57	1 27	2 57	4 50	6 29	8 30	11 56
0	Grand Central	7 19	D 7 54	D 8 36	D 9 25	D 9 29	D 9 43	D 11 08	D 12 40	D 2 10	D 3 43	D 5 39	D 7 13	D 9 30	D 12 40	
0	Grand Central	7 32 AM	8 08 AM	8 49 AM	9 38 AM	9 43 AM	9 55 AM	11 23 AM	12 52 PM	2 22 PM	3 54 PM	5 53 PM	7 26 PM	9 42 PM	12 52 AM	

MILES	TO DANBURY	AM PEAK		OFF-PEAK			No Bikes	PM PEAK			OFF-PEAK				
		1506	1512	1416	1522	1530	1538	1544	1848	1860	1868	1574	1882	1594	
1806		1806	1812	1816	1822	1830	1838	1844					1874		1894
0	Grand Central	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
4	Harlem - 125th St.	6 16	8 02	9 35	11 04	1 04	3 05	4 13	5 07	5 53	6 17	6 55	8 01	11 28	
33	Stamford Ar.												R 7 05	R 8 11	R 11 38
33	Stamford Lv.	7 09	8 55	10 28	11 55	1 55	3 54	C 5 18		6 41		7 44	8 52	12 16	
41	South Norwalk Ar.	7 25	9 10	10 40	12 11	2 10	4 09	5 30					7 59		12 31
41	South Norwalk Lv.	C 7 32	C 9 16	C 10 44	C 12 17	C 2 15	C 4 15	C 5 30	6 14	6 52	7 23	C 8 05	9 10	C 12 35	
45	Merritt 7	C 7 48	C 9 28	C 10 55	C 12 27	C 2 26	C 4 25	C 5 41	6 25	7 03	7 34	C 8 15	9 21	C 12 45	
49	Wilton	C 7 56	C 9 35	C 11 01	C 12 33	C 2 32	C 4 31	C 5 48	6 32	7 10	7 41	C 8 21	9 27	C 12 51	
50	Cannondale	C 8 02	C 9 40	C 11 05	C 12 37	C 2 36	C 4 35	C 5 53	6 35	7 13	7 44	C 8 24	9 31	C 12 55	
54	Branchville	C 8 08	C 9 46	C 11 11	C 12 43	C 2 42	C 4 41	C 6 00	6 42	7 20	7 51	C 8 30	9 38	C 1 01	
58	Redding	C 8 20	C 9 54	C 11 19	C 12 51	C 2 50	C 4 49	C 6 08	6 50	7 28	7 59	C 8 38	9 46	C 1 09	
62	Bethel	C 8 27	C 10 01	C 11 26	C 12 58	C 2 57	C 4 56	C 6 14	6 58	7 36	8 07	C 8 45	9 54	C 1 16	
65	Danbury	C 8 40	C 10 10	C 11 37	C 1 09	C 3 08	C 5 07	C 6 30	7 14	7 51	8 22	C 8 55	10 10	C 1 29	
		AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	

MILES	TO NEW YORK	HL						
		3809	6813	6825	6837	6849	6861	6873
65	Danbury	AM 6 08	AM C 7 33	AM C 10 33	PM C 1 33	PM C 4 33	PM C 7 33	PM C 11 25
62	Bethel	AM 6 14	AM C 7 40	AM C 10 40	PM C 1 40	PM C 4 40	PM C 7 40	PM C 11 32
58	Redding	AM 6 22	AM C 7 48	AM C 10 48	PM C 1 48	PM C 4 48	PM C 7 48	PM C 11 40
54	Branchville	AM 6 31	AM C 7 56	AM C 10 56	PM C 1 56	PM C 4 56	PM C 7 56	PM C 11 48
50	Cannondale	AM 6 37	AM C 8 02	AM C 11 02	PM C 2 02	PM C 5 02	PM C 8 02	PM C 11 54
49	Wilton	AM 6 41	AM C 8 06	AM C 11 06	PM C 2 06	PM C 5 06	PM C 8 06	PM C 11 58
45	Merritt 7	AM 6 48	AM C 8 11	AM C 11 11	PM C 2 11	PM C 5 11	PM C 8 11	PM C 12 03
41	South Norwalk Ar.	AM 7 03	AM C 8 26	AM C 11 26	PM C 2 26	PM C 5 28	PM C 8 26	PM C 12 18
41	South Norwalk Lv.	AM 7 03	AM 8 33	AM 11 33	PM 2 33	PM 5 33	PM 8 33	PM 12 33
33	Stamford	AM 7 22	AM 8 51	AM 11 51	PM 2 51	PM 5 51	PM 8 51	PM 12 51
4	Harlem - 125th St.	AM D 8 06	AM D 9 35	AM D 12 34	PM D 3 34	PM D 6 35	PM D 9 34	PM D 1 34
0	Grand Central	AM 8 17	AM 9 48	AM 12 46	PM 3 46	PM 6 47	PM 9 46	PM 1 46
		AM	AM	PM	PM	PM	AM	

HL
Operates
11/28/25
&
1/19/26
only

MILES	TO DANBURY	HL				HL			
		6510	6522	6534	3840	6546	6556	6562	6570
		6810	6822	6834	3840	6846	3856	6862	6870
0	Grand Central	AM 8 02	AM 11 02	PM 2 02	PM 3 45	PM 5 02	PM 7 34	PM 9 02	PM 11 28
4	Harlem - 125th St.	AM R 8 12	AM R 11 12	PM R 2 12	PM R 3 56	PM R 5 12	PM R 7 44	PM R 9 12	PM R 11 38
33	Stamford	AM 8 55	AM 11 54	PM 2 54	PM 4 35	PM 5 54	PM 8 26	PM 9 54	PM 12 16
41	South Norwalk Ar.	AM 9 12	AM 12 11	PM 3 11	PM 6 11	PM 8 39	PM 10 11	PM 12 31	
41	South Norwalk Lv.	AM C 9 19	AM C 12 17	PM C 3 17	PM 4 48	PM C 6 17	PM C 8 45	PM C 10 17	PM C 12 35
45	Merritt 7	AM C 9 29	AM C 12 27	PM C 3 27	PM 4 59	PM C 6 27	PM C 8 55	PM C 10 27	PM C 12 45
49	Wilton	AM C 9 35	AM C 12 33	PM C 3 33	PM 5 06	PM C 6 33	PM C 9 01	PM C 10 33	PM C 12 51
50	Cannondale	AM C 9 39	AM C 12 37	PM C 3 37	PM 5 10	PM C 6 37	PM C 9 05	PM C 10 37	PM C 12 55
54	Branchville	AM C 9 45	AM C 12 43	PM C 3 43	PM 5 17	PM C 6 43	PM C 9 11	PM C 10 43	PM C 1 01
58	Redding	AM C 9 53	AM C 12 51	PM C 3 51	PM 5 25	PM C 6 51	PM C 9 19	PM C 10 51	PM C 1 09
62	Bethel	AM C 10 00	AM C 12 58	PM C 3 58	PM 5 33	PM C 6 58	PM C 9 26	PM C 10 58	PM C 1 16
65	Danbury	AM C 10 13	AM C 11 11	PM C 4 11	PM 5 48	PM C 7 11	PM C 9 39	PM C 11 11	PM C 1 29
		AM	PM	PM	PM	PM	PM	AM	

HL
Operates
11/28/25 & 1/19/26 only

**Ticket info****Buy Tickets before boarding to avoid the onboard surcharge**

You will be charged an additional fee if a ticket vending machine or ticket office is available at your boarding station.

Surcharge does not apply to senior citizens or passengers with disabilities

RESPONSIBILITY –

Metro-North Railroad cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules in this timetable are subject to change without notice.

Title VI Statement:

MTA Metro-North Railroad is committed to providing nondiscriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit mta.info or contact:

MTA Metro-North Railroad

Office of Diversity &
Equal Employment Opportunity,
420 Lexington Avenue, 12th Fl.,
New York, NY 10170,
or call 511.

In addition to your right to file a complaint with Metro-North Railroad, you have the right to file a Title VI complaint with the Federal Transit Administration, Office of Civil Rights, Attention: Complaint Team, East Building 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590.

Contact Information**MTA Metro-North Railroad**mta.info/mnr

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Daily 6AM – 10PM/Automated info 24/7 511

Outside New York State 877-690-5114

Deaf/Hard of Hearing – Use your preferred relay service provider or the free 711 relay to reach 511

MTA Long Island Rail Road 511

MTA New York City Transit
Subway & Bus Information 511

MTA Police 212-878-1001

MTA PD Emergency Only 888-MTA-911PD

MTA Inspector General Hotline 800-MTA-IG4U
(800-682-4448)

Other Transit Information

Amtrak 800-872-7245

CT Transit cttransit.com

Coach USA 866-912-6224

GO Airlink 212-812-9000

Greater Bridgeport Transit 203-333-3031
gogbt.com

HarTransit 203-744-4070
hartransit.com

LAZ Parking 888-682-PARK
(888-682-7275)

Norwalk Transit 203-852-0000
norwalktransit.com

Shoreline East 1-877-287-4337
shorelineeast.com

Westchester Bee-Line 914-813-7777
westchestergov.com

Connecting Services**New York City Transit Subway & Buses**

Grand Central Terminal 4 5 6 7 S

42 St.: **M42**

Lexington Av: **M101, M102, M103**

Madison Av: **M1, M2, M3, M4**

Harlem-125th Street 4 5 6

125 St: **SBS M60** to Laguardia Airport, **M125, M101**

Lexington Av: **M101, M103**

Long Island Rail Road

Grand Central Madison

511

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511

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