



New Canaan Branch

Grand Central
New York City

Harlem – 125th St

Stamford

Glenbrook

Springdale

Talmadge Hill

New Canaan

Schedule Links

Monday – Friday

[To Grand Central](#)

[To New Canaan](#)

Saturday & Sunday

[To Grand Central](#)

[To New Canaan](#)





Other New Haven Line PDFs

[New Haven Line – Main Line Schedule](#)

[Danbury Branch Schedule](#)

[Waterbury Branch Schedule](#)

Key

- A** – [Amtrak](#) connection
- C** – **Change trains** to continue your trip
- D** – **Discharges** customers only
- H** – Stops primarily to discharge customers. Train may depart up to **5 minutes earlier** than the time shown
- R** – **Receives** customers only
-  **UniTicket** (combined monthly rail/bus ticket) is available for bus service between train station and residential area or worksites
-  – [Airport connecting service](#)
-  – Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
-  – Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

See information on [ADA accommodations](#)

2026 Holidays	Schedule
1/1 New Year's Day.....	Special
1/19 M.L.King Jr. Day.....	Saturday + Extras
2/16 Presidents Day	Saturday
5/25 Memorial Day	Sunday
7/3 Independence Day <i>Observed</i>	Sunday
7/4 Independence Day	Saturday
9/7 Labor Day	Sunday
11/26 Thanksgiving Day.....	Special
11/27 Friday after Thanksgiving.....	Saturday + Extras
12/24 Christmas Eve.....	Friday
12/25 Christmas Day	Hourly
12/31 New Year's Eve.....	Special

General Info

Peak tickets are required on trains that:


- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. [Must present proper ID.](#) [See details](#)

Bicycles

Visit our website at [mta.info](#) for our [full bike policy](#).

-  – **Bicycles NOT permitted** on:
 - inbound AM peak trains
 - on trains with the NO BIKE symbol
 - outbound PM peak trains
 - or on some holidays

Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train: no more than 2 bicycles per car.

Weekend off-peak trains

allow a maximum 8 bicycles per train: no more than 2 bicycles per car.

-  – “**Bike Train**” a maximum of 15 bicycles are permitted on trains marked with this symbol.

-  – **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

Useful links

[mta.info/mnr](#)

[mta.info/schedules](#)

[mta.info](#)

More Details on:

[Ticket Information](#)

[Contact Information](#)

[Connecting Services](#)

Download the [TrainTime App](#)



MILES	TO NEW YORK	AM PEAK					OFF-PEAK													
		1707	1711	1723	1731	1735	1741 1541	1745 1445	1751 1551	1755 1555	1763 1563	1767 1567	1771 1571	1775	1777	1787 1587	1791 1591	1795 1595	1797 1597	1799 1497
41	New Canaan	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
39	Talmadge Hill	5 30	6 20	7 12	7 32	7 58	C 8 51	C 9 38	C 10 32	C 11 29	C 1 29	C 2 29	C 3 29	4 24	5 17	C 7 31	C 8 18	C 9 31	C 10 25	C 11 25
37	Springdale	5 38	6 28	7 20	7 41	8 07	C 9 00	C 9 47	C 10 41	C 11 38	C 1 38	C 2 38	C 3 38	4 33	5 26	C 7 40	C 8 27	C 9 40	C 10 34	C 11 34
35	Glenbrook	5 41	6 31	7 24	7 45	8 11	C 9 03	C 9 50	C 10 44	C 11 41	C 1 41	C 2 41	C 3 42	4 37	5 29	C 7 43	C 8 30	C 9 43	C 10 37	C 11 37
33	Stamford Ar.						C 9 09	C 9 56	C 10 49	C 11 46	C 1 46	C 2 46	C 3 47			C 7 48	C 8 35	C 9 48	C 10 42	C 11 42
33	Stamford Lv.	5 46	6 36	7 28		8 15	9 19	10 02	11 01	11 57	1 58	2 57	3 51	4 41	5 35	8 03	8 57	9 54	10 46	11 56
4	Harlem - 125th St.	D 6 32	D 7 14	D 8 08		D 8 56	D 10 00	D 10 43	D 11 43	D 12 40	D 2 44	D 3 43	D 4 35	D 5 34	D 6 35	D 8 50	D 9 41	D 10 41	D 11 31	D 12 40
0	Grand Central	6 43	7 28	8 22	8 40	9 09	10 14	10 56	11 55	12 52	2 56	3 54	4 47	5 49	6 48	9 02	9 53	10 52	11 44	12 52
		AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM

MILES	TO NEW CANAAN	AM PEAK		OFF-PEAK						PM-PEAK						OFF-PEAK					
		1710	1712	1516 1716	1518 1718	1526 1726	1530 1730	1534 1734	1538 1738	1740	1750	1752	1758	1770	1774	1778	1582 1782	1586 1786	1590 1790	1594 1794	1598 1798
0	Grand Central	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	
4	Harlem - 125th St.	R 7 14	R 8 16	R 9 15	R 10 14	R 12 14	R 1 14	R 2 14	R 3 15	R 3 49	R 4 51			R 6 19	R 7 13		R 8 17	R 9 17	R 10 17	R 11 38	R 12 17
33	Stamford Ar.			9 56	10 55	12 55	1 55	2 55	3 54								8 56	9 55	10 55	12 16	12 56
33	Stamford Lv.	8 16	9 08	C 10 03	C 11 01	C 1 01	C 2 01	C 3 01	C 3 58	4 39	5 40	6 00		6 58	7 51	8 34	C 9 00	C 9 58	C 10 58	C 12 20	C 1 06
35	Glenbrook	8 20	9 12	C 10 07	C 11 05	C 1 05	C 2 05	C 3 05	C 4 02	4 46	5 45	6 05	H 6 24	7 03	7 56	8 39	C 9 04	C 10 02	C 11 02	C 12 24	C 1 10
37	Springdale	8 23	9 15	C 10 10	C 11 08	C 1 08	C 2 08	C 3 08	C 4 05	4 49	5 48	6 08	H 6 27	7 06	7 59	8 42	C 9 07	C 10 05	C 11 05	C 12 27	C 1 13
39	Talmadge Hill	8 27	9 19	C 10 14	C 11 12	C 1 12	C 2 12	C 3 12	C 4 09	4 53	5 52	6 12	H 6 31	7 11	8 03	8 47	C 9 11	C 10 09	C 11 09	C 12 31	C 1 18
41	New Canaan	8 38	9 30	C 10 21	C 11 19	C 1 19	C 2 19	C 3 19	C 4 16	5 04	6 02	6 22	6 42	7 20	8 13	8 57	C 9 18	C 10 16	C 11 16	C 12 38	C 1 26
		AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM

MILES	TO NEW YORK	<div style="display: flex; justify-content: space-between; width: 100%;"> 🚲 🚲 </div>																	
		6705 6505	6709 6509	6713 6513	6717 6517	6721 6521	6725 6525	6729 6529	6733 6533	6737 6537	6741 6541	6745 6545	6749 6549	6753 6553	6757 6557	6761 6561	6765 6565	6769 6569	6771 6571
41	New Canaan	AM C 6 28	AM C 7 28	AM C 8 28	AM C 9 28	AM C 10 28	AM C 11 28	PM C 12 28	PM C 1 28	PM C 2 28	PM C 3 28	PM C 4 28	PM C 5 28	PM C 6 28	PM C 7 28	PM C 8 28	PM C 9 28	PM C 10 28	PM C 11 28
39	Talmadge Hill	C 6 33	C 7 33	C 8 33	C 9 33	C 10 33	C 11 33	C 12 33	C 1 33	C 2 33	C 3 33	C 4 33	C 5 33	C 6 33	C 7 33	C 8 33	C 9 33	C 10 33	C 11 33
37	Springdale	C 6 37	C 7 37	C 8 37	C 9 37	C 10 37	C 11 37	C 12 37	C 1 37	C 2 37	C 3 37	C 4 37	C 5 37	C 6 37	C 7 37	C 8 37	C 9 37	C 10 37	C 11 37
35	Glenbrook	C 6 40	C 7 40	C 8 40	C 9 40	C 10 40	C 11 40	C 12 40	C 1 40	C 2 40	C 3 40	C 4 40	C 5 40	C 6 40	C 7 40	C 8 40	C 9 40	C 10 40	C 11 40
33	Stamford Ar.	C 6 45	C 7 45	C 8 45	C 9 45	C 10 45	C 11 45	C 12 45	C 1 45	C 2 45	C 3 45	C 4 45	C 5 45	C 6 45	C 7 45	C 8 45	C 9 45	C 10 45	C 11 47
33	Stamford Lv.	6 49	7 52	8 51	9 51	10 51	11 51	12 51	1 51	2 51	3 51	4 51	5 51	6 51	7 51	8 51	9 51	10 51	11 56
4	Harlem - 125th St.	D 7 34	D 8 35	D 9 35	D 10 34	D 11 34	D 12 34	D 1 34	D 2 34	D 3 34	D 4 34	D 5 35	D 6 35	D 7 34	D 8 34	D 9 34	D 10 34	D 11 34	D 12 40
0	Grand Central	7 53 AM	8 47 AM	9 48 AM	10 46 AM	11 46 AM	12 46 AM	1 46 PM	2 46 PM	3 46 PM	4 46 PM	5 47 PM	6 47 PM	7 46 PM	8 46 PM	9 46 PM	10 46 PM	11 46 PM	12 52 AM

MILES	TO NEW CANAAN	<div style="display: flex; justify-content: space-between; width: 100%;"> 🚲 🚲 </div>																		
		6504 6704	6506 6706	6510 6710	6514 6714	6518 6718	6522 6722	6526 6726	6530 6730	6534 6734	6538 6738	6542 6742	6546 6746	6550 6750	6554 6754	6558 6758	6562 6762	6566 6766	6570 6770	6598 6798
0	Grand Central	AM 5 30	AM 7 02	AM 8 02	AM 9 02	AM 10 02	AM 11 02	PM 12 02	PM 1 02	PM 2 02	PM 3 02	PM 4 02	PM 5 02	PM 6 02	PM 7 02	PM 8 02	PM 9 02	PM 10 06	PM 11 28	AM 12 07
4	Harlem - 125th St.	R 5 40	R 7 12	R 8 12	R 9 12	R 10 12	R 11 12	R 12 12	R 1 12	R 2 12	R 3 12	R 4 12	R 5 12	R 6 12	R 7 12	R 8 12	R 9 12	R 10 16	R 11 38	R 12 17
33	Stamford Ar.	6 41	7 55	8 55	9 54	10 54	11 54	12 54	1 54	2 54	3 54	4 54	5 54	6 54	7 54	8 54	9 54	10 58	12 16	12 56
33	Stamford Lv.	C 6 53	C 8 01	C 9 01	C 10 01	C 11 01	C 12 01	C 1 01	C 2 01	C 3 01	C 4 01	C 5 01	C 6 01	C 7 01	C 8 01	C 9 01	C 10 01	C 11 01	C 12 20	C 1 06
35	Glenbrook	C 6 57	C 8 05	C 9 05	C 10 05	C 11 05	C 12 05	C 1 05	C 2 05	C 3 05	C 4 05	C 5 05	C 6 05	C 7 05	C 8 05	C 9 05	C 10 05	C 11 05	C 12 24	C 1 10
37	Springdale	C 7 00	C 8 08	C 9 08	C 10 08	C 11 08	C 12 08	C 1 08	C 2 08	C 3 08	C 4 08	C 5 08	C 6 08	C 7 08	C 8 08	C 9 08	C 10 08	C 11 08	C 12 27	C 1 13
39	Talmadge Hill	C 7 04	C 8 12	C 9 12	C 10 12	C 11 12	C 12 12	C 1 12	C 2 12	C 3 12	C 4 12	C 5 12	C 6 12	C 7 12	C 8 12	C 9 12	C 10 12	C 11 12	C 12 31	C 1 18
41	New Canaan	C 7 10 AM	C 8 18 AM	C 9 18 AM	C 10 18 AM	C 11 18 AM	C 12 18 AM	C 1 18 PM	C 2 18 PM	C 3 18 PM	C 4 18 PM	C 5 18 PM	C 6 18 PM	C 7 18 PM	C 8 18 PM	C 9 18 PM	C 10 18 PM	C 11 18 PM	C 12 38 AM	



Ticket info

Buy Tickets before boarding to avoid the onboard surcharge

You will be charged an additional fee if a ticket vending machine or ticket office is available at your boarding station.

Surcharge does not apply to senior citizens or passengers with disabilities

RESPONSIBILITY –

Metro-North Railroad cannot assume responsibility for inconvenience, expense or damage resulting from errors in timetables, delayed trains, failure to make connections, or for changes in or shortage of equipment. The schedules in this timetable are subject to change without notice.

Title VI Statement:

MTA Metro-North Railroad is committed to providing nondiscriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color, national origin or income as protected by Title VI of the Civil Rights Act of 1964.

For more information visit mta.info or contact:

MTA Metro-North Railroad

Office of Diversity & Equal Employment Opportunity,
420 Lexington Avenue, 12th Fl.,
New York, NY 10170,
or call 511.

In addition to your right to file a complaint with Metro-North Railroad, you have the right to file a Title VI complaint with the Federal Transit Administration, Office of Civil Rights, Attention: Complaint Team, East Building 5th Floor—TCR, 1200 New Jersey Ave. SE, Washington, DC 20590.

Contact Information

MTA Metro-North Railroad mta.info/mnr

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Daily 6AM – 10PM /Automated info 24/7	511
Outside New York State	877-690-5114
Deaf/Hard of Hearing – Use your preferred relay service provider or the free 711 relay to reach	511
MTA Long Island Rail Road	511
MTA New York City Transit Subway & Bus Information	511
MTA Police	212-878-1001
MTA PD Emergency Only	888-MTA-911PD
MTA Inspector General Hotline.....	800-MTA-IG4U (800-682-4448)

Other Transit Information

Amtrak.....	800-872-7245
CT Transit.....	cttransit.com
Coach USA	866-912-6224
GO Airlink	212-812-9000
Greater Bridgeport Transit	203-333-3031 gogbt.com
HarTransit	203-744-4070 hartransit.com
LAZ Parking.....	888-682-PARK (888-682-7275)
Norwalk Transit	203-852-0000 norwalktransit.com
Shoreline East	1-877-287-4337 shorelineeast.com
Westchester Bee-Line.....	914-813-7777 westchestergov.com

Connecting Services

New York City Transit Subway & Buses **511** mta.info/nyct

Grand Central Terminal 4 5 6 7 S

42 St.: **M42**

Lexington Av: **M101, M102, M103**

Madison Av: **M1, M2, M3, M4**

Harlem–125th Street 4 5 6

125 St: **SBS M60** to Laguardia Airport, **M125, M101**

Lexington Av: **M101, M103**

Long Island Rail Road **511** mta.info/lirr

Grand Central Madison

Connections to NY Area Airports mta.info/guides/airports

Connections at your station mta.info/mta-stations

