



Metro-North Railroad Hudson Line

As of March 29, 2026

| | | | | | | | | |
|--------------------------------|-----------------------|-----------|--------------------|----------------|-----------|-----------------|-------------|--------------|
| Grand Central New York City | Yankees – E. 153rd St | Ludlow | Hastings-on-Hudson | Tarrytown | Cortlandt | Manitou | Beacon | Poughkeepsie |
| Harlem – 125th Street | Morris Heights | Yonkers | Dobbs Ferry | Philipse Manor | Peekskill | Garrison | New Hamburg | |
| | University Heights | Glenwood | Ardsley-on-Hudson | Scarborough | | Cold Spring | | |
| | Marble Hill | Greystone | Irvington | Ossining | | Breakneck Ridge | | |
| | Spuyten Duyvil | | | Croton-Harmon | | | | |
| | Riverdale | | | | | | | |

Schedule Links

Monday – Friday

[To Grand Central AM Peak & Mornings](#) 4 AM – 12 Noon

[To Grand Central Afternoons & Nights](#) 12 Noon – 12 Midnight

[To Poughkeepsie AM Peak & Mornings](#) 5 AM – 12 Noon

[To Poughkeepsie Afternoons, PM Peak & Nights](#)

12 Noon – 2 AM

Saturday & Sunday

[To Grand Central](#)

[To Poughkeepsie](#)

[See information on ADA accommodations](#)

Useful links

mta.info/mnr
mta.info/schedules
mta.info

Download the TrainTime App



Key

- A** – [Amtrak](#) connection.
- C** – **Change trains** to continue your trip.
- D** – **Discharges** customers only.
- H** – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown.
- R** – **Receives** customers only.
- G** – [511NY Rideshare Guaranteed Ride Program](#) *Sponsored by NYSDOT.*
- **UniTicket** (*combined monthly rail/bus ticket*) is available for bus service between train station and residential area or worksites.
- Ferry connection.
- [Airport connecting service.](#)
- Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
- Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

2026 Holidays

| | | |
|-------|--|-------------------|
| 1/1 | New Year's Day..... | Special |
| 1/19 | M.L.King Jr. Day..... | Saturday + Extras |
| 2/16 | Presidents Day..... | Saturday |
| 5/25 | Memorial Day..... | Sunday |
| 7/3 | Independence Day <i>Observed</i> | Sunday |
| 7/4 | Independence Day..... | Saturday |
| 9/7 | Labor Day..... | Sunday |
| 11/26 | Thanksgiving Day..... | Special |
| 11/27 | Friday after Thanksgiving..... | Saturday + Extras |
| 12/24 | Christmas Eve..... | <i>Friday</i> |
| 12/25 | Christmas Day..... | Hourly |
| 12/31 | New Year's Eve..... | Special |

Schedule

General Info

Peak tickets are required on trains that:

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. **Must present proper ID.** [See details](#)

Bicycles

Visit our website at mta.info for our [full bike policy.](#)

- **Bicycles NOT permitted** on:
 - inbound AM peak trains
 - on trains with the NO BIKE symbol
 - outbound PM peak trains
 - or on some holidays

Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains

allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.

- **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol.

- **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

More Details on:

[Ticket Information](#)

[Contact Information](#)

[Connecting Services](#)

| MILES | TO NEW YORK | OFF-PEAK | | | | | | | | | | | | | | | AM PEAK | | | | | | | | | | | | | | | (BICYCLES NOT PERMITTED ON PEAK TRAINS) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | 700 | 802 | 702 | 806 | 704 | 810 | 708 | 814 | 710 | 818 | 712 | 824 | 714 | 830 | 716 | 836 | 718 | 842 | 720 | 848 | 724 | 854 | 728 | 860 | 732 | 866 | 736 | 872 | 740 | 878 | 744 | 884 | 748 | 890 | 752 | 896 | 756 | 902 | 760 | 908 | 764 | 914 | 768 | 920 | 772 | 926 | 776 | 932 | 780 | 938 | 784 | 944 | 788 | 950 | 792 | 956 | 796 | 962 | 800 | 968 | 804 | 974 | 808 | 980 | 812 | 986 | 816 | 992 | 820 | 998 | 824 | 1004 | 828 | 1010 | 832 | 1016 | 836 | 1022 | 840 | 1028 | 844 | 1034 | 848 | 1040 | 852 | 1046 | 856 | 1052 | 860 | 1058 | 864 | 1064 | 868 | 1070 | 872 | 1076 | 876 | 1082 | 880 | 1088 | 884 | 1094 | 888 | 1100 | 892 | 1106 | 896 | 1112 | 900 | 1118 | 904 | 1124 | 908 | 1130 | 912 | 1136 | 916 | 1142 | 920 | 1148 | 924 | 1154 | 928 | 1160 | 932 | 1166 | 936 | 1172 | 940 | 1178 | 944 | 1184 | 948 | 1190 | 952 | 1196 | 956 | 1202 | 960 | 1208 | 964 | 1214 | 968 | 1220 | 972 | 1226 | 976 | 1232 | 980 | 1238 | 984 | 1244 | 988 | 1250 | 992 | 1256 | 996 | 1262 | 1000 | 1268 | 1004 | 1274 | 1008 | 1280 | 1012 | 1286 | 1016 | 1292 | 1020 | 1298 | 1024 | 1304 | 1028 | 1310 | 1032 | 1316 | 1036 | 1322 | 1040 | 1328 | 1044 | 1334 | 1048 | 1340 | 1052 | 1346 | 1056 | 1352 | 1060 | 1358 | 1064 | 1364 | 1068 | 1370 | 1072 | 1376 | 1076 | 1382 | 1080 | 1388 | 1084 | 1394 | 1088 | 1400 | 1092 | 1406 | 1096 | 1412 | 1100 | 1418 | 1104 | 1424 | 1108 | 1430 | 1112 | 1436 | 1116 | 1442 | 1120 | 1448 | 1124 | 1454 | 1128 | 1460 | 1132 | 1466 | 1136 | 1472 | 1140 | 1478 | 1144 | 1484 | 1148 | 1490 | 1152 | 1496 | 1156 | 1502 | 1160 | 1508 | 1164 | 1514 | 1168 | 1520 | 1172 | 1526 | 1176 | 1532 | 1180 | 1538 | 1184 | 1544 | 1188 | 1550 | 1192 | 1556 | 1196 | 1562 | 1200 | 1568 | 1204 | 1574 | 1208 | 1580 | 1212 | 1586 | 1216 | 1592 | 1220 | 1598 | 1224 | 1604 | 1228 | 1610 | 1232 | 1616 | 1236 | 1622 | 1240 | 1628 | 1244 | 1634 | 1248 | 1640 | 1252 | 1646 | 1256 | 1652 | 1260 | 1658 | 1264 | 1664 | 1268 | 1670 | 1272 | 1676 | 1276 | 1682 | 1280 | 1688 | 1284 | 1694 | 1288 | 1700 | 1292 | 1706 | 1296 | 1712 | 1300 | 1718 | 1304 | 1724 | 1308 | 1730 | 1312 | 1736 | 1316 | 1742 | 1320 | 1748 | 1324 | 1754 | 1328 | 1760 | 1332 | 1766 | 1336 | 1772 | 1340 | 1778 | 1344 | 1784 | 1348 | 1790 | 1352 | 1796 | 1356 | 1802 | 1360 | 1808 | 1364 | 1814 | 1368 | 1820 | 1372 | 1826 | 1376 | 1832 | 1380 | 1838 | 1384 | 1844 | 1388 | 1850 | 1392 | 1856 | 1396 | 1862 | 1400 | 1868 | 1404 | 1874 | 1408 | 1880 | 1412 | 1886 | 1416 | 1892 | 1420 | 1898 | 1424 | 1904 | 1428 | 1910 | 1432 | 1916 | 1436 | 1922 | 1440 | 1928 | 1444 | 1934 | 1448 | 1940 | 1452 | 1946 | 1456 | 1952 | 1460 | 1958 | 1464 | 1964 | 1468 | 1970 | 1472 | 1976 | 1476 | 1982 | 1480 | 1988 | 1484 | 1994 | 1488 | 2000 | 1492 | 2006 | 1496 | 2012 | 1500 | 2018 | 1504 | 2024 | 1508 | 2030 | 1512 | 2036 | 1516 | 2042 | 1520 | 2048 | 1524 | 2054 | 1528 | 2060 | 1532 | 2066 | 1536 | 2072 | 1540 | 2078 | 1544 | 2084 | 1548 | 2090 | 1552 | 2096 | 1556 | 2102 | 1560 | 2108 | 1564 | 2114 | 1568 | 2120 | 1572 | 2126 | 1576 | 2132 | 1580 | 2138 | 1584 | 2144 | 1588 | 2150 | 1592 | 2156 | 1596 | 2162 | 1600 | 2168 | 1604 | 2174 | 1608 | 2180 | 1612 | 2186 | 1616 | 2192 | 1620 | 2198 | 1624 | 2204 | 1628 | 2210 | 1632 | 2216 | 1636 | 2222 | 1640 | 2228 | 1644 | 2234 | 1648 | 2240 | 1652 | 2246 | 1656 | 2252 | 1660 | 2258 | 1664 | 2264 | 1668 | 2270 | 1672 | 2276 | 1676 | 2282 | 1680 | 2288 | 1684 | 2294 | 1688 | 2300 | 1692 | 2306 | 1696 | 2312 | 1700 | 2318 | 1704 | 2324 | 1708 | 2330 | 1712 | 2336 | 1716 | 2342 | 1720 | 2348 | 1724 | 2354 | 1728 | 2360 | 1732 | 2366 | 1736 | 2372 | 1740 | 2378 | 1744 | 2384 | 1748 | 2390 | 1752 | 2396 | 1756 | 2402 | 1760 | 2408 | 1764 | 2414 | 1768 | 2420 | 1772 | 2426 | 1776 | 2432 | 1780 | 2438 | 1784 | 2444 | 1788 | 2450 | 1792 | 2456 | 1796 | 2462 | 1800 | 2468 | 1804 | 2474 | 1808 | 2480 | 1812 | 2486 | 1816 | 2492 | 1820 | 2498 | 1824 | 2504 | 1828 | 2510 | 1832 | 2516 | 1836 | 2522 | 1840 | 2528 | 1844 | 2534 | 1848 | 2540 | 1852 | 2546 | 1856 | 2552 | 1860 | 2558 | 1864 | 2564 | 1868 | 2570 | 1872 | 2576 | 1876 | 2582 | 1880 | 2588 | 1884 | 2594 | 1888 | 2600 | 1892 | 2606 | 1896 | 2612 | 1900 | 2618 | 1904 | 2624 | 1908 | 2630 | 1912 | 2636 | 1916 | 2642 | 1920 | 2648 | 1924 | 2654 | 1928 | 2660 | 1932 | 2666 | 1936 | 2672 | 1940 | 2678 | 1944 | 2684 | 1948 | 2690 | 1952 | 2696 | 1956 | 2702 | 1960 | 2708 | 1964 | 2714 | 1968 | 2720 | 1972 | 2726 | 1976 | 2732 | 1980 | 2738 | 1984 | 2744 | 1988 | 2750 | 1992 | 2756 | 1996 | 2762 | 2000 | 2768 | 2004 | 2774 | 2008 | 2780 | 2012 | 2786 | 2016 | 2792 | 2020 | 2798 | 2024 | 2804 | 2028 | 2810 | 2032 | 2816 | 2036 | 2822 | 2040 | 2826 | 2044 | 2832 | 2048 | 2838 | 2052 | 2844 | 2056 | 2850 | 2060 | 2856 | 2064 | 2862 | 2068 | 2868 | 2072 | 2874 | 2078 | 2880 | 2082 | 2886 | 2086 | 2892 | 2090 | 2898 | 2094 | 2904 | 2098 | 2910 | 2100 | 2916 | 2104 | 2922 | 2108 | 2928 | 2112 | 2938 | 2116 | 2948 | 2120 | 2958 | 2124 | 2968 | 2128 | 2978 | 2132 | 2988 | 2136 | 2998 | 2140 | 3000 | 2144 | 3006 | 2148 | 3012 | 2152 | 3018 | 2156 | 3024 | 2160 | 3030 | 2164 | 3036 | 2168 | 3042 | 2172 | 3048 | 2176 | 3054 | 2180 | 3060 | 2184 | 3066 | 2188 | 3072 | 2192 | 3078 | 2196 | 3084 | 2200 | 3090 | 2204 | 3096 | 2208 | 3102 | 2212 | 3108 | 2216 | 3114 | 2220 | 3120 | 2224 | 3126 | 2228 | 3132 | 2232 | 3138 | 2236 | 3144 | 2240 | 3150 | 2244 | 3156 | 2248 | 3162 | 2252 | 3168 | 2256 | 3174 | 2260 | 3180 | 2264 | 3186 | 2268 | 3192 | 2272 | 3198 | 2276 | 3204 | 2280 | 3210 | 2284 | 3216 | 2288 | 3222 | 2292 | 3228 | 2296 | 3234 | 2300 | 3240 | 2304 | 3246 | 2308 | 3252 | 2312 | 3258 | 2316 | 3264 | 2320 | 3270 | 2324 | 3276 | 2328 | 3282 | 2332 | 3288 | 2336 | 3294 | 2340 | 3300 | 2344 | 3306 | 2348 | 3312 | 2352 | 3318 | 2356 | 3324 | 2360 | 3330 | 2364 | 3336 | 2368 | 3342 | 2372 | 3348 | 2376 | 3354 | 2380 | 3360 | 2384 | 3366 | 2388 | 3372 | 2392 | 3378 | 2396 | 3384 | 2400 | 3390 | 2404 | 3396 | 2408 | 3402 | 2412 | 3408 | 2416 | 3414 | 2420 | 3420 | 2424 | 3426 | 2428 | 3432 | 2432 | 3438 | 2436 | 3444 | 2440 | 3450 | 2444 | 3456 | 2448 | 3462 | 2452 | 3468 | 2456 | 3474 | 2460 | 3480 | 2464 | 3486 | 2468 | 3492 | 2472 | 3498 | 2476 | 3504 | 2480 | 3510 | 2484 | 3516 | 2488 | 3522 | 2492 | 3528 | 2496 | 3534 | 2500 | 3540 | 2504 | 3546 | 2508 | 3552 | 2512 | 3558 | 2516 | 3564 | 2520 | 3570 | 2524 | 3576 | 2528 | 3582 | 2532 | 3588 | 2536 | 3594 | 2540 | 3600 | 2544 | 3606 | 2548 | 3612 | 2552 | 3618 | 2556 | 3624 | 2560 | 3630 | 2564 | 3636 | 2568 | 3642 | 2572 | 3648 | 2576 | 3654 | 2580 | 3660 | 2584 | 3666 | 2588 | 3672 | 2592 | 3678 | 2596 | 3684 | 2600 | 3690 | 2604 | 3696 | 2608 | 3702 | 2612 | 3708 | 2616 | 3714 | 2620 | 3720 | 2624 | 3726 | 2628 | 3732 | 2632 | 3738 | 2636 | 3744 | 2640 | 3750 | 2644 | 3756 | 2648 | 3762 | 2652 | 3768 | 2656 | 3774 | 2660 | 3780 | 2664 | 3786 | 2668 | 3792 | 2672 | 3798 | 2676 | 3804 | 2680 | 3810 | 2684 | 3816 | 2688 | 3822 | 2692 | 3828 | 2696 | 3834 | 2700 | 3840 | 2704 | 3846 | 2708 | 3852 | 2712 | 3858 | 2716 | 3864 | 2720 | 3870 | 2724 | 3876 | 2728 | 3882 | 2732 | 3888 | 2736 | 3894 | 2740 | 3900 | 2744 | 3906 | 2748 | 3912 | 2752 | 3918 | 2756 | 3924 | 2760 | 3930 | 2764 | 3936 | 2768 | 3942 | 2772 | 3948 | 2776 | 3954 | 2780 | 3960 | 2784 | 3966 | 2788 | 3972 | 2792 | 3978 | 2796 | 3984 | 2800 | 3990 | 2804 | 3996 | 2808 | 4000 | 2812 | 4006 | 2816 | 4012 | 2820 | 4018 | 2824 | 4024 | 2828 | 4030 | 2832 | 4036 | 2836 | 4042 | 2840 | 4048 | 2844 | 4054 | 2848 | 4060 | 2852 | 4066 | 2856 | 4072 | 2860 | 4078 | 2864 | 4084 | 2868 | 4090 | 2872 | 4096 | 2876 | 4102 | 2880 | 4108 | 2884 | 4114 | 2888 | 4120 | 2892 | 4126 | 2896 | 4132 | 2900 | 4138 | 2904 | 4144 | 2908 | 4150 | 2912 | 4156 | 2916 | 4162 | 2920 | 4168 | 2924 | 4174 | 2928 | 4180 | 2932 | 4186 | 2936 | 4192 | 2940 | 4198 | 2944 | 4204 | 2948 | 4210 | 2952 | 4216 | 2956 | 4222 | 2960 | 4228 | 2964 | 4234 | 2968 | 4240 | 2972 | 4246 | 2976 | 4252 | 2980 | 4258 | 2984 | 4264 | 2988 | 4270 | 2992 | 4276 | 2996 | 4282 | 3000 | 4288 | 3004 | 4294 | 3008 | 4300 | 3012 | 4306 | 3016 | 4312 | 3020 | 4318 | 3024 | 4324 | 3028 | 4330 | 3032 | 4336 | 3036 | 4342 | 3040 | 4348 | 3044 | 4354 | 3048 | 4360 | 3052 | 4366 | 3056 | 4372 | 3060 | 4378 | 3064 | 4384 | 3068 | 4390 | 3072 | 4396 | 3076 | 4402 | 3080 | 4408 | 3084 | 4414 | 3088 | 4420 | 3092 | 4426 | 3096 | 4432 | 3100 | 4438 | 3104 | 4444 | 3108 | 4450 | 3112 | 4456 | 3116 | 4462 | 3120 | 4468 | 3124 | 4474 | 3128 | 4480 | 3132 | 4486 | 3136 | 4492 | 3140 | 4498 | 3144 | 4504 | 3148 | 4510 | 3152 | 4516 | 3156 | 4522 | 3160 | 4528 | 3164 | 4534 | 3168 | 4540 | 3172 | 4546 | 3176 | 4552 | 3180 | 4558 | 3184 | 4564 | 3188 | 4570 | 3192 | 4576 | 3196 | 4582 | 3200 | 4588 | 3204 | 4594 | 3208 | 4600 | 3212 | 4606 | 3216 | 4612 | 3220 | 4618 | 3224 | 4624 | 3228 | 4630 | 3232 | 4636 | 3236 | 4642 | 3240 | 4648 | 3244 | 4654 | 3248 | 4660 | 3252 | 4666 | 3256 | 4672 | 3260 | 4678 | 3264 | 4684 | 3268 | 4690 | 3272 | 4696 | 3276 | 4702 | 3280 | 4708 | 3284 | 4714 | 3288 | 4720 | 3292 | 4726 | 3296 | 4732 | 3300 | 4738 | 3304 | 4744 | 3308 | 4750 | 3312 | 4756 | 3316 | 4762 | 3320 | 4768 | 3324 | 4774 | 3328 | 4780 | 3332 | 4786 | 3336 | 4792 | 3340 | 4798 | 3344 | 4804 | 3348 | 4810 | 3352 | 4816 | 3356 | 4822 | 3360 | 4828 | 3364 | 4834 | 3368 | 4840 | 3372 | 4846 | 3376 | 4852 | 3380 | 4858 | 3384 | 4864 | 3388 | 4870 | 3392 | 4876 |

| MILES | TO POUGHKEEPSIE | AM PEAK | | | | | | | | | | | | OFF-PEAK | | | | | | | |
|-------|-------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|----------|----------|----------|----------|--|
| | | 703 | 803 | 705 | 805 | 707 | 807 | 709 | 809 | 711 | 813 | 715 | 813 | 715 | 817 | 719 | 821 | 725 | 825 | | |
| 0 | Grand Central | AM 5:35 | AM 6:14 | AM 6:21 | AM 6:46 | AM 6:50 | AM 7:19 | AM 7:23 | AM 7:39 | AM 7:45 | AM 8:13 | AM 8:38 | AM 8:59 | AM 9:14 | AM 9:35 | AM 9:58 | AM 10:14 | AM 10:35 | AM 11:14 | AM 11:35 | |
| 4 | Harlem-125th Street | 5:45 | R 6:25 | 6:31 | R 6:57 | 7:00 | R 7:30 | 7:33 | R 7:50 | 7:55 | 8:23 | R 8:49 | 9:10 | 9:24 | R 9:46 | 10:08 | 10:24 | R 10:46 | 11:24 | R 11:46 | |
| 6 | Yankees-E. 153rd Street | 5:49 | | 6:35 | | 7:04 | | 7:37 | | 7:59 | 8:28 | | | | | | 10:29 | | | 11:29 | |
| 8 | Morris Heights | 5:52 | | 6:38 | | 7:07 | | 7:40 | | 8:02 | 8:32 | | | | | | 10:32 | | | 11:32 | |
| 9 | University Heights | 5:54 | | 6:40 | | 7:09 | | 7:42 | | 8:04 | 8:34 | | | | | | 10:34 | | | 11:34 | |
| 10 | Marble Hill | 5:56 | 6:33 | 6:42 | 7:05 | 7:11 | 7:39 | 7:44 | 7:59 | 8:06 | 8:36 | | 9:20 | 9:36 | | 10:18 | 10:36 | | | 11:36 | |
| 11 | Spuyten Duyvil | 5:58 | | 6:44 | | 7:13 | | 7:46 | | 8:08 | 8:38 | | 9:22 | 9:38 | | 10:21 | 10:38 | | | 11:38 | |
| 13 | Riverdale | 6:02 | | 6:48 | | 7:17 | | 7:50 | | 8:12 | 8:42 | | 9:26 | 9:42 | | 10:24 | 10:42 | | | 11:42 | |
| 14 | Ludlow | 6:04 | | 6:50 | | 7:19 | | 7:52 | | 8:14 | 8:45 | | | 9:44 | | 10:28 | 10:44 | | | 11:44 | |
| 15 | Yonkers | 6:07 | 6:41 | 6:53 | 7:13 | 7:22 | 7:48 | 7:55 | 8:08 | 8:17 | 8:48 | | 9:30 | 9:47 | | 10:28 | 10:47 | | | 11:47 | |
| 16 | Glenwood | 6:09 | | 6:55 | | 7:24 | | 7:57 | | 8:19 | 8:50 | | | 9:49 | | 10:49 | 10:49 | | | 11:49 | |
| 18 | Greystone | 6:12 | | 6:58 | | 7:27 | | 8:00 | | 8:22 | 8:53 | | | 9:52 | | 10:52 | 10:52 | | | 11:52 | |
| 20 | Hastings-on-Hudson | 6:15 | | 7:01 | | 7:30 | | 8:03 | | 8:25 | 8:56 | | 9:36 | 9:55 | | 10:34 | 10:55 | | | 11:55 | |
| 21 | Dobbs Ferry | 6:18 | | 7:04 | | 7:33 | | 8:06 | | 8:28 | 8:59 | | 9:39 | 9:58 | | 10:37 | 10:58 | | | 11:58 | |
| 22 | Ardsley-on-Hudson | 6:20 | | 7:06 | | 7:35 | | 8:08 | | 8:30 | 9:01 | | | 10:00 | | 11:00 | 11:00 | | | 12:00 | |
| 23 | Irvington | 6:22 | | 7:08 | | 7:37 | | 8:10 | | 8:32 | 9:03 | | 9:42 | 10:03 | | 10:41 | 11:03 | | | 12:03 | |
| 25 | Tarrytown | 6:26 | 6:52 | 7:12 | 7:24 | 7:41 | 7:59 | 8:14 | 8:21 | 8:36 | 9:07 | 9:15 | 9:46 | 10:07 | 10:14 | 10:45 | 11:07 | 11:13 | 12:07 | 12:13 | |
| 27 | Philipse Manor | 6:28 | | 7:14 | | 7:43 | | 8:16 | | 8:38 | 9:10 | | | 10:09 | | 11:09 | 11:09 | | | 12:09 | |
| 30 | Scarborough | 6:32 | | 7:18 | | 7:47 | | 8:20 | | 8:42 | 9:14 | | | 10:13 | | 11:13 | 11:13 | | | 12:13 | |
| 31 | Ossining | 6:35 | 7:00 | 7:21 | 7:32 | 7:50 | 8:07 | 8:23 | 8:29 | 8:45 | 9:17 | 9:23 | 9:53 | 10:16 | 10:22 | 10:52 | 11:16 | 11:21 | 12:16 | 12:21 | |
| 33 | Croton-Harmon Ar. | 6:45 | | 7:32 | | 8:00 | | 8:34 | | 8:56 | 9:26 | | 10:02 | 10:26 | | 11:01 | 11:25 | | | 12:26 | |
| 33 | Croton-Harmon Lv. | | 7:05 | | 7:37 | | 8:12 | | 8:35 | | | 9:28 | | 10:28 | | 11:27 | 11:27 | | | 12:27 | |
| 38 | Cortlandt | | 7:13 | | 7:45 | | 8:20 | | 8:42 | | | 9:36 | | 10:36 | | 11:35 | 11:35 | | | 12:35 | |
| 41 | Peekskill | | 7:18 | | 7:50 | | 8:25 | | 8:47 | | | 9:41 | | 10:41 | | 11:40 | 11:40 | | | 12:40 | |
| 50 | Garrison | | 7:29 | | 8:01 | | 8:36 | | 8:58 | | | 9:52 | | 10:52 | | 11:52 | 11:52 | | | 12:52 | |
| 52 | Cold Spring | | 7:33 | | 8:05 | | 8:40 | | 9:02 | | | 9:56 | | 10:56 | | 11:56 | 11:56 | | | 12:56 | |
| 59 | Beacon | | 7:41 | | 8:13 | | 8:48 | | 9:11 | | | 10:05 | | 11:05 | | 12:04 | 12:04 | | | 1:04 | |
| 65 | New Hamburg | | H 7:49 | | H 8:21 | | H 8:56 | | H 9:19 | | | H 10:13 | | H 11:13 | | H 12:12 | H 12:12 | | | H 1:12 | |
| 74 | Poughkeepsie | | 8:07 | | 8:38 | | 9:13 | | 9:38 | | | 10:30 | | 11:30 | | 12:30 | 12:30 | | | 1:30 | |
| | | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | |

| MILES | TO POUGHKEEPSIE | OFF-PEAK | | | | | | | | | | | | | | | | | | | | PM PEAK (BICYCLES NOT PERMITTED ON PEAK TRAINS) | | | | | | | | | | 853 | | 855 | | 759 | | 4761 | | 761 | | 465 | |
|-------|-------------------------|----------|----------|----------|----------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|-----|--|------|--|-----|--|-----|--|
| | | 821 | 725 | 825 | 729 | 829 | 4833 | 733 | 833 | 4735 | 4835 | 737 | 837 | 739 | 839 | 741 | 841 | 443 | 745 | 843 | 747 | 749 | 847 | 753 | 849 | 851 | 755 | 757 | 461 | 853 | 855 | 759 | 4761 | 761 | 465 | | | | | | | | |
| 0 | Grand Central | AM 10 35 | AM 11 14 | AM 11 35 | PM 12 14 | PM 12 35 | PM 1 18 | PM 1 20 | PM 1 43 | PM 1 51 | PM 2 18 | PM 2 20 | PM 2 43 | PM 2 48 | PM 3 18 | PM 3 20 | PM 3 48 | PM 3 51 | PM 4 07 | PM 4 15 | PM 4 19 | PM 4 38 | PM 4 47 | PM 4 54 | PM 5 09 | PM 5 11 | PM 5 17 | PM 5 20 | PM 5 23 | PM 5 30 | PM 5 32 | PM 5 36 | PM 5 36 | PM 5 39 | PM 5 43 | | | | | | | | |
| 4 | Harlem-125th Street | R 10 46 | R 11 24 | R 11 46 | R 12 24 | R 12 46 | R 1 29 | R 1 30 | R 1 53 | R 2 01 | R 2 29 | R 2 30 | R 2 58 | R 3 29 | R 3 31 | R 3 59 | R 4 01 | R 4 17 | R 4 26 | R 4 29 | R 4 48 | R 4 58 | R 5 05 | R 5 20 | R 5 22 | R 5 28 | R 5 30 | R 5 33 | R 5 43 | | | | | | | | | | | | | | |
| 6 | Yankees-E. 153rd Street | | 11 29 | 12 29 | | | | 1 34 | 2 05 | 2 34 | 3 02 | 3 35 | 4 05 | | | | | | | 4 34 | 4 47 | 5 09 | | | | | 5 34 | 5 37 | | | | | | | 5 57 | | | | | | | | |
| 8 | Morris Heights | | 11 32 | 12 32 | | | | 1 38 | 2 09 | 2 38 | 3 06 | 3 39 | 4 09 | | | | | | | 4 38 | 4 51 | 5 13 | | | | | 5 40 | 5 45 | | | | | | | 6 00 | | | | | | | | |
| 9 | University Heights | | 11 34 | 12 34 | | | | 1 40 | 2 11 | 2 40 | 3 08 | 3 40 | 4 11 | | | | | | | 4 39 | 4 52 | 5 15 | | | | | 5 42 | 5 47 | | | | | | | 6 02 | | | | | | | | |
| 10 | Marble Hill | | 11 36 | 12 36 | | | | 1 42 | 2 13 | 2 42 | 3 10 | 3 42 | 4 13 | | | | | | | 4 42 | 4 55 | 5 17 | | | | | 5 45 | 5 47 | | | | | | | 6 05 | | | | | | | | |
| 11 | Spuyten Duyvil | | 11 38 | 12 38 | | | | 1 44 | 2 15 | 2 44 | 3 12 | 3 44 | 4 16 | | | | | | | 4 44 | 4 57 | 5 20 | | | | | 5 48 | 5 47 | | | | | | | 6 07 | | | | | | | | |
| 13 | Riverdale | | 11 42 | 12 42 | | | | 1 48 | 2 19 | 2 48 | 3 16 | 3 48 | 4 19 | | | | | | | 4 48 | 5 01 | 5 24 | | | | | 5 50 | 5 45 | | | | | | | 6 10 | | | | | | | | |
| 14 | Ludlow | | 11 44 | 12 44 | | | | 1 50 | 2 21 | 2 50 | 3 18 | 3 51 | 4 22 | | | | | | | 4 50 | 5 03 | 5 27 | | | | | 5 53 | 5 45 | | | | | | | 6 13 | | | | | | | | |
| 15 | Yonkers | | 11 47 | 12 47 | | | | 1 53 | 2 24 | 2 53 | 3 21 | 3 53 | 4 24 | | | | | | | 4 53 | 5 06 | 5 30 | | | | | 5 56 | 5 45 | | | | | | | 6 16 | | | | | | | | |
| 16 | Glenwood | | 11 49 | 12 49 | | | | 1 55 | 2 26 | 2 55 | 3 23 | 3 56 | 4 26 | | | | | | | 4 55 | 5 08 | 5 32 | | | | | 5 58 | 5 45 | | | | | | | 6 18 | | | | | | | | |
| 18 | Greystone | | 11 52 | 12 52 | | | | 1 58 | 2 29 | 2 58 | 3 26 | 3 59 | 4 33 | | | | | | | 4 58 | 5 11 | 5 35 | | | | | 6 04 | 5 45 | | | | | | | 6 24 | | | | | | | | |
| 20 | Hastings-on-Hudson | | 11 55 | 12 55 | | | | 2 01 | 2 33 | 3 01 | 3 29 | 4 02 | | | | | | | | 5 01 | 5 14 | 5 38 | | | | | 5 54 | 5 45 | | | | | | | 6 11 | | | | | | | | |
| 21 | Dobbs Ferry | | 11 58 | 12 58 | | | | 2 04 | 2 36 | 3 04 | 3 32 | 4 04 | | | | | | | | 5 04 | 5 17 | 5 41 | | | | | 5 56 | 5 45 | | | | | | | 6 14 | | | | | | | | |
| 22 | Ardley-on-Hudson | | 12 00 | 1 00 | | | | 2 06 | 2 38 | 3 06 | 3 34 | 4 06 | | | | | | | | 5 06 | 5 19 | 5 43 | | | | | 5 59 | 5 45 | | | | | | | 6 16 | | | | | | | | |
| 23 | Irvington | | 12 03 | 1 03 | | | | 2 09 | 2 41 | 3 09 | 3 37 | 4 09 | | | | | | | | 5 09 | 5 22 | 5 45 | | | | | 6 01 | 5 45 | | | | | | | 6 18 | | | | | | | | |
| 25 | Tarrytown | | 11 13 | 12 13 | 1 07 | 1 13 | | 2 13 | 2 23 | 2 46 | 3 13 | 3 22 | 3 41 | 4 13 | | | | | | 5 12 | 5 25 | 5 49 | | | | | 6 05 | 5 45 | | | | | | | 6 22 | | | | | | | | |
| 27 | Philipse Manor | | 12 09 | 1 09 | | | | 2 15 | 2 48 | 3 15 | 3 43 | 4 15 | | | | | | | | 5 15 | 5 28 | 5 52 | | | | | 6 08 | 5 45 | | | | | | | 6 11 | | | | | | | | |
| 30 | Scarborough | | 12 13 | 1 13 | | | | 2 19 | 2 52 | 3 19 | 3 47 | 4 19 | | | | | | | | 5 19 | 5 32 | 5 56 | | | | | 6 12 | 5 45 | | | | | | | 6 16 | | | | | | | | |
| 31 | Ossining | | 11 21 | 12 21 | 1 16 | 1 21 | | 2 22 | 2 31 | 2 55 | 3 22 | 3 30 | 3 50 | 4 22 | | | | | | 5 22 | 5 35 | 5 59 | | | | | 6 15 | 5 45 | | | | | | | 6 18 | | | | | | | | |
| 33 | Croton-Harmon Ar. | | 12 26 | 1 26 | | | | 2 32 | 3 04 | 3 32 | 3 59 | 4 32 | | | | | | | | 5 31 | 5 44 | 6 09 | | | | | 6 24 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 33 | Croton-Harmon Lv. | | 11 27 | 12 27 | 1 27 | 2 07 | | 2 37 | 3 07 | 3 36 | 4 05 | 4 33 | | | | | | | | 5 10 | 5 23 | 5 47 | | | | | 6 17 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 38 | Cortlandt | | 11 35 | 12 35 | 1 35 | 2 14 | | 2 45 | 3 14 | 3 44 | 4 12 | 4 40 | | | | | | | | 5 09 | 5 22 | 5 46 | | | | | 6 25 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 41 | Peekskill | | 11 40 | 12 40 | 1 40 | 2 19 | | 2 50 | 3 19 | 3 49 | 4 17 | 4 45 | | | | | | | | 5 15 | 5 28 | 5 52 | | | | | 6 30 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 50 | Garrison | | 11 52 | 12 52 | 1 52 | 2 31 | | 3 01 | 3 31 | 4 00 | 4 29 | 4 57 | | | | | | | | 5 25 | 5 38 | 6 02 | | | | | 6 41 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 52 | Cold Spring | | 11 56 | 12 56 | 1 56 | 2 35 | | 3 05 | 3 35 | 4 04 | 4 33 | 5 01 | | | | | | | | 5 30 | 5 43 | 6 07 | | | | | 6 46 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 59 | Beacon | | 12 04 | 1 04 | 2 04 | 2 44 | | 3 14 | 3 44 | 4 13 | 4 42 | 5 10 | | | | | | | | 5 38 | 5 51 | 6 15 | | | | | 6 54 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 65 | New Hamburg | | 11 12 | H 1 12 | H 2 12 | H 2 52 | | H 3 22 | H 3 52 | H 4 21 | H 4 50 | H 5 17 | | | | | | | | H 5 46 | H 6 15 | H 6 44 | | | | | H 7 02 | 5 45 | | | | | | | 6 35 | | | | | | | | |
| 74 | Poughkeepsie | | 12 30 | 1 30 | 2 30 | 3 09 | | 3 40 | 4 09 | 4 39 | 5 09 | 5 42 | | | | | | | | 6 04 | 6 33 | 7 03 | | | | | 7 18 | 5 45 | | | | | | | 6 35 | | | | | | | | |

| MILES | TO POUGHKEEPSIE | PM PEAK | | | | | | | | | | OFF-PEAK | | | | | | | | | | OFF-PEAK | | | | | | | | | | | | |
|-------|-------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|----------|----------|----------|----------|----------|----------|----------|---------|---------|------|
| | | 857 | 765 | 469 | 863 | 865 | 767 | 769 | 771 | 869 | 775 | 875 | 477 | 777 | 877 | 781 | 881 | 483 | 783 | 883 | 785 | 787 | 887 | 789 | 791 | 891 | 793 | 795 | 895 | 797 | 897 | 799 | 701 | 801 |
| 0 | Grand Central | PM 5 54 | PM 6 00 | PM 6 06 | PM 6 12 | PM 6 15 | PM 6 22 | PM 6 25 | PM 6 28 | PM 6 46 | PM 6 53 | PM 7 19 | PM 7 23 | PM 7 35 | PM 7 51 | PM 7 59 | PM 8 27 | PM 8 32 | PM 8 42 | PM 9 04 | PM 9 13 | PM 9 22 | PM 9 47 | PM 9 56 | PM 10 22 | PM 10 47 | PM 10 58 | PM 11 26 | PM 11 52 | PM 12 22 | PM 12 48 | PM 1 10 | PM 1 50 | |
| 4 | Harlem-125th Street | R 6 06 | R 6 10 | R 6 16 | R 6 23 | R 6 26 | | | 6 38 | R 6 57 | 7 03 | R 7 30 | 7 33 | 7 45 | R 8 02 | 8 09 | R 8 38 | 8 42 | R 8 52 | R 9 15 | R 9 23 | R 9 32 | R 9 58 | R 10 07 | R 10 32 | R 10 58 | R 11 09 | R 11 36 | R 12 03 | R 12 59 | R 1 20 | R 2 00 | | |
| 6 | Yankees-E. 153rd Street | | | 6 20 | | | | | 6 43 | | 7 08 | | 7 37 | | 8 14 | | 8 47 | | 8 57 | | 9 37 | | 10 36 | | | | 11 41 | | 12 37 | | 1 25 | 2 05 | | |
| 8 | Morris Heights | | | 6 23 | | | | | 6 46 | | 7 11 | | 7 40 | | 8 17 | | 8 50 | | | | 9 40 | | 10 40 | | | | 11 44 | | H 12 41 | | H 1 29 | 2 09 | | |
| 9 | University Heights | | | 6 25 | | | | | 6 48 | | 7 13 | | 7 42 | | 8 19 | | 8 52 | | | | 9 42 | | 10 42 | | | | 11 46 | | H 12 43 | | H 1 31 | 2 11 | | |
| 10 | Marble Hill | | | 6 28 | | | | | 6 51 | | 7 16 | | 7 44 | | 8 22 | | 8 54 | | 9 02 | | 9 44 | | 10 44 | | | | 11 48 | | H 12 45 | | H 1 09 | H 1 33 | 2 13 | |
| 11 | Spuyten Duyvil | | | 6 30 | | | | | 6 53 | | 7 18 | | 7 47 | | 8 24 | | 8 56 | | | | 9 46 | | H 10 19 | | | | H 11 21 | | H 12 15 | | H 1 11 | H 1 35 | 2 15 | |
| 13 | Riverdale | | | 6 33 | | | | | 6 57 | | 7 22 | | 7 50 | | 8 28 | | 9 00 | | | | 9 50 | | H 10 22 | | | | H 11 24 | | H 12 19 | | H 1 15 | H 1 39 | 2 19 | |
| 14 | Ludlow | | | 6 36 | | | | | 7 00 | | 7 25 | | 7 53 | | 8 31 | | 9 02 | | | | 9 52 | | 10 52 | | | | 11 56 | | H 12 54 | | H 1 42 | 2 22 | | |
| 15 | Yonkers | | | 6 39 | | | | | 7 03 | | 7 27 | | 7 56 | | 8 34 | | 9 05 | | 9 10 | | 9 55 | | H 10 27 | | | | H 11 29 | | H 12 22 | | H 1 19 | H 1 44 | 2 25 | |
| 16 | Glenwood | | | 6 41 | | | | | 7 05 | | 7 30 | | 7 58 | | 8 36 | | 9 07 | | | | 9 57 | | 10 57 | | | | 12 01 | | H 12 58 | | H 1 46 | 2 27 | | |
| 18 | Greystone | | | 6 47 | | | | | 7 08 | | 7 33 | | 8 04 | | 8 39 | | 9 13 | | | | 10 00 | | 11 00 | | | | 12 04 | | H 1 01 | | H 1 49 | 2 30 | | |
| 20 | Hastings-on-Hudson | | | 6 32 | | | | | 6 56 | | 7 11 | | 7 36 | | 8 09 | | 8 42 | | | | 9 16 | | H 10 33 | | | | H 11 35 | | H 12 30 | | H 1 04 | H 1 25 | H 1 52 | 2 33 |
| 21 | Dobbs Ferry | | | 6 35 | | | | | 6 59 | | 7 14 | | 7 38 | | 8 11 | | 8 45 | | | | 9 18 | | H 10 35 | | | | H 11 37 | | H 12 33 | | H 1 07 | H 1 27 | H 1 55 | 2 36 |
| 22 | Ardley-on-Hudson | | | 6 37 | | | | | 7 01 | | 7 16 | | 7 41 | | 8 14 | | 8 47 | | | | 9 21 | | 10 08 | | | | 12 12 | | H 1 09 | | H 1 42 | 2 38 | | |
| 23 | Irvington | | | 6 39 | | | | | 7 03 | | 7 18 | | 7 43 | | 8 16 | | 8 49 | | | | 9 23 | | H 10 40 | | | | H 11 42 | | H 12 37 | | H 1 12 | H 1 31 | H 2 00 | 2 41 |
| 25 | Tarrytown | | | 6 43 | | | | | H 6 58 | | 7 07 | | 7 22 | | 7 47 | | 8 21 | | | | 9 27 | | H 10 44 | | | | H 11 46 | | H 12 19 | | H 1 16 | H 1 35 | H 2 04 | 2 45 |
| 27 | Philipse Manor | | | 6 46 | | | | | H 7 01 | | 7 10 | | 7 25 | | 7 49 | | 8 24 | | | | 9 30 | | 10 17 | | | | 12 21 | | H 1 19 | | H 1 42 | H 2 07 | 2 48 | |
| 30 | Scarborough | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| MILES | TO NEW YORK | Miles | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------|-------------------------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|------|
| | | 8700 | 8802 | 8702 | 8704 | 8706 | 8808 | 8708 | 8710 | 8812 | 8712 | 8714 | 8816 | 8716 | 8718 | 8820 | 8822 | 8720 | 8722 | 8824 | 8826 | 8724 | 8726 | 8828 | 8728 | 8730 | 8832 | 8732 | 8734 | 8836 | 8736 | 8738 | 8840 | 8740 | 8742 | |
| 74 | Poughkeepsie | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM | AM |
| 65 | New Hamburg | | 4 45 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 59 | Beacon | | 4 53 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 55 | Breakneck Ridge | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 52 | Cold Spring | | 5 02 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 50 | Garrison | | 5 06 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 46 | Manitou | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 41 | Peekskill | | 5 18 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 38 | Cortlandt | | 5 22 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 33 | Croton-Harmon Ar. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 33 | Croton-Harmon Lv. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 31 | Ossining | | 5 07 | 5 36 | 5 41 | 6 10 | 6 37 | 6 58 | 7 10 | 7 37 | 7 58 | 8 10 | 8 43 | 8 58 | 9 10 | 9 43 | 9 54 | | | | | | | | | | | | | | | | | | | |
| 30 | Scarborough | | 5 09 | | 5 43 | 6 12 | 6 39 | 7 12 | 7 39 | | 8 12 | | | 9 12 | | | | | | | | | | | | | | | | | | | | | | |
| 27 | Philipse Manor | | 5 13 | | 5 47 | 6 16 | 6 43 | 7 16 | 7 43 | | 8 16 | | | 9 16 | | | | | | | | | | | | | | | | | | | | | | |
| 25 | Tarrytown | | 5 15 | 5 44 | 5 49 | 6 18 | 6 45 | 7 06 | 7 18 | 7 45 | 8 06 | 8 18 | 8 50 | 9 06 | 9 18 | 9 50 | | | | | | | | | | | | | | | | | | | | |
| 23 | Irvington | | 5 19 | | 5 53 | 6 22 | 6 49 | 7 22 | 7 49 | | 8 22 | 8 53 | | 9 22 | 9 53 | | | | | | | | | | | | | | | | | | | | | |
| 22 | Ardasley-on-Hudson | | 5 21 | | 5 55 | 6 24 | 6 51 | 7 24 | 7 51 | | 8 24 | | | 9 24 | | | | | | | | | | | | | | | | | | | | | | |
| 21 | Dobbs Ferry | | 5 23 | | 5 57 | 6 26 | 6 53 | 7 26 | 7 53 | | 8 26 | 8 56 | | 9 26 | 9 56 | | | | | | | | | | | | | | | | | | | | | |
| 20 | Hastings-on-Hudson | | 5 25 | | 5 59 | 6 28 | 6 55 | 7 28 | 7 55 | | 8 28 | 8 59 | | 9 28 | 9 59 | | | | | | | | | | | | | | | | | | | | | |
| 18 | Greystone | | 5 28 | | 6 02 | 6 31 | 6 58 | 7 31 | 7 58 | | 8 31 | | | 9 31 | | | | | | | | | | | | | | | | | | | | | | |
| 16 | Glenwood | | 5 31 | | 6 05 | 6 34 | 7 01 | 7 34 | 8 01 | | 8 34 | | | 9 34 | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Yonkers | | 5 34 | | 6 08 | 6 37 | 7 04 | 7 37 | 8 04 | | 8 37 | 9 05 | | 10 05 | | | | | | | | | | | | | | | | | | | | | | |
| 14 | Ludlow | | 5 37 | | 6 11 | 6 40 | 7 07 | 7 40 | 8 07 | | 8 40 | | | 9 40 | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Riverdale | | 5 39 | | 6 13 | 6 42 | 7 09 | 7 42 | 8 09 | | 8 42 | 9 09 | | 9 42 | 10 09 | | | | | | | | | | | | | | | | | | | | | |
| 11 | Spyuten Duyvil | | 5 43 | | 6 17 | 6 46 | 7 13 | 7 46 | 8 13 | | 8 46 | 9 13 | | 9 46 | 10 13 | | | | | | | | | | | | | | | | | | | | | |
| 10 | Marble Hill | | 5 47 | | 6 21 | 6 50 | 7 17 | 7 50 | 8 17 | | 8 50 | 9 17 | | 9 50 | 10 17 | | | | | | | | | | | | | | | | | | | | | |
| 9 | University Heights | | 5 49 | | 6 23 | 6 52 | 7 19 | 7 52 | 8 19 | | 8 52 | | | 9 52 | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Morris Heights | | 5 51 | | 6 25 | 6 54 | 7 21 | 7 54 | 8 21 | | 8 54 | | | 9 54 | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Yankees-E. 153rd Street | | 5 55 | | 6 29 | 6 58 | 7 25 | 7 58 | 8 25 | | 8 58 | | | 9 58 | | | | | | | | | | | | | | | | | | | | | | |
| 4 | Harlem-125th Street | | H 6 03 | H 6 17 | H 6 34 | H 7 02 | H 7 30 | H 7 37 | H 8 03 | H 8 37 | H 9 03 | H 9 30 | H 9 37 | H 10 04 | H 10 30 | H 10 36 | H 10 57 | H 11 04 | H 11 30 | H 11 36 | H 11 57 | H 12 04 | H 12 30 | H 12 36 | H 1 04 | H 1 30 | H 1 36 | H 2 04 | H 2 30 | H 2 37 | H 3 04 | H 3 30 | H 3 37 | H 4 04 | H 4 30 | |
| 0 | Grand Central | | 6 17 | 6 31 | 6 45 | 7 20 | 7 41 | 7 55 | 8 20 | 8 41 | 8 55 | 9 20 | 9 44 | 9 55 | 10 20 | 10 44 | 10 51 | 11 13 | 11 19 | 11 44 | 11 51 | 12 11 | 12 19 | 12 44 | 12 51 | 1 19 | 1 44 | 1 51 | 2 19 | 2 44 | 2 52 | 3 19 | 3 44 | 3 52 | 4 19 | 4 44 |

| MILES | TO NEW YORK | Miles | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-------|--------------------|-------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|-------|-------|-------|-------|-------|-------|--------|------|----|----|----|----|----|----|----|--|--|
| | | 8844 | 8846 | 8744 | 8746 | 8848 | 8748 | 8750 | 8852 | 8752 | 8754 | 8856 | 8756 | 8758 | 8860 | 8760 | 8762 | 8864 | 8764 | 8766 | 8868 | 8768 | 8872 | 8772 | 8876 | 8876 | 8798 | | | | | | | | | |
| 74 | Poughkeepsie | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | PM | | |
| 65 | New Hamburg | | 3 04 | 3 35 | | 4 01 | | 5 00 | | 6 05 | | | 7 05 | | 8 07 | | | | | | | | | | | | | | | | | | | | | |
| 59 | Beacon | | 3 12 | 3 43 | | 4 09 | | 5 08 | | 6 13 | | | 7 13 | | 8 15 | | | | | | | | | | | | | | | | | | | | | |
| 55 | Breakneck Ridge | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 52 | Cold Spring | | 3 23 | 3 52 | | 4 20 | | 5 19 | | 6 24 | | | 7 24 | | 8 24 | | | | | | | | | | | | | | | | | | | | | |
| 50 | Garrison | | 3 27 | 3 56 | | 4 24 | | 5 23 | | 6 28 | | | 7 28 | | 8 28 | | | | | | | | | | | | | | | | | | | | | |
| 46 | Manitou | | 3 32 | | | 4 29 | | 5 28 | | 6 33 | | | 7 33 | | | | | | | | | | | | | | | | | | | | | | | |
| 41 | Peekskill | | 3 41 | 4 08 | | 4 38 | | 5 37 | | 6 42 | | | 7 42 | | 8 40 | | | | | | | | | | | | | | | | | | | | | |
| 38 | Cortlandt | | 3 46 | | | 4 43 | | 5 42 | | 6 47 | | | 7 47 | | 8 45 | | | | | | | | | | | | | | | | | | | | | |
| 33 | Croton-Harmon Ar. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 33 | Croton-Harmon Lv. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 31 | Ossining | | 3 55 | | 4 10 | 4 38 | 4 56 | 5 10 | 5 38 | 5 55 | 6 10 | 6 44 | 6 56 | 7 10 | 7 44 | 8 58 | 9 10 | 9 42 | 9 58 | 10 10 | 10 57 | 11 12 | 12 09 | 1 08 | | | | | | | | | | | | |
| 30 | Scarborough | | | | 4 12 | 4 40 | | 5 12 | 5 40 | | 6 12 | | | 7 12 | | | | | | | | | | | | | | | | | | | | | | |
| 27 | Philipse Manor | | | | 4 16 | 4 44 | | 5 16 | 5 44 | | 6 16 | | | 7 16 | | | | | | | | | | | | | | | | | | | | | | |
| 25 | Tarrytown | | | | 4 18 | 4 46 | 5 04 | 5 18 | 5 46 | 6 02 | 6 18 | 6 51 | 7 18 | 7 51 | 8 18 | 8 49 | 9 06 | 9 18 | 9 49 | 10 06 | 10 18 | 11 05 | 11 20 | 12 17 | 1 16 | | | | | | | | | | | |
| 23 | Irvington | | | | 4 22 | 4 50 | | 5 22 | 5 50 | | 6 22 | 6 54 | | 7 22 | 7 54 | | 8 22 | 8 52 | | 9 22 | 9 52 | | 10 22 | 11 24 | 12 21 | 1 20 | | | | | | | | | | |
| 22 | Ardasley-on-Hudson | | | | 4 24 | 4 52 | | 5 24 | 5 52 | | 6 24 | | | 7 24 | | | | | | | | | | | | | | | | | | | | | | |
| 21 | Dobbs Ferry | | | | 4 26 | 4 54 | | 5 26 | 5 54 | | 6 26 | 6 57 | | 7 26 | 7 57 | | 8 26 | 8 55 | | 9 26 | 9 55 | | 10 26 | 11 28 | 12 25 | 1 24 | | | | | | | | | | |
| 20 | Hastings-on-Hudson | | | | 4 28 | 4 56 | | 5 28 | 5 56 | | 6 28 | 7 00 | | 7 28 | 8 00 | | 8 28 | 8 58 | | 9 28 | 9 58 | | 10 28 | 11 30 | 12 27 | 1 26 | | | | | | | | | | |
| 18 | Greystone | | | | 4 31 | 4 59 | | 5 31 | 5 59 | | 6 31 | | | 7 31 | | | | | | | | | | | | | | | | | | | | | | |
| 16 | Glenwood | | | | 4 34 | 5 02 | | 5 34 | 6 02 | | 6 34 | | | 7 34 | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Yonkers | | | | 4 37 | 5 05 | | 5 37 | 6 05 | | 6 37 | 7 06 | | 7 37 | 8 06 | | 8 37 | 9 04 | | 9 37 | 10 04 | | 10 37 | 11 39 | 12 36 | 1 35 | | | | | | | | | | |
| 14 | Ludlow | | | | 4 40 | 5 08 | | 5 40 | 6 08 | | 6 40 | | | 7 40 | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Riverdale | | | | 4 42 | 5 10 | | 5 42 | 6 10 | | 6 42 | 7 10 | | 7 42 | 8 10 | | 8 42 | 9 08 | | 9 42 | 10 08 | | 10 42 | 11 44 | 12 41 | 1 40 | | | | | | | | | | |
| 11 | Spyuten Duyvil | | | | 4 46 | 5 14 | | 5 46 | 6 14 | | 6 46 | 7 14 | | 7 46 | 8 14 | | 8 46 | 9 12 | | 9 46 | 10 12 | | 10 46 | 11 48 | 12 45 | 1 44</ | | | | | | | | | | |

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